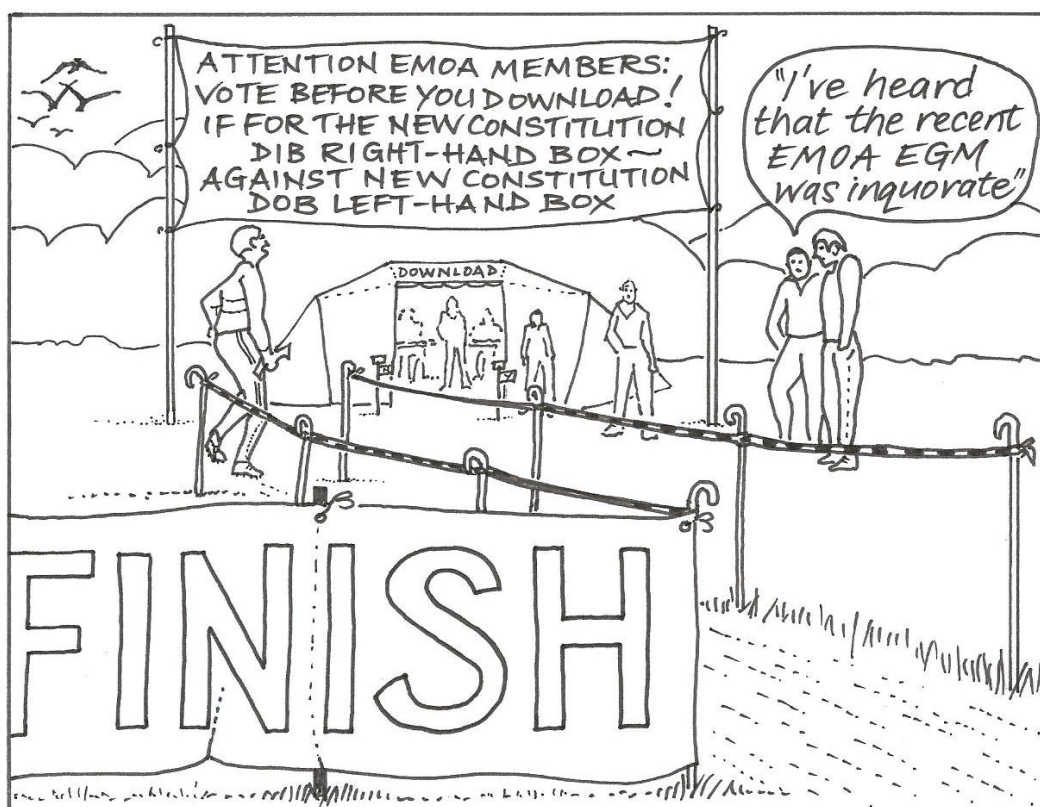


THE NEWSLETTER
of the
EAST MIDLANDS ORIENTEERING ASSOCIATION

JULY - AUGUST
2012



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EMEWS

EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

Posts Vacant: Vice-Chairman; Secretary; Development Officer

Please can someone step forward for these roles on the EMOA Committee

East Midlands website: www.emoa.org.uk

Copy Date for next issue: **22nd October 2012 for next EMEWS**. Contributions are always welcome but especially by e-mail (mikegardvo@sky.com).

Cover - Thanks again to Ernie Williams for his cover which he explains in the newsletter.

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EMOA Committee Meeting Report - July 16th 2012

EMOA EGM: Unfortunately the EMOA AGM that was to be held at the NOC Urban event was inquorate, so the formal changes to the constitution were not approved. These need to be approved in order for the new constitution to be in force for the AGM.

It was agreed that an EGM would be held directly before the AGM (see AGM agenda elsewhere in this EMEWS).

