



The Newsletter
of the
East Midlands Orienteering Association

September - October 2010



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EMEWS

EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

East Midlands Orienteering Association Officials 2009/2010

Chairman / BOF	Ernie Williams, 01530 832829
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Vice-Chairman	Position vacant
Secretary	Bob Alderson, 0115 8450771 r.alderon1@ntlworld.com
Treasurer & Membership Sec.	Viv Macdonald, 01629 734307 - viv.macdonald@btinternet.com
Fixtures Secretary	Ian Whitehead, 01536 771995 Iwhite4@aol.com
Coaching	Hilary Palmer, 0115 982 0651 hjpalmer@ntlworld.com
Junior Squad	Richard Robinson
Mapping	David Olivant, 0115 9872083 d.olivant@btinternet.com
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President	John Woodall, 0115 921 1567
Development Officer	Derek Gale, 01283 585244 dq.244@btinternet.com
Senior Comp Group	Ranald Macdonald, 01629 734307 - r.f.macdonald@btinternet.com
EMOA Webmaster	John Cooke jholtcooke@btinternet.com
Club Reps	Steve Kimberley (DVO); Bob Haskins (LEI); Sean Harrington (LOG); Pauline Olivant (NOC);
Posts Vacant:	Vice-Chairman
East Midlands website:	www.emoa.org.uk
Copy Date for next issue: 18th October 2010 . Contributions are always welcome but especially by e-mail (mikegardvo@sky.com).	

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Cover Picture

Thanks again to Ernie Williams for his cover - I did not have too much content for the last EMEWS. This AGM edition has meant I have had little to write.

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The 46th East Midlands Orienteering Association AGM

Notice is hereby given that the Annual General Meeting of the East Midlands Orienteering Association will be held at 10.30am on 19th Sept 2010 at Carsington Pastures

The meeting will be held in conjunction with the DVO East Midlands League Event at Carsington Pastures.

AGENDA

1. Apologies for absence
2. Approval of minutes of last AGM September 20th 2009
3. Chairman's Report
4. Secretary's Report including activity statistics
5. Treasurer's report including membership numbers and presentation of accounts
6. Approval of Balance Sheet and Income and Expenditure Statement
7. Election of Principal Officers
 - President
 - Chairman
 - Vice chairman
 - Secretary
 - Treasurer
8. Election of other officers
 - British Orienteering Rules Group
 - British Orienteering Coaching
 - Development Officer
 - Fixtures Secretary
 - Mapping Advisor
 - Webmaster
 - EMEWS Editor
9. Appointment of Independent Financial Advisor
10. Appointment of Formal Delegates and Corresponding Members
 - Map Group
 - International Competitions Group
 - Elite Competitions Group
 - Senior Competitions Group
 - Junior Competitions Group
 - National Forest
11. Budget projections for coming year to 30.6.2011 and recommendations for

membership fees, equipment rental fees and event levies (Treasurer)

12. Fixing of charges

Membership fees

Event Levies

Electronic equipment rental fees (formal agreement that no longer required)

13. Plans for the coming year (Chairman)

14. Close of formal meeting followed by open discussion

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**MINUTES OF THE 45th ANNUAL GENERAL MEETING OF THE EAST MIDLANDS
ORIENTEERING ASSOCIATION HELD ON SUNDAY September 20th 2009 at Calke Abbey
at 10.40 am**

Present : John Woodall (in the chair), Dorothy Woodall, Hazel Rice, Steve Wright, Ranald Macdonald, Viv Macdonald, Hilary Palmer, Pauline Olivant, David Olivant, Ruedi Billeter, Roger Edwards, Eddie Nicholson, Tony Donaldson, Mike Gardner, Dave Bennett and Bob Alderson.

1. **Apologies for absence:** Bob Haskins, Ernie Williams, Jen Gale and Derek Gale.

2. **Minutes of the 44th AGM.** Agreed the minutes were a true record, proposed by Hilary Palmer and seconded by Hazel Rice.

3. **Chairman's Report (in absentia)**

Thank you all for attending. I apologise for not being here in person but the attractions of the Dalmatian Coast had greater pulling power.

I have come to the end of my three year stint as Chair of this Association and over that period we have seen significant changes to the organisation of the sport in this country. I hope this is for the better though I have my concerns, particularly with respect to the communication chain to the Board of Directors that now run British Orienteering. Of course, John is now a direct link for us but not all Associations have Board Directors on their committees and that situation may be the case for us at the end of John's three years as a director. I believe we all need to ensure that our views are heard at the senior levels of the sport.

