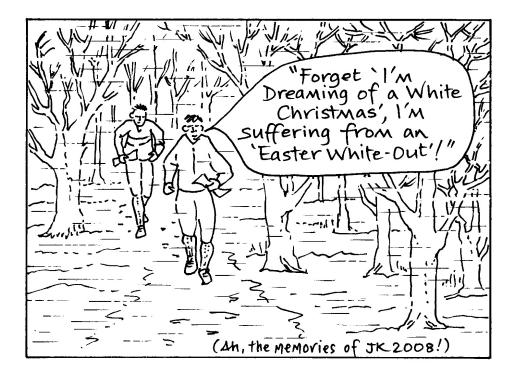


The Newsletter of the East Midlands Orienteering Association

March/April/May 2008



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EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee..

East Midlands website: www.emoa.org.uk

Copy Date for next issue: 2nd June 2008 Contributions are always welcome but especially by e-mail (mikegardvo@aol.com).

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Cover Picture

Thanks again to Ernie Williams for his cover of a "scene" from this year's JK.

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EMOA Committee Meeting Report - Mar 31st 2008

Satellite Clubs - Discussion took place at the end of February between representatives of Sport England, Derbyshire Sport, Nottinghamshire Sport, DVO and NOC which resulted in Sport England informing EMOA that an award was to be made to fund the work over 2 years. In association with funding from the Councils this meant the majority of the costs would be met. As chairman of EMOA Derek Gale has reviewed the terms of the grant documentation and is concerned about some of the phraseology (the implication being that EMOA would be subject to claw back of the funds for 21 years). The document is to be reviewed with British Orienteering to make sure the full implications are understood before any signatures are added. The date of the project would be May 2008 - May 2010.

Junior Home Internationals - A report had been received of the Junior Home Internationals in Northern Ireland at the end of 2007. A number of EMOA members were selected and performed well (W14 - Jenny Evans (NOC) - 1^{st} ; Elizabeth Parkinson (NOC) - 9^{th} ; W16 - Mairead Rocke (LEI) - 4^{th} - Fiona Claxton (NOC) - 8^{th} ; M16 - Peter Hodkinson (NOC) - 2^{nd}). They were all part of the victorious England team.

Treasurer's Report - Dave Bennett informed the meeting that there may be an increase in the fees required by the English Orienteering Council. This was due to increase in transport fees and possibly funding reduction for British Orienteering.

Fixtures Review - All of the major events due to be held in EMOA were reviewed. These included:

- 2008 British Schools Score Championships NOC Sherwood Pines (11th October)
 All progressing successfully
- 2009 British Elite Sprint Championships NOC Nottingham University Campus (9th May) All officials appointed and site meetings held. Map is progressing.
- 2009 British Middle Distance Championships LEI Cademan and Thringstone Woods (10th May) All progressing and controller visited area and agreed it was fine. The main item of contention around these events was the actual franchise arrangements for them. Are they BO events and thus funding is to them, or do EMOA get a levy? To be discussed.
- 2009 Compass Sport Cup and Trophy Final LEI Ratby? (18th Oct) Meeting scheduled to take place on area shortly. This would be a level 1 event in new structure.
- 2009 Veteran Home Internationals DVO Longshaw and Eyam (14/15th Nov)
- 2010 Midland Champs LEI Belvoir (21st Mar)
- 2011 Compass Sport Cup and Trophy Final DVO (Date and venue to be arranged)
- 2011 British Schools Orienteering Champs EMOA to host
- 2013 Yvette Baker Trophy Final EMOA to host

East Midlands League - This years league seems to be progressing well. In 2009 there will be the new event structure, so we will need clubs to clearly designate the events they wish to see included in the League and those events will need to include White to Brown courses.

Rules Group - New Event Structure - The new event structure is to be adopted in 2009. There will be 3 layers of events - National, Regional and Local. National events will include the British, British Relay, British Night, British Sprint, British Middle, the JK and a minimum of 3 and up to 6 Area Championships, plus the Compass Sport Cup and Trophy Final. For all individual events the IOF age classes will be used. The controller for these events will be a Grade 1 controller appointed by the Major Events Panel.

Regional events will be the best quality events but without the prestige of level 1 events. The intention is that these should be competitive events and that these will use the colour coded system. An extended colour coded system ranging from White to Black is to be introduced. These courses may be mapped to age classes. These will need a Grade 2 controller appointed by the Regional Association.

Local events will encompass a wide range of events with the key aim being participation. These will encompass the traditional colour coded events through to limited events for training, summer leagues, etc. Clubs will have the freedom to select the format to suit the needs of their membership. These events will be controlled by a Grade 3 controller appointed by the Club (though in the case of a summer league it may be one controller to oversee the whole series).

Discussion took place on the process being adopted for this new structure and whether it made sense. There were differing views at EMOA committee as to whether it will be successful in achieving what it is setting out to do and whether it may even lose existing members.

Removal of Split Times - The IOF have stated that they do not expect split times to be removed from results if a control is wrong. The BO Rules need adjusting to reflect this but for now will say that removal can take place at lower level events, though this should only be after serious consideration.

Minimum Age of Controller - A question was asked whether there should be a minimum age for a controller. It was agreed at Rules Group that it was competence that was being judged and if someone was competent in the eyes of the approving committee, there should be no minimum age limit.

BOF AGM - the 3 people elected as British Orienteering Directors were Martin Ward, Ed May and David Nicholas. In addition the proposed levies based on the number of competitors at an event was passed.

Coaching Committee - A lot of time was spent discussing coach education. There is now a qualification pathway with 2 alternatives. The education / schools route which will have a 2 level approach aimed at school teachers. Or a route for those in the sport itself which will have a level 1 coach certificate (not the same as the current one) and a level 2 certificate which is more like the entry level qualification for club coaches today.

The coaching team are trying to make sure that all the coaches in East Midlands are not just qualified, but licensed to practice. To do this they need to have the coaching certificate but also other things such as attended a First Aid Course, had a CRB check through BO, etc.).

Development - There is money available for development training (e.g. coaching, planner, controller courses). Clubs should ask their Regional Development Officer to get access to this funding.

Coaching Course - There will be a level 3 / 4 coaching course held in the Lake District at the end of September. Clubs are encouraged to send coaches needing qualification.

Map Group - There is intended to be a mapping course put on for LOG on 12th April.

National Forest - A separate report is available below. The EMOA committee thanked Roy Denney for all his work in this area.

EMEWS - There was no obvious event to get EMEWS out this time, so Mike may try to take to a summer league event or two.

Sport Ident Meeting - Derek Gale attended a meeting with the Sport Ident folk at the JK. There were some important points to note. There is now a V9 dibber which won't work with some of our older boxes. If you buy the V9 dibber you need to be aware of this. The implication is that shortly there may be a demand as folk move to the new dibber to replace all the old boxes (approx 80 of them). This is quite a few thousands of pounds of equipment.

At a few recent events we have run out of dibbers (often when there is a long walk to start / back from finish). If we replaced with the new dibber there will be problems. One thing may need to do is to provide a clear station using the old dibber near exit from car park. That way at least someone would know the problem if it didn't clear.

There is also a change in the newer boxes in terms of programming modes to make things easier so that boxes in effect are always "on" when started by someone dibbing. Reduces the need for programming these boxes. However, this is in a different programming mode to existing boxes so people need to be aware of how to get in to the old mode for older equipment.

EMOA Website - the committee liked the new EMOA website that was now available.

Electronic EMEWS - One way we could keep costs down is by distributing EMEWS electronically. Mike does this today to a small number of folk. If anyone else would like to be included in the electronic distribution list (and not get a paper copy) let Mike know at the email address on front of EMEWS.