Treasurer's Report: EMOA Membership figures - 2012

	Members	Units
2010	1056	Not known
2011	838	477
2012	802	464

Treasurer's Report: EMOA Income from Events figures - 2012

	Total No of runners	Income	Seniors	Juniors
2009/10 - 19 events	4912	1100	3614 (74%)	1298 (26%)
2010/11 - 23 events	4932	992	3605 (73%)	1327 (27%)
2011/12 - 22 events	4973	963	3675 (74%)	1298 (26%)

Treasurer's Report: Budget / Levies and Fees: Given that the committee agreed the high level budget proposed by the treasurer the levies and membership fees were discussed. It was agreed to propose to the AGM to keep the EMOA membership fees at:

£3 - Senior

£1 - Junior

£5 - Family

It was agreed that of the levy options proposed that for next year there would be no EMOA event levy for any level D events. For level B and C events the levy would remain the same but that the £25 discount before levy was paid would be removed

The funds are required to support all the development projects in the EMOA Development Plan that was published in a previous EMEWS.

Grant Applications: An article on the criteria for grant applications will be created and shared on the EM website. It is recognised that other bodies are cutting back on funding so may need to put more in our budget for grants in the future, but may need to limit payments to one per applicant per annum, but at this stage will still review on an application by application basis.

Feedback on Development Conference: Randal Macdonald provided feedback on the EMOA Event Officials conference. The main points were:

- Beginner Planners / Controllers need a separate event as part of the development day - this event should be kept for experienced officials
- Should ideally be separate activities for planners / controllers / mappers
- It would be good if could have this event on same day as the development day
- It did demonstrate the need for this sort of event

The 2012 rules booklet has been distributed to controllers and planners at most clubs.

It is recommended that all officials read the articles by Barry Elkington. (Go to http://www.britishorienteering.org.uk/page/handbook_mapping and see articles per course by Barry Elkington).

BO Budget: There is no longer finance available from UK Sport. Sport England will only provide funding aimed at increasing participation. There is therefore no money in the BO Budget unless it comes via income. The budget is planned to spend more on training and volunteers, but will also provide some funding to support elite athletes.

Governance Action Plan: The Governance Action Plan means that British Orienteering must do things in line with Sport England directives. This includes that BO Directors must include 1/3 of their members as independent directors (It is proposed at this stage that an independent director should be one who has not been involved in the national governance structure, including the Board, or any national committee or group). In addition it is proposed that at least 25% of the Board must be male, and at least 25% must be female).

Limelight Proposal: Limelight are a commercial firm, and Sport England are insisting that participation must be driven forward and they expect BO to take on someone (ideally Limelight) to drive forward participation. It is probable that if BO don't go this way the funding for participation will still go to Limelight but with no input from BO (and we could lose control of how we integrate participation in to orienteering). If this happens we may get no further funding or support from Sport England which could eventually lead to no sport of orienteering as we know it now.

Urban League: The first Urban League event took place and had a lot of good feedback. It was agreed that the trophies are only for eligible EM members. Next year events are being planned and DVO have already allocated 2 events for next year.

Future Events - The following future events are planned for the Region:

- 3rd November 2012 - It has been agreed that LEI will host Midlands Night Champs and this is now being planned.
- 3rd February 2013 - Midland Champs - Sherwood Forest.
- 17th February 2013 - British Club Champs / Compass Sport Cup Round - Fineshade Woods.
- April 20th 2013 - British Sprint Champs - Loughborough University
- April 21st 2013 - British Middle Champs - Stanton Moor - site visit taken place.
- 7th July 2013 - Yvette Baker Trophy Final - LOG to host at Belton - site visit taken place.
- November 2013 - British Schools Championships - DVO will host at Shipley Park.
- JK 2014 - Correspondence has now taken place with Helen Errington who is even co-ordinator. They would like EM help. Now awaiting information on how best they can get us involved.
- 27th February 2016 - British Night Championships - LEI have now been allocated this date provisionally

AGM Officials - We desperately need all of the key roles to be filled after the AGM. We need a Chairman, Vice-Chairman, Financial Secretary, Development Officer and Minute taker roles to

EMEWS

be filled. We should have Financial Secretary but most of other roles are required. Please, please could we have some volunteers to fill these roles on the committee.

