



**The Newsletter of
the
East Midlands Orienteering Association**

June / July 2004



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EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee..

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Chairman's Spot – John Woodall

Welcome to the 200th edition of EMEWS. I have not yet seen Ernie William's cover for it, but knowing Ernie it's going to be a good one – I look forward to seeing it. I am not sure exactly how long it has taken us to get here, but 200 in succession is a tremendous achievement and I thank everybody involved over the years.

The other item of note in this edition is formal notification of the 40th AGM. Another noteworthy landmark. I hope we shall turn out in large numbers to mark this auspicious occasion. The incentive is there; details of the AGM are elsewhere in this edition, but I should remind you that the AGM is preceded by a free "O" event in Kegworth and followed by free light refreshments! At the AGM, how about somebody coming forward to take on the appointment as Chairman? I'm only filling in as acting Chairman remember.

Now that "summer" is here there are less C4 events around, and C5's on Sundays are attracting some good turnouts. The last local C3 was the

Grace Dieu event on 6 June, which was followed by the Galoppen prize giving. All went well, although a lot of the prizewinners were engaged elsewhere, and for this we owe, once again, an enormous vote of thanks to the Williamson family. They have kept score, published running results, final results and then organised a most efficient prize giving – thank you very much indeed – it was an excellent competition. I hope you will feel like running it again next year. For information we, the Executive EMOA Committee, have decided that from next year the Galoppen will run from January to December. To get us into this routine, for this year only we shall start the competition in September (2004) and run through for 15 months to December (2005).

Well that's all for this edition see you at the AGM or at one of the many, many Summer league events which are being run in the region.

John Woodall - Acting Chairman

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World University Orienteering Champs, Pilsen, Czech Republic

I think I'll always remember this year's World Students. I'm currently spending six months in Sweden, "working" as an au pair, which translates as training full time with occasional bouts of babysitting and housework (but not much, don't worry Mum!) There have been many highlights so far, getting on the podium at both Tio Mila and Jukola (in the Women's relays Två Mila, 5th and Venla, 15th), picking up my first large cardboard cheque for finishing third in the Stockholm City Cup ("large" meaning the size of the cheque, sadly not how much it was for!) and just the daily joy of training in such fantastic terrain. But World Students topped all of this.

I've done lots of big internationals before, JWOCs, European Juniors, Euro meetings and one previous World Students in France in 2000 and I've orienteered in the Czech Republic quite frequently, in fact most of the competitions I mentioned above seem to have been in Eastern Europe! So it was nothing new and I felt confident and well prepared. The only doubt I had was that perhaps I hadn't done much orienteering in continental terrain recently, and had become too much of a "Nordic Orienteer." If this was the case then I definitely adapted to the terrain as the week went on as my performances got better with each race.



Great Britain had a team of 5 guys and 5 girls. 3 or 4 were allowed in each discipline so we had chosen which races we wanted to run. I had opted for Long and Middle distance plus I was selected for the relay team. The Long distance came first. I lost bits of time here and there and made a poor route choice on the long leg. It was disappointing but looking back I was running strongly and orienteering well for the majority of the race. I finished a

respectable but far from spectacular 27th. An improvement on 48th in France 4 years ago. GB star of the day was Hannah Wooton, finishing 4th, a podium place, only 3 seconds off a medal.

I was spectating for the Sprint. GB performances were mixed, the highlight being 9th place for Pippa Whitehouse. There was some controversy over the close placement of controls in the "Park" section of the courses, resulting in approximately 25% of competitors being disqualified, including two Brits. ☹

The Middle distance race was a mixture of very technical in places and very fast in others. Speed control was crucial, something I have always had trouble with, you don't really have to slow down in Thieves or Blidworth! For 85% of the race my splits were good enough for a medal but as we all know it's whoever's best over the whole race that

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wins. Today that was Camilla Berglund of Sweden, winning with a huge margin (54 seconds), repeating her JWOC short distance win from 2000. I finished 12th, and learnt a lot! GB run of the day went to Ed Nash for his 7th place and we were buzzing, with all 4 British girls placed between 12th and 21st we knew we were capable of relay success...

Brits love relays, when we come to these internationals we all want to give our best in all the races and do ourselves justice but it's the relays we get really excited about. We needed our 4 guys and 4 girls to have "safe" runs. The terrain was perfect for us, there were still occasional rocky sections but besides that it could have been Strines or somewhere! Mhairi Mackenzie ran a good first leg, losing time on the amazing Czechs but coming in with the pack in 4th. Rachael Elder had a steady 2nd leg and would set me off in third place a minute behind Switzerland but with several teams on my tail, including Finland with Pinja Satri. I knew all this after Rachael had come through the spectator control. Jon Musgrave, our coach reminded me to "keep it smooth, no heroics" and I set off feeling strong and in control. The race wasn't perfect but I minimised any errors and didn't panic. I also ran very fast and ignored the pain! It helped that I caught Switzerland early on; we pushed each other, pulling back time on the Czech who was a reigning JWOC Champion. We had total confidence in Hannah on the last leg and she did us proud running away from Martina Fritschy to take the silver medal. The boys, Allan Bogle, Matthew Crane, Ewan McCarthy and Ed Nash all ran well in a very strong field, to finish 4th and on the podium, a perfect day!

Of course it was great to take my first medal in a World Championships and it felt good to run the fastest time on my leg and be a bit of a hero but the best feeling was that we had such great team spirit. We hosted a pool party back at the accommodation for all the teams using a paddling pool bought from the local supermarket. All nations worked together to fill it with water and then displace all the water by trying to fit in as many people as possible. As we sat in the sunshine reflecting on a great week and sampling our first taste of the local "Pilsner" Pivo we discussed how we could continue our student eligibility in order to compete in Slovakia in 2006...anyone for a PhD?

Many thanks to EMOA and NOC whose continued support is invaluable.

Helen Palmer

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EM Selections for BOF Teams and Training Camps

Congratulations to all of the following juniors who have been selected for BOF Teams and Training Camps this year:

World Student Championships: Helen Palmer (NOC)

Junior World Championships and training camps in Switzerland and Sweden: Alison O'Neil and David Hodkinson (both NOC)

Training camp in Switzerland and reserve for Junior World Championships: Colin Olivant (NOC)

Start Squad and training camp in Sweden: Andrew Llewellyn and Rose Hodkinson (both NOC)

Start Squad and training camp in Norway: John Rocke (LEI)

Training camp in Scotland: Erin Malley (DVO) and Sarah Claxton (NOC)

The 40th EMOA AGM

Notice is hereby given that the Annual General Meeting of the East Midlands Orienteering Association will be held at 8 pm on 6th September 2004 at the Red Lion Kegworth.

The meeting will be preceded by a street 'O' score event from the Red Lion in Kegworth with a start at 7 pm (there will be no charge for this event)

AGENDA

1. Apologies for absence
2. Approval of minutes of last AGM
3. Acting Chairman's report
4. Secretary's report including activity statistics
5. Treasurer's report including membership numbers and presentation of accounts
6. Approval of Balance Sheet and Income and Expenditure Statement
7. Election of Principal Officers
 - President
 - Chairman
 - Vice chairman
 - Secretary
 - Treasurer
8. Election of other officers
 - BOF Council
 - BOF Rules Group
 - BOF Coaching
 - Development Officer
 - Fixtures Secretary
 - Mapping Advisor
 - Webmaster
 - EMEWS Editor
9. Appointment of Independent financial Advisor
10. Budget projections for coming year to 30.6.2005 and recommendations for membership fees, equipment rental fees and event levies (treasurer)
11. Fixing of charges
 - Membership fees
 - Event Levies
 - Electronic equipment rental fees
12. Plans for the coming year (New Chairman)
13. Close of formal meeting followed by open discussion
 - (Please note that there will be a small buffet provided free of charge)*

**MINUTES OF THE 39th ANNUAL GENERAL MEETING OF THE EAST MIDLANDS
ORIENTEERING ASSOCIATION HELD ON MONDAY OCTOBER 6TH 2003 AT THE RED
LION, KEGWORTH**

Present : J.Woodall (NOC), D. Woodall (NOC), M.Godfree (DVO), L.Godfree (DVO), D. Walker (DVO), J. Hurley (DVO), B. Haskins (LEI), H.Palmer (NOC), R.Denney (LEI), P. Olivant (NOC),D. Skidmore (DVO), J.Bennett (LOG), R.Edwards (LEI), M. Gardner (DVO), A.Hawkins (DVO).

1. Apologies for absence : I. Whitehead, E.Williams, P. Leake, P. Hornsby, C. Philips, R. Philips, R. McDonald, A.Portsmouth.

2. Minutes of the 37th AGM. These were accepted as a true and accurate record of the meeting.

Proposer J. Woodall

Secunder M. Gardner

3. Chairman's Report

This is my last report as your Chairman and I would like to start by thanking all the officers and members of committee who have assisted me in the three years I have served as your Chairman. I trust you will all agree that it has been a harmonious and constructive period which has not always been the case elsewhere in the sport.

I would also like to thank John Woodall, my predecessor. As accommodated for in our constitution he remained on committee for one year after handing over, but did continue to attend many meetings in subsequent years and the hot-off-the-press knowledge he brought to the table by virtue of his role as Chairman of BOF was most useful. He was often there when I sought advice but never pressed his views on me and left me to plough my own furrow. Similarly I welcomed the support of my Vice Chairman, Ranald McDonald, who as a BOF Councillor also brought us up-to-date detail of developments within the sport.

Given how invaluable this has been I have suggested that any member of EMOA who achieves the position of elected BOF Councillor or Chair or Vice Chair should during their period in those positions be ex-officio members of the EMOA Executive Committee to provide similar support to my successor and the new committee. Unfortunately my suggested amendment to the constitution seems to have been corrupted in transmission and I will be offering a slight amendment to it.

John himself has now relinquished BOF office but in recognition of his service to the sport and to retain the benefit of his experience I have proposed him for President of EMOA.

Electronic punching has become widespread and is a great improvement for competitors but it does put extra strain on event official in particular planners and the clubs need to address this point.

We held a very useful event officials conference during this year giving those of us who attended a very comprehensive breakdown of the new BOF rules and developing guidelines. There were however a lot of long standing grade 3 controllers who did not attend and I can only hope that they have studied the new rules, to get up to speed on the new regime. Unfortunately there are still fairly regular situations locally where courses do not comply, leading to gripes in the car parks.

As I and many others have said before we need to learn to work together better as the sport is being bedevilled by people moaning at what they see as the imperfections of others who are all at the end of the day volunteers.

I would like to congratulate all winners in our championships and those who did well in the g Gallophen. Both the East Midlands and Midlands Championships were on our patch and seemed to go down well and we had 13 diverse events in the Gallophen. It was nice to see RAFO providing one. Running from October to early May as it does, with enough foresight we should be able to get in the equivalent of 2 each month and I trust we will see another interesting programme this year.

We still have a vacancy for a development officer and I would put this down as the biggest failure of the Association during my tenure. We may come out of next years JK with some surplus and traditionally such funds have been used for development and it could provide a good opportunity for anyone interested in having a go at this role.

On the subject of the JK things seem to be moving along well but we will need to provide considerable manpower on the day.

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This year has seen the introduction of the new badge scheme for the juniors and BOF have instigated a comprehensive review of how the other events in the programme should be run and we may have time to bounce ideas around at the end of the formal meeting.

Once again many thanks to everyone who helped make my task relatively straightforward and good luck to my successor.

Roy Denney, Retiring Chairman

The retiring chairman was given a vote of thanks.

4. Secretary's report

EMOA had just over 400 members last season. We have a total of 40 controllers at the various Grades. 5 coaching skills courses, 3 courses for coaches, 2 controlling courses and 1 planning course have been held in the region last season.

5. Treasurer's report .

Income from Fees is down , and that from levies is up from last year. Emews now has more issues per year, and more have had to be posted, notably the summer issue. Insurance of S.I equipment has increased. Overall there was a slight surplus . The balance has been moved into a 60-day tracker account.

6. Approval of Balance Sheet and Income & Expenditure Statement

Thanks were given to Dave Walker for his work in "independently financially examining" the Association's books. The final accounts for the year were circulated and accepted.

Proposer: M.Gardner

Seconder: D. Skidmore

7. Amendments to the Constitution

All the amendments, most of which were of a minor nature, were carried unanimously.

8. Election of principal officers

President -	John Woodall was elected unopposed.
Chairman -	No volunteers
Vice Chairman -	No volunteers
Secretary -	No volunteers
Treasurer -	Roger Edwards was re-elected unopposed

Clubs were urged to try to find people to fill these positions.

9. Election of other officers

BOF Council -	John Woodall
BOF Event Standards Committee -	Ernie Williams
BOF Coaching Committee -	Hilary Palmer
EMEWS Editor -	Mike Gardner
Website editor -	Andy Portsmouth
Fixtures Secretary -	Ian Whitehead

The above were re-elected unopposed

Development Officer -	No volunteers
Mapping Adviser -	No volunteers

10 Appointment of Independent Financial Examiner

Dave Walker agreed to continue in this role.

11 Budget projections and Fixing of charges

In view of the healthy state of reserves, next year's budget would run at a loss. There was no need to change fees or levies, and after some discussion the S.I hire charges were also left unchanged.

Proposer : R. Denney

Seconder : J. Woodall

12 Plans for the coming year

In the absence of a new Chairman, this item was dropped from the agenda.

Meeting closed at 8.20p.m., and was followed by an interesting and thought-provoking open forum on whether the Galoppen should run per calendar year and whether events might be put on on Saturdays and possibly weekday afternoons.

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What happened to all the money?

The September AGM provides you with a chance to find out how the association is spending your money. So how is it going?

Well, subscription levels were halved two years ago: Seniors now pay £3, families £5 and juniors £1. These fees nearly cover the cost of printing and sending out EMEWS.

We make up the difference by an event levy. Every event in the Association is subject to a levy, currently half the BOF levy, i.e. about 10p per junior and 50p for each senior. This money is used to support development of the sport: encouraging juniors and the adult officials. The East Midlands also has a complete set of SI equipment looked after by Derek Gale and we charge 10p for every junior at an event and 50p for the seniors.

The association year ends in June so complete figures won't be known until later, but with most of the year over the accounts show:

	2003/ 4 Budget	2003/ 4 Forecast
I N C O M E		
Membership	1500	1402
Event Levy and other	2200	1976
Major event surplus	0	0
Other	300	591
Junior	3615	2863
SI hire	2060	2345
	9675	9177
EXPENDITURE		
Training, Grants	2030	1560
Development	1000	0
Running Costs	695	925
Junior coaching	5100	3457
SI Equipment	2081	2568
TOTAL	10906	8509
Loss/ surplus	- 1231	667

Unfortunately we have a drop in membership for the first time in six years so membership income is slightly down. We had more income than expected from SI hire but the expenses were also higher as all the dibber boxes were refurbished in Germany last summer. We increased some areas of training expenditure: supporting officials attending conferences, both national and local, and supporting some officials seeking higher graded qualifications.

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The final figures will be different and any profit share from the very successful JK event will make a big difference.

The budget for the next two year is likely to be on the lines shown below. The figures will be reviewed at the next Committee meeting so there could be some changes. By next year we will have paid off buying the initial equipment and hopefully saved up enough to buy a replacement set of electronic timing equipment. So the expenses could reduce by £ 1,000 in 2005/6.

INCOME

Members

subscriptions 1450

Event Levy 1900

Major event surplus

Junior charges and
grants 3600

SI hire 2150

Bank Interest 300

9500

EXPENDITURE

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Training, Grants 500

Development 1000

Running Costs 1100

Junior coaching 5100

SI Equipment 1650

10950

So the plans are to make a loss for the next two years. Yes, but based on all these figures, the bank balance and current Association plans, no recommendation will be made to make changes to the subscriptions or charges; but members are entitled to put forward alternatives at the AGM. See you there!

Roger Edwards (EMOA Treasurer)

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Get to Know Your EMOA Committee

Name; John Woodall

What is your role on the committee? Chairman (Acting)

When and how did you start orienteering? 1970's when I became too old for good quality rugby – until then had two games each week plus two training games.

What has been your favourite orienteering area/ event? I like 'em all – slow, technical courses probably suit me best

What has been your least favourite orienteering area/ event? I like 'em all – fast “runners” courses probably suit me least

What other hobbies/ sports do you take part in? Play bridge, take part in amateur dramatics and avid reader. I no longer play any other sport, but with all the O events and a daily training run there isn't much time anyway. I have never had any pleasure from watching any sport

What is your job when not orienteering? Retired – spent my whole working life in, or working for, the Regular Army

Is there anything else you would like to tell us about yourself? I spend a lot of time in prison and in Court *

(*I am a Magistrate, and Chairman of a high security prison Independent Monitoring Board. Both voluntary, unpaid activities.)

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EMOA Committee Meeting Report – January 26th 2004

Controllers Grade 2 – Ray Barnes (NOC) and Roger Edwards (LEI) were formally appointed as Grade 2 controllers.

AGM – It was agreed that this should take place at the Red Lion, Kegworth on the 6th September at 8pm. It was also agreed that this should be preceded by a street event of Kegworth with a mass start at 7pm. Entry to the street event would be free. There are vacancies for President, Chair, Vice-Chair and Development Officer. Yvette Baker Trophy – The 1st round match will be on 10th October at Bagworth Woods.

Report from Council – some points of interest

- 18 year olds are being removed from the ranking lists
- BOF's Child Protection Report has been approved and will be sent to clubs.
- The World Cup 2005 organising team have established a limited company.
- Sports Council funding from April 2005 has been agreed

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- The new BOF website is up and running. It can be visited at www.britishorienteering.org.uk
- BOF are looking at how we can increase membership. Any ideas to be taken forward to the AGM in 2005.

Controllers / Planners Grade 3 courses – There are plans to hold these courses in EMOA in the autumn.

National Forest – Roy Denney reported that there is a new large area near Lount which should be usable in 2-3 years time.

Regional Development Officers – BOF is to employ more development officers with an increase in funding from Sport England. Now each Development Officer will cover just one region, and Pauline Olivant will be the representative covering the East Midlands.

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Mid – Week Orienteering Events

A few random thoughts in no particular order on the idea of promoting a series of events during the season during daylight hours on weekdays.

1. The main purpose is to provide a series of events once a month in the East Midlands Region for people who may be retired, shift workers, students or unemployed.
2. The events will be primarily aimed at providing competition for people with some orienteering experience although limited help may be available on the day for novices.
3. The events will have minimum organisational requirements with six to eight people running the whole show.
4. Courses will be limited to only two. One of Light Green standard 3.0km to 4km and one Green/ Blue 4.5km to 6km. Lengths dependent on the physical nature of the areas used.
5. Electronic punching will be used. In the case of DVO we have 25 boxes and the necessary hardware and software to cope.
6. Start times will be restricted to a one hour period of say 10.30 to 11.30 and courses will close at say 13.30
7. It has been suggested that where possible the events should take place on the same day/ week each month, e.g. The third Wednesday of every month.
8. Good quality areas will be used, in the case of DVO we may use Drum Hill, Black Rocks and Allestree Park.
9. Where possible car parking should be available on hard surfaces and toilet facilities already provided. Starts and Finishes will be adjacent to parking.
10. The only problem we foresee is the availability of 'dibbers' to hire. Clubs do not have stocks so this must be resolved to cater for non-owners.
11. With plenty of pre-event publicity we anticipate numbers taking part to be between 50 and 100. With competitors from adjoining regions/ clubs supplementing the regular EMOA members.

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12. Fees yet to be decided but costs should be low and therefore C5 prices should be adequate.
13. In the long term we may be able to establish a Mid-Week Galloppen if the general consensus of participants considers it to add a bit more spice to the competition.
14. Any thoughts and comments you may have would be appreciated I would like to start the ball rolling with a DVO pilot event in say October at Drum Hill. I will be putting this proposal to the DVO Open Meeting next month.

Dave Walker (Derwent Valley Orienteers)

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EMOA Galloppen

This is the final table for the East Midlands galloppen 2003/4. It has encompassed events at Bagworth (1) (LEI), Byron's Walk (2) (NOC), Stanton Moor (3) (DVO) and Bourne Woods (4) (LOG), Bestwood Park (5) (NOC), Fineshade (6) (LEI), Shining Cliff (7) (DVO), Beacon Hill (8) (LEI), Sherwood Pines (9) (NOC), Outwoods (10) (LEI), Linacre (11) (DVO), Stapleford (12) (LOG), Swithland (13) (LEI) and Grich Chase (14) (DVO). Prizes were presented at the Grace Dieu badge event on June 6th 2004

Below are detailed the top 10 in each grouping so far. Due to the large number of events I have changed the presentation to show the order and the events they scored at are next to their names.

White Course – Boys / Men

	Name	Club	Class	Total	Score	Score	Score	Score	Score	Score
1.	William Parkinson	NOC	M10	5964	1000-2	1000-4	1000-5	1000-9	1000-11	964-12
2	Aleksi Davidson	LEI	M10	5876	1000-1	1000-3	1000-8	1000-10	1000-14	876-7
3	Sean Martin	NOC	M10	5473	1000-11	1000-12	1000-13	894-10	843-5	736-14
4	Nathan Lawson	LEI	M10	5045	950-11	882-1	872-14	794-9	781-7	766-4
5	Miles Plaskett	LEI	M10	1902	952-8	600-3	350-2			
6	Ben Beresford	DVO	M10	1839	1000-7	839-9				
7	Edward Parsons	LEI	M9	1766	1000-6	766-7				
8	Euan Tebbutt	LEI		1603	836-8	767-13				
9	Bradley Durrant	LOG		1590	808-14	782-13				
	Matthew Drew	NOC	M10	1514	824-2	690-1				

White Course – Girls / Women

1.	Victoria Littlewood	NOC	W10	6000	1000-4	1000-6	1000-7	1000-8	1000-9	1000-11
2	Harriet Lawson	LEI	W10	5616	1000-1	1000-10	933-5	922-7	915-14	846-8
3	Kathryn Drew	NOC	W10	4631	1000-2	1000-5	960-1	882-7	789-8	
4	Hannah Horsewill	NOC	W10	3100	685-14	676-13	673-7	564-2	502-9	
5	Claudia Smith	NOC	W9	1898	1000-3	551-7	347-14			
6	Alexandra Stewart	NOC	W8	1506	889-9	617-11				
7	FJ Littlewood	NOC		1355	543-13	436-14	376-11			
8	Amy Kimberley	DVO	W10	1264	710-5	554-14				
9	Nicola Jackson	DVO		950	492-14	458-1				
	Ellie Williams	NOC		788	788-5					

Yellow Course – Boys / Men

1.	Daniel Davidson	LEI	M10	5854	1000-3	1000-4	1000-8	1000-14	986-1	868-7
2	Joshua Turnbull	NOC	M12	5107	1000-9	949-5	889-10	852-8	838-7	579-14
3	James Mayley	LOG	M12	2595	1000-12	944-6	651-2			
4	David Jones	NHS	M14	2433	926-9	831-10	676-7			
5	Daniel Parsons	LEI	M10	2352	1000-1	1000-6	352-7			

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6	Samuel Horsewill	NOC	M12	2257	796-9	771-14	690-7			
7	Adam Sattaur	DVO	M12	2129	1000-7	567-11	562-14			
8	Matthew Burton	NOC	M12	1648	897-2	751-5				
9	Jamie Martin	NOC	M10	1448	851-1	597-5				
	Jethro McGraw	DVO		1095	644-7	451-14				

Yellow Course – Girls / Women

1.	Elizabeth Parkinson	NOC	W12	6000	1000-2	1000-4	1000-5	1000-7	1000-11	1000-12
2	Leanne Durrant	LOG	W10	5327	1000-6	1000-10	1000-13	935-9	731-12	661-7
3	Jessica Beresford	DVO	W10	2186	1000-9	622-7	564-11			
4	Alison Percy	DVO	W10	1757	478-9	471-2	446-3	362-5		
5	Joy Hodkinson	NOC	W10	1608	1000-3	608-5				
6	Emma Vincent	DVO	W10	1295	777-9	518-10				
7	Cathy Gardner	DVO	W45	1284	1000-8	284-10				
8	Rebecca Mead	DVO	W10	1068	749-3	319-7				
9	Francesca Morton	LEI	W14	927	927-10					
	Jenny Evans	NOC	W12	888	888-9					

Orange Course – Boys / Men

1.	Bertie Tapp Scotting	NOC	M12	5872	1000-2	1000-4	1000-10	1000-14	942-5	930-9
2	Jamie Martin	NOC	M12	4858	1000-11	1000-12	1000-13	670-7	602-9	586-10
3	Matthew Hallam	NOC	M10	3619	1000-1	1000-7	921-3	698-9		
4	Julius Percy	DVO	M12	3491	1000-9	928-2	792-3	771-5		
5	Samuel Horsewill	NOC	M12	2939	981-14	808-7	712-13	438-9		
6	David Jenkinson	LEI	M40	2715	1000-8	895-1	820-10			
7	Thomas Wright	DVO	M12	2662	904-5	881-3	877-2			
8	Simon Wright	DVO	M12	2508	1000-3	759-5	749-2			
9	Robert Armstrong	DVO		1531	908-7	623-14				
	David Coxon	NOC	M45	1355	877-8	478-5				

Orange Course – Girls / Women

1	Helen Armstrong	DVO	W45	1584	1000-7	584-14				
2.	Catherine Sellars	DVO	W21	1000	1000-3					
2	Elizabeth Parkinson	NOC	W12	1000	1000-11					
2	Irene Marriott	LEI	W50	1000	1000-1					
2	Jenny Evans	NOC	W12	1000	1000-10					
2	Karen Bedwell	DVO	W35	1000	1000-8					
2	Suzanne Chapman	NOC	W10	1000	1000-5					
2	Emma Vincent	DVO		1000	1000-14					
2	Joy Hodkinson	NOC		1000	1000-13					

Light Green Men

1.	Timothy Martin	NOC	M14	5648	1000-10	1000-14	935-7	930-11	903-12	880-5
2	Matthew Wallace	NOC	M14	5452	1000-7	1000-13	995-10	832-14	820-1	805-2
3	Dave Tongue	NOC	M40	4729	1000-6	819-2	798-5	777-4	692-7	643-8
4	Mel Clark	LOG	M45	4238	861-6	860-8	667-2	663-14	603-11	584-1
5	Roy Denney	LEI	M60	4017	961-6	842-10	815-1	743-12	656-13	
6	Jim Morton	LEI	M50	3291	987-8	903-10	742-13	659-1		
7	Kevin Gallagher	LEI	M55	3132	887-6	836-10	816-13	593-1		
8	Martin Wheeler	LOG	M50	3000	1000-4	1000-9	1000-12			
9	Gary Boothroyd	LEI	M50	2775	1000-8	985-10	790-13			
	Tony McGraw	DVO		2640	762-3	665-14	613-11	600-7		

Light Green Women

1.	Geraldine Davis	LEI	W55	5329	1000-6	1000-13	875-8	846-12	820-4	788-11
2	Mary Mills	NOC	W50	5277	1000-4	1000-14	992-2	809-1	747-5	729-10
3	Jennifer Cook	NOC	W50	4520	1000-8	1000-12	987-2	792-6	741-14	
4	Shirley Moir	LEI	W65	4145	972-13	785-5	716-9	678-10	552-7	442-1
5	Silivia Ruiz	LEI	W21	3767	799-8	734-14	605-4	595-7	595-10	439-9
6	Norah Jones	NOC	W75	3695	814-9	797-3	744-1	728-10	612-11	
7	Sarah Claxton	NOC	W14	3000	1000-7		1000-9	1000-10		
8	Ros Bourne	DVO	W60	2957	1000-1	1000-5	957-10			
9	Margaret Buckland	NOC		2650	990-2	858-14	802-1			
	Deborah Clark	LOG	W35	2573	637-8	569-6	521-11	433-2	413-1	

Green Men

1.	David Cooke	NOC	M55	5743	1000-1	1000-2	1000-12	942-6	923-14	878-11
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EMEWS

2	Dave Skidmore	DVO	M55	5533	1000-13	953-1	923-14	901-2	880-10	876-9
3	John Woodall	NOC	M65	5176	1000-4	874-10	861-1	819-2	812-14	810-12
4	Brian Ward	DVO	M70	4932	884-1	884-13	822-9	801-2	772-11	769-14
5	Vernon Davis	LEI	M60	4789	885-4	794-14	793-8	784-9	773-6	760-1
6	Peter Hubberstey	NOC		4618	1000-7	947-14	945-9	907-3	819-5	
7	Andrew Tongue	NOC	M20	4603	932-4	779-10	747-9	732-8	717-2	696-5
8	Roger Keeling	DVO	M60	4438	865-10	827-1	715-2	684-5	678-3	669-13
9	Donald Moir	LEI		4284	1000-9	959-13	929-10	708-5	688-7	
	Derek Bishton	DVO	M55	4210	805-8	764-14	710-9	686-12	648-10	597-11

Green Women

1	Jane Booker	NOC	W50	5377	1000-10	987-9	934-14	862-7	839-3	755-5
2	Ann Armistead	DVO	W55	5204	950-11	948-9	928-14	856-2	791-7	731-5
3	Diane Ford	LEI	W55	5160	1000-12	985-7	828-1	811-9	777-2	759-11
4	Ruth Ellis	DVO	W50	5152	1000-6	978-2	881-12	791-10	762-11	740-3
5.	Jen Gale	DVO	W55	5051	1000-8	904-11	825-10	815-9	773-3	734-5
6	Pauline Ward	DVO	W60	4980	1000-1	1000-3	1000-9	1000-13	980-2	
7	Rachel Davis	DVO	W35	4745	1000-4	916-12	728-2	726-11	705-9	670-14
8	Vivianne Lawson	LEI	W35	4456	860-4	786-14	763-11	719-9	708-10	620-7
9	Pauline Jones	NOC	W40	4371	847-12	763-10	699-14	692-9	691-2	679-11
	Alison Hayes	DVO	W40	4120	752-2	733-3	689-9	665-11	659-7	622-10

Blue Men

1	Simon Ford	LEI	M60	5753	1000-2	990-1	985-8	970-12	921-5	887-14
2.	Liam Harrington	LOG	M16	5689	1000-1	1000-4	1000-8	974-2	867-9	848-10
3	Roger Edwards	LEI	M50	5540	1000-12	922-13	921-8	917-1	901-3	879-6
4	Andy Hawkins	DVO	M55	5077	918-12	852-1	848-8	829-3	827-5	803-10
5	Robert Hatfield	NOC	M55	4912	889-10	857-8	850-11	794-4	786-9	736-3
6	John Northall	DVO		4906	893-8	849-11	836-9	800-3	800-13	728-10
7	Colin John	DVO		4873	866-1	850-11	835-8	827-13	762-4	733-12
8	John Middler	NOC		4808	1000-6	821-12	772-8	763-1	745-11	707-14
9	Paul Beverley	NOC	M50	4753	865-8	858-1	808-11	744-3	739-9	739-12
	Derek Mill	NOC		4650	1000-3	1000-10	921-14	884-9	845-7	

Blue Women

1	Margaret Keeling	DVO	W55	5616	1000-1	1000-12	1000-13	957-8	855-2	804-10
2.	Sian Roberts	NOC	W18	5370	1000-10	961-1	900-2	867-14	843-11	799-9
3	Ursula Williamson	LEI	W40	4824	952-13	880-8	789-4	741-11	739-14	723-2
4	H Galloway	LOG	W50	4739	1000-4	1000-8	999-12	951-1	789-2	
5	Sarah O'Neil	NOC	W18	4704	1000-2	986-7	972-1	884-11	862-14	
6	Helen O'Neil	NOC	W45	4189	955-10	861-11	831-2	798-14	744-7	
7	Liz Godfree	DVO	W55	3713	1000-5	1000-7	943-14	770-9		
8	Catherine Hughes	NOC	W35	3313	875-12	841-14	840-11	757-5		
9	Jayne Malley	DVO	W45	2597	1000-6	938-1	659-3			
	Janet Evans	NOC	W40	2433	902-10	872-7	659-9			

Brown Men

1.	David Bray	LEI	M50	5915	1000-4	1000-6	1000-13	980-8	975-2	960-11
2	David Lawson	LEI	M40	5773	1000-1	1000-8	973-4	966-11	958-14	876-9
3	Chris Williamson	LEI	M18	5608	1000-2	1000-10	987-11	957-8	852-13	812-7
4	Ian Wells	LEI	M50	5497	1000-12	936-4	905-6	895-10	892-1	869-11
5	Chris Bosley	LEI	M55	5420	944-13	936-3	925-9	896-1	867-14	852-2
6	Stephen Martin	NOC	M40	5346	985-12	932-10	881-1	870-13	848-11	830-14
7	Mike Gardner	DVO	M45	4565	836-3	821-10	788-8	747-13	691-7	682-1
8	Kevin Price	DVO	M45	4148	787-10	759-8	668-2	666-9	638-11	630-13
9	Steven Davidson	LEI	M40	3729	830-4	783-3	734-14	699-7	683-1	
	Nicholas Evans	NOC	M40	3464	926-11	873-1	861-10	804-7		

Brown Women

1.	Sal Chaffey	DVO	W35	1000	1000-3					
1	Sarah O'Neil	NOC	W18	1000	1000-10					
3	Sue Russell	DVO	W40	744	744-3					

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Editorial EMEWS 200

Well, EMEWS has made it to its 200th edition. It started way back in March 1971 under the editorship of Sylvia Warburton (NOC). At the time there were 4 open clubs in the East Midlands: Nottingham O.C., Derwent Valley Orienteers, North Ants (though by edition 2 of the newsletter the North Ants club had folded due to lack of members), and Leicestershire O.C., along with 2 University clubs, Nottingham and Loughborough. This first EMOA newsletter, as it was then known, refers to a first regional newsletter being circulated in December 1967, but no-one seemed to know much about this. At this stage the newsletter was 2 sides of A4 with some editions a little longer.

In May 1973, the newsletter had its first change of editorship as Debbie Wilkinson (DVO) took over. By issue 22, Debbie had changed the name to Emews. This edition also saw the first photos in the newsletter. By issue 23, Debbie had also shown the first route choices on an orienteering map.

January 1977, and issue 41, saw another new editor. This time it was Graham Masters(LEI) who took over the reigns.

Somewhere around September 1978 EMEWS had another new editor. Stuart Collins took over as editor and introduced his own brand of cartoon covers, puzzles and anarchy. One example was his title of EMEWS 60 (EMEWS incorporating EBARKS) with EMEWS 61 being a special dog-o edition. EMEWS 61 was closely followed by EMEWS 81, then EMEWS 63.

EMEWS 65 came out in March 1981 with another new editor, Mike Gardner (DVO). I can well remember my first issue of EMEWS. An old typewriter and printing at Steve Buckley's school where our first attempt resulted in the printer spurring ink out everywhere and the resulting EMEWS had more blotches than a bad case of the measles. Help was at hand in the shape of Eric Porter, who helped with the printing for the next few years. EMEWS 74 saw the first of cover by our new artist, Ernie Williams. Ernie has continued to provide nearly every cover since then for EMEWS. EMEWS also changed to A5 format back at EMEWS 76.

The next change of editor was EMEWS 91 (July 1985), when Dave Nevell (DVO) took over, his editions including the first Black and Green word machine (the NOC newsletter).

EMEWS 106 (January 1988) saw Mike Hughes (DVO) take over. Mike had a penchant for blue ink, so EMEWS appeared to alternate between blue editions and black editions for a while. EMEWS continued in DVO as first Roger Hawkin (119-130) and then Mike & Liz Godfree (131 – 163) took over the editorship. Is there something in the water in DVO that makes people want to become editors of EMEWS? Previously, all of the clubs had contributed regular columns, but around this stage the clubs started creating their own newsletters and the regular club columns tended to slowly disappear from EMEWS.

EMEWS 164 saw the next change of editorship in Nov/ Dec 1997 as Dai and Karen Bedwell (LEI) took over the mantle of EMEWS editor.

EMEWS 181 (Winter 2000) came out under the temporary editorship of John Cooke(LEI). John agreed to publish EMEWS at the same time as the LEI newsletter until another editor came forward.

EMEWS

So in Feb/ Mar 2002 I decided I'd step back in to the fold as EMEWS editor again. The difference between my two spells as editor are quite amazing. In my first stint as editor everything was done on a typewriter and letraset characters. Any mistakes meant typex or throwing away the page that you'd already typed. Printing meant a trip to a school to formally run off all the pages, often a 2-3 hour job, whereas now printing is driving to the copy shop, leave overnight and pick up the next day. Collation is still done by hand, or by a team of volunteers after a DVO run if I time things right. In the old days it often used to be dragging a few friends round for a few beers (I couldn't drive at the time so had to rely on friends to get me to and from the printing and getting EMEWS to an event).

So what is next for EMEWS? In many respects that is up to you, the readers and EMOA membership. I believe that it is still useful to provide the region with a newsletter, particularly with fixtures information (I know many people don't have access to the internet). Also, I try to make EMEWS a conduit between the EMOA Committee and you, the members. Providing regular meeting reports and some minutes is intended to help here. I also like to include any lighter moments from orienteering, or event reports. Please send them on to me and I will include them.

The other question is whether EMEWS is still required. It does take up a large proportion of the EMOA membership fee and in the last couple of months postage has gone up again and the printers cost have also risen. So is EMEWS providing you with something useful? Is it worth the money? Would you like to see alternatives (e.g. EM material in the club newsletters and doing away with EMEWS)?

I am happy to keep on editing but always welcome contributions from all of you.

Mike Gardner

EMEWS

LEVEL 1 COACHING COURSE

East Midlands Orienteering Association

Saturday 18th September 2004

9.30am to 5.00pm

This course is aimed at people who might be interested in having a go at coaching or would like to find out what coaching is all about. This is a very practical course and at the end of the day you will understand and be able to coach the basic skills of orienteering up to yellow standard.

COST – BOF members £ 5.00, non-BOF members £ 30.00. (Teachers wanting certification for level 1 extra £ 5.00)

For those who wish to go on and do the level 2 course (teaching up to orange standard) this has been arranged for 16th October.

EQUIPMENT NEEDED

Suitable clothing and footwear for outdoor exercises, compass if you have one, packed lunch. We will provide tea, coffee and biscuits.

VENUE

To be confirmed, but will be in the area of the Notts, Leics, Derbyshire borders.

APPLICATIONS AND ENQUIRIES

Pauline Olivant, East Midlands Regional Development Officer

89 Southcliffe Road, Carlton, Nottingham, NG4 1ES

Tel 0115 9872083 Email p.olivant@btinternet.com)

Closing date for applications 6th Sept 2004: e-mail applications welcomed.

NAME _____ **TEL NO.** _____

ADDRESS _____ **E-MAIL** _____

Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Unless otherwise stated, District events offer entry on the day (EOD) to a range of colour coded (C4) course with start times from 10:30 to 12:30. Local events (C5) will only have a limited range of courses. Regional and National events (C3 & C2) provide a range of age related courses and are normally entered in advance using a Standard Entry Form (SEF); entry on the day (EOD) will usually be limited and more expensive. Most will offer a limited number of colour-coded courses for EOD. Cheques payable to organising clubs given at beginning of details, if not specified.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

The East Midlands Orienteering Association has an answerphone which provides up to date information on events and also late cancellations. It is available on 0906 270 3419 at a cost of 25p a minute.

July 2004

- | | | |
|------|----------|--|
| 4th | EM | NOC Little John Relays. Colwick Park, Nottingham. SK/603392.
R5 David Cooke, 01773 770278. d.cooke4@ntlworld.com Fees TBA. EPS-SI. |
| 9th | EM | DVO Summer League. Bottom Moor, Matlock (323631). 6:30pm – 7:00pm.
Val Johnson 01773 824754 or see www.dvo.org.uk |
| 10th | EM
C5 | DVO Local Event. Holmebrook, Chesterfield. SK/355731.
Steve Kimberley, 01246 280430. £2.00/£1.00. Parking TBA. Dogs on leads at all times. www.dvo.org.uk |
| 11th | EM
C5 | LEI Local Event. Sence Valley, Coalville. SK/403114.
Mark Foxwell, 01509 646695. £2.00/50p. Yellow, Orange, Green and Blue.
www.leioc.co.uk |
| 14th | EM | LEI Summer League. Bosworth Country Park |
| 15th | EM | LOG Summer League. Stapleford Woods North. 6:30– 7:30pm. New map & area.
John Bennett 01522 857437 or see www.logonline.org.uk |
| 18th | WM
C4 | OD District Event. Pooley Fields, Polesworth. SK/259033.
Robert Brandon, 024 7650 5050. £4.00/£2.00. String course. Parking £1.00. Dogs on lead. www.octavian-droobers.org |
| 22nd | EM | LEI Summer League. Altar Stones (SK484109). Pete Hornsby |
| 27th | EM | LEI Summer League. Bagworth (SK458068). Williamson family |
| 29th | EM | LOG Summer League. Lincoln West Common. 6:30 – 7:30pm. New map/new area.
John Bennett 01522 857437 or see www.logonline.org.uk |

August 2004

- | | | |
|------|----|--|
| 4th | EM | LEI Summer League. Fosse Meadows (SP490910). |
| 12th | EM | LEI Summer League. Burrough Hill (SK766115). Simon Ford |
| 12th | EM | LOG Summer League. Stapleford Woods South. 6:30pm – 7:30pm.
John Bennett 01522 857437 or see www.logonline.org.uk |

EMEWS

- 15th-21st WOA **WELSH 6 DAYS (CROESO 2004)**
- C3 **15th - Day 1 Regional Event (NGOC).** Sennybridge (Area 2 & C), Sennybridge.
- C3 **16th - Day 2 Regional Event (ERYRI).** Sennybridge (Area 1 & 3), Sennybridge.
- C3 **17th - Day 3 Regional Event (BOK).** Pwll Du, Blaenafon. SO/253097.
- C3 **19th - Day 4 Regional Event (WRE/POW).** Carneddau, Buith Wells. SO/065564.
- C3 **20th - Day 5 Regional Event (SBOC).** Ogof Fynnon Ddu, Abercraf. SN/855157.
- C3 **21st - Day 6 Regional Event (SWOC).** Sennybridge (Area 3 & 1), Sennybridge.
- Event Co-ordinator: Judith Powell (details below).
- Entries on special entry form to: Safestart (Judith Powell), 22 The Willows, Raglan, Gwent, NP5 2HB or online at www.fabian4.co.uk. 1st CD: 28/03/04 £8.50/£4.00 per day; 2nd CD: 26/06/04 £9.50/£4.50 per day; late entries subject to availability £11.00/£5.50 per day, Family reductions. No EOD. Chq: Croeso 2004. EPS-SI. String course. Lim CC courses Y, O & LG - £4.00/£2.00. Dogs on lead in car park and assembly only. www.croeso2004.org.uk
- 17th EM **LEI Summer League. Outwoods (SK510145).** Chris Bosley
- 25th EM **LEI Summer League. Evington (SK626023).** Ernie Williams
- 26th EM LOG Summer League. Bourne Woods. 6:30pm – 7:30pm.
John Bennett 01522 857437 or see www.logonline.org.uk
- 28th-30th YH **White Rose Weekend**
- C3 **28th - Day 1 Regional Event.** Dalby Forest, Pickering. SE/865888
- C3 **29th - Day 2 Regional Event.** Dalby Forest, Pickering. SE/865888
- C3 **30th - Day 3 Relays.** Dalby Forest, Pickering. SE/865888
- Organisers: Roger & Ann Smith, 01347 821220.
roger.smith100@btopenworld.com
- Entries: Peter Watson, Briar Cottage, 7 Beckside, Wilberfoss, York, YO41 5NS. 01759 388269. peterwatson_bc@btinternet.com CD & fees: See special entry form. Chq: Eborienteers. EOD + £1.00/50p. Internet entry for individual days. EPS-SI. Parking £1.00 per day. String course and Lim CC courses on Days 1 & 2. Dogs on lead in assembly only. www.eborienteers.org.uk

September 2004

- 12th SOA **BASOC Regional Event & SOL 6.** Inveruglas, Kingussie. NH/819019.
- C3 Organiser: Marion MacCormick, 01479 810807. clachmhor@tiscali.co.uk
- Entries: Birker House Insh Kingussie PH21 1NU, 01540 661069. CD: 30/08/04. Fees TBA. Lim EOD + £1.00/50p. Chq: BASOC. EPS-Emit. String course. Lim CC courses. Dogs allowed on tracks. BASOC web site
- 12th WM **COBOC Peter Palmer Junior Team Relay.** Sutton Park, Birmingham. SP/114961.
- R3NX Organiser: Gerry Morrison, 0121 429 9562. bigggerry@hotmail.com
- Entries: Shirley and Philip Watts, 83, Little Sutton Lane, Sutton Coldfield, West Midlands, B75 6SJ, 0121 308 7836. ppr2004@bigfoot.com CD: 19/07/04. £40 per team. No EOD. Chq: COBOC. EPS-SI. No dogs. Start 4.30am. Teams only. Emails to; ppr2004@bigfoot.com. COBOC website for information
- 12th YH SYO District Event. Eccleshall Woods, Sheffield. SK/319835.
- C4 Beryl Seaman, 0114 236 8263. seagoon1@aol.com £4.00/£1.00. EPS-SI. String course. Parking £1.00. Dogs on lead. www.southyorkshireorienteers.org.uk
- 12th WM OD District Event. Burton Dassett Country Park, Warwick. SP/397518.
- C4 John Bowman, 01926 853720. jandsbowman@yahoo.co.uk £4.00/£2.00. String course. Parking £1.50. www.octavian-droobers.org

18th-19th	SW	SARUM Caddihoe Chase Weekend
	C3	18th - Day 1 Regional Event, Southern & SW Champs. Longleat, Warminster. ST/827434.
	O3	19th - Day 2 Chasing Start. Longleat, Warminster. ST/827434. Organiser: Chic Young, 01285 653913. chic.young693@tiscali.co.uk Entries: Nigel Benham, Willow Lodge, Morgans Vale Road, Redlynch, SP5 2HY. 01725 511304. info@bmlprint.co.uk CD: 06/09/04. Fees: Day 1 Sen/Jun/Fam £9/£4.50/£26, enter before 26 July only £8/£4/£23. Both days Sen/Jun/Fam £17/£7/£47, enter before 26 July only £15/£6/£41. Late entries and EOD +£3 per day. EPS - Emit (inc in fees). Colour coded - EOD only, £5/£3. Entry has reduced rates for some Longleat attractions. String course. Dogs on leads in car park. www.sarumO.co.uk
19th	WM	WCH District Event. Ansons Bank, Cannock Chase, Stafford. SK/979171.
	C4	Sarah Dredge, 01785 611778. sl_dredge@hotmail.com £4.00/£2.00 + £1.00/50p SI hire. EPS-SI. String course. Dogs only on leads. www.walton-chasers.co.uk
19th	EM	NOC Come and Try It Event. Holme Pierrepont, Nottingham. SK/610388.
	C5	David Cooke, 01773 770278. d.cooke4@ntlworld.com Fees TBA. www.noc-uk.org
25th-26th	NW	Twin Peak Weekend Regional Events
	C3	25th - Day 1 Regional Event. Place Fell, Penrith. NY/409174.
	C3	26th - Day 2 Regional Event. Angle Tarn Pikes, Penrith. NY/413145. Organiser: Sue Birkinshaw, 0161 980 5068. tp2004@btinternet.com Entries: TP2004, 7 Brisbane Close, Bramhall, Stockport, Cheshire, SK7 1LF. tp2004@btinternet.com CD: 23/08/04 (paper entries), 01/09/04 (internet entries). Per day: £8.00/£3.00, JM/W 1&2 £1.50. EOD + £1.00/50p. Chq: MDOC. EPS-SI. Day 1 starts 1130 - 1400. String course. Parking £1.00. Dogs on leads in assembly/car park only. Internet entries preferred. www.mdoc.org.uk
26th	EM	LEI Local Score Cup Event. Watermeade Country Park, Leicester. SK/605107.
	S5	David Anderson, 0116 287 4088. david.anderson30@btopenworld.com £2.00/50p. White/Yellow. Parking £1.50. www.leioc.co.uk
26th	EA	SOS District Event & EAGAL & ESSOL. Hatfield Forest, Bishops Stortford. TL/547203.
	C4	Kevin Machin, 01245 224947. kevin.machin@zen.co.uk £4.00/£1.50 + 50p SI hire. EPS-SI. Parking £3.00, NT members free. stragglers.info

October 2004

2nd-3rd	NE	October Odyssey Weekend
	C3	2nd - Day 1 Regional Event. Dukeshouse Wood, Hexham. NY/945628.
	C3	3rd - Day 2 Regional Event. Simonside, Rothbury. NZ/040995. Organiser: John Crosby, 0191 268 5449. john@nsoa.freemove.co.uk Entries: Margaret Crosby, 35 Allanville, Camperdown, Newcastle upon Tyne, NE12 0XS, 0191 268 5449. john@nsoa.freemove.co.uk CD: 13/09/04. £7.00/£3.00 Family (2 adult, 1 child £17 extra children @ £1 each). Lim EOD + £1.00/50p. Chq: NATO. EPS-SI. String course. Lim CC courses. Parking £1.00. Dogs on lead in assembly only. Day 1 Starts - 1130 - 1400. Competitors entering both days will be given balanced start times based on Saturday preference. Open start times to second runner for Split Start competitors. Day 2 map and courses originally intended for BOC2004 warm down event. cgi.muddy.org/nato
3rd	SOA	GRAMP Regional Event & SOL 7. Balmedie Country Park, Aberdeen. NJ/976181.

EMEWS

- C3 **Organiser:** Richard Oxlade, 01224 640729. richard.oxlade@grampoc.com
Entries: Donald Grassie, 7 John Arthur Court, Kingswells, Aberdeen, AB15 8TA, 01224 744393. donald.grassie@grampoc.com CD: 20/09/04. £8.00/£4.00. Lim EOD. Chq: Grampian Orienteers. EPS-SI. String course. Lim CC courses. www.grampoc.com
- 3rd SW **BOK Regional Event, BOK Trot.** Moseley Green, Forest of Dean. SO/624101.
C3 Mark Dyer, 01179 684173. family.dyer@btinternet.com Fees TBA. EPS-SI.
Full registration pending
- 3rd EM **NOC District Event.** Thieves Wood, Nottingham. SK/543575.
C4 David Cooke, 01773 770278. d.cooke4@ntlworld.com Fees TBA. EPS-SI.
Full registration pending
- 10th-11th EA **Junior European Cup & 6 Nations Trophy**
O3X **10th - Individual Race.** Epping Forest, Epping.
R3X **11th - Relay Race.** Hatfield Forest, Hatfield.
Lyn West, 01206 322905. lynwest.ghh@tesco.net Fees TBA.
Full registration pending
- 10th SE **SO Regional Event & SE League Event.** Eartham Wood & Nore Hill, Arundel. SU/945110.
C3 **Organiser:** Robin Smith, 023 92830076. robinsmith@ntlworld.com
Entries: TBA. CD: *unknown*. Fees TBA. Lim EOD. Chq: Southdowns Orienteers. EPS-SI. SO 24-hr Ansaphone - recorded event information 01903-239186. Entry form on website. www.southdowns-orienteers.org.uk
Full registration pending
- 10th WM **WCH District Event.** Shoal Hill, Cannock Chase, Cannock. SJ/969107.
C4 Mike Thompson, 01785 660716. mike.p.thompson@ukgateway.net £4.00/£2.00 + £1.00/50p SI hire. EPS-SI. String course. Parking TBA. Dogs only on leads. www.walton-chasers.co.uk
- 10th EM **LEI District Event.** Bagworth Woodlands, Coalville. SK/454073.
C4 Vernon & Geraldine Davis, 01530 223545. £3.50/£1.50. Ind +£1. EPS-SI. String course. www.leioc.co.uk
- 17th YH **SYO Regional Event.** Wharncliffe Woods, Sheffield. SK/320959.
C3 **Organiser:** Phil Haywood, 0114 236 3003. philhsyo@aol.com
Entries: Doreen Best, 94 Ringstead Crescent, Crosspool, Sheffield, S10 5SJ, 0114 230 2621. colinallanb@yahoo.co.uk CD: 28/09/04. £7.50/£3.00. Lim EOD +£1.50/£1.00. Chq: SYO. EPS-SI. String course. Lim CC courses up to Lt Green. Parking £1.00. No dogs. www.southyorkshireorienteers.org.uk
- 24th EA **WAOC District Event & YBT Qualifier.** Rowney Warren, Shefford. TL/123405.
C4 Mike Capper, 01733 235202. mike.capper@virgin.net £4.00/£1.50. EPS-SI. White - Brown courses. Dogs on lead. www.waoc.org.uk