This brings me on to the second significant change that we are in the process of absorbing, namely the change to three levels of events. I know this is causing concern with some people but I honestly believe that the intentions of this change are correct and once the teething problems are sorted out we should see the system settling down. It is interesting to reflect that some of the discussion held in the EMOA Committee meetings was partly instrumental in getting British Orienteering to this position. Perhaps we should continue the discussions to ensure that the developing nature of how Level 3 events are categorised is standardised across the country.

Anyway, enough of my remarks. I would like to close by thanking the Committee for their support over the three years and the last year in particular and to wish the Association all the best for the future.

Derek Gale

4. Secretary's Report including activity statistics.

Secretary's report had not been compiled and will be presented to the next meeting of the EMOA Executive Committee.

5. Treasurer's Report and approval of Balance Sheet and Income & Expenditure Statement.

Copies of the report were circulated at the meeting. The Independent Financial Examiner, Roger Edwards, spoke to the report explaining that there was a significant surplus and a large cash balance.

He further reported that in respect of the award from Sport England the Association has entered into contracts for the provision of services in 2009/10 and there is a liability of £10,900 to pay for these services at 30 June 2009. Sport England can request repayment of the award from the Association where conditions of the award are not met. The officers of the Association are taking steps to ensure the grant conditions are met so that the contracts are met from the grant. He said that he has obtained representations from the Association Officers that Sport England has no material matters arising in respect of the award for the accounting year which likely to lead to any repayments.

He finally commented that he has examined the income and expenditure account and the balance sheet and that he could confirm that they are a true and fair statement of the finances of EMOA.

Acceptance of the Report, balance sheet and income and expenditure statement was proposed by Mike Gardner and seconded by Hilary Palmer.

6. Election of Principal Officers

Post	Proposed	Proposer	Seconder	Outcome
President	John Woodall	Bob Alderson	Mike Gardner	Elected
Chairman	Ernie Williams	John Woodall	Bob Alderson	Elected
Vice Chairman	Vacancy			Vacancy
Secretary	Bob Alderson	John Woodall	Hazel Rice	Elected
Treasurer	Vacancy			Vacancy

7. Election of other officers

Post	Proposed		Outcome
BO Rules Group	Ernie Williams	These Officers were elected unopposed and were proposed by John Woodall and seconded by Ruedi Billeter	Elected
BO Coaching	Hilary Palmer		Elected
Fixtures Secretary	Ian Whitehead		Elected
Mapping adviser	David Olivant		Elected
Web Master	John Cooke		Elected
EMEWS	Mike Gardner		Elected
Development Officer	Derek Gale		Elected

8. Appointment of Independent Financial Examiner.

Roger Edwards was proposed by David Olivant and seconded by John Woodall, and was duly appointed.

9. Appointment of Formal Delegates and Corresponding Members

Post	Proposed		Outcome
Map Group	David Olivant	These Officers were elected unopposed and were proposed by John Woodall and seconded by Mike Gardner	Elected
International Competitions Group	John Palmer and Richard Robinson		Elected
Elite Competitions Group	John Palmer		Elected
Senior Competitions Group	Ranald MacDonald		Elected
Junior Competitions Group	Pauline Olivant		Elected
National Forest	Roy Denney		Elected

8. Budget projections and Fixing of Charges

Dave Bennett proposed that the annual subscriptions remain the same as the current rate: Senior £3, Junior £1, Family £5, Group £10 and Club £15. There was some discussion linking EMEWS distribution electronically and a possible reduction in fees payable for those participating. This requires further discussion at EMOA Executive meetings.

Pauline Olivant drew attention to possible additional cost arising from two JIRC events taking place in the last financial year.

Dave Bennett also proposed that the event levy remain unchanged, after some amendment to reflect the new event structure. However some felt that levies are too high and as there is a current and proposed surplus, it was proposed to reduce event levies for adults from 60p to 40p and for juniors from 15p to 10p. Charges to be levied where participants exceed 500 will be at 85p per adult and 20p per junior for numbers 501 +.

Dave Bennett agreed to rework the budget projections to reflect the above changes and circulate to members of the Executive Committee.

Dave Bennett proposed that the SI hire fees remain unchanged.

Fees and charges as set out above were proposed by John Woodall and seconded by Bob Alderson.