Committee Meetings - A reminder that any member can come and attend the EMOA committee meetings if they wish to do so (though they cannot vote). Next meetings are held at Clifton Village Hall starting at 7:30pm on 2nd June / 28th July.

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National Forest Situation



This has been a difficult year for the National Forest. They have seen some change of line up at the top and their tender scheme fell foul of EU requirements and could not operate. They did however still have monies to invest into the project but had to do so by different means which effectively largely meant promoting the Forest and the use of and provision of facilities within existing schemes.

They have just paid over £3000 to LEI to act as seed corn to promoting Permanent Orienteering Courses (POCs). By using this funding and investing over 100 hours of volunteer labour LEI have obtained matched funding or investment in kind from the County Council, Woodland Trust and Forest Enterprise.

New POCs are being installed as we speak at Beacon Hill, Martinshaw Woods, Sence Valley Forest Park, Donisthorpe Woodland Park, Moira Furnace / Plantation and Snibston Discovery Park. These will be widely promoted both by the landowners and the Club and will be used in conjunction with 5 other new POCs to provide both a means of helping local authorities work on their Public Obesity Agenda and as a way of providing a step up for schools who are promoting their sport by way of orienteering.

The National Forest are also looking at creating a long distance trail throughout the Forest which will include much of South Derbyshire and NW Leicestershire. This is under development but we are proposing that this be a circular trail, 100 miles long, providing the ability to return to your starting point. This would be good for local economies as it encourages people to make overnight stays and to fall in line with current buzz, it has a minimal green carbon footprint or words to that effect. Further however we hope to promote the Olympic flag type design in that all the way round the trail, short loops off can be advertised to take in nearby beauty spots or facilities and would hope to include all orienteering sites with POCs.

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Peter Bourne 1940 - 2008

Without Peter's involvement in NOC, it wouldn't be the successful club it is today. As Chairman during the 1980s, Peter was responsible for steering the club through a period of intensive development, from a tiny collection of enthusiastic individuals to a vibrant and energetic organization. It was he that put the substance to the maxim: 'NOC may not have the best orienteering areas in the country but it can stage the best organised events.

It is often said that life begins at 40. This was certainly the case for Peter's life in orienteering, which started in 1980 when Robin Stansfield of SYO persuaded the Bourne family (Peter, Ros and their children, Simon and Chris) to go to an event at Sandal Beat Wood near Doncaster. Peter's involvement with NOC started a year later at the infamous Bestwood event when the map, delivered from the printers the day before, had not only the green and yellow colours the wrong way round but also was at the wrong scale of 1:6666. Despite (or possibly seeing an opportunity to resolve) these problems, the Bourne family weren't deterred but joined NOC to become enthusiastic, dedicated and committed members.

Typical of his enthusiasm for all in which he was involved, within two years of joining NOC, Peter was its Chairman. He led by example, turning his hand, extremely successfully, to organising, planning and controlling, in particular the organisation of the 1985 British Relay Champs. in Clipstone (now Sherwood Pines) and the planning of the 1991 JK Relays & 1993 British Schools Champs in Clumber Park. He was also responsible for initiating a highly successful scheme to develop permanent courses throughout Nottinghamshire.

Coming from an athletics / cross country background, Peter was highly competitive and wanted to succeed at the highest level. Having run at county standard for Sheffield University, Leicester Coritanians and Notts. AC (with a 10 miles PB of 50.06), he took up orienteering with enthusiasm and determination. Individually he didn't win any trophies (4th at JK87 was his best); it was generally agreed with his many friends, often over a glass of red wine, that if only he could navigate as well as he could run he would have been unbeatable. He did, however have success as a NOC relay team member, taking home trophies from the 1990 and 1995 British Relay Champs.

Despite his many commitments, Peter was above all a family man. When the boys were young, he thoroughly enjoyed family orienteering at weekend and holiday events, on one occasion (1984) winning the Mammoth Family Relays. When they were a little older, he relished joining them for mountain marathons at which they were quite successful, he and Simon coming 3^{rd} in the 1984 KIMM (C Class) & winning the 1986 Saunders (Wansfell Class), and he and Chris coming 2^{rd} in the 1987 KIMM (C class).

In December 1995, whilst running the Calderdale Way Relay over Stoodley Pike, he suffered the first of three serious heart malfunctions, which curtailed his running much more than he would have wished. Following retirement from teaching Chemistry in 2001, Peter and Ros moved from Nottingham to Derbyshire to enjoy more of the outdoor life. They maintained their interest in orienteering. Characteristic of his generous spirit,

they joined DVO so that he could continue to contribute to orienteering by playing an active role in the organisation of local events. DVO's gain was NOC's loss.

Recently, Peter and Ros were often to be seen at events entering the shorter courses. Indeed, on the Sunday before he died, we met serendipitously in the middle of Beaudesert to collaborate in a futile attempt to find an elusive pit. In the subsequent post-run analysis, Peter was vibrant and lively. The news of his death was devastating.

Orienteering in general, and NOC in particular, owe him an enormous debt of gratitude.

Peter Hubberstey (NOC) & John Orton (NWO)

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At the Crich event a collection was made in memory of Peter. I have been asked to include the following "Many thanks to all the orienteers who contributed to the collection at the Crich event. We collected £80 which we have passed to Ros for the Buxton Mountain Rescue Team. Ros was very touched by this and has asked us to pass our thanks onto all those who contributed."

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History of the Whistle

In the last 2 EMEWS I have provided histories of the map and the compass, so what other essential piece of orienteering equipment is there - the whistle.

The whistle is an ancient instrument, apparently originating in ancient China around 5000 years ago (as it appears both the compass and the whistle were both of Chinese origin, maybe we should look to China for the origins of orienteering?). It seems to have originator as Chinese night watchmen used to blow in to the tops of acorns to alert the towns of invading Mongolians.

In ancient Egypt to blades of papyrus were held together in between the palms and by blowing on the palms the papyrus leaves would make a loud vibrant sound (much as children do today with long grass leaves).

It appears that whistles made their debut in Europe around the 11^{th} century. It is known that bird-bone whistles were played as a musical instrument in Viking Dublin in the 12^{th} century. One of the most distinctive whistles is the boatswain's pipe used aboard naval vessels to issue commands and salute dignitaries. It has evolved from pipes used in ancient Greece and Rome to keep the stroke of galley slaves. A medieval version was used during the Crusades to assemble English crossbow men on deck for an attack.

The whistle seems to have found it's way in to sporting usage around 1878, when Joseph Hudson of Birmingham, England made the first whistle ever to be used by a football referee. It was also around this time that whistle was formally used to start and stop a football game (allegedly the first time being at Nottingham Forest) - before this referees had used handkerchiefs to attract player's attentions.

In 1883, the London police force made it known that it was seeking an alternative noisemaker to replace the heavy, cumbersome hand rattle the officers had been using. Hudson invented a light, compact whistle that produced two discordant tones that could be heard for more than a mile. It was immediately adopted and the same design is still in use today. By 1884 Hudson had perfected the whistle and released the most successful model to date, the "Acme Thunderer" (the first ever pea whistle).



The whistle works by causing the smooth flow of air to be split by a narrow blade, sometimes called a fipple, creating a turbulent vortex, which causes the air to vibrate. By attaching a resonant chamber to the basic whistle, it may be tuned to a particular note and made louder. The length of the chamber typically defines the resonance frequency. A whistle may also contain a small light ball, usually called the pea, which rattles around

inside, creating a chaotic vibrate effect that intensifies the sound.