EMOA Committee Meetings - The venue for the next meeting will be Clifton Church Hall, Pace Room on 22nd October 2012 at 7:30pm (following on from AGM at same venue on 17th September).

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National Forest Report

The National Forest Trail is hopefully to be created shortly as a 6 month contract has been advertised of the work of creating the trail.

There is potentially a large, new area in Leicestershire, on the borders of South Derbyshire. It is yet to be named but is about 200 acres and contains 2 blocks of mature woodland with the centre to be in-filled by new plantings and some open glades to preserve the long views to be had in many directions. It is rolling countryside with enough uphill to break into a sweat and with 2 streams and a pond and wet bottoms. Hopefully within 5 years it should be capable of hosting district events.

The Princess Royal officially opened, the now called, "Queen Elizabeth II Diamond Jubilee Wood" which is even larger and also adds to existing mature woodland and should sustain large events.

Roy Denney

The 48th East Midlands Orienteering Association AGM

<p>Notice is hereby given that the Annual General Meeting of the East Midlands Orienteering Association will be held at 7.30pm on Monday 17th September 2012 at the Pace Room, St Mary's Church, Clifton Village, Nottingham</p>

Note: The AGM will be preceded by an EGM to agree the constitution changes.

AGENDA

1. Apologies for absence
2. Approval of minutes of last AGM October 17th 2011
3. Chairman's Report
4. Secretary's Report including activity statistics
5. Treasurer's report including membership numbers and presentation of accounts
6. Approval of Balance Sheet and Income and Expenditure Statement

7. Election of Principal Officers

- Chairman
- Vice chair
- Financial Secretary
- Development Co-ordinator

8. Appointment of Independent Financial Advisor

9. Budget projections for coming year to 30.6.2012 and recommendations for membership fees, equipment rental fees and event levies (Treasurer)

10. Fixing of charges

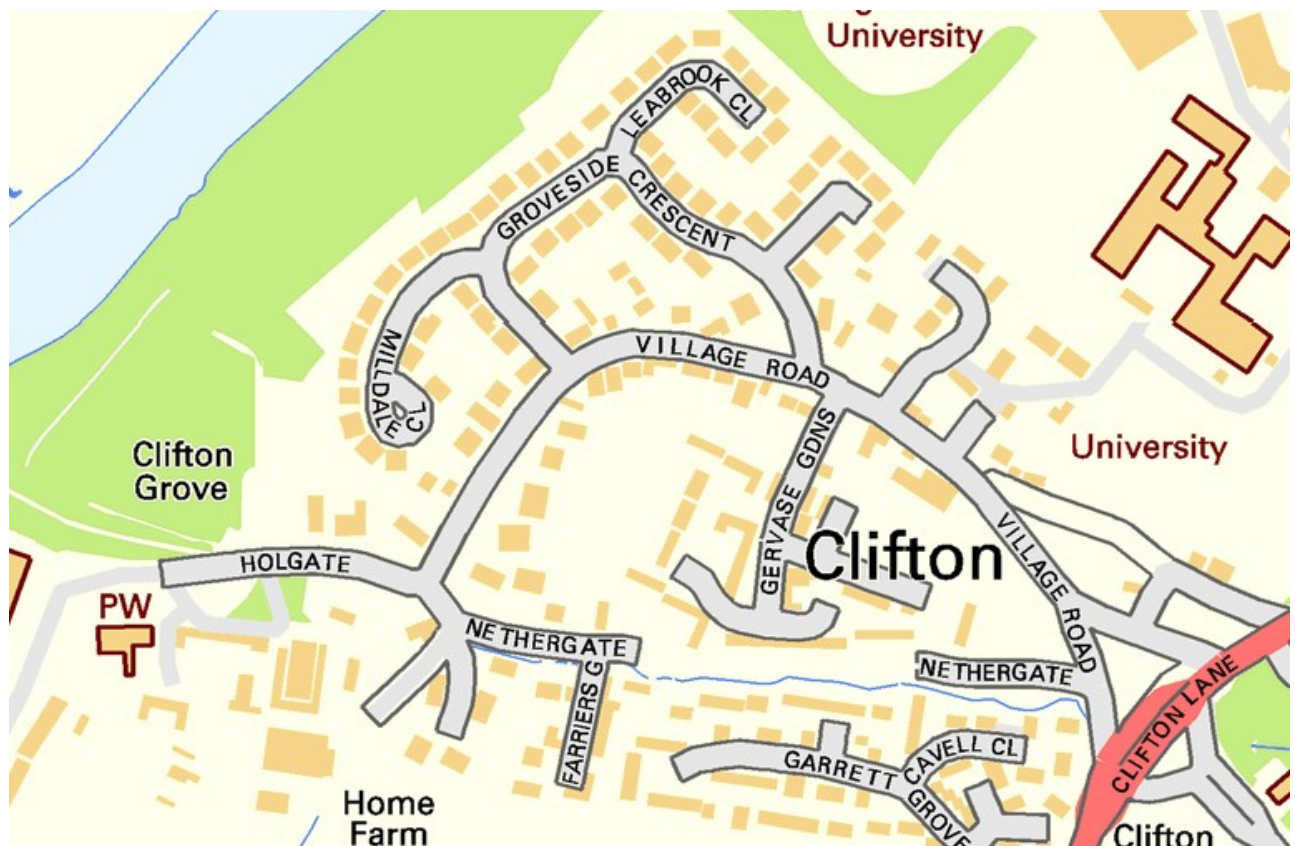
- Membership fees
- Event Levies
- Electronic equipment rental fees (formal agreement that no longer required)