Post meeting note from Dave Bennett: *I have revised the budget to reflect a levy of 40p senior, 10p junior, less £25. On reflection I have removed the higher rate levy completely, because if it was applied only above 500*

participants, it would be complicated to determine the split of seniors and juniors paying the higher rate (it works for BOF because they don't have different rates for seniors and juniors). Charging the higher senior rate above 500 participants would have been worth less than £100 per year.

10 Plans for the coming year - None available**11. AOB - None**

Meeting closed at 11.02

Bob Alderson - 22.9.2009

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Report from EMOA Chairman 2009-2010 (for AGM)

Overall the past year has been another successful one for the Association -a quick snapshot shows a large number and level of events from low-key local events to large-scale National Events, the distribution of the SportIdent equipment, further positive work on a commitment to the Satellite Clubs, support for the Junior Squad, regular publication of EMEWS to members, and the EMOA League continuing to attract hundreds of competitors throughout the year.

Thanks must go to Dave Bennett for continuing to keep our 'financial ship' afloat even though he had stood down as Treasurer at 2009 AGM and a very warm welcome and thanks to Viv Macdonald for taking on the role of Treasurer, overcoming en-route Barclays Bank and their unhelpful attitude in transferring our account to HSBC, and for her first Financial Report, not forgetting a 'Thank You' to Roger Edwards as the Association's independent examiner.

Thanks to Derek Gale for his work over several years as Co-ordinator of the SI equipment and, due to his continued purchase and updating of SI kit on behalf of the Association, the opportunity this year of completely distributing to DVO, LEI, LOG and NOC every piece of the Association's SI equipment on 'permanent loan' to enable all of the Clubs to put all but the largest of events without recourse to 'borrowing' from another Club either inside or outside of our Region. I believe that the decision to start to purchase and use SI equipment has been a major success for the Association and all members of our constituent Clubs have been able to benefit.

Thanks to Hilary Palmer for her continuing work on Coaching and Training, and in developing a training system for Club Coaches that has to be the best within the National Federation. Thanks also go to Richard Robinson for all his work with the Junior Squad. It is because of the work of Hilary, Richard, Pauline and others that the Association is able to support young competitors from the East Midlands chosen to take part in Training Camps and represent the UK at the very top level of our sport both here and abroad.

Thanks to Pauline Olivant for her work on behalf of Clubs and individual members, especially for the work involved in the Satellite Clubs Project which is fully up and running, for without Pauline's initiative, drive and enthusiasm, together with that of her helpers, the project would not have been so successful.

There is also the co-ordination by Pauline of the very successful Training Day held in Autumn 2009 which enabled Clubs to have more qualified Coaches, Controllers, Planners and Organisers. The Association's Committee is fully in support of the organisation of another Training Day in the coming months. Following the lead of EMOA this method for 'in-house' training is now seen as the most effective way of undertaking the training of Event Officials at national level.

Mike Gardner continues to do sterling work on our behalf in editing the regular editions of EMEWS and, during the year, organised the change from printed posted copies to electronic copies of EMEWS being distributed to members by email. Like all editors Mike needs us to make a positive contribution to the contents of EMEWS and if you can contribute an article or two please do so, the more the better - it is our regional magazine after all!

I previously mentioned the large number of Fixtures within the Region at all levels, particularly at a time when Officers and Club members had to cope with the implementation of the new Event Structure and the subsequent amendments to it at the 2010 National AGM. I have to take the opportunity at this point to remind members that in the spring of 2007, following an initial suggestion from Steve Bones of LOG that there should be a National League to stand alongside the Regional Leagues, that a Four Level Event Structure document written by myself was presented to the Officers of British Orienteering and to Rules Group on behalf of EMOA that literally kick started the Event Structure debate of changing from five Levels of Event to four and which, somehow in the midst of a flurry of documents, emails and meetings, was then changed to the three Level Event Structure that caused the tabling of the resolution at the 2010 AGM. I can only hope that the Event Structure that we now have in place is allowed to bed in and continue to provide successful competition and participation at all levels from Local to Championships.

Ian Whitehead, although fully employed in Pakistan, has continued to oversee events within our Region and has regularly updated the EMOA Fixtures List during the year and acted as the link between the Clubs in our Region and the National Fixtures Chairman Mike Cope and Fixtures Group. To help Ian and Mike, and to help ourselves, I believe that we need to ensure that there is very regular communication between the Fixtures Secretaries of our Clubs, particularly so that there is as good as can be co-ordination of events, especially of Levels 3 and 4. Whilst it is good to have such a range of events available throughout the year, it can be very frustrating to put a lot of work into an event and then discover that there is a clash with another event elsewhere within the Region. Ian does an excellent job at spotting and trying to minimise clashes but we need to help him and ourselves whenever we can. Ideally links with Clubs bordering our Region should also be encouraged, particularly as our position within the UK is such that we are literally surrounded by other Regions hosting events.