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Winter training in Trondheim

I have been living in Trondheim for over a month now and still have a couple of weeks until I start my new research job at NTNU, having just received the Jan/ Feb edition of EMEWS I thought it would be nice to let you all know what a typical winter training week for the elites at WING OK looks like:

Monday -am. Cycle 40 minutes over to Luftkrigskolen (the military school), I have special tyres on my bike with metal dobs which means I can cycle over all the ice and snow no problem.

Luftkrigskolen training starts at 08:30. 30 min warm up, running on a treadmill or playing basketball or indoor hockey. Then 1 hr of running technique drills with the coach Frank, pretty high intensity, some hurdles involved, this is followed by 30 min high intensity circuit training, jumping & exercises for stomach, back & legs. After all this we often have a nice big lunch in the military canteen.

pm. Night orienteering. Usually a middle distance course, at the moment we are limited to sprint type maps due to the snow but the planners often throw in some map memory or MicrO (false controls) to make it more challenging.

Tuesday - Not normally any organised training with the club but I usually go cross-country skiing near where I live, meet someone for an easy/long run or take the opportunity to rest & recover.

Wednesday - am. Usually I go for an easy run in the morning but I try to be fresh for the evening intervals session, apparently the "most important session of the week."

pm. Intervals at a 230m indoor track around an ice rink. We usually do 20-25 minutes easy jogging outside first, then 3000m on the track at medium tempo, some strides then something like 6 \times 1000m starting every 5 minutes. The track is not so good for running good times, the corners are tight & banked a little and it's usually pretty busy but some guys in our group still manage sub 3 min 1K reps.

Thursday - am. About 1hr easy jog with my neighbour and then usually have to shovel some snow from the driveway ~15 mins!

pm. Trappespenst. A very strange session at Strinda High School, 20-25 min jogging outside then 10 min running technique drills. The main part of the session takes about 30 min and involves doing fast high knees, sprinting, hopping and jumping up 3 or 4 flights of stairs, lots of times! We do 20 min strength & conditioning in the sports hall to finish.

Friday - Skiing, running or rest. This morning I ran for 1hr42 really easy tempo with a couple of guys from the club and then washed some dishes and watched some running videos on You Tube. At the end of the long runs I do 5 or 6 \times 60m strides as recommended by Per Arne, one of the WING coaches.

Weekends - We usually have a couple of club training sessions over the weekend. Usually one orienteering technique and one 2hr ski or run. The skiing is usually classic style and my technique is gradually improving.

Once the snow melts in the spring we will do a lot more orienteering technique, actually we have our first Tio Mila training camp in a couple of weeks so I will start running with the map in my hand a little more often. Altogether I'm training about 10 -15 hours a week at the moment but when I start my job in March and the races get closer I guess this will decrease.

I log my training online at:- http://www.attackpoint.org/weeklyactivity.jsp/user_2701

Helen Palmer

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East Midlands OA League - 2008

Welcome to the East Midlands league for 2008. This year again all C4 events that are designated to have all of the colour coded courses will count towards the league. So far we have had 5 events:

1 = Rough Park 2 = Calke Abbey 3 = Crich Chase 4 = Fermyn Woods

5 = Thieves Wood

There are still the following events to go (subject to changes due to access, etc.):

Apr 13th - Bourne Woods (LOG) May 18th -Hardwick Hall (DVO)

Jun 15th Burbage Woods (LEI) Jun 22nd Carsington Pastures (DVO)

Sep 28th - Kedleston (DVO)

Oct 5th - Stapleford (LOG)

Oct 12th - Charnwood Forest South (LEI) Nov 2nd - Bestwood (NOC)

Dec 14th - Whitesprings (DVO) Dec 28th - Beacon Hill (LEI) Dec 21st - Walesby (NOC)

The table below shows the top people (those who have scored more than 1000 points) with at most the top ten people being shown for each class.

