EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee..

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Chairman's Piece - John Bennett

Well that's another JK come and gone, and another very enjoyable one by all accounts with lots of East Midlands successes. Sadly the Bennett clan weren't able to be there this year. Last minute preparations for LOG's hastily re-arranged Twyford event took care of that. I really miss these multi-day events when I can't get to them, Springtime in Shropshire is another favourite that we won't be able to make this year, so sociable and in one of my favourite parts of Britain. We have many friends that we only see at orienteering events, it can be a strange world that we inhabit.

One of the things that has struck me since hitting the dizzy heights of EMOA chairman has been the screamingly obvious realisation that those that run our sport are just the same as me. It's always easy to knock those in charge of any organisation, and BOF has come in for it's fair share of criticism over the years, but at least we are run by regularly competitive orienteers, unlike many major sports I can think of. There are no "faceless mandarins" at BOF, honestly there aren't, just orienteers who want to keep our sport fresh and relevant in an ever changing world. At a time when membership, fees and structural changes are particularly contentious we should remember that,

^{*} Children's sizes approx. 15%

[‡] Fast Needle

and not fall back on comments about "typical BOF" (I've made them in the past so I know!). BOF is actually you, me, "us", not a soap opera played out behind the scenes.

'There are no "faceless mandarins" at BOF.... just orienteers who want to keep our sport fresh and relevant in an ever changing world.'

Whatever "we" decide about the future of "our" sport let us hope it is the right decision, because it will affect every single one of us. We might not like it but all sports are heavily dependent on government grants these days, and to get that funding you have to jump through a lot of hoops, producing long term plans, strategies and seemingly mountains of paperwork. If we don't "play the game" orienteering will slip quietly away. We are still a very cheap sport, compare our fees to those of your gym, or the price of a club O-top with a Man Utd shirt.

If we don't "play the game" orienteering will slip quietly away.

Surely we can all afford to pay a bit more to keep orienteering going? Anyway those brilliant little Summer Leagues are almost upon us. You get premarked and bagged maps for 60p at The HALO "Poacher", and some stunning little areas. Why am I plugging events run by a YHOA club, because I love orienteering that's why, just like the rest of you.

Finally, I couldn't write this piece without some mention of two excellent local events recently. LEI did a superb job of the Compass-sport Cup at Belvoir, freezing conditions one minutes, bottomless mud the next, but all very enjoyable. Then Longshaw in the sunshine and snow that ranks as one of my all time favourite orienteering days. Most of DVO must have been having kittens at first light that morning but what a superb day it was, recorded for posterity by some great photos too (at http://www.petercull.com/dvo/index.htm]).

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EMOA Committee Meeting Report - April 4th 2005

Club Relays - There appeared to be no interest from members in having a regional inter-club relay competition. NOC will therefore continue with the Little John Relays in their current format.

BOF Membership Proposals - A vote carried out at the BOF AGM at the JK around membership fees and levies has had to be voided after it was realised that postal votes had not been included in the count. As 75% needed to be in favour, when the postal votes were included it was realised that only 72% were in favour. The BOF website says "As discussed at the AGM, it is intended that the whole issue of membership will be

proposed and voted on at an EGM in the Autumn. Council and Management Committee may include a similar fall back proposal in the EGM."

The EMOA committee felt that it would be better to keep the BOF membership fee low so as to ensure all members join BOF. This would mean more would need to be recouped through event levies. In order for this to work it was felt important to enforce the rule at events where non-BOF members pay a higher fee (which may mean asking for membership cards at registration).

New Club Affiliated to EMOA - The Police Sport UK Club (PSUC) has affiliated to EMOA. This is a closed club for police.

National Events vs Regional Championships - For those of you with a sense of deja-vu, you may remember the old regional championships (Northern, Southern, Midland championships, etc.). These were open to everyone and provided a clear structure as to standards of events. They also rotated around their regions and although they may not always be on the highest quality terrain they were normally in the best area the regions could find. Currently the National Events are meant to be on the highest quality terrain which means they tend to be in the Lakes, Scotland or Wales (this can mean that some folk never travel to them - the editor being an example of this) or, in some cases, they get held on a lower quality terrain because a region feels they need to host an event. Would it be better to go back to the old system of Regional Championships? Is this clearer to competitors as a structure? Anyone with any views on this subject should send them to the EMEWS editor.