11. Plans for the coming year (Chairman)

12. Close of formal meeting followed by open discussion

Tea and biscuits will be provided

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Location: Turn off A453 in to Nottingham (Clifton Lane) and follow Village Road in to Clifton village. Keep following the main road to Holgate and Church is at the end of the road (PW on map). You may need to park on the road.

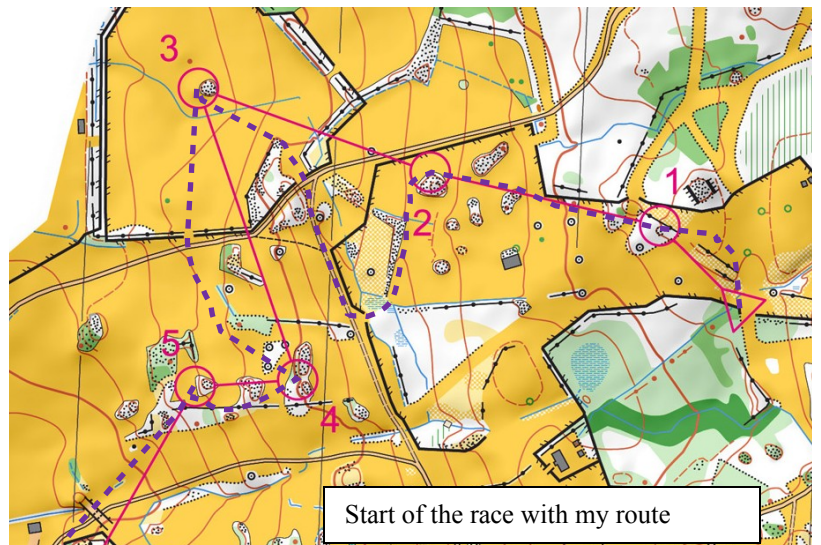
The Pace Room is round the back of the church, just follow footpath around the church.

European Orienteering Championships - Sweden

So here I was, on the start line of my first A Final of a senior international race, after scraping through the qualifier by two seconds, with GPS on back and TV camera pointing in my face; the pictures being beamed back to the race arena, on to the internet, and live to TVs across Sweden. Plenty of map geeking had been done; debating with the rest of the British team just where the start would be and where the courses may go and I was stood waiting to start close to one of the places we thought the start may be. The terrain for the sