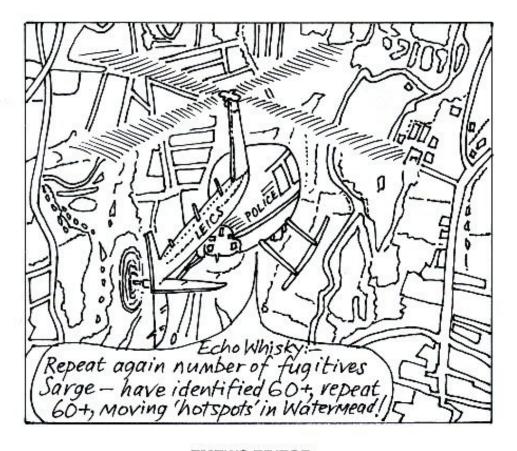


The Newsletter of the East Midlands Orienteering Association

October / November / December 2004



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Get to Know Your EMOA Committee - John Bennett

What is your role on the committee? EMOA Chairman from this year, erstwhile LOG rep, don't manage to get over anything like as much as I would like thanks to the twins! Am also currently LOG chair and newsletter editor.

When and how did I start orienteering?- I used to do a lot of road running and have always hill-walked and climbed. a friend had discovered orient eering and got me to try a "blue" course at an event down south in 1985. I hat ed it as I couldn't get used to the scale and overshot everything! I tried again in the early 90s and something clicked, I've loved it eversince, and wish I'd started much earlier.

What has been your favourite orienteering area / event? Very difficult, the Scottish 6-days is always fant astic and last year the day at Roseisle was simply stunning. But I get just as much pleasure out of low-key summer evening events and my favourite series is HALO's "Poacher", 60p for pre-marked and bagged maps! Their small area of Mausoleum Woods in NE Lincs is as good as anywhere I've ever orient eered.

What has been your least favourite orienteering area / event? There are some very dodgy areas, but what really annoys me is when you pay mad money for what is generally a good area, but the courses are poor. I don't think I've ever enjoyed brambly Fineshade, but an expensive track run round Chatsworth not too long ago took the biscuit.

What other hobbies / sports do you take part in? Real ale and real music, just don't get me started on that one! Give me Timothy Taylors Landlord at a "Mostly Autumn" concert and I am in heaven, especially if it is on the Isle of Skye. I still like climbing, photography and Terry Pratchett novels, but the twins are my main hobby these days.

What is your job when not orienteering? Service manager with Lincolnshire social services. I currently manage the County's children's homes.

Is there anything else you would like to tell us about yourself? Frustrated rock guitarist and Himalayan climber, and damn proud to be an old hippy, rock on!

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Cover Page - Sport's Personality?

Ernie's cover for this month depicts the LEI Watermead event, when the police helicopter, chasing a suspect round the streets of Leicester, found them running into the middle of the area being used for the event. The police were then confronted with orienteers running in all directions. Ernie didn't tell me if the suspect was actually caught. However, they obviously deserve a nomination for Sport's Personality of the Month.

EMOA Committee Meeting Report - November 22nd 2004

Moment oes for East Midland Championships – Newly designed certificates are being produced for next years East Midland Championships.

Junior Inter-Regional Championships – East Midlands will host the 2005 Junior Inter Regional Championships. The individual will be at Carsington while the relay will probably be in the Sherwood Forest area.

League not Galoppen – In line with our new sponsor ship we have taken the opport unity to change the name from galoppen to league, which hopefully is easier to understand.

BOF New Membership Structure Paper – A paper has been set round the clubs and is available from the BOF website on a proposed new membership structure. The East Midlands committee agreed with the basic BOF proposal.

EMOA Protection Policy / **Equity Policy** – The East Midlands Orient eering Association agreed that it should accept the BOF policies on Protecting Young and Vulnerable People and the Equity Policy and that this should be added to the EMOA constitution. Both referenced documents can be found at

http://www.britishorienteering.org.uk/asp/makepage.asp?PID=DOCS on the BOF website. This will be of the form:

"The East Midlands Orient eering Association is intent that children and vulnerable adults will find orient eering a safe environment in which to have fun, learn and develop. The EMOA will do this by adopting and promoting the BOF Policy on Protecting Young and Vulnerable People".

"The East Midlands Orient eering Association has an ongoing commitment to treating all people fairly and so will adopt the BOF Equity Policy".

Regional Welfare Officer – Although the detailed role and responsibilities has still to be defined, East Midlands will be looking for a Regional Welfare Officer in the near future. We would like to appoint someone from outside the current junior structure if possible. Anyone who might be interested is asked to contact the East Midlands secretary.

Midland and East Midland Championships — The original proposal was for the 2005 Midland Championships to be held at Longshaw with the East Midland Championships to be held at Blidworth (Feb 13th). However, with a change of date of Longshaw (March 6th) meant it clashed with the Midland Night Champs which are being held in South Wales on the night before. After much discussion it has been decided that, given the huge difference between the 2 venues we must change the Midland Championships to Blidworth, while Longshaw will be used for the East Midland Champs.

Coaching Committee – One question that had been raised at Coaching Committee was How can club coaching days be encouraged? Also Why do orient eers feel they don't need

to practice? Why don't orienteers attend coaching events? What are your views? Let either our Coaching rep or the EMEWS editor know your views.

Rules Group – SWOA have agreed a trial of a new e-punching system at their Compass Sport cup event in 2005.

There was concern expressed over 'unofficial course combinations' at National Events and British Championships. It was agreed that only the Chair of Rules can approve changes to course combinations at major events.

It was agreed that chasing start events should be excluded from the UK Ranking Lists.

Compass Sport Cup Rules - see separate report.

The BOF website has now been completely revamped. Members should use the Members button to find a wide range of information pertinent to members – Rules, Guidelines & Appendices; Fixtures; Results; UK Cup; Draft Membership Proposals, etc.