White Co	urse - Boys <i>i</i>	/Men								
Forename	Surname	Club	Age	1	2	3	4	5	Bst 8	Posn
Ethan	Tebbutt	LEI	10	•	1000		1000	1000	3000	1
James	Boshier	DVO	10		811	1000			1811	2
James	Lowthian	NOC	10			531	506		1037	3
White Co	urse - Girls ,	/Ladies								
Imogen	Wilson	LEI		1000			1000	1000	3000	1
Francesca	Littlewood	NOC	10		1000	741		988	2729	2
Ailith	Smith	DVO	10	482	449	288			1219	3
Yellow Co	urse - Boys .	/Men								
Nicholas	Wilson	LEI	10	1000	1000		1000	518	3518	1
Euan	Tebbutt	LEI	10		841		864	1000	2705	2
Dominic	Leake	LEI	8	735	534				1269	3
Yellow Co	urse - Girls .	/Ladies								
Jessica	Beresford	DVO	12	•	1000	870		1000	2870	1
Rachel	Schaanning	DVO	10		776	1000			1776	2
Orange C	ourse - Boys	/Men								
Jack	Lord	NOC	12	•	794	908	1000	677	3379	1
William	Parkinson	NOC	12		800	1000		808	2608	2
Miles	Plaskett	DVO	14		890		724	939	2553	3
Fraser	McNab	RAFO	12		739	799	577		2115	4
Danny	Brown	NOC	14		1000		596		1596	5
Nathan	Lawson	DVO	12			862		531	1393	6
Craig	Youngs	RAFO	14			591	695		1286	7
9	9									
Orange C	ourse - Girls	/Ladies	3							
Orange C	ourse – Girls Sellar	/Ladies	14	1000	1000	1000		683	3683	1
Orange C	ourse - Girls Sellar en Course -	/Ladies DVO Boys /N	14	1000						1
Orange C Islay Light Gre Forename	ourse - Girls Sellar en Course - Surname	/Ladies DVO Boys /N Club	14 1en Age	1000	2	1000	4	5	Bst 8	1 Posn
Orange C Islay Light Gre Forename Laurie	ourse - Girls Sellar en Course - Surname Fluck	/Ladies DVO Boys /N Club LEI	14 len Age 60	1 ,	2 776	1000 3 871	4 912	5 693	Bst 8 3252	Posn 1
Orange C Islay Light Gre Forename Laurie Sam	ourse - Girls Sellar en Course - Surname Fluck Fraser	/Ladies DVO Boys /N Club LEI NOC	14 len Age 60 18		2 776 564	1000 3 871 768	912	5	Bst 8 3252 2735	Posn 1 2
Orange C Islay Light Gre Forename Laurie Sam Ben	ourse - Girls Sellar en Course - Surname Fluck Fraser Lord	/Ladies DVO Boys /N Club LEI NOC NOC	14 len Age 60 18	1 ,	2 776 564 527	1000 3 871 768 764		5 693 794	Bst 8 3252 2735 1990	Posn 1 2 3
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Orange Colslay Light Gree Forename Laurie Sam Ben Khem Luke Roy John Max Mark Light Gree Harriet Victoria	ourse - Girls Sellar en Course - Surname Fluck Fraser Lord Sattaur Grayson Denney Pickles Elliott Webster en Course - Lawson Littlewood	/Ladies DVO Boys /N Club LEI NOC DVO RAFO LEI NOC NOC NOC OC OC OC OC OC NOC NOC NOC	14 Aen Age 60 18 14 16 60 55 12 40 adies 14 14	1 609 900 744	2 776 564 527 422 773 666 625 531	1000 3 871 768 764 1000 756 763	912 699 1000	5 693 794 525 645	Bst 8 3252 2735 1990 1990 1756 1673 1410 1388 1176 3926 2865	Posn 1 2 3 4 5 6 7 8 9
Orange Colslay Light Gree Forename Laurie Sam Ben Khem Luke Roy John Max Mark Light Gree Harriet Victoria Jane	ourse - Girls Sellar en Course - Surname Fluck Fraser Lord Sattaur Grayson Denney Pickles Elliott Webster en Course - Lawson Littlewood Crofts	/Ladies DVO Boys /N Club LEI NOC DVO RAFO LEI NOC NOC NOC OC OC OC LEI	14 Aen Age 60 18 14 16 60 55 12 40 adies 14 14	1 609 900 744	2 776 564 527 422 773 666 625 531	1000 3 871 768 764 1000 756 763	912 699 1000	5 693 794 525 645	Bst 8 3252 2735 1990 1990 1756 1673 1410 1388 1176 3926 2865 2425	Posn 1 2 3 4 5 6 7 8 9
Orange Colslay Light Gree Forename Laurie Sam Ben Khem Luke Roy John Max Mark Light Gree Harriet Victoria Jane Emma	ourse - Girls Sellar en Course - Surname Fluck Fraser Lord Sattaur Grayson Denney Pickles Elliott Webster en Course - Lawson Littlewood Crofts Vincent	/Ladies DVO Boys /N Club LEI NOC DVO RAFO LEI NOC NOC NOC OC VOC LEI DVO NOC LEI DVO	14 Aen Age 60 18 14 16 60 55 12 40 adies 14 14	1 609 900 744	2 776 564 527 422 773 666 625 531 926 1000	1000 3 871 768 764 1000 756 763 1000 865 521 697	912 699 1000 1000 795	5 693 794 525 645	Bst 8 3252 2735 1990 1990 1756 1673 1410 1388 1176 3926 2865 2425 2092	Posn 1 2 3 4 5 6 7 8 9
Orange Clasay Light Gree Forename Laurie Sam Ben Khem Luke Roy John Max Mark Light Gree Harriet Victoria Jane Emma Hannah	ourse - Girls Sellar en Course - Surname Fluck Fraser Lord Sattaur Grayson Denney Pickles Elliott Webster en Course - Lawson Littlewood Crofts Vincent McNab	/Ladies DVO Boys /N Club LEI NOC DVO RAFO LEI NOC NOC NOC VOC VOC LEI DVO RAFO RAFO	14 Aen Age 60 18 14 16 60 55 12 40 adies 14 14 16 10 10 11 11 12	1 609 900 744 1000 530	2 776 564 527 422 773 666 625 531 926 1000 656 668	1000 3 871 768 764 1000 756 763	912 699 1000	5 693 794 525 645 1000 579 739	Bst 8 3252 2735 1990 1990 1756 1673 1410 1388 1176 3926 2865 2425 2092 2031	Posn 1 2 3 4 5 6 7 8 9
Orange Colslay Light Gree Forename Laurie Sam Ben Khem Luke Roy John Max Mark Light Gree Harriet Victoria Jane Emma Hannah Mary	ourse - Girls Sellar en Course - Surname Fluck Fraser Lord Sattaur Grayson Denney Pickles Elliott Webster en Course - Lawson Littlewood Crofts Vincent McNab Boothroyd	/Ladies DVO Boys /N Club LEI NOC DVO RAFO LEI NOC NOC NOC VOC LEI DVO RAFO LEI DVO RAFO LEI	14 Aen Age 60 18 14 16 60 55 12 40 adies 14 14	1 609 900 744	2 776 564 527 422 773 666 625 531 926 1000	1000 3 871 768 764 1000 756 763 1000 865 521 697	912 699 1000 1000 795 703	5 693 794 525 645 1000 579 739 600	Bst 8 3252 2735 1990 1990 1756 1673 1410 1388 1176 3926 2865 2425 2092 2031 1842	Posn 1 2 3 4 5 6 7 8 9
Orange Colslay Light Gree Forename Laurie Sam Ben Khem Luke Roy John Max Mark Light Gree Harriet Victoria Jane Emma Hannah Mary Barbara	ourse - Girls Sellar en Course - Surname Fluck Fraser Lord Sattaur Grayson Denney Pickles Elliott Webster en Course - Lawson Littlewood Crofts Vincent McNab Boothroyd Tebbutt	/Ladies DVO Boys /N Club LEI NOC DVO RAFO LEI NOC NOC NOC OVO RAFO LEI DVO NOC LEI DVO RAFO LEI LEI LEI	14 Age 60 18 14 16 60 55 12 40 adies 14 16 12 55	1 609 900 744 1000 530	2 776 564 527 422 773 666 625 531 926 1000 656 668 632	1000 3 871 768 764 1000 756 763 1000 865 521 697	912 699 1000 1000 795 703 800	5 693 794 525 645 1000 579 739	Bst 8 3252 2735 1990 1990 1756 1673 1410 1388 1176 3926 2865 2425 2092 2031 1842 1489	Posn 1 2 3 4 5 6 7 8 9 1 2 3 4 5 6 7
Orange Colslay Light Gree Forename Laurie Sam Ben Khem Luke Roy John Max Mark Light Gree Harriet Victoria Jane Emma Hannah Mary	ourse - Girls Sellar en Course - Surname Fluck Fraser Lord Sattaur Grayson Denney Pickles Elliott Webster en Course - Lawson Littlewood Crofts Vincent McNab Boothroyd	/Ladies DVO Boys /N Club LEI NOC DVO RAFO LEI NOC NOC NOC VOC LEI DVO RAFO LEI DVO RAFO LEI	14 Aen Age 60 18 14 16 60 55 12 40 adies 14 14 16 10 10 11 11 12	1 609 900 744 1000 530	2 776 564 527 422 773 666 625 531 926 1000 656 668	1000 3 871 768 764 1000 756 763 1000 865 521 697	912 699 1000 1000 795 703	5 693 794 525 645 1000 579 739 600	Bst 8 3252 2735 1990 1990 1756 1673 1410 1388 1176 3926 2865 2425 2092 2031 1842 1489 1339	Posn 1 2 3 4 5 6 7 8 9
Orange Colslay Light Gree Forename Laurie Sam Ben Khem Luke Roy John Max Mark Light Gree Harriet Victoria Jane Emma Hannah Mary Barbara Tara	ourse - Girls Sellar en Course - Surname Fluck Fraser Lord Sattaur Grayson Denney Pickles Elliott Webster en Course - Lawson Littlewood Crofts Vincent McNab Boothroyd Tebbutt McNab	/Ladies DVO Boys /N Club LEI NOC NOC DVO RAFO LEI NOC NOC VOC EI DVO RAFO LEI DVO RAFO LEI DVO RAFO LEI RAFO	14 Age 60 18 14 16 60 55 12 40 adies 14 16 12 55	1 609 900 744 1000 530	2 776 564 527 422 773 666 625 531 926 1000 656 668 632	1000 3 871 768 764 1000 756 763 1000 865 521 697	912 699 1000 1000 795 703 800 702	5 693 794 525 645 1000 579 739 600 689	Bst 8 3252 2735 1990 1990 1756 1673 1410 1388 1176 3926 2865 2425 2092 2031 1842 1489	Posn 1 2 3 4 5 6 7 8 9

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Green Co	urse - Boys	/Men								
John	Woodall	NOC	70	832	828	755	818	801	4034	1
Jack	Tuck Dickinson	DVO DVO	18 60	618 848	742 948	909	670	825	2855 2705	2 3
Doug David	Anderson	LEI	65	1000	1000	631			2631	4
Neil	Fraser	NOC	45	625	679	615		661	2580	5
Benjamin	Beresford	DVO	14	023	808	806		878	2492	6
Michael	Lindsay	DVO	55		582	809		957	2348	7
Derek	Bishton	DVO	55		689	590		743	2022	8
Robert	Titterington	LEI		944	-		1000		1944	9
Gary	Boothroyd	LEI	55		749			799	1548	10
	urse - Girls	/Ladies								
Jean	Sellar	DVO	16	704	621	680		664	2669	1
Jane	Booker	NOC	50		713	599		736	2048	2
Ann	Armistead	DVO	55		673	546		762	1981	3
Hilary	Palmer	NOC	60			1000		973	1973	4
Elizabeth	Parkinson	NOC	16		1000	892			1892	5
Pauline	Ward	DVO	60			870		1000	1870	6
Helen	Parkinson	NOC	40		658	467		705	1830	7
Jen	Gale	DVO	60	1000	803				1803	8
Jill Dani'ara	Baker	NOC		638			1000	005	1638	9
Pauline	Olivant	NOC		906				665	1571	10
	rse - Boys //		Δ	_	•	•		_	Date	D
Forename	Surname	Club	Age	1	2 75 9	3 644	4 943	5	Bst 8	Posn
Robert Mark	Haskins Sherriff	LEI LEI	55 45	544 547	631	546	943 835	646 541	3536 3100	1 2
Andy	Hawkins	DVO	60	547	854	888	995	341	2737	3
Derek	Gale	DVO	60	832	887	801	990		2520	4
Robert	Parkinson	NOC	50	002	790	822		747	2359	5
Mark	Spendlove	DVO	35		688	OLL	902	621	2211	6
lan	Tebbutt	LEI		671			870	617	2158	7
Karl	Baker	LEI	35			648	886	620	2154	8
Michael	Nell	RAFO	55			601	859	610	2070	9
Simon	Ford	LEI	65		1000	919			1919	10
Blue Cour	se - Girls /L	.adies								
Ursula	Williamson	LEI	45	871	670	769	863	722	3895	1
Alison	Hardy	LEI	40	1000	825		1000	779	3604	2
Ro	Cole	DVO	45		745	1000		882	2627	3
Liz	Godfree	DVO	60 45		1000	007		1000	2000	4
Clare Fiona	Claxton Sellar	NOC DVO	45 50		725	897 944		912	1809 1669	5 6
Michelle	Mackervoy	DVO	35		763	886			1649	7
Joanne	Nell	RAFO			703	641	836		1477	8
Rachel	Davis	DVO	40	695	643	0+1	000		1338	9
	ourse - Boys									
David	Bray	LEI	55	1000	880	845	1000	919	4644	1
David	Lawson	DVO	45	994	903	914	925	903	4639	2
Chris	Bosley	LEI	60		896	882		933	2711	3
Nigel	Mockridge	NOC	45	943	972	778			2693	4
lan	Wells	LEI	55	701	744		664		2109	5
Roger	Phillips	LEI	21		628		706	638	1972	6
Luis	Perdigao	NOC	21	646			573	648	1867	7
Richard	Robinson	NOC	21		858	960			1818	8
Mick	Lucking	NOC	50	F70	872	E 40		929	1801	9
Tim	Cairns	NOC	40	570		540		625	1735	10

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Midland Champs

I know I just provided the 2007 Midland Champions in the last EMEWS but the 2008 Midland Championships were held at Budby on 10^{th} February (some folk only had a short year as Midland Champions). Glorious weather made for a great event. The following are the Midland Champions from EMOA (from what I can see in the results):

M12 William Parkinson (NOC)
M14 Ben Beresford (DVO)
M20 Liam Harrington (LOG)
M21 Petr Basus (NOC)
M20 John Duckworth (DVO)
M35 Claire Gale (DVO)
M45 Nigel Mockridge (NOC)
M50 Paul Addison (DVO)
M55 Michael Napier (NOC)
M12 Hannah Horsewill (NOC)
W13 Hannah Horsewill (NOC)
W14 Victoria Littlewood (NOC)
W15 Victoria Littlewood (NOC)
W16 Elizabeth Parkinson (NOC)
W21 Mairead Rocke (LEI)
W35 Claire Gale (DVO)
W60 Liz Godfree (DVO)

Apologies to those I have missed.

M75 Donald Moir (LEI)

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Locate a Map or Event/Travel Planning

Some useful sites:

AA Map Finder http://www.theaa.com/maps/map_finder.jsp

AA route planner travel news http://www.theaa.com/travelwatch/

Get Me There (route planner) http://www.getmethere.co.uk

Google Earth http://earth.google.com/

UK Orienteering Map of Maps http://www.oobrien.com/map/maps.php

UK Orienteering Fixtures Map http://www.oobrien.com/map/index.php

Map24 (worldwide route planner) http://www.map24.co.uk

Map Kiosk (buy UK maps) http://www.mapkiosk.com

MapQuest (route planner) http://www.mapquest.com/directions/europe.adp

MultiMap (worldwide route planner) http://www.multimap.co.uk

Ordnance Survey http://www.ordnancesurvey.co.uk/oswebsite

Nearby (locate OS Map from GR http://www.nearby.org.uk/maps

RAC (route planning) http://www.rac.co.uk/web/routeplanner

Seat61 (train travel) http://www.seat61.com

Street Map http://www.streetmap.co.uk

Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Unless otherwise stated, District events offer entry on the day (EOD) to a range of colour coded (C4) course with start times from 10:30 to 12:30. Local events (C5) will only have a limited range of courses. Regional and National events (C3 & C2) provide a range of age related courses and are normally entered in advance using a Standard Entry Form (SEF); entry on the day (EOD) will usually be limited and more expensive. Most will offer a limited number of colour-coded courses for EOD. Cheques payable to organising clubs given at beginning of details, if not specified.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

April 2008

9th	EM C5	LEI Summer League Event, Bradgate Park SK523116 (Old John Car Park) P. Hornsby 01530 456066; Mass Start 6:30pm Dogs on leads £3/£1. The Bradgate Trust asks that all competitors be pre-entered for the event. Email: mapping@lineone.net
13th	NW C3	SROC Regional Event. Hampsfell, Grange-over-Sands. SD393805. Organiser: Mary Wheeler, 01200 429892. marywheeler23@btinternet.com Entries: David Johnstone, 120 Hacking Drive, Longridge, Preston Lancs, PR3 3FP, 01772 783745 (before 9pm). david@dsjvjj.freeserve.co.uk CD: 31/03/08. £10.50/£3.00 + £1.00 SI hire. Lim EOD +£2.00/£1.00. Chq: SROC. EPS-SI. String course. Lim CCcourses - Y, O and LG - £4.50/£1.50. Parking £1.00. No dogs - lambing. www.sroc.org
13th	EM C4	LOG District & EMOA League Event. Bourne Woods, Bourne. TF075202. Karl Pickworth, 01526 320136. pickworths@aol.com. EPS-SI. String course. Dogs on Leads. www.logonline.org.uk
13th	SE C3	SO Regional Event & SE League. Houghton Forest, Arundel. TQ001108. Organiser: Dave McTurk, 01243 782991. dave.mcturk@googlemail.com Entries: Jaquie Drake, East Cottage, Vuggles Farm, Newick, East Sussex, BN8 4RU, 01273 400603. entries@vuggles.co.uk CD: 30/03/08. £10.00/£3.00 SO juniors free. Late entry + £1.50 on senior fees (no junior surcharge). Colour coded EOD only - seniors £7.00, juniors £3.00. Lim EOD + £3.00. Chq: Southdowns Orienteers. EPS-SI. Light Green, Orange, Yellow & White, String course. Parking £1.00. SO 24-hr Ansaphone - recorded event information 01903-239186. On line entries at www.vuggles.co.uk/entries.htm. www.southdowns-orienteers.org.uk
17th	EM C5	LEI Summer League Event, East Carlton Park SP833894 E. Rocke 01536 510696 Starts 6:15 – 7pm Dogs on leads £3/£1; Score Event
17th	EM C5	LOG Summer Series 08, Hartsholme Park SP833894 See LOG website for more details – Sean Harrington 01522 791344; 6:30 – 7:30pm £1.50 per map
19th-20th	SOA C1 R1	BRITISH ORIENTEERING CHAMPIONSHIPS 19th - BRITISH CHAMPIONSHIPS 2008 - INDIVIDUAL. Culbin East, Forres. 20th - British Championships 2008 - Relays. Culbin East, Forres. NH998610. Co-ordinator: Jon Musgrave, 013398 84447, jon@big-jon.demon.co.uk Fees Indiv: TBA. Relays: £36.00/£18.00 per team. EPS-Emit. Entries: OEntries www.oentries.com/ www.boc2008.co.uk/
19th	EM C5	DVO Local Event. Shipley Country Park, Heanor. SK431454. Val Johnson, 01773 824754. gmjandfam@aol.com £3.00/£1.00 Family entry: £7. Parking £1.00. www.dvo.org.uk