BOF Coach of the Year Award - There had been very few nominations for BOF Coach of the Year which is intended to reward coaches at any level in the sport. Please consider if you can identify any coaches who are worthy of such an award and be prepared to nominate them for next year's award.

Sports Council Funding - None of our elite athletes will be provided with personal contributions from Sport England in the future (the programme funding for tours is still in place). There are some anomalies as there are personal contributions available to University attendees which could mean some people below the elite level will get contributions, but not the elite! Isn't the funding system wonderful!!

Club Mark for DVO - The East Midlands committee congratulated DVO on being awarded the Clubmark Accreditation from Sport England. This is a national framework that enables National Governing Bodies and their affiliated clubs to set and meet standards that will lead to better quality sports provision for children and young people.

BOF Rules Group - The following points are all from the BOF Rules Group meeting:

JK 2007 - There was discussion as to whether EMOA would be willing to assist in organising the JK in 2007. There was an outline idea of providing an area in Wales for EMOA to organise. However, the EMOA committee felt that as we had been involved in

the organisation of last years JK and the British was due to be in our area in 2009 (see below), we could not commit the members to be involved again.

British 2009 - 2009 will be see the next time when the East Midlands is due to host the British Championships. We need to start thinking now about whether we have the areas to do this and begin to get ourselves organised ready. Both NOC and DVO felt they might be able to provide areas.

Rules 'Digest' - It is planned to create an $A5 \times 4$ page 'digest' of the BOF Rules and have it available to all members on or before January 2006.

OS Licence Fee - There is concern over the proposed rise in the OS Licence fee from £1,500 to £5,000+. BOF are still in negotiation with the OS over this.

Quality Control of Events - There is a proposal to have a system available whereby individual orienteers can provide feedback on an event via a website. The aim is to then provide feedback, which has had the person providing the comments name removed, to the organiser / planner / controller. What are people's views on this? Would it inhibit people from volunteering knowing that they may be given comments on their event? Is it a useful facility to ensure the ongoing quality of events? Who do you think should see such comments (should the comments only go to the individuals or copies to the club or even region)? Should other people see the comments openly on a website so that they can decide to provide further feedback (either in support or disagreeing)? Please provide any feedback to the EMEWS editor.

Events Archive - There is an intention to have an up-to-date archive available of all Event results accessible through the BOF website.

The Leibnitz Convention - This is basically a convention that encourages event officials at IOF events to use all means to publicise events (Leibnitz is in Austria and the convention was written in 2000). At the World Cup Event in Surrey in early May there will be a giant screen showing Elite maps and courses and the satellite tracking of Elite competitors showing their routes in real time. However, does this then conflict with BOF rule 1.5.2 which states competitors should not gain an advantage by seeing the map in advance. The problem is that the same area (and maybe same control sites) is being used for an event the following day. It has been decided that the need to promote the sport is more important and that any competitor has the opportunity to attend the elite event.

M40 to M60 - Comments had been received that at National and JK events in 2004 much faster times than expected had been achieved by M40 to M60 competitors. It was agreed the need to stress that the important aspect of course planning is to get the Technical Difficulty correct and the block of finishing times likely to be achieved by the majority of competitors rather than working to a specific pre-determined course length.

Controller's Discretion on Badge Times - It has been agreed to restore the controller's discretion in to the calculation of badge times.

The Finish - The following will be the new paragraph 2.5 in the rules: On safety grounds, it is essential that the finish is manned wherever it is located or whether electronic punching is used. The finish is the most likely place for competitors to report problems such as injured or seriously ill competitors. Consequently, the finish official, besides the normal duties of welcoming and supervising finishers, must know to whom and how such information should be communicated without delay to enable the situation to be dealt with promptly.

Electronic Punching and Back Up - At level 1 (BOC and JK) and Level 2 (National) Events there must be a back-up punch at each electronic punching control station/site and the competition map should be designed with spare punch box boxes printed on the front. This is recommended for all other events where electronic punching is used.

Relay Competitions and JK and BOC - How can relays at these events be made more competitor friendly? Suggestions have included removing 'in-between' age classes e.g. M/W35, M/W45, M/W55 but keeping M/W21, M/W40 and M/W50, as well as making the winning times for each lap and the race overall shorter e.g. at BOC a deduction of 10 minutes per lap to give 30/30/30 = 90 minute race winning times instead of the current 120 minutes for Seniors and a 5 minute deduction for Juniors to give 25/25/25 = 75 minute winning time rather than 90 minutes. What are peoples views on this? Do we need to change the current system? Are there other ways we can improve the relays? Let the EMEWS editor know you views.

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Not a Fairy Tale

Once upon a time a little girl kept getting lost in the woods. She had a map and compass to help her find her way, but she was not sure how to use them. She would walk round and round for a very long time trying to find what she was looking for.

One day three kindly god mothers told the little girl to come to a special wood where they would give her some special spells as to how to find her way. She went and they told her their special spells and she soon learnt how to find her way and she was never lost again.

The above is a true fairy tale. The god mothers are all coaches in our region who have taught not only my daughter, but my son to orienteer. Without coaching from the East Midlands squad neither of them would be able to navigate and compete at the standard they do.

I have experienced the direct effects of coaching on my children's performance at competition. I do not want to embarrass Mairead any further but she produced her best results year, both on technical areas of Holme Fell and Millom sand dunes, after the previous day had been spent receiving coaching with the East Midlands Junior Squad. The junior squad set up in both the region and nationally is just fantastic.

What is so great about the EM Junior Squad is that you do not have to be a superstar to be part of it. Members soon make friends and then go off with their coaches and friends to all parts of the UK for a weekends training and competing. The coaches really look after the squad members. Whereas on some school trips they come back exhausted and threatening a cold, the emphasis on good nutrition and recovery on a squad trip is obvious. They come back tired, but not wiped out. They would rather go on an orienteering weekend or week with one of their squads than do almost anything else. My two are normal teenagers who do not want to spend their Saturdays and Sundays wandering round shopping centres or going off to discos or clubs - they want to be orienteering with their friends.

It is impossible to improve in a sport unless the competitor practises in a non-competitive environment. In a sport such as orienteering requiring the carrying out of extremely complex skills in competition the practise and development of skills is vital for success. The role of the coach cannot be underestimated in helping the learning and assimilation of such skills. You cannot progress to reach full potential in orienteering without coaching. The higher you want to reach the more important to the athlete will become the individual relationship with the coach.

I could continue to provide an objective, evidence based appraisal of the indispensability of coaches to the success of an athlete, not only in orienteering, but in other sports. My message is if you wish to improve then get some coaching. The effects of coaching are definitely not related to the magic of fairy tales.

One final word - let us celebrate and praise our coaches in orienteering and recognise their worth for the future of the sport in this country and their dedication in giving so much to the children and young people who we are so fortunate to have competing alongside us.

Elizabeth Rocke (LEI) - February 2005

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SportIdent vs Emit comparison

In the last EMEWS I asked for your views on SportIdent vs EMIT.

While there was a view that the EMIT card provided a constant display of which control is next and elapsed time (when you use the more expensive version of the EMIT card), and was also easier for the planner as SportIdent units are more difficult to carry in to the forest. However, the majority of responses favoured SportIdent for the competitor. It is easier to use, cheaper, and is what the majority of competitors currently have. The view was that EMIT would have to have some major advantages to facilitate a change.

After discussion at the East Midlands meeting it was agreed that the region should stick with SI equipment. This is improving over time and it may well be developed to further improve reliability. It is proposed to encourage clubs to all get their own master set of SI boxes and EMOA will then look to getting sufficient SI equipment to enable sharing of that equipment to be much easier (have 2 or even 3 sets of boxes available across the region). A detailed proposal will be pulled together by the treasurer for inclusion in next year's budget.

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Get to Know Your EMOA Committee - Ian Whitehead

What is your role on the committee? My role on EM committee is as Fixtures Secretary. I have had this role since 1993. The role is to co-ordinate the fixtures of all clubs within the region, and to try and avoid clashes with neighbouring regions. This means that I have to be alert at all times to everything that is going on nationally fixtures wise.

Previous committee roles have been as Treasurer, secretary and International Committee rep. I am a member of DVO, and have lived in the EM region since 1979, firstly in the Derby area, and now in Northants, near Corby.

When and how did you start orienteering?- I started orienteering at school when I was 14, where the Maths teacher took a group of us to try it out. The school was in Stockton (CLOK country), and my first event was in September 1969 at Hutton Lowcross, on the northern edge of the N. York Moors. Three of us took 3.25 hours to do a wayfinders course, on a 1:20000 map. Funnily enough, one of the team is also a DVO member. Steve Wilson.

What has been your favourite orienteering area / event? My favourite orienteering event is the Scottish 6-day. I like the detailed terrain, and the challenging courses. I also have a soft spot for the Forest of Dean.

What has been your least favourite orienteering area / event? My least favourite areas are open areas, usually (but not always) containing leg sapping heather. I don't find these fun. This is the reason I don't go to many AIRE or EPOC events.

What other hobbies / sports do you take part in? I don't take part in any other sports, but my hobbies are narrowboating, DIY and gardening. Also anything mechanical, usually connected with repairing the three cars in the family!

What is your job when not orienteering? My job when not orienteering is as an operations Shift Manager at a Combined Cycle Gas Turbine power station. Part of my job is as Environmental Co-ordinator, which makes me almost obsessive with recycling!

Is there anything else you would like to tell us about yourself? Orienteering has been a major part of my life, especially since the late 70's. I met my wife Kathy at an event in North Yorkshire in 1980, and all three children have orienteered. My youngest son was quite good, but doesn't seem very keen now. Living in Corby, and working a continental shift system has curtailed my orienteering for the past 8 years. It is so far to travel to any decent areas! However, I try to get out (injury permitting) whenever I can. I am still as keen as ever, and would recommend the sport to anybody that enjoys the outdoor way of life, whether they want to be truly competitive, or just compete for pleasure.

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Interland Report

On the weekend of February 26th/27th the England team won the annual 'Interland' match with the help of five members of EMOA. 'Interland' is an annual competition held between England, The Netherlands, Wesfalen (NW Germany) and the two Belgium teams VVO (the Flemish organization) and FSRO (the French organization) with each country sending a big team including orienteers from all ages M/W14 to M/W60.

EMOA members in the England team were Peter Hodkinson (M14), Andrew Llewellyn (M18 running M20), Chris Williamson (M18 running M20), Hilary Palmer (W55 running W50) and Tim Martin (M14 travelling reserve). Peter and Andrew won their classes, Chris was 4^{th} and was a team 'counter' on M20, Hilary was fourth and Tim's fast time was good enough to beat fellow team members although as reserve he did not score for the team. The area was low, forested sand dunes with excellent runnability and everyone enjoyed the event.

Supporting pictures available at http://www.emoa.co.uk/ under News / Interland report Hilary Palmer

Champions

Since the last EMEWS we have had a number of championships. The Midland Championships were held at Blidworth which gave people a fast run through the forest. As controller all I can say is that NOC certainly got the weather right and all the comments I heard about the course were positive. The East Midland Champs were held



ongshaw and provided both complex navigation and a very physical with the snow sometimes being in drifts. Considering how bad the n the Saturday DVO did well to get the car park operational and the ad the JK at Easter. Brown Clee provided a good technical challenge elax for a minute (I know I tried this and having completed a long h the complex contours successfully, relaxed for the seemingly and spent 15 minutes hunting for the control). Then Cannock al and technical challenge while the relays at Hopwas provided for accurate work. The only problem at the relays was the first control which on

M120+ was a very short distance from the start. How we didn't have fisticuffs at that first control as everyone tried to punch the small number of boxes is amazing. Maybe Newcastle United should take a leaf out of orienteering's books. The following were some of the successful East Midlands folks at these events (apologies if I have missed anyone).

Midland Champions from East Midlands Clubs

M14 Peter Hodkinson	NOC	W16 Laura Evans	NOC
M18 Andrew Llewellyn	NOC	W18 Rosemary Hodkinso	n NOC
M20 David Holmes	NUOC	W20 Heather Hou	ighton NUOC
M21 John Duckworth	DVO	W21 Hilary Johnson	DVO
M35 Anthony Donaldson	NOC	W50 Helen O'Neil	NOC
M40 Nigel Mockridge	NOC	W55 Liz Godfree	DVO
M45 Nicholas Evans	NOC	W60 Pauline Ward	DVO
M50 Michael Napier	NOC		