Given electronic punching the following statement has been made by the Rules Group-There is an expectation that the Finish will be manned throughout the event and that there is a means of contacting the Organiser if an emergency arises.

There are new rules for Junior Badge Scheme:

Junior (under-21 Gold, Silver and Bronze Badges

- Badges are awarded on performances in National Events, the British Orient eering Championships, British Elite Orient eering Championships (Classic race only) and the Jan Kjellstrom Individual Events.
- The scheme is open to competitors who compete on their own and reach the required standard in three events in the same class within two years. Badges are awarded to all BOF junior age classes.
- The calculation of Badge times follows the same rules for seniors.
- Only the results of those entering the competition as BOF members will be counted.
- Competitions are advised to obtain a Gold standard in their own age class before considering competing on a longer course.
- A Badge standard remains current for two calendar years including the year in which it was achieved.

Junior (under-21) Ageless Badges

- Badges are awarded on performances in Regional Events.
- The scheme is open to competitors who compete on their own and reach the required standard in three events in the same class within two years. Badges are awarded to all Ageless Classes.

- The calculation of Badge times follows the same rules for seniors.
- The results of all those entering a particular class will be counted.
- Competitions are advised to obtain a Gold standard in their own age class before considering competing on a longer course.
- A Badge standard remains current for two calendar years including the year in which it was achieved.

National Forest Report – The tender scheme awards for this year include a number which may be of interest to EMOA. LEI have a number of small areas which will extend Sence Valley and Willesley and are also looking at creating a link that will tie a further one in with the existing Ratby Woodlands area.

The biggest scheme is in the DVO area, a new area near Drakelow. It will be about 150 acres which may be useful for small events. The aim of the scheme is to provide public recreation and sporting use in a woodland setting. It has 4 lakes and a mix of commercial poplar and mixed oak/ash woodland.

There are also a number of small developments in South Derbyshire.

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THREATS

Two areas of woodland where events are held are under threat of being lost to the sport at least in part.

The first is Calke where English Nature is to declare it a National Nature Reserve. National Nature Reserves are established to protect the most important areas of wildlife habit at and geology. This does not necessarily mean they will stop us using it but LEI were mapping Bedford Purlieus when the same happened and permission was withdrawn. The 'special' areas at least may well be closed to us but we will just have to wait and see with fingers crossed.

Following the work done by the National Trust, Calke's wood pasture is now deemed to be of international importance. About 600 acres in total of varied landscape the 'special' part is the wood pasture, with 200 ancient oak trees including some of the oldest and largest trees in Britain. The ancient trees at Calke are important in their own right but they also ensure that a range of deadwood invertebrates can survive. Calke is considered to be in the top British sites for rare beetles which feed on dead and decaying wood. The park also has over 350 species of beetles and 70 species of nationally rare insects.

Quite apart from the potential threat to us if English Nature takes a hard line the actual park is being threatened by the proposed extension of East Midlands Airport. Planes are already routed above Calke Abbey and the airport is now applying to extend its runway so that they can fly even heavier freight aircraft. This will mean that the

aircraft will produce more noise and pollution over this sensitive area. The airport estimates that freight will increase six fold over 16 years!

The other threat is also caused by the needs of air traffic. Hatfield Forest in Essex is a unique place with over a thousand acres of ancient grazed wood pasture and coppiced woodland which have been managed in much the same way for 1,000 years and has changed little since medieval times.

The Forest is also a National Nature Reserve and is designated as a Site of Special Scientific Interest but public and sporting use is encouraged at least in the larger part.

The Forest is located by Stansted Airport and is already affected by noise and pollution connected with the airport and it is likely to get much worse. The Government is looking for a substantial expansion in airport capacity and appears to support a second runway at Stansted.

Dramatic increases in noise and pollution from aircraft threaten the rare habitats of Hatfield Forest and will badly affect visitors' enjoyment of the Forest. Worse still is the threat of a new rail line to support the airport, which could be routed through the Forest.

Roy Denney

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Courses for Event Officials (BOF Controller C3, BOF Planner P3, and BOF Organiser O3) in the EMOA Region in 2005

The following information is for club members throughout EMOA interested in controlling, planning and organising Level 4 District Colour Coded Events and planning and organising Level 5 Local Events.

All Clubs within our Region need more trained Event Officials such as Controllers, Planners and Organisers at Grade 3 level within Clubs in the East Midlands and so I have arranged Evening/ Morning bookings to run the following Evening Sessions in the Function Room at The Forest Rock near Whitwick, Leicestershire (OS Sheet 129 Grid Ref. SK 452 151) — from 7:00pm onwards — for the theory part of each course with, shortly afterwards, Morning Sessions starting at 10:00am from the car park of The Hare and Hounds, Whitwick (OS Sheet 129 Grid Ref. SK 434 167) which is alongside Cademan Wood, south of Grace Dieu, for the out-in-the-woods practical/ hands-on sessions, with, hopefully and quite literally, end-of-course feedback at lunchtime accompanied by a small buffet within the Hare and Hounds (venue of the most recent East Midlands Regional Conference mid-session buffet):

GRADE 3 CONTROLLERS COURSE (BOF C3) on the evening of Wednesday 2nd February and the morning of Saturday 5th February 2005.

COLOUR CODED EVENT PLANNERS COURSE (BOF P3) on the evening of Wednesday 2nd March and the morning of Saturday 5th March 2005.

EVENT ORGANI SERS COURSE (BOF O3) suitable for new/first-time organisers of C5 and C4 events—this is planned to link in with the start of Summer League and other events within our Region which will, of course, be an excellent opportunity to put into practice the theory—on the **evening of Wednesday 13**th **April 2005**.

If interested please put the dates in your diary and contact me a.s.a.p. (Ernie Williams – EMOA Representative on BOF Rules Group). <u>Ernie.Williams@btinternet.com</u>

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Important Changes to the Compass Sport Cup and Trophy Rules for 2005

At the BOF Rules Group meeting in Crewe on Saturday 13th November 2004, the decision was made to make a number of changes to the current Event Guidelines. These are intended to make the competition as inclusive as possible by encouraging all Gubs, what ever their size and membership make-up, to take an active part in the Regional Qualifying Round, and to let all competitors know that they will score points what ever their finishing position and be in with a chance of their score making a significant contribution to the overall Gub score.

Firstly, it has been confirmed that the Compass Sport Cup and Trophy Events are Level 3 Events i.e. Regional rather than District Events and that the Organising Club should ensure that there are pre-marked and bagged maps, good terrain, an appropriate Assembly Area, etc. but that all courses reflect Colour Coded Planning Guidelines.

Secondly, the range of courses has been amended from the existing seven to eight as follows with two designated as 'Large Course' and six as 'Small Course' for scoring purposes:

Course 1	Brown	Men Open	Large Course
Course 2	Blue Women	Women Open	Small Course
Course 3	Blue Men	M45+ M20-	Large Course
Course 4	Green Women	W45+W20-	Small Course
Course 5	Green Men	M60+	Small Course
Course 6	Veterans Short Green	M75+W60+	Small Course
Course 7	Light Green	M/W18-	Small Course
Course 8	Or ange	M/ W 14-	Small Course

Organisers and Planners are also requested to make available on the day White and Yellow non-Compass Sport courses for Juniors who are not sufficiently skilled to tackle an Orange Course.

Thirdly, the scoring system has been revamped – on 'Large courses' 1 and 3 the winner will receive 100 points, second place 99, third place 98 and so on (97, 96, 95, etc.) while on 'Small Courses' 2, 4, 5, 6, 7 and 8 the winner will receive 100 points, second place 98, third place, 96 and so on (94, 92, 90, etc). If two competitors tie each will receive the points appropriate for that place.

For the Compass Sport Cup competition, each Club will have a maximum of 25 counters with no more than 6 on a 'Large Course, and up to a maximum of 4 on a 'Small Course'. For the Compass Sport Trophy competition each Club will have 13 counters with no more than 3 from a 'Large Course' and up to 2 from a 'Small Course'. There should be no limit to the number of competitors a Club may have taking part unless the event entry is limited, in which case Club Teams may be limited to a maximum of 10 competitors on each course or a lesser number if the competing Clubs agree.

The winning club will be the one with the highest points scored on the day and move on to the Final.

In the qualifying round where the winning Club finished in the top three in the Final in the previous year e.g. 2004 then the second place team will also qualify for the Final.

Er nie Williams – EMOA Rules Group Represent at ive

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Out and About - Castle Hill, Anstey

In order to get the most out of orient eering areas, it is always nice to have a little background to the area. If anyone has information they would like to share please feel free to send it on to me. I'll start with the area of Castle Hill, Anstey, being used for the LEI Christ mas event.

The current site comprises the Castle Hill Midieval Earthworks which has the remains of a Hunting Lodge (Precept ory, boundary, two mounds, fishpond and dam). The function of this site has been discussed widely since attention was first drawn to it in 1891. Originally it was believed to be Pre-historic although the existence of the fishpond adjacent led some historians to believe it to be of a much later date. The site for med part of the woodland area known as Leicester Forest.

Around the time of the Domesday Book (1086), it became the property of Hugh de Grent mesnil and descended from him to the Earls of Leicester. In 1252 Simon De Montfort gave land to the south-east of Beaumont Leys to Leicester Abbey and it may be that at the same time he gave Beaumont Leys itself to the Knights Templars (a religious order formed during the Crusades). The Order fell foul of the Pope, was dissolved and the lands acquired by the King in 1308.

In due course the land was granted to the Knights Hospitallers and it remained in their cust ody until 1482, when they exchanged it with the King for the Rectory of Boston. By 1530 it was described as pasture and remained as such until used for sewerage purposes in the 19th century by the City of Leicester (at which time the site was disturbed considerably, though 2 mounds and a small pond in the S.E. corner appear to be ancient.

East Midlands League

As you have seen in the last EMEWS, the League has now been sponsored, and fresh from the EMOA website, here is a little information about our new sponsors, Lloyd Davis Mortgage Services - are based in Leicestershire and have been involved in the business of mortgages for some time.

We asked Company director Vernon Davis, LEI member, why the Company had chosen to support Orienteering:- "I have been Orienteering for some time and get a lot out of the sport. My wife and business partner, Geraldine, also orienteers regularly. We felt that we would like to do a bit more for a sport we both love, so sponsoring an event through my Company seemed a great option."

Why pick the Galoppen/ League? — "We have been discussing options and looking at opportunities with the EMOA committee for some time. We wanted a deal that would give some longevity and provide exposure for our Company. The Galoppen is a well known and well liked series of events and has never been sponsored. We felt that we could bring benefits to both sides and achieve a winwin sponsorship deal for the EMOA, orienteers and Lloyd Davis Mortgage Services."

What will the sponsor ship deal bring to the Galoppen? - "Well, apart from paying for adverts in EMEWS, we will be providing cups or medals for the winners at the end of the Galoppen series (December 2005 for the current season - Ed.). We believe that the EMOA is also looking at an inter-club competition to round of the Galoppen, for which we will provide the trophy."

What about the future? - "We have an advertising budget to attract new clients and we will monitor and review the results achieved through sponsoring the Galoppen. This first deal runs until the end of the current series, after that, well, we'll make a decision later next year."