In the near future we have the first Midlands Middle Distance Championships taking place at Irchester and early next year the Regional Round of the CompassSport Cup and Trophy at Beacon Hill, followed by the East Midlands Championships at Cademan and Thringstone Woods, with all three being hosted by LEI, and in the autumn of 2011 DVO is hosting the Final of the CompassSport Cup and Trophy at Longshaw. Whilst 2012 may look relatively quiet where major events are concerned, there are major events scheduled in the National Fixtures List in 2013 in our Region - the CompassSportCup and Trophy Regional Round in mid-February, the British Sprint Elite and Age Class

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Championships in late Spring, the British Schools Championships in mid-November and, at some point in the year, the Midlands Championships.

There is a Committee meeting scheduled post-AGM in mid October and there are already plans for the November meeting of the Association to have two main items on the Agenda - namely a review of Development Plans for the future and a complete review of the Association's financial structure and resources.

Finally, a 'Thank You' to all members of the EMOA Committee -they give their time, experience and enthusiasm to the task of ensuring that the Association is there to support the individual members, the Clubs and the work of the Board, Committees and Groups at national level - to use a well known phrase being much used at present - "We are all in this together!"

Ernie Williams

September 2010

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Report from Treasurer

As many of you will know, I have recently taken over from Dave Bennett as Treasurer to EMOA. Many thanks to Dave for his hard work over the last three years and his excellent set of papers.

My ambition for EMOA is to carry out all its financial transactions electronically. It is much quicker and will save the cost of posting cheques. We are now banking with HSBC who provide a free internet service to community groups (no doubt other banks are available!) and a named contact who has been very helpful. I can also pay bills abroad. I have asked John Cooke to put a form on the EMOA website which people can use to claim expenses but in the meantime these can be done by email - I need details of bank account name and number and the sort code.

The annual accounts for the year 2009/10 will be presented to the AGM on 19 September. I am indebted to Roger Edwards for the help he has given me in producing these. We will also have the budget for 2010/11. Now that all the clubs have their own SI equipment, there is no hire levy to EMOA but for this year it has been agreed we will continue with the current event levy. EMOA will be having a meeting in November to discuss its development priorities and finances and your comments from the AGM will feed into this.

Hope to see you at the AGM

Viv Macdonald

viv.macdonald@btinternet.com

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EMOA Coaching Report: September 2009 – August 2010

All four East Midland clubs have excellent programmes of coaching for members and newcomers. Specific exercises and coaching advice are offered as part of the welcome at local club 'events', at separate coaching sessions and at weekly satellite clubs which DVO, LEI and NOC have established.

Whilst there has been funding available from Sport England and other external partners to pay for the services of some coaches, it is widely accepted that, to be sustainable, it is necessary for paid coaches to be replaced by volunteers. Volunteer coaches help each other by working in teams so that single coaches do not become overloaded and so that club members with different levels of orienteering experience can have access to personal advice at coaching sessions.

As more coaching is taking place, more people are coming forward to train as coaches – this is great news for everyone and I hope that more people will come forward to become qualified and to help with the coaching which we offer to our members.

Since September 2009 the following have qualified as Level 1 coaches:

DVO	Chris Moorcroft	NOC	Paul Beresford
Uni. of Derby	Stuart Thomson		Mick Lord
LEI	Simon Ford		Elizabeth Parkinson
	Alison Hardy		Gary Peet
	Mark Hardy		Rhys Roberts
LOG	Michael Nell		Julie Webster
	Karen Williams		Mark Webster

In June 2010 the following completed their L2 coach training and internal assessment and hope to finish their external assessment by Spring 2011:

DVO	Ann-Marie Duckworth	NOC	Lindsey Brown
LEI	Chris Bosley		Rhys Roberts
	Mark Hardy		Roger Smith

Another Level 1 Coach course will be held this year on 20 & 27 November and 11 December: please contact me or Pauline Olivant if you are interested in taking part.

A Level 2 Coach course is planned for early 2011: please contact me if you are interested in this.

Hilary Palmer: EMOA Coaching Coordinator

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Summer Orienteering - Jenny Evans NOC

Many club orienteers believe that summer is the 'off season' for our sport and although this is partly true regarding domestic competitions, there are still lots of opportunities for top quality orienteering.

The first thing that the summer is great for is technique training. I admit that I do not do enough of this type of training in general but that is something that I am trying to change as it is so valuable and essential to move forward in orienteering. This year I was lucky enough to be selected for the inaugural British Orienteering talent coaching camp based in the Cairngorms in Scotland. The focus of the week was physical and technical excellence and concentrated on consistent performance. We did a large variety of exercises planned both by coaches and by ourselves so that we could focus on exactly what we wanted. To be honest I think my technical skill has not improved in several years but after the week I felt like I had improved a huge amount and also received more ideas and gained the potential to get better.

The quiet summer months are also the main competition season for the worlds elite, culminating in the World Championships, this year held in Trondheim, Norway. After my week in Scotland, I was lucky enough to travel to Trondheim to watch WOC and compete in the WOC tour. I had entered 17-18Elite which was very daunting for my first time in Scandinavia and my nerves caused me to make a major error on number 1 on the first day - great start! However I soon started to remember all the things that I had learnt and throughout the week my orienteering and therefore results got much better.

Watching WOC was also very exciting and inspiring and although it taught me how far I have to go it also showed that it can be done. Seeing them making mistakes on the tracking screens was also very reassuring!

I would like to thank EMOA for funding me for my trip to Scotland and helping me to enjoy a summer of orienteering. Hopefully my results next year will reflect the improvement that I believe I have made.

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East Midlands Officials Training Day

Event Officials Training Day - It is hoped to have a single day when we can host a number of EMOA Event Officials Training courses (as we did successfully last year). The date will be Saturday 11th December from around 10:00 to 16:30. The event is planned for Trent University Campus in Clifton, Nottingham.

At this stage the following courses are planned to be held:

- Grade 2 Controllers Course
- Grade 3 Controllers Course
- Planners Course

- Organisers Course
- Mappers Course.

Anyone interested in attending any of these courses should let their club reps know so we can plan for your attendance on these courses. It is intended that there should be no cost to the participants in all of these courses.

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Regional Roadshows

British Orienteering Staff and Directors are taking to the road to visit all 12 Associations and give members an update on current projects within orienteering in the UK. Roadshows will cover the Competition Review, the 4 tier event structure, plans for the future development programme and much more.

All members are welcome to attend. Refreshments including a sandwich buffet will be provided. Roadshows are completely free and all that is requested is that members register their attendance in advance with the British Orienteering National Office. Please email info@britishorienteering.org.uk with your name, membership number, the roadshow you wish to attend and any access and dietary requirements.

The date for the East Midlands road show is Wednesday 20th October

Nottingham-Lecture Theatre C11, Portland Building, University Park Campus, University of Nottingham, Nottingham, NG7 2RD.

(All times are 6.30pm-9.30pm. 6.30pm for buffet, 7.00pm start)

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Rules, Appendices, Event Guidelines & Competition Rules

A summary of changes to the listed documents from British Orienteering's Events Manager Helen Errington July 2010. (This document is for the attention of all Grades of Controllers together with Organisers and Planners)

British Orienteering Rules 2010

No changes to this edition

Appendices

1. Appendix A Control descriptions - update to section 1.3 Issue of Control Descriptions with new section 1.3.3 inserted as a result of BOC 2010.
2. Appendix B Course planning - reworked in most sections.
3. Appendix C Event Officials - section accidentally deleted at last update now replaced (on appointment to grade of Controller).

Section 1.2.1 added word to clarify that this is appointment to the event.

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Section 2.1 has sentence added to each section on who can appoint to the grade of controller.

4. Appendix G Protests & Juries renamed Protests, Juries & Appeals - deleted sections 2.13 & 2.14.

Reworked section 2.2, minor changes to section 3.

New Sections 3.3 & 3.4 on electronic punching and voiding courses - copied from Appendix I.

5. Appendix H changes to section 2.1.1 on Specifications and 2.2.1 Variations.
6. Appendix K New opening sentence. Section 1.2.3 added to M/W16 top year to be ranked.

Section 1.3.5 added M/W 16.

Changed sections 2.1.1, 2.1.3 & 2.2.4, 2.2.6 & 2.2.7.

New section 3 added.

8. Appendix O Embargoed areas and non-competitive runners - previous guidance document on web site now converted into an Appendix. Text remains unchanged.

Event Guidelines

1. Event Guideline F Relays - new.
2. Event Guideline H Ultra long distance events - new.
3. Event Guideline I String courses - previous Guideline Z, now a generic guideline.