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20th	YH C4	HALO District Event. Houghton Woods, Market Weighton. <u>SE895368</u> . Neil Harvatt, 01302 772911. <u>neil@neilharvatt1.orangehome.co.uk</u> £6.50/£3.00. EPS-SI. <u>www.halo-orienteering.org.uk</u>
23 rd	EM C5	LEI Summer League Event, Abbey and Riverside Parks SK583053 (St Margaret's Pasture) John Cooke 01827 61663 Starts 6:30 – 7:30pm Dogs on leads £3/£1: New Map
26th	WM	WCH MTBO 2008 series. Rawnsley & Beaudesert, Cannock Chase, Cannock. <u>SK035139</u> . (non BOF event)
	MTBO	Organiser: Mark Stodgell - Co-ordinator, 01785 663888. mark@stodgell.co.uk
		Entries: Mark Stodgell, 56 Brocton Road, Milford, Stafford., ST17 0UH, 01785 663888. mark@stodgell.co.uk CD: unknown. £7.00/TBA, £2 surcharge non TCA members. EOD + £3.00. Chq: Walton Chasers. EPS-SI. Dogs allowed on leads only. Starts 11am-1pm. Entry fees: £7.00 TCA members, £2 surcharge for non TCA members, £2 discount for WCH members. EOD £3 surcharge. Event series entry form or online entry at www.fabian4.co.uk. www.walton.chasers.co.uk
27th	NW C3	LOC Regional Event. Bigland, Ulverston. SD357836. Organiser: Richard Moseley & Tim Field, 01539 736248 (RM), 0191 2840218 (TF after 9pm
		weekdays). bigland@lakeland-orienteering.org.uk Postal Entries: Richard Towler, 3 The Hollins, Hollins Lane, Burneside, Kendal, LA9 5SG, 07771 998 554 (not after 9pm). biglandentries@lakeland-orienteering.org.uk CD: 16/04/08. £10.00/£3.00. Lim EOD. Chq: Lakeland Orienteering Club. EPS-SI. String course. Lim CC courses. Dogs in car park only. Online entries CD: 20/04/08. www.lakeland-orienteering.org.uk
27th	EM C3	LEI Regional Event & EM Championships. Wakerley Woods, Corby. <u>SP960987</u> . Organiser: Gary & Mary Boothroyd, 01572 756097. <u>gboothroyd@btinternet.com</u>
		Entries: Roger Williamson, 63 Loughborough Road, Quorn, Loughborough, Leics, LE12 8DU, 01509 412132. rwilliamson63@aol.com CD: 14/04/08. £10.50/£3.50. Lim EOD +£1.00/£1.00. Chq: Leicestershire Orienteering Club. EPS-SI. Lim CC courses - £7.00/£1.50. Online entries preferred via www.fabian4.co.uk/ Late entries on line only up to 21/04/08 +£1.00. Parking £1.50. Dogs on Leads. www.leioc.org.uk
27th	EA O4S	WAOC Sprint Event. Chicksands, Bedford. Ursula Oxburgh, 01223 357199. uoxb00@esc.cam.ac.uk £7.00/£2.00. EPS-SI. String course. Dogs allowed in car park on lead. www.waoc.org.uk
30th	EM S5	DVO Street-O. Belper Streets, Belper . <u>SK346479</u> . Val Johnson, 01773 824754. <u>gmjandfam@aol.com</u> £1.00/Free. Parking TBA. Mass start at 7:15pm. <u>www.dvo.org.uk</u>
May 20	800	
1st	EM C5	LOG Summer Series 08, Stapleford Woods See LOG website for more details – Sean Harrington 01522 791344; 6:30 – 7:30pm £1.50 per map
4th	YH C2	EBOR NATIONAL EVENT & FCC Classic Final. Cawthorne and Keldy, Pickering. <u>SE777897</u> . Organiser: Lionel Carter, 01904 489427.
		Entries: Peter Watson, Briar Cottage, 7 Beckside, Wilberfoss, York, YO41 5NS, 01759 388269. <i>CD</i> : 27/04/08. Up to 13/04/08: £12.00/£5.00, up to 27/04/08: £14.00/£6.00. Chq: Eborienteers. EPS-SI. String course. CC - W, Y & O. Parking £1.00. Dogs on lead in assembly area only. See Entry Form and Website for fees. www.eborienteers.org.uk
6th	EM C5	LEI Summer League Event, Castle Hill SK554083 (west of A46, east of village of Anstey) Rachel Simonetti Tel: 0116 299 6174 Starts 6:30 – 7:30pm Dogs on leads £3/£1
10th-11th	NW C3	Twin Peak Weekend 10th - Day 1 Regional Event. Macclesfield Forest, Macclesfield. SJ970720.
	C3	11th - Day 2 Regional Event. Macclesfield Forest, Macclesfield. SJ970720.
		Organiser: David & Jane McCann, 01614 832061. tp2008@mdoc.org.uk