Lloyd Davis Mort gage Services provide friendly expert mort gage advice through their unique "at home" service. For more information, see their advert on the "Lloyd Davis Galoppen" page or on the Links page under "Traders." The Lloyd Davis website can be found at: www.lloyddavismort.gages.co.uk/

The current League table below shows the first 3 events of the series (results still awaited from Harlow Woods). The rest of the series is planned to be:

December 19 th	NOC	Budby
January 16 th	LEI	Beacon Hill
January 30 th	DVO	Farley Moor
Feb 6 th	LOG	St aplef or d
April 10 th	LEI	Twyf or d
April 24th	DVO	Crich Chase
May 15 th	DVO	Bow Woods
May 22 nd	LEI	Grange Woods
Jun 5 th	DVO	Kedlest on Park
Oct 2 nd	DVO	Car singt on
Past ur es		_
Oct 23 rd	LEI	Old Dry Hills
Oct 30 th	NOC	Thieves Wood
Nov 6 th	DVO	St ant on Moor
Nov 27 th	LOG	Bourne Woods
Dec 4 th	NOC	Sher wood
Pines		
Dec 18 th	NOC	Walesby

1= Thieves Wood, 2=South Common, 3=Irchester, 4=Harlow Woods

I have only included those with scores over 1000, or the top 10 in a class whichever is the greater

White Cou	rse - Boys /	Men							
Forename	Surname	Club	Class	1.	2.	3.	4	Best 8	Position
William		NOC	M7	1000	1000			2000	1 st
Nathan		LEI	M6	699		713		1412	2 nd
Nicholas _		LEI	M5	461			542	1008	3 rd
Euan		LEI	M10			1000	1000	1000	4 ^{th=} 4 ^{th=}
William	Eaton	LEI	M10			1000		1000	4
White Cou FJ Grace Alexandra Jessica	rse – Girls / Littlewood Sanderson Steward Beresford	I NO	C W10 C W10 C W9	100	-		1000	1175 1000 1000 1000	2 ^{nd=} 2 nd =
Yellow Cou	rse - Boys /	Men							
Nicholas	Wilson	LEI	M5			1000)	1000	1 ^{st=}
William	Nolan	NO	C M12	100	0			1000	1 st =
Luke	Addison	DV	O M10				1000	1000	1 st =

Yellow Cou Forename Aleksi Harriet Victoria Leanne Ellie Maddie	Surname Davidson Lawson Littlewood Durrant Williams Clarke	Vomen Club Class 1 LEI W10 DVO W10 NOC W10 LOG W9 NOC W12 NOC W10	798 1000 990	686 837 1000	895 779	1000 902 678	Best 8 2693 2681 1676 1515 1000 1000	Position 1st 2nd 3rd 4th 5th= 5th=
Orange Co Daniel Richard Matthew Samuel Joshua Daniel	Envis Schaanning Horsewill Turnbull	Men LEI M10 LEI M18 DVO M13 NOC M12 NOC M12 LEI M10	736 701 1000	661 676 1000	916 877	1000 620 764 810	2652 1538 2141 1810 1000 1000	1 st 2 nd 3 rd 4 th 5 ^{th=}
Orange Co Elizabeth Mary Isabel	ourse – Girls / Parkinson Boothroyd Griffiths	Women NOC W12 LEI W55 LEI W55	1000	1000	1000	1000	2000 1000 1000	1 st 2 nd = 2 nd =
Light Gree Lee Martin Roy Gary Alan Andrew Bertie Peter John David Barrie	Powell Wheeler Denney Boothroyd Jones Cook Tapp Scotting Bourne Pickles Cooke Bibby	LEI M45 LOG M50 LEI M60 LEI M50 NOC M70 LOG M40 NOC M12 DVO M60 NOC M50 NOC M55 DVO M65	757 1000 797 727 703 764 621 638	1000 913 851 726 622	814 882 783	653 906 636 391 1000	3224 1906 1795 1580 1578 1429 1386 1257 1029 1000 1000	1st 2nd 3rd 4th 5th 6th 7th 8th 9th 10 th =
Light Gree Norah Mary Alice Silvia Bet	Jones Mills Bennett Ruiz Blain	NOC W75 NOC W50 LOG W35 LEI W21 NOC W50	985 1000 503	1000 922 605	1000	1000	1985 1922 1108 1000 1000	1st 2nd 3rd 4 ^{th=}
Barry Ernie Andrew Donald John Dave Paul Brian Martin Roger	Mawby Williams Wallace Moir Woodall Anderson Scotting Ward Hill Keeling	NOC M60 LEI M60 NOC M45 LEI M70 NOC M65 LEI M65 NOC M40 DVO M70 LEI M55 DVO M60	536 890 677 753 715	816 942 840 1000 981	762 871 879 903 893	775 885 583 970 806 909 868	3020 2698 1959 1806 1806 1799 1658 1621 1618 1548	1st 2nd 3rd 4th 5th 6th 7th 8th 9th 10

Green Wome	en									
Forename Alison Jane	Surname Marvel Booker	Club LOG NOC	Class W40 W45	1		2 720	3 663 1000	4 429 723	Best 8 1812 1723	Position 1st 2nd
Ruth Pauline	Ellis Jones	DVO NOC	W50 W21		24 54	809	868		1392 1263	3 rd 4 th
Jen	Gale	DVO	W55		50			695	1245	5 th 6 th =
Laura Rosemary	Evans Hodkinson	NOC NOC	W14 W16	10	00	1000			1000 1000	€ th
Pauline	Ward	DVO	W60					1000	1000	6 ^{th=}
Blue Men David	Brov	LEI	M50			1000	045	1000	2945	1 st
Alan	Bray Bearsley	NOC	M55	8	97	1000	945 875	933	2 945 2705	2 nd
John	Middler	NOC	M50	7	10	747		672	2129	3 rd
James Simon	Hornby Ford	LEI LEI	M21 M60	6	556		729 1000	645 985	2030 1985	4 th 5 th
Derek	Gale	DVO	M60			908	1000	910	1818	6 th
Peter	Leake	LEI	M65	_			904	904	1808	7 th
Mark Doug	Burley Dickinson	NOC DVO	M18 M55		'61 846			943 848	1704 1694	8 th 9 th
Robert	Hatfield	NOC	M55	-	109			885	1687	10 th
Blue Women										
Vivianne	Lawson	DVO	W35		568		927		1495	an al
Lorna Janet	Benson Evans	LEI NOC	W45 W40			1000	1000		1000 1000	2nd_
Stinne	Skammelsen	NUOC	W21	1	000				1000	2 nd =
Rosemary	Hodkinson	NOC	W18					1000	1000	2 nd =
Brown Men										
David	Lawson	DVO	M40		000		944	856		1 st 2 nd
Steven Chris	Davidson Bosley	LEI	M40 M55		780	1000	728 1000	692	2200 2000	3 rd
Jim	Regan	LOG	M35			729	568	554		4 th
David	Gourley	LOG	M40	8	309	954			1763	5 th
Liam John	Harrington Marriott	LOG LEI	M16 M55			933 833	712	629	1562 1545	6 th 7 th
Kevin	Price	DVO	M45	8	300	000	712	656		8 th
Paul	Beresford	DVO	M21			746		673		9 th
John	Hawkins	DVO	M45					1000	1000	10 th
Brown Wome	en .									
Clare	Claxton	NOC	W40			1000			1000	1 st
	Claxion	NOC	***			1000			1000	•