All remaining Event Guidelines (a,b,c,d,e,g) have a standard sentence added at the start

This Guideline is only intended to provide advice to Organisers and Planners. No compulsion is intended, and it is accepted that the particular circumstances of an event may make it sensible not to take up all of the suggestions made.

Competition Rules 2011

Now called Competition Rules. Each has an effective date.

Competition Rules A: British Long Distance Championships

Competition Rules B: British Middle Distance Orienteering Championships

Competition Rules C: British Sprint Distance Orienteering Championships

Competition Rules D: British Relay Championships

Competition Rules E: British Night Championships

Competition Rules F: JK Sprint

Competition Rules G: JK Individual Events

Competition Rules H: JK Relays

Competition Rules I: Area Championships

Junior Rules summary of changes.

Competition Rule I - Yvette Baker Trophy

1.2.2 must be in junior age classes M/W18 or under.

2.2.1 Preliminary rounds at level 2 colour coded event in regions

3.1.1 Any area suitable for a level 2 event.

3.2.1 refers to Guideline B.

4.1.1 Course eligibility - light green, orange & yellow standard - 125% of winner

Competition Rule M - Peter Palmer Junior Team Relays

1.1.4 level 2 event for Peter Palmer

1.2.3 added on eligibility for taking part.

Competition Rule O - Junior Inter Regional

Sections given numbers not dots. Not fully renumbered according to existing system but enough to identify areas that change.

Competition Rule P - British Schools Score Orienteering Championships

1.1.3 refers to level 2 events status

2.4 wording altered

5.5.2 added wording

5.8.4 Dave Birkett fund

5.8.5 added reference to levy

Competition Rule Q - British Schools Orienteering Championships

New document & new format.

Competition Rule R - Junior Home International

Dots replaced with numbers. Not full renumbering or formatting.

Helen Errington, Events Manager, British Orienteering, Tel: 01727 842883

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Competition Structure Consultation - Phase 2, May 2010

Questions for the consideration of EMOA Committee

**Response from the East Midlands Orienteering Association to questions 8 to 12
from the Phase 2 Documentation:**

8. Does the association run a regional league?

Yes - EMOA has run a very successful League for many years that has between 14 and 16 events in it spread over the 12 months of each year.

Can you provide a copy of the rules/format that apply please?

Yes (The Information and Rules re the EMOA League for 2010 were copied from the EMOA website and pasted into the document)

9. Does the association go out to clubs to ask for events to be included at regional level? Or is the association proactive in asking clubs to stage them?

The Association has a system whereby Clubs ask for events to be included at Regional Level and these are discussed under the regular Agenda item on 'Fixtures' by the Regional Committee and the Association is also proactive via the Regional Fixtures Secretary and the EMOA Committee in asking Clubs to stage Level 2 and Level 1 Events.

10. Does the association give clubs autonomy in organising club local events (level 3 in the 2009 structure and levels 3 and 4 in the proposed 2010 structure) or does the association coordinate them? On a scale of 0 (no coordination) to 5 (actively promotes coordination) what part does the association play in coordinating local club events?

The Association gives Clubs autonomy in organising local events, many of which are part of long-standing Summer and Winter Leagues that contain a wide range of types of event and out of a scale of 5 the Association would register a 4 in co-ordinating local events via the Regional Fixtures Secretary and interaction between Club Fixtures Secretaries.

11. Does the association try to spread the competitions and events the association is responsible for out across the calendar year or geographically? If so can you provide any guidance you may have or unwritten commonsense rules that you use?

Clubs indicate on a regular basis which events at which level they are intending to put on to the Regional Fixtures Secretary who will then inform Clubs if there are any problems, more often than not clashes of dates, and even these are infrequent, when negotiation between Clubs is expected to resolve any problem or clash. Basically we try to work with common sense and co-operation!

12. There are around 3,000 members participating regularly (5 or more a year) at regional events. If there were regional competitions/events that were spread across the calendar year and geographically around the UK on the basis of around 2 per month (there may be some seasonality) per association, would that fit the needs of the membership?

EMOA will have approximately 18 to 20 League and Regional Events annually - many Local Events will have seven courses White to Brown and more often than not a String Course

if terrain and circumstances permit. Other Local Events numbering dozens per year throughout the Region also take place, sometimes attracting between 40 and 70 participants, and also using SI equipment and providing up-to-date maps printed on waterproof paper. The members of EMOA are very well provided for with a wide range of events throughout the year both within the Region and also in adjacent Regions, being fortunate to be surrounded by other active Regions such as WMOA, SCOA, EAOA and YHOA.

Association Committee members raised the question as what 'Senior Competitors' want? This was specifically addressed as - do they want a programme of events covering the full year or a clearly defined orienteering season? It was resolved to ask that the question be researched and clarified at national level, including the question - should the Age Class Sprint and Middle Distance Championships be held in the Autumn rather than in late Spring/early Summer?

Ernie Williams (Chair, East Midlands Orienteering Association)

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Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance using a Standard Entry Form (SEF); entry on the day (EOD) will usually be limited and more expensive. Cheques payable to organising clubs given at beginning of details, if not specified.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

September

Thu 2nd	EM	LEI	Local	LEI Summer League 22-Burbage (Final)	Burbage Common	EOD	SP446953
Sat 4 th	YH	SYO	Regional	SYO Urban City Race	Sheffield	22/8/10	SK345881
Org: Paul Bradbury Starts 12:00 for prologue, 14:30 on for full race. Entries at www.Fabian4.co.uk £6 / £2 but more expensive nearer the event. 4 courses							
Sun 5 th	EM	LOG	Regional	LOG - Lincoln City Race	Lincoln City	25/8/10 / EOD	SK975711
Org: Sean Harrington - 01522 791344 Starts 10:30 - 12:30. Four courses. £6/£2 for EM members www.logonline.org.uk Entries on www.Fabian4.co.uk							
Sun 5 th	WM	WCH	Local	Walton Chasers Local Event	Sycamore Hill Oldacre Valley	EOD	SJ972181

EMEWS

Sat 11 th	EM	DVO	Local	DVO Local Event	Littlemoor	EOD	SK318564
Org: Paul Wright 01773 856387 Starts 10:30 -12:30; £3/£1 Parking £1 Parking at High Leas Farm on single track road; White. Yellow, Orange and Technical Challenge. No dogs on courses.							
Sat 11 th	WM	OD	Local	OD Tony Haw Charity Score Event Ryton Pools	Ryton Pools Country Park	EOD	SP369725
Sat 11 th	EM	NOC	Local	Come and Try it local event	Bramcote Hills	EOD	SK500384
Sun 12 th	SW	DEVON	Regional	SW Sprint Champs	Exeter University	EOD	SX920940
Sun 12 th	SC	SOC	Regional	SOC Regional Event & SCOA League	Acres Down	EOD	SU255085
Sun 12 th	YH	SYO	Regional	Colour Coded Event	West Haigh & Howell Woods	EOD	TBC
Sun 12 th	EM	LEI	Local	Urban & Ultra Long courses	Ibstock and Sence Valley	EOD	SK407103
Org: Chris Phillips: 0116 2550330. Courses: Ultra Long/Urban Long/Medium/ Plus White / Yellow Starts: 10:30-13:30 £5 / £1							
Sun 12 th	NW	MERO	Regional	MERO Regional Event	Formby Dunes	EOD O:31/08/10	SD276077
Sun 12 th	EA	WAO	Local	WAO Try-O Ferry Meadows	Ferry Meadows, Peterborough	EOD	TL146978
Sat 18 th	SE	SLOW	Regional	SLOW - City of London Race	City of London	EOD	TQ325803
Sun 19 th	YH	AIRE	Regional	AIRE Regional Event	Conistone (Langcliffe & Scargill House)	EOD O:12/9/10 P:09/09/10	SD978711
Sun 19 th	EM	DVO	Regional	DVO Regional Event	Carsington Pastures	EOD	SK243553
Sat/Sun 25/26 th	SW	WSX	Regional	Caddihoe Chase Regional Event	Wareham Forest	EOD	SY895910
Sun 26 th	EM	NOC	Local	NOC Winter League	Burntstump Country Park	EOD	TBC

October

Sat 2 nd /Sun 3 rd	NE	NATO	Regional	October Odyssey Regional Event	Beanley		NU100175
Sat 2 nd	WM	OD	Local	OD Sprint Event (Afternoon) Stoneleigh Park	Stoneleigh Park (National Agricultural Centre)	EOD	SP329712
Sun 3 rd	SE	SO	Regional	SO Regional Event - Eartham Wood & Nor Hill, near Fontwell. SE league & Galoppen.	Eartham Wood & Nor Hill	EOD	SU959099
Sun	WM	OD	Regional	Warwick Urban Race	Warwick	EOD	SP287648

EMEWS

3 rd							
Sat 9 th	YH	AIRE	Regional	AIRE Bronte Double Urban Street Race	Haworth/Thornton	EOD	TBC
Sat 9 th	EM	DVO	Local	DVO Closed Event - Club Championships	Calke Abbey	Club members	SK368227
Sun 10 th	SW	NGOC	Regional	NGOC Regional Event	Knockalls Enclosure, Forest of Dean	EOD O:08/10/10 P:28/09/10	SO540114
Sun 10 th	NW	SELOC	Regional	SELOC Regional Event	Tockholes	EOD	SD664215
Sun 17 th	EM	NOC	Local	NOC Winter League	Holme Pierrepont	EOD	TBC
Tue 19 th	EM	LEI	Local	LEI Winter League	Watermead Country Park	EOD	TBC
Sat 23 rd	EA	SMOC	Regional	SMOC MK O-Sprint & EA League	OU Campus	EOD	SP885375
Sat 23 rd	EM	DVO	Local	Limited Colour Coded Event	Bottom Moor	EOD	TBC
Sun 24 th	YH	EPOC	Regional	EPOC Regional Event	Stoodley Pike	EOD	SD979243
Sun 24 th	EM	LEI	Regional	LEI Midlands Middle Distance Championships	Irchester Country Park	EOD	SP914660
Sun 24 th	SC	TVOC	Regional	TVOC Regional Event	TBC	EOD	SU891941
Sun 24 th	Wale	SWOC	Regional	SWOC Regional Event	Merthyr Tydfil	EOD	SO109142
Sun 31 st	YH	EBOR	Regional	EBOR Cup Event	Ebberston Common and Bickley Forest	EOD	SE900893
Sun 31 st	EM	DVO	Regional	EM League	Stanton Moor	EOD	SK247635

November

Sat 6 th	SC	BAOC	Regional	Senior Home International Relays	Pamber Forest	EOD	SU615615
Sat 6 th	EM	NOC	Local	NOC Local Night Event	Bestwood Country Park	EOD	SK565475
Sat 6 th	EM	LOG	Local	LOG Winter Series 2	Sleaford Town (South)	EOD	TBC
Sun 7 th	SC	SOC	Regional	November Classic Regional Event & SHI Individual	Ironswell	EOD	TBC
Sun 7 th	EM	NOC	Local	EM League	Bestwood	EOD	TBC

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Sun 7th	WM	WRE	Regional	Bury Ditches Regional Event	Bury Ditches	EOD	SO320828
Sun 7th	NW	DEE	Local	Chester City Race	Chester City	EOD	SJ405665
Sun 14th	YH	AIRE	Regional	AIRE Regional Event	Hirst Wood & Shipley Glen	EOD	TBC
Sun 14th	WM	HOC	Regional	HOC Regional Event	Postensplain	EOD	SO743791
Sun 14th	SW	DEVON	Regional	Devon Galoppen	Virtuous Lady	EOD	SW504690
Sun 14th	SE	MV	Regional	Mole Valley South East Families and Veterans	Sheepleas and Effingham Woods	EOD	TQ084515
Sat 20th	EA	WAOC	Local	WAOC Colour Coded Event	Rowney Warren	EOD	TL123403
Sat 20th	EM	LOG	Local	LOG Winter Series 3	Harlaxton College	EOD	TBC
Sun 21st	YH	SYO	Regional	Regional Event	Ecclesall Woods	EOD	TBC
Sun 21st	SE	CHIG	Regional	The Michael Brandon Mitre Regional Event	Paradise Wildlife Park	EOD	TL337078
Sun 21st	SW	BOK	Regional	BOK Regional Event	Moseley Green	EOD	SD631087
Sun 21st	EM	NOC	Local	NOC Winter League	Haywood Oaks	EOD	TBC
Mon 22nd	EM	DVO	Local	DVO Local Event	Shipley Park	EOD	SK432454
Wed 24th	EM	LEI	Local	LEI Winter League Night Event	Sence Valley Country Park	EOD	TBC
Sat 27th	SW	WIM	Regional	Southern Night Champs - Washer's Pit	Washer's Pit	EOD	TBC
Sun 28th	WM	WCH	Regional	WCH Regional Event & WM League	South Sherbrook, Cannock Chase	EOD	SK001167
Sun 28th	EA	SOS	Regional	SOS Regional Event, EA League & Essex & Suffolk Schools League	Hatfield Forest	EOD	TL547203
Sun 28th	YH	CLARO	Regional	Colour Coded Event	Yorkshire Showground & Hookstone Woods	EOD	SE321541
Sun 28th	EM	LEI	Local	EM League	Burbage Common	EOD	TBC