EMEWS Postal Entries: Julie Brook, 14 Leygate View, New Mills, High Peak, Derbyshire, SK22 3EF, 01663 745020. tp2008@mdoc.org.uk CD: Postal: 25/04/08, Online: 02/05/08. £10.00/£3.00 per day. Lim EOD for long courses +£2.00. Chq: MDOC. EPS-SI. String course. CC - White - Lt Green + Red -£5.00/£3.00 per day. Parking £1.00 per day. Dogs on lead in car park only. Internet entry via website preferred. www.mdoc.org.uk 11th SOA FVO Regional Event & SOL2. Touch, Stirling. NS750933. C3 Organiser: Gary Longhurst, 01786 823295, glonghurst@aol.com Entries: David Nicol, 16 Upper Glen Road, Bridge of Allan, Stirling, FK9 4PX. FVOsecretary@fvo.org.uk CD: 04/05/08. £9.00/£4.00. Lim EOD +£2.00/£1.00. Chq: Forth Valley Orienteers. EPS-SI. String course. Lim CC courses - £6.00/£3.00. Parking £1.00. No dogs. On-line entry preferred at www.OEntries.com. www.fvo.org.uk 11th SWBOK Regional Event, The Mike Nelson BOKTrot & ASO Champs. Brierley, Forest of Dean. SO621151. Organiser: Jenny Grenfell-Shaw, 0117 9622693. g-sopen@blueyonder.co.uk C3 Entries: Christophe Mutricy, 87 Greystoke Avenue, Southmead, Bristol, BS10 6AL, 0117 9593629 (7-9pm). xtophe@nxtelevision.com CD: 27/04/08. £11.00/£3.00. Chq: BOK. EPS-SI. String course. Lim CC - W,Y,O,LG. On-line entry preferred via website. Dogs on lead in assembly. Parking £1.00. Please send SAE(s) if paper copies of final details/results required. www.bristolorienteering.org.uk/ 15th EM LEI Summer League Event, Burrough Hill SK766115 C5 Andy.Portsmouth 01162 301337 Starts 6:30 - 7:30pm Dogs on leads £3/£1; (On unclassified road between villages of Burrough on the Hill and Somerby) 15th EM LOG Summer Series 08, Riseholme Park C5 See LOG website for more details – Sean Harrington 01522 791344; 6:30 – 7:30pm £1.50 per map 17th SC TVOC Harvester 2008. Park Wood & Naphill, High Wycombe. SU834974. Organiser: Neville Baker, 01865 771923. baker@physchem.ox.ac.uk R2N Entries: HR2008, 41, Saunderton Vale, Saunderton, High Wycombe, Buckinghamshire, HP14 4LJ. CD: 03/05/08. Senior £70/50, junior £25 per team. Chq: TVOC. EPS-Emit. www.tvoc.org.uk SC 17th JOK Chasing Sprint. Bloom Wood, High Wycombe. SU883894. O3S Pauline Sinclair, 01865 779471, pauline.sinclair@physics.org Fees TBA. Parking £1.00. www.jok.org.uk 18th EM DVO District Event. Hardwick Hall, Sutton in Ashfield. SK463637. C4 David Vincent, 01773 716615. dvincent@tesco.net £7.00/£1.00 Family entry: £15. EPS-SI. String course. Dogs on lead, in car park. www.dvo.org.uk 21^{st} EM LEI Summer League Event, Guthlaxton College SP598985 (South of B582 Station Road, South Wigston) Roger.Edwards 01162 127547 Starts 3:30 – 7:30pm Dogs on leads £3/£1; Sprints using map of new C5 area - trial 200m and five 1 km loops orange standard. 24th-25th SOA **Scottish Championships Weekend** 24th - NATIONAL EVENT & Scottish Championships. Tullachroisk, Kinloch Rannoch. C2 NN710576. Entries: Rob Lee, 13 Briery Bauks, Edinburgh, EH8 9TE, 0131 667 4419. CD: 12/05/08. £13.00/£5.00 - less £2.00 Sen BOF members. Lim EOD +£2.00. Chq: Roxburgh Reivers - SOC 2008. EPS-SI. Parking £1.00. Lim CC courses - £6.00/£3.00. www.interlopers.org.uk R4 25th - Scottish Championships - Relays. Tullachroisk, Kinloch Rannoch. NN710576. Entries: David Kershaw, 9 Bright's Crescent, Edinburgh, EH9 2DB, 0131 667 4670. david kershaw@blueyonder.co.uk CD: 12/05/08. £18.00 per senior, £9.00 per junior team. No EOD. Chq: Roxburgh Reivers - SOC2008. EPS-SI. Relay entries via Club Sec/Captain please. www.interlopers.org.uk Weekend Co-ordinator: Dave Prentice, 01738 583345, dave prentice@btinternet.com

NOC Summer League Event, Rushcliffe Country Park SK575320

25th

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	C5	See NOC website for more details
24th-26th	SW	Tamar Triple Weekend
	O3	24th - Day 1 Medium Race. Inny Foot, Launceston. SX372763
	C3	25th - Day 2 Regional Event. Plym Forest, Plymouth. SX530595.
	C3	26th - Day 3 Regional Event. Smallhanger Waste, Plymouth. <u>SX555595</u> .
		Organiser: Nicholas Maxwell, 01752 739040. info@tamartriple.org.uk
		General Enquiries: 01752 249043 before 9.30pm Postal Entries: Tamar Triple Entries, 3 Back Lane, East Coker, Yeovil, Somerset BA22 9JN, 01935
		863429 before 9.30pm. entries@tamartriple.org.uk CD: 07/05/08. Fees: £11.50/£3.75 per day, All three days £33.00/£8.50. No EOD for Regional courses. Chq: Tamar Triple. EPS-SI. Starts 10.30-1.30. Registration 10am to 1pm. String course. Limited CC - W,Y,O,LG - EOD only £7/£2. Online entries preferred to www.fabian4.co.uk. www.devonorienteering co.uk
26th	YH C4S	EBOR York City Park Race. National Railway Museum, York. <u>SE604519</u> . Organiser: Ann Smith, 01347 821220.
		Entries: Ann Smith, Weddow Hills, Oulston Road, Crayke, York, YO61 4TP, 01347 821220. <i>CD:</i> 15/05/08. £6.50/£2.50. Lim EOD +£2.00. Chq: Eborienteers. EPS-SI. Dogs allowed on lead and not on courses. www.eborienteers.org.uk
28 th	EM C5	LEI Summer League Event, Dilworth New Clumps SK322161 (On B5003 Ashby Road) Iain Tebbutt Tel: 01827 880992 Starts 6:30 – 7:30pm Dogs on leads £3/£1
29th	EM C5	LOG Summer Series 08, Bourne Woods See LOG website for more details – Sean Harrington 01522 791344; 6:30 – 7:30pm £1.50 per map
June 2	2008	
1 st	EM C5	NOC Summer League Event, Silverhill Wood SK473622 See NOC website for more details
5 th	EM C5	LEI Summer League Event, The Outwoods SK514159 (On unclassified Woodhouse Lane) Peter Leake Tel: 01530 461561 Starts 6:30 – 7:30pm Dogs on leads £3/£1
7th	EM C5	DVO Summer Series Event. Ilam Hall, Ashbourne . SK131506. Val Johnson, 01773 824754. gmjandfam@aol.com £1.50/50p. EPS-SI. White and Orange only. Dogs allowed on lead in car prk. Starts 10:30-11:30. Orange competitors may go on to a 45 minute score with their remaining time. Pre-marked maps. www.dvo.org.uk
8th	WM	HOC NATIONAL EVENT & World Ranking Event, Scoring event for UK Cup (selection race for WOC). Brown Clee, SW of Bridgnorth. <u>SO595855</u> .
	C2	Organiser: Rollo Rumford, 01905 726967. rollo.rumford@btinternet.com
		Entries: Mike Farrington, Brown Clee 08, Oak Lodge, Floyds Lane, Wellington Heath, Ledbury, Hfd, HR8 1NB, 01531 635502 (7-9 pm). brownclee08@harlequins.org.uk CD: 16/05/08. £13.00/£5.00 before 16 May 08. £15.00/£6.00 up to 28 May 08. Family Fee £32.00 before 16 May 08 and then £37.00 to 28 May 08. No EOD. Chq: Harlequins Orienteering Club. EPS-SI. String course. EOD CC courses - W, Y, O, Lt Gr & Red - £9.00/£4.00 - Family £23.00. Parking £1.00. Dogs on lead at all times in car park and assembly field. On Line Entries via www.harlequins.org.uk
12th	EM C5	LOG Summer Series 08, Lincoln University See LOG website for more details – Sean Harrington 01522 791344; 6:30 – 7:30pm £1.50 per map
15th	SOA C3	KFO Regional Event & SOL 3. Devilla Forest, Kincardine on Forth. NS960880. John Emeleus, 01592-561291. sol3devilla@yahoo.co.uk Fees TBA. EPS-SI.
		Full registration pending
15th	EM S5	DVO Summer Series - Street-O. Ashbourne, Ashbourne. <u>SK180460.</u> Val Johnson, 01773 824754. <u>gmjandfam@aol.com</u> £1.50/50p. Dogs allowed on lead in car park. Mass start at 10:30. 1 hour score. Pre-marked maps. <u>www.dvo.org.uk</u>

		EMEWS
15 th	EM C5	NOC Summer League Event, Wollaton Park SK533393 See NOC website for more details
19 th	EM C5	LEI Summer League Event, Cycle O SK465078 (On Main Street, Thornton)(tbc) Dave Toach Tel: 0116 299 6174 Starts 6:30 – 7:30pm Dogs on leads £3/£1 In the area of the village of Thornton in N.W.Leicestershire
21st	EM C5	DVO Local Event. Elvaston Castle Country Park, Derby. <u>SK412331</u> . Ann-Marie Duckworth, 01773 856824. <u>john.duckworth@ngtuk.com</u> £3.00/£1.00 Family entry: £7. EPS-SI. Incorporating the Derbyshire Schools Championships. <u>www.dvo.org.uk</u>
22nd	NW O5	MDOC City Centre Races. Stockport, Stockport. SJ895905. Organiser and entries: Sue Birkinshaw, 221 Hale Road, Hale, Altrincham Cheshire, WA15 8DN, 0161 980 5068. Townrace08@mdoc.org.uk CD: 18/06/08. £5.00/£3.00. Taster course £1.00. Lim EOD. Chq: MDOC. EPS-SI. Under 16s must have parental CONSENT FORM. Also incorporates a team event for running clubs and local organisations. www.mdoc.org.uk
22nd	WM	OD Tony Haw Charity Score Event in Aid of Leukaemia Research. Pooley Country Park, Polesworth, Warks. SK258036.
	S4	John Bowman, 01926 853720. jandsbowman@yahoo.co.uk Seniors £7, Juniors £2.50, or donations. Emit hire (if needed) £1. EPS-Emit. Parking £1.50. Full registration pending
22nd	EM C4	DVO District Event. Carsington Pastures, Wirksworth. SK248546. Derek Bishton, 01773 742951. dbishton@hotmail.com £7.00/£1.00 (inc Students), Family entry: £15. EPS-SI. String course. Dogs on lead in car park only. Parking £1.00. www.dvo.org.uk
22 nd	EM C5	NOC Summer League Event, Manton Wood and Kidney Clump SK616781 See NOC website for more details
24^{th}	EM	LEI Summer League Event, Beauchamp College, Oadby SP628994 (The College is on 'Ridgeway' in Oadby)
	C5	John Marriott Tel: 0116 236 4295 Starts 6:30 – 7:30pm Dogs on leads £3/£1 New map including Brooks Hill
26th	EM C5	LOG Summer Series 08, Twyford Woods See LOG website for more details – Sean Harrington 01522 791344; 6:30 – 7:30pm £1.50 per map
29th	EM S5	DVO Summer Series - Street-O. Allestree, Derby. <u>SK352398</u> . Val Johnson, 01773 824754. <u>gmjandfam@aol.com</u> £1.50/50p. Dogs allowed on lead in car park. Mass start at 10:30. 1 hour score. Pre-marked maps. <u>www.dvo.org.uk</u>
July	2008	
5th	EM C5	DVO Summer Series Event. Darley Park, Derby. <u>SK352372</u> . Val Johnson, 01773 824754. <u>gmjandfam@aol.com</u> £1.50/50p. White and Orange only. Dogs allowed on lead in car park. Starts 10:30-11:30. Orange competitors may go on to a 45 minute score with their remaining time. Pre-marked maps. <u>www.dvo.org.uk</u>
6th	EM O5S	NOC Short Race. Rufford Country Park, Mansfield. SK646656 . Catherine Hughes, 0115 8774089. catherine@midlandsnordicwalking.org Fees TBA. Format - two races - second one chasing start. www.noc-uk.org Full registration pending
9 th	EM	LEI Summer League Event, Swithland Woods SK536117 (The Southern Car Park on Roecliffe Road)
10.1	C5	Laurie Fluck Tel: 01509 503107 Starts 6:30 – 7:30pm Dogs on leads £3/£1
10th	EM C5	LOG Summer Series 08, West Common See LOG website for more details – Sean Harrington 01522 791344; 6:30 – 7:30pm £1.50 per map
13th	WM C4	OD District Event. Burton Dassett Hills Country Park, Warwick. <u>SP395520</u> . John Bowman, 01926 853720. <u>jandsbowman@yahoo.co.uk</u> Fees TBA. EPS-Emit. Parking £2.00. Dogs

EMI	EWS	
		allowed on lead. Full registration pending
13th	EM S5	DVO Summer Series - Street-O. Matlock, Matlock. <u>SK298602</u> . Val Johnson, 01773 824754. <u>gmjandfam@aol.com</u> £1.50/50p. Dogs allowed on lead in car park. Mass start at 10:30. 1 hour score. Pre-marked maps. <u>www.dvo.org.uk</u>
13 th	EM C5	NOC Summer League Event, Ollerton SK668673 See NOC website for more details
15 th	EM C5	LEI Summer League Event, Annual Orienteering Treasure Hunt (tbc) (In the Bagworth area of N.W.Leicestershire, south of Coalville) Peter Hornsby Tel: 01530 456066 Starts 6:45pm Dogs on leads £3/£1
20 th	EM C5	LEI Summer League Event, The Evington Arboretum SK629020 (On B667 south of Evington) Dave LeBoutillier Tel: 0116 291 0274 Starts 10:30 – 11:30am Dogs on leads £3/£1
20 th	EM C5	NOC Summer League Event, Oxclose Wood SK530632 See NOC website for more details
24th	EM C5	LOG Summer Series 08, Ostlers Plantation See LOG website for more details – Sean Harrington 01522 791344; 6:30 – 7:30pm £1.50 per map
27 th	EM C5	NOC Summer League Event, Haywood Oaks SK609547 See NOC website for more details
29 th	EM C5	LEI Summer League Event, Bosworth Battlefield SK397003 (Meet at Shenton Station Car Park south of Market Bosworth) Roy Denney Tel: 0116 233 8604 Starts 6:30 – 7:30pm Dogs on leads £3/£1
Auai	ust 200	08
7 th	EM C5	LEI Summer League Event, Linford Woodhouse SK504105 (Off Markfield Lane east of A50) Simon Ford Tel: 0116259 9448 Starts 6:30 – 7:30pm Dogs on leads £3/£1
7th	EM C5	LOG Summer Series 08, South Common See LOG website for more details – Sean Harrington 01522 791344; 6:30 – 7:30pm £1.50 per map
10 th	EM C5	NOC Summer League Event, Colwick Park SK603392 See NOC website for more details
13 th	EM C5	LEI Summer League Event, Borough Hill, Daventry (Joint with OD) SP585621 See www.octavian-droobers.org

7^{th}	EM C5	LEI Summer League Event, Linford Woodhouse SK504105 (Off Markfield Lane east of A50) Simon Ford Tel: 0116259 9448 Starts 6:30 – 7:30pm Dogs on leads £3/£1
7th	EM C5	LOG Summer Series 08, South Common See LOG website for more details – Sean Harrington 01522 791344; 6:30 – 7:30pm £1.50 per map
10 th	EM C5	NOC Summer League Event, Colwick Park SK603392 See NOC website for more details
13 th	EM C5	LEI Summer League Event, Borough Hill, Daventry (Joint with OD) SP585621 See www.octavian-droobers.org
17 th	EM C5	NOC Summer League Event, Bevercotes Pit Wood SK700741 See NOC website for more details
19 th	EM	LEI Summer League Event, Oakham Tops SK840074 (Between Oakham and Braunston-in-Rutland)
	C5	Roy Denney Tel: 0116 233 8604 Starts 6:30 – 7:30pm Dogs on leads £3/£1; Map of new area
28^{th}	EM	LEI Summer League Event, Watermead West SK602096 (Meadow Lane, Birstall, west of competition area)
	C5	Chris Bosley Tel: 0116 236 3349 Starts 6:30 – 7:30pm Dogs on leads £3/£1