Edit or ial

This issue of EMEWS got pushed back a week as I was away in Dublin over the weekend of 5th December. Hopefully you all enjoyed Eyam Moor while I supped a drop of Guiness. I always try to get EMEWS out just after an EMOA Committee meeting, so will be looking to get the next issue out at the end of January. I am controlling the Midland Champs in early February so will try to get it out before I am too bogged down in this!

Scottish 6 Days 2005

Royal Deeside - 31st July - 6th August

Have you ever been to the Scottish 6 Days? If not, you are missing out on Britain's top multi-day event, one which offers you a week of top class orienteering in an beautiful holiday area. The ethos of the event is to combine quality orienteering in terms of maps, terrain and organisation with a user-friendly approach which enables competitors of all ages, and their non-competing family members, to enjoy the attractions of the local area. So if you are looking for a week of top-quality orienteering in an area of great natural beauty, there's no need to look out your passport —it's all right here on your doorstep at the Scottish 6 Days.

The six areas chosen for 2005 will offer challenging orienteering in classic Scottish terrain — mostly runnable forest with many areas of complex contour and rock detail. Several of the areas can also give you fabulous views of the surrounding scenery if you can spare a moment to look. You will come to understand why Queen Victoria fell in love with this place.

The event centre and campsite will be located in the grounds of Crathes Castle (by kind permission of the National Trust for Scotland), one of the finest of Scotland's baronial castles, and this will provide the centre for the week's social events including the traditional ceilidh, to be held this year on the evening before the rest day. Meals will be on offer at the campsite, and for the first time at the 6 Days, a bus service will be provided from the campsite to each of the six events.

As well as the orient eering, there is a huge variety of other things to do in Deeside and the surrounding area. For those wanting some peace and tranquillity, head for the hills. If something more lively is your taste, Aberdeen has much to offer. There are castles and gardens, beaches and theme parks for the kids or follow the Victorian heritage trail to explore the area's royal history. On the rest day, events arranged so far include a mountain bike-O event, a Park Race in Hazlehead Park in Aberdeen (winner of Britain's Best Park in 2004) which will also incorporate the Scottish Park-O Championships, a golf tournament and a treasure hunt by car around the Deeside area. Alternatively, you may just want to rest!

Full details of the event can be found on the website www.scottish6days.com.

Entries for the event open on 1st December. Entries may be made through the event website or by writing for a paper entry form to Scottish 6 Days 2005, PO Box 12053, Mastrick, Aberdeen AB15 7WX, email info@scottish6days.com.

Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Unless otherwise stated, District events offer entry on the day (EOD) to a range of colour coded (C4) course with start times from 10:30 to 12:30. Local events (C5) will only have a limited range of courses. Regional and National events (C3 & C2) provide a range of age related courses and are normally entered in advance using a Standard Entry Form (SEF); entry on the day (EOD) will usually be limited and more expensive. Most will offer a limited number of colour-coded courses for EOD. Cheques payable to organising clubs given at beginning of details, if not specified.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

The East Midlands Orient eering Association has an answerphone which provides upto date information on events and also late cancellations. It is available on 0906 270 3419 at a cost of 25p a minute.

December 2004

12th	SE	SLOW OK Nuts Loop Races. Hankley Common, Milford. SU/887411.
	O3	Organiser: Andy Robinson, 020 8255 7176. andyloofa@aol.com
		Entries: SNC/OK Nuts Entries, Tayles Cottage, 35 West Street, Ewell Village, SURREY, KT17 1XD, 020 8393 1672. parker.gordon@btinternet.com CD: 27/11/04. £6.00/£2.00. Lim EOD + £1.00/50p. Chq: SLOW. EPS-SI. String course. Lim CC courses - W, Y, O & LG. www.sloweb.org.uk
12th	WM	WRE District Event & West Midlands Championships. Shobdon Hill Wood, Mortimer's Cross. SO/390636.
	C4	Phil Bibby, 01746 762198. £4.00/£2.00. Dogs on lead. www.wrekinorienteers.co.uk
12th	EM	LEI Christmas Novelty Event. Castle Hill , Anstey, Leicester. SK/554083 (cul-de-sac near Gynsills Tennis Club). Starts 10:30 – 11:30am
	C5	Vernon and Geraldine Davis, 01530 223545. gfdavis@davisgf.fsnet.co.uk £2.00/50p. Yes. www.leioc.org.uk Post-event social venue will be 'The Woodman's Stroke, Rothley. The event is put on annually close to Christmas with a 'festive feel' for LEI members – orienteers from other Clubs are welcome to join in the 'festive fun'.
19th	EM	NOC District Event & Galoppen. Sherwood Forest/Budby , Mansfield. Signed from B6034 at northern edge of Edwinstowe SK 625671. Please car-share if possible.
	C4	Bob Alderson, 0115 845 0771. r.alderson1@ntlworld.com £4.00/£1.50 +50p SI hire. EPS-SI. String course. www.noc-uk.org
19th	EA	NOR District Event & NOR Club Championships + NSL. Roydon Common & Grimston Warren, Kings Lynn. TF/681230.
	C4	Alan Bedder, 01603 424589. <u>alan.bedder@virgin.net</u> £3.00/£1.00. EPS-SI. Dogs on Lead. <u>www.norfolkoc.co.uk</u>

January 2005

1st	WM	HOC Laurie Bradley New Year's Day Score Event. Kinver Edge, Kinver. SO/837826.
	S5	Robert Vickers, 0138 43 77008. £4.00/£1.50. Parking 50p. Mass Start 11.30am. Registration

EME	EWS	
		opens at 10.30am. www.harlequins.org.uk
1st	EM	LEI New Years Day Hangover Cure. Heather (Queens Head), Ibstock . SK/391109. (The Queen's Head is in the centre of the village): Start: 11:00am.
	C5	Peter Hornsby, 01530 456066. £2.50/50p. Lim CC courses. Start 11.00am. www.leioc.org The event is put on annually close to Christmas with a 'festive feel' for LEI members – orienteers from other Clubs are welcome to join in the 'festive fun'.
2nd	SE	SN NATIONAL EVENT & SN Trophy. Ash Ranges, Aldershot. GR/917557.
	C2	Organiser: Paul Wallace-Stock, 01252 519355. paul@wallace-stock.datanet.co.uk
		Entries: Gill Sharp, 16 Mincing Lane, Chobham, Woking, Surrey, GU24 8RX, 01276 858828. CD: 13/12/04. £9.00/£4.50. Lim EOD +£1.00/£1.00. Chq: NE1-2005. EPS-SI. String course. Lim CC courses EOD - £5.00/£2.50. Dogs on lead in car park only. www.geocities.com/southern_nav
2nd	ΥH	SYO Score and Limited District Event. Beeley Woods, Sheffield. SK/318920.
	S4	Kevin Walters, (0114) 250 9160. kevin.walters@cancer.org.uk £4.00/£1.00. CC courses will be W,Y,O and Blue. The score event will have controls of technical difficulty 3 to 4/5. www.southyorkshireorienteers.org.uk
3rd	EM	DVO Street Score Event. Belper, Derbyshire.
	S5	The Johnsons, 01773 824754 gmjandfam@aol.com, www.dvo.org.uk
8th	NW	MDOC John o'Goats Charity Score Event. Lyme Park, Stockport. SJ/964823.
	S5	Sue Birkinshaw, 0161 980 5068. <u>sbirkinshaw@cssystems.net</u> Free/Free. Also Yellow course. Dogs allowed in car park. Mass start at 11.30. <u>www.mdoc.org.uk</u>
9th	EA	SMOC Regional Event. Bucknell Forest, Northampton. SP/660449.
	C3	Organiser: Keith Downing, 01234 270018 (before 9.30pm). Keith@keith-o.demon.co.uk Entries: Helen Nisbet, 2 Hopkins Close Milton Keynes Village MK10 9AS. h.nisbet@virgin.net CD: 18/12/04. £8.00/£3.00. Lim EOD & Late entry + £2.00. Chq: SMOC. EPS-SI. Yes, String course. No dogs. www.smoc.info
9th	EM	NOC District Event, Byrons Walk.
	C4	Hilary Hodkinson, www.noc-uk.org
15th	EM	LEI Night Event (part of the Winter League), Beacon Hill, near Woodhouse Eaves. Parking at SK/523145 (Broombriggs Car Park on Beacon Hill Road).
	N5	Bob Haskins, 01509 842449. £2/50p Ind +£1. EPS-SI. Starts 6:30-7:30pm. Short, Medium, Long. $\underline{\text{www.leioc.org}}$
16th	SE	SO Regional Event & SE League Event. Broadstone Warren, East Grinstead. TQ/431324.
	C3	Organiser: Peter Drake, 01273 400603. <u>thedrakes@vuggles.co.uk</u>
		Entries: Graham Longley, Broadstone Badge Event, 91 Rother Crescent, Gossops Green, Crawley, West Sussex, RH11 8LP, 01293 511767. entries@vuggles.co.uk CD: 30/12/04. £7.00/£3.00. Late entries before day +£1.50. Please note:- All Late entries after CD MUST be sent to Jaquie Drake, East Cottage, Vuggles Farm, Newick, East Sussex, BN8 4RU. 01273 400603. Lim EOD + £3.00. Chq: Southdowns Orienteers. EPS-SI. String course. EOD Lim CC courses - W, Y, O & LG - £4.00/£2.00. No dogs. SO 24-hr Ansaphone - recorded event information 01903-239186. Entry form & final details on website. www.southdowns-orienteers.org.uk
16th	WM	OD District Event. Oversley Wood, Alcester, Warks. SP/110567.
	C4	Chris Dwyer, 01788-846 832. £5.00/£3.00. EPS-Emit. String course. Parking £1.00. Dogs on lead. Emit card hire included in entry fee. www.octavian-droobers.org
16th	EM	LEI District Event & National Forest Trophy. Beacon Hill Country Park including Felicity's amd Martin's Woods, A Lloyd Davis League Event and 2005 National Forest Trophy. Loughborough. SK/510145 (Top Car Park).

EMEWS C4 Gary & Mary Boothroyd, 01572 756097. £4.00/£1.50 Ind +£1. EPS-SI. String course. Parking £2.00. Dogs on lead. www.leioc.org 23rd YΗ EPOC Regional Event. Ogden Water, Halifax. SE/066308. C3 Organiser: Anthony Greenwood, 01422 244860. anthony.greenwood@virgin.net Entries: Dave Wakeford, 2 Rooley Farm Cottage, Rooley Lane, Sowerby, Halifax, HX6 1NS, davewakeford@rooleyfarm.f9.co.uk CD: 10/01/05. £7.00/£2.00 Family £15.00. Lim EOD + £1.00/50p. Chg: EPOC. EPS-SI. String course. Lim CC courses. Dogs in car park only and on lead. www.eastpennineoc.org.uk 23rd SC BKO Regional Event, Concorde Chase. Lower Star Posts, Camberley. SU/876622. C3 Organiser: Bryce & Janet Gibson, 0118 947 2220 (up to 9.30pm please). ibaibson@ntlworld.com Entries: Lynne Moore, 12 Beaufort Place, Old Mill Lane, Bray, Berkshire, SL6 2BS, 01628 cc2005@bray12.plus.com (enquiries only), CD: 04/01/05, £7.50/£3.00 +£1.00 Emit hire. Lim EOD & late entries +£1.50/£1.50. Chq: BKO. EPS-Emit. String course. Lim CC courses - W, Y, O, R & LG - £4.50/£2.00. Parking £1.00. Dogs on leads in car park only. BEOC2005 Middle Distance Race qualifiers - see BKO website. www.bko.org.uk 29th-EΑ **Thetford Thrash Weekend** 30th 29th - WAOC Thetford Thrash Regional Event - Day 1. Mildenhall North, Mildenhall. C3 TL/728742. peter woods@ntlworld.com Organiser: Peter Woods, 01223 721433. C3 30th - CUOC Thetford Thrash Day 2 & Icenian Trophy. Bromehill, Brandon. TL/793889. Organiser: Edmund Ward, 07779 023912. epww2@cam.ac.uk Entries: Caroline Louth, 20 Long Road, Cambridge, CB2 2PS, 01223 246145. tt2005@waoc.org.uk CD: 17/01/05. £7.50/£3.00 per day (2nd etc Juns in same family free). £13.00/£5.50 both days. SI hire 50p per day. Non-club +£1.00/50p per day. Lim EOD and late entries +£1.50/£1.00. Chq: WAOC. EPS-SI. String course. Dogs on leads. EOD CC courses - White - Orange - £4.00/£1.50. www.waoc.org.uk or www.cam.ac.uk/societies/cuoc DEE Regional Event, Delamere Trophy. Delamere Forest, Northwich. SJ/556711. 30th NW C3 Organiser: Tim Palmer, 01244 372861. tpalmer@clara.co.uk Entries: Jenny & Nigel Beasant, 9, Primrose Hill, Cuddington, Northwich, Cheshire, CW8 nigel@beasantn.freeserve.co.uk CD: 08/01/05. Internet entries: 16/01/05 £6.00/£2.00. Lim EOD + £1.00/50p. Chg: Deeside OC. EPS-SI. String course. Lim CC courses. Parking £1.00. Internet entry preferred. Quote SI number or hire £1.00. www.deeside-orienteering-club.org.uk 30th SE GO Regional Event & OO Trophy 05. Chobham Common, Chobham. SU/9XX6YY. C3 Organiser: David Robbins, 01483 767183. davidnrae@care4free.net Entries: TBA. CD: unknown. Fees TBA. Lim EOD. Chq: Guildford Orienteers. EPS-SI. String course. Lim CC courses. Parking £1.00. www.go-pages.fsnet.co.uk 30th ΕM **DVO District Event**, Whitesprings, Matlock. C4 WM 30th WCH District Event & WM League. Hawksmoor, Cheadle. SK/032439. C4 Norman Hall. 01785 257278. normandi@totalise.co.uk £4.00/£2.00 +SI hire £1.00/50p. EPS-SI. Parking £1.00. Dogs on leads. www.walton-chasers.co.uk

February 2005

6th YH **SYO Regional Event.** Bradfield Moor, Sheffield. SK/236919.

C3 Organiser: Simon Baston, 0114 2869962. simon@128springwood.fsnet.co.uk

EMI	EWS	
		Entries: Doreen Best, 94 Ringstead Crescent, Crosspool, Sheffield, S10 5SJ, 0114 230 2621. colinallanb@yahoo.co.uk CD: 19/01/05. £7.50/£3.00. Lim EOD + £1.50/£1.00. Chq: SYO. EPS-SI. Lim CC course - up to Lt Green, String course. Parking £1.00. No dogs. www.southyorkshireorienteers.org.uk
6th	EM	LOG District Event. Stapleford, Newark. SK/186566.
	C4	Karl Pickworth, 01526 320136. pickworths@aol.com Fees TBA. EPS-SI. Dogs on leads. www.logonline.org.uk
12th	NW	LOC Night Regional Event & Northern Night Championships. Claife Heights, Windermere. GR/373999.
	C3N	Organiser: Sheila Hobson, 01229 582852. sheila@rosshead.fsnet.co.uk
		Entries: Janet Nash, 11 Hayfell Rise, Kendal, Cumbria, LA9 7JP, 01539 725921. <u>j. nash@supanet.com</u> <i>CD: 31/01/05.</i> £6.00/£3.00. Lim EOD + £2.00/£2.00. Chq: Lakeland Orienteering Club. EPS-SI. Score event EOD only. Starts 6.00 pm to 7.30 pm. <u>www.lakeland-orienteering.org.uk</u> Full registration pending
12th	EM	NOC Short Races Event, Thieves Wood.
12(11	C4S	www.noc-uk.org
13th	EM	NOC Regional Event and Midland Championships. Blidworth.
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13th	SW	WIM Regional Event. Bovington, Wareham. SY/843906.
	C3	Organiser: Tim Britton, 01425 638808. tim.britton@tiscali.co.uk Entries: Dick Keighley, 2 Toll Bar Cotts, The Cross, Shillingstone, Blandford Forum, Dorset, DT11 OSW, 01258 860935. mail@jrkeighley.co.uk CD: 31/01/05. £7.00/£3.00. Lim EOD +£1.00/50p. Chq: Wimborne Orienteers. EPS-SI. Dogs on lead in car park only. www.wimborne-orienteers.org.uk
15th	EM	LEI Night Event. Part of Winter League. The Outwoods, near Loughborough. SK/514159 (Outwood Cottage Car Park on Woodhouse Lane).
	C5	Organiser: Roger Edwards, 0116 212 7547. <u>r.edwards15@ntlworld.com</u> Limited Colour Coded – Yellow, Light Green and Blue; Starts: 11:00 – 12:00noon £2/50p
17th	EM	DVO Event. Part of Winter League. Shipley Park.
	C5	To be defined
19th	NW	MDOC British Night Championships. Watergrove, Rochdale. SD/910180.
	C2N	Organiser: Sue Birkinshaw, 0161 980 5068. sbirkinshaw@cssystems.net Entries: addressee TBA. CD: unknown. Fees TBA. EPS-SI. No dogs. www.mdoc.org.uk Full registration pending
20th	NW	SROC Regional Event. Whitbarrow Scar, Kendal. SD/440875.
	C3	Organiser: Peter Knott, 01772 683072. Entries: addressee TBA. <i>CD: unknown.</i> Fees TBA. EPS-SI. String course. Lim EOD CC courses. www.sroc.org <i>Full registration pending</i>
20th	ΥH	HALO Regional Event. Broughton Woods, Scunthorpe. SE/955108.
	C3	Organiser: Neil Harvatt, 01302 772911. neilharvatt@supanet.com Entries: addressee TBA. CD: unknown. Fees TBA. EPS-SI. Full registration pending
20th	WM	HOC/BUOC Local Event. Lickey Hills, Birmingham. SO/997753.
		-

	EMEWS
	1119
C4	Peter Broad. £4.00/£2.00. String course. www.harlequins.org.uk
EM	DVO Local Event. West Park, Long Eaton.
C5	Mike Godfree. <u>mike.godfree@bosinternet.com</u> £2.00/£1.00. String course. Dogs on leads at all times. <u>www.dvo.org.uk</u>
WM	POTOC/WRE Compass Sport Cup & Trophy - 1st Round. Weston Heath & Bury Walls, Market Drayton. SJ/559285.
О3	Organiser: Geoff Hollins, 01782 503385. <u>geoff@hollins28.fsnet.co.uk</u>
	Entry details will be sent direct to participating clubs. £6.00/£2.50. EPS-SI. String course. Parking £1.00. No dogs. EOD ONLY for non Cup/Trophy competitors subject to availability of overprinted maps. www.sisyphus.demon.co.uk/POTOC
EM	LEI Compass Sport Cup 1st Round. Belvoir, Grantham. SK/817337.
О3	Organiser: Chris Phillips, 0116 255 0330. <u>onecphillips@lineone.net</u> Entries: Roger Williamson, 63 Loughborough Road, Quorn, Loughborough, Leics, LE12 8DU,
	01509 412132. rwilliamson@rawlinscollege.org.uk CD: 01/02/05. £7.00/£3.50. EOD. Chq: Leicestershire Orienteering Club. EPS-SI. String course. Dogs only in Car Park. Clubs entering the Compass Sport Cup and Trophy events must pre-enter. This event will be open to entry-on-the-day participants who are non-Compass Sport Cup and Trophy competitors. www.leioc.org.uk Car parking and Assembly Area will be in the Belvoir Castle Car Park.
	EM C5 WM O3

March 2005

C3N Roger Stein, 01792 296122. R.D.Stein@swansea.ac.uk Fees TBA. EPS-SI.	
www.sboc.org.uk/	
Full registration pending	
6th EM DVO Regional Event & East Midland Championships. Longshaw. C3 Details still to be finalised.	
6th SOA FVO SOL1 and Future Champions Cup. Trossachs, Aberfoyle. NN/505070.	
C3 Elizabeth Sinclair, 01259 213310. <u>elizabeth sinclair@hotmail.com</u>	
6th WOA SBOC St David's Day Regional Event & Welsh League. Pembrey Burrows, For Country Park, Llanelli. SN/410006.	orest &
C3 Roger Stein, 01792 296122. R.D.Stein@swansea.ac.uk Fees TBA. EPS-SI. www.sboc.org.uk/	
Full registration pending	
12th SC BKO UK Cup, Future Champions Cup & Open Middle Distance Races. Blood High Wycombe. SU/883893.	m Wood,
O3 Organiser: Pete Inness, 0118 9724730.	
Entries: Barrie Walmsley, Treadaway House, Treadaway Road, Flackwell Heath HP10 9NY. CD: 27/02/05. £6.00/£2.00 + £1.00 Emit hire. No EOD. Late entry +£ Chq: BKO. EPS-Emit. Starts 1200 - 1430. Parking £1.50. Dogs on lead in car pa Special Entry form required - see website or event flyers for entry form and cours Linked with TVOC National Event on 13.03.05. www.bko.org.uk	22.00/£1.00. irk only.
12th EM NOC Night Event, Bulwell Hall Park.	
N5 ?	

Forthcoming Events (inc closing dates where appropriate)

13th Mar EM NOC District Event, Bestwood Country Park

EMEWS		
13 th Mar	SC	TVOC National Event, Hambledon Woods, Henley-on-Thames (CD unknown)
13 th Mar	ΥH	CLARO Regional Event, Brimham & Hartwith, Pateley Bridge (CD 28/02/05)
19 th Mar	EM	DVO Local Event, Black Rocks, Cromford
20 th Mar	EM	LEI Regional Event, Wakerley, Corby (CD 28/02/05)
20 th Mar	ΥH	AIRE Regional Event, Simon's Seat, Barden Bridge, Skipton (CD 07/03/05)
20 th Mar	SW	SARUM Regional Event, Big Wood, Hindon (CD 06/03/05)
20 th Mar	EA	WAOC District Event, High Ash, Mundford
26 th -28 th Mar <i>CD3: 18/3/05</i>	WM	JK Weekend (Brown Clee / Cannock Chase / Hopwas) CD1: 10/1/05, CD2: 28/2/05,
16 th -17 th Apr	SW	British Champs, Penhale Sands (CD1: 01/01/05, CD2: 01/03/05)