Fast Midlands Champions

Lusi Midianus Cha	ilibious		
M10 Benjamin Beresfo	rd DVO	W10 Hannah Horsewill	NOC
M12 Joe Langford	NOC	W12 Joy Hodkinson	NOC
M14 Peter Hodkinson	NOC	W14	
M16 Matthew Wallace	NOC	W16 Laura Evans	NOC
M18 James Cleave	NOC		
M20			
M21 Richard Robinson	NOC	W21 Hilary Johnson	DVO
M35 Dai Bedwell	DVO	W35 Catherine Hughes	NOC
M40 Andrew Jackson	DVO	W40 Val Johnson	DVO
M45 Steve Kimberley	DVO	W45 Yuko Martin	NOC
M50 Mike Napier	NOC	W50 Helen O'Neil	NOC
M55 Chris Bosley	LEI	W55 Liz Godfree	DVO
M60 Stephen Wright	NOC	W60 Pauline Ward	DVO
M65 Peter Leake	LEI	W65 Shirley Moir	LEI
M70 Donald Moir	LEI	W70 -	

JK

I've selected those competitors in top 3 in an "A" type class or winner of any other class and top 3 relay team.

M12B 1. Jamie Martin	NOC		W10 <i>A</i>	1. Joy Hodkinsor	1	NOC
M14A 1. Peter Hodkinson	l	NOC	W	/16B 1. Jessica Whitel	nead	DVO
M4051. Andy Sykes	NOC		W18L 1	. Rosemary Hodkinson	NOC	
M50L 3. Michael Napier	NOC		W21N 1	l. Madeleine Lomas	LEI	
M605 1. Doug Dickinson	DVO		W50S 1	1. Evelyn Ross	DVO	
			W55L 3	3. Judith Holt	LEI	
			W60L 3	3. Pauline Ward	DVO	
			W65S 1	1. Shirley Moir	LEI	

Relays

Women Total Age 165+: 1st DVO Joules

M/W Total Age 40-: 3rd NOC Prince John

Photos available on http://www.jk2005.org.uk/

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Sports Personality of The Month

It's very pleasant to go abroad and get a bit of winter sun. Even better if you can combine it with a bit of orienteering. So why not venture down to Portugal and attend one of their events. Hire a car and get around and see the countryside. Most of the hire cars are a similar colour but that's not a problem, is it? So when you have been out at an event you get back to your car and start to get changed. The only problem is you suddenly notice a stranger in the back seat - a Norwegian gentleman. It's then that you realise that you are in the wrong silver car. Step forward a rather embarrassed Evelyn Ross who says that the Norwegian gentleman "gave her a funny smile each time he saw me after that". Well it's not every day that a strange woman gets in your car and starts getting undressed! So now you know what Ernie's cover is about!

Alternative Sports Personality of the Month

As provided by my columnist - Dave Olivant's Orienteering Tip No 262. When your control number 10 is a depression, remember to look for it in the control circle, not the nought of the 10!

Editorial

Thanks to all the contributors and to all the other newsletter editors who have sent me their magazines. I managed to compete in my first badge event for 2 years at Wakerley and followed that up with the JK Day 1 - not that my results were very good, but I

enjoyed my runs. While all the East Midland badge events are over there are plenty of summer league and district events coming up in the next few months. Hopefully we can get out there and enjoy the weather and the events.

Lloyd Davis League

The current League table below shows the first 8 events of the series. The rest of the series is planned to be:

April 10 th	LOG Twyford	Nov 6 th	DVO	Stanton Moor
April 24th	DVO Crich Chase	Nov 20 th	LEI	Bagworth
Jun 5 th	DVO Kedleston Park	Nov 27 th	LOG	Bourne Woods
Oct 2 nd	DVO Carsington	Dec 4 th	NOC	Sherwood
Oct 23 rd	LEI Fermyn Woods	Dec 18 th	NOC	Walesby
Oct 30 th	NOC Thieves Wood			•

Note: May 15^{th} DVO event is cancelled and May 22^{nd} Grange Wood is no longer counting as it has been downgraded to a C5. LEI have provided an alternative at Bagworth on 20^{th} November.

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1= Thieves Wood, 2=South Common, 3=Irchester, 4=Harlow Woods, 5=Budby, 6=Beacon Hill, 7=Whitesprings, 8=Stapleford

I have only included those with scores over 1000, or the top 10 in a class whichever is the greater. Also only those with more than 2 events.

White Course - Boys /Men

	Surname	•		1	2	3	4	5	6	7	8	_	Po sn
William	Parkinson	NOC	M7	1000	1000			1000	1000		842	4842	
Miles	Plaskett	DVO	M10		907				535	649	832	2923	2 nd

									E	EME'	WS		
Luke Euan Nathan	Turnbull Tebbutt Lawson	NOC LEI LEI	M7 M10 M6	699		713	1000		649 688	1000	741	2390 1688 1412	3 rd 4 th 5 th
Nicholas	Wilson	LEI	M5	461			542					1008	6 th
FJ Jessica Jessica Claudia Nicola	Littlewood Gale Beresford Smith Jackson	DVC DVC NOC DVC	W10 W8 W10 W10 W10 W10 W10))	1 434	4	1000 691	628 1000	837 984 777 711	1000 747 518	1000	3640 2731 2000 1468 1229	1 st 2 nd 3 rd 4 th 5 th
	ourse - Boy				-	4000	4000	4000	4000	4000			4 ct
Aleksi	Davidson	LEI	M 0	1 50	67	1000	1000	1000	1000	1000		5567	1 st
Edward	Sheriff	LEI	M 0	1 44	44			748	798		1000	2990	2 nd
Tom	Haynes	NOC	M 4	1 7	77					991	934	2702	3 rd
Harry Timothy Matthew Tom Nicholas	Pynegar Schaaning Schanning Lashley Wilson	NHS DVO DVO NOC LEI	M M	12 14 3	99 59	544		815 605 526	639 524	841	767	1454 1404 1367 1126 1068	4 th 5 th 6 th 7 th 8 th
	ourse - Gir												
Victoria Harriet Leanne Hannah Catharine	Littlewood Lawson Durrant Horsewill Gardner	NOC DVO LOG NOC DVO	W10 W10 W9 W10 W45	990 1000 409	686 837	779	1000 651 495	861	928 1000 780 391	663	1000 679	4465 3779 2588 1938 1479	1 st 2 nd 3 rd 4 th 5 th
Orange	Course - Bo	ys /N	len										
Daniel Joshua Samuel Richard Matthew Daniel Ted Jamie Pete	Davidson Turnbull Horsewill Envis Schaanning Parsons Pynegar Martin Ambrose	LEI NOC NOC LEI DVO LEI NHS NOC DVO	M10 M12 M12 M18 M13 M10	736 1000 701 591	1000 661 676	916 877 1000	810 620 764	618 1000 611 651 624 346	891 1000 642 630 523 791 789	1000 829 630	1000 365	5161 4829 3693 2809 2771 1523 1415 1380 1118	1st 2nd 3rd 4th 5th 6th 7th 8th 9th
Orange	Course - Gi	rls /W	/omen										
Elizabeth	Parkinson	NOC	W12	2 100	0 100	0		100	0	1000		4000	1 st
Light Gr Lee Martin Andrew Roy Richard Bertie	Powell Wheeler Cook Denney Torr Tapp	LEI LOG LOG LEI NOC NOC	M45 M50 M40 M60 M50 M12	757 1000 703 773 764	726 913 622	814 882	653 906	1000 512 711	540 786 806 897	697	1000 612 829 765 745	3923 3906 3790 3410 3055 3028	1 st 2 nd 3 rd 4 th 5 th
Peter Alan Gary Jim	Scotting Bourne Jones Boothroyd Morton	DVO NOC LEI LEI	M65 M70 M50	621 727 797	851	783 739	636	486	1000	1000 758	717 818	2974 2822 2398 1739	7 th 8 th 9 th 10 th
Light Gr Norah	een Women Jones	NOC	W75	985	1000			692		843	812	4332	1 st
Silvia Geraldine	Ruiz Davis	LEI LEI	W21 W55	904	1000	1000		765 662	720 663	UHO	727 790	3212 3019	2 nd 3 rd
Ros Mary Jenny	Bourne Mills Evans	DVO NOC NOC	W60 W50	1000	922 977		913		1000	925	1000	2913 2847 2846	4 th 5 th 6 th
				Dan	ge 13								
				rug	15 IS								

EMEW	5												
Margaret	Keeling	DVO	W55				902		598	950		2450	7 th
Shirley	Moir	LEI					936	655	809			2400	8 th 9 th
Barbara Sue	Tebbutt Drew	LEI NOC	787				826		869	754		1695 1406	9 th
Green Me		1100	707							7 0 4		1400	10
David	Andersor	ı LE	I M65	89	n		809	947	922	874	775	5317	1st
Barry	Mawby	NC				6 762	775	682	716	753	113	5171	2 nd
John	Woodall	NC			1000		806	775	813	815		4209	3 rd
Donald	Moir	LE	I M70			879	970	842	963			3654	4^{th}
Ernie	Williams	LE			942	2 871	885		851			3549	5 th
Michael	Lindsay	DV					680	741	667	819	500	3411	6 th
Vernon Paul	Davis Scotting	LE NC						636 723	723 800		582	3344 3181	7 th 8 th
Martin	Hill	LE				903		123	825		573	3016	9 th
Roger	Keeling	DV			5	853	695		657	696	010	2901	10 th
Green Wo	•												
Jane	Booker	NOC	W45			1000	723	696	797	741	998	4955	1 st
Jen	Gale	DVO	W55	550			695	791	854	882	330	3772	2 nd
Pauline	Jones	NOC	W21	454	809			596			1000	2859	3 rd
Sarah	Claxton	NOC		857				1000	1000			2857	4 th
Pauline	Ward	DVO	W60				1000	837	904	740		2741	5 th
Clare	Gale Evans	DVO NOC	W21 W14		1000		553	633 623	724 760	719		2629 2383	6 th 7 th
Laura Alison	Hayes	DVO	W40	378	1000		528	346	500	601		2353	8 th
Alison	Marvel	LOG	W40	0.0	720	663	429	515	000	001		2327	9 th
Ruth	Ellis	DVO	W50	524		868			648			2040	10 th
Blue Men													
David	Bray	LEI	M50		1000	945	1000	958	895	845	947	6590	1 st
Robert	Hatfield	NOC	M55	809			878	902	753	708	866	4916	2 nd
Simon	Ford	LEI	M60	040		1000	985	989	882	1000		4856	3 rd 4 th
Derek Roger	Gale Edwards	DVO LEI	M60	918	816	842	900	963 764	836 949	906	967	4523 4338	4". 5 th
David	Booker	NOC	M50		010	838	799	888	788	731	301	4044	6 th
James	Hornby	LEI	M21	656		729	645	657	578	628		3893	7 th
Robert	Parkinson	NOC	M45	644	913			711	744		816	3828	8 th
Alan	Beardsley	NOC	M55	897		875	933	1000	0=4			3705	9 th
Peter	Leake	LEI	M65			908	900	945	951			3704	10 th
Blue Won		DV C	18776										OF 404
Rachel Liz	Davis Godfree	DVO DVO	W40 W55		787		615 942	671 1000					85 1 st 42 1 st
Helen	O'Neill	NOC	W50				342	882					42 1 41 3 rd
Ursula	Williamson	LEI	W40		896			699		0.			68 4 th
Vivianne	Lawson	DVO	W35	568		927			654	ļ		21	49 5 th
Janet	Evans	NOC	W40		1000			929					29 6 th
Val	Johnson	DVO	W40					957	793		4 40		50 7 th
Ann-Marie	Duckworth	DVO	W35							71	1 10	UU 17	11 8 th
Lorna	Benson	LEI	W45			1000			652	2		16	52 9 th
Brown Me	en												
Chris	Bosley	LEI	M55		1000	1000		898	949		1000	4847	1 st
David	Lawson	DVO		1000		944	856		1000			3800	2 nd
Steven	Davidson	LEI	M40	780		728	692	737	00-	842		3779	3 rd
John	Marriott	LEI	M55		833	712		0.4.4	685	773	756	3759	4 th
Chris Kevin	Williamson	LEI DVO	M18 M45	800	824		656	844 643	996 677	692	969	3633 3468	5 th 6 th
lan	Price Wells	LEI	M50	955			000	714	852	USZ	768	3289	7 th
David	Gourley	LOG	M40	809	954			. 17	695		829	3287	8 th
Jim	Regan	LOG	M35		729	568	554	514			645	3010	9 th
Andrew	Jackson	DVO	M40			956			995	1000		2951	10 th
Brown W	omen												
				_									

No qualifiers to date

Out and About - Ilam and Surrounds

DVO have a small event in May at Ilam Country Park. So here is a little information about the area. It is one of the most picturesque areas of the country and though only a C5 you might want to consider making a day out.

Ilam is a model village one mile from Thorpe. The Gothic cross in the centre of the village was erected in memory of Mrs. Watts-Russell, who formerly lived at Ilam Hall which was presented to the National Trust in 1934 as a Youth Hostel by Sir Robert McDougall. The Hall is still an imposing and stately structure though a substantial part of it was demolished when it became a youth hostel. The Church, which stands in the grounds of the Hall, is of Norman origin, but like the Hall was rebuilt during the 19th century. Some Norman parts of it remain, and it contains a highly elaborate monument by Chantrey depicting the death-bed scene of David Pike Watts, surrounded by his only daughter and her children. Other memorials include the altar tomb of Robert Meverell (d. 1625) of Throwley Hall (the ruins of which are nearby), whose daughter married Thomas, Lord Cromwell. In the churchyard are the remains of pre-Norman shafts and crosses. Also in the grounds of Ilam Hall is the ancient shrine of St. Bertram who is reputed to have lived as a hermit in these parts in Anglo-Saxon times and to have converted the district to Christianity.

Ilam is also a natural starting point for exploring the Manifold Valley; there is a fine stretch of the Manifold in the grounds of the Hall where, beneath the cliffs, the river regains its overland course after the subterranean journey from higher upstream. The river between Wetton Mill and Ilam, which are nearly four miles apart, has two courses - one above ground, which is sometimes dry, and the other below, through an underground lake. Near the river is the yewshaded grotto in the cliff where the witty seventeenth century dramatist, William Congreve, wrote his comedy The Old Bachelor.

Nearby is Dovedale which, as its name suggests, contains the valley of the River Dove in a limestone gorge. Dovedale is a renowned beauty spot - although "spot" is probably misleading as Dovedale itself is about 2 miles long. The river then flows through Milldale, Wolfscote Dale and Beresford Dale. It is an area of outstanding natural beauty, visited by such as Alfred Lord Tennyson, Dr Johnson and Byron (though not on a joint day-trip!), but is probably most famous for its connection with Izaak Walton (author of "The Compleat Angler" in 1653) and his close friend Charles Cotton.

Standing either side of the entrance to Dovedale are the two hills of Bunster and Thorpe Cloud. The word 'cloud' is simply a corruption of the Celtic word 'clud' which means rock or hill, and "Thorpe" was the Danish owner of the land - so Thorpe's Hill. The village of Thorpe was originally a Danish settlement from the 9th Century and is mentioned in the Doomsday Book. A "thorpe" being a farm or hamlet in Danish. Within Thorpe the Church, St Leonard's dates is predominantly Norman with some Saxon

items. By the South porch one can see places where arrows were sharpened in the 14th Century when by law every Englishman had to carry out archery practice after church on a Sunday.

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Courses for Event Officials in the EMOA Region in 2005

A number of courses were held for Planners and Controllers during February and March. Below Ernie Williams is shown providing his expertise to some of the attendees.

Photos available on http://www.emoa.co.uk/ under News/ EMOA gains 5 controllers

Note: The Organisers course has been cancelled as only one person was interested in attending. We need new organisers to keep the sport going forward. Please consider whether you are able to put a little back in to the sport by becoming an organiser and attending a short course. Let your club committee know and we will get the course rescheduled. Remember there are plenty of experienced officials who will help you.

Forthcoming Major Events

9 th -10 th Jul	NW	BL/WCOC Weekend	CD: 27/6/2005
$31^{st} - 6^{th} Jul/Aug$	SOA	Scottish 6 Days	CD: Various
27 th -29 th Aug	YH	White Rose Weekend	CD: Various
10 th Sept	YH	AIRE National Event	
17 th -18 th Sept	SW	Caddihoe Chase	

Other Events – Mountain Biking

8th MaySherwood Pines 2005 Trailquest Relay Event Teams of 2 from Sherwood Pines Visitor Centre GR612637

Start times between 9:00am and 10:00am

Closing date on 30th April. Dark & White, 4 Fern Bank, Bradwell, Hope Valley, S33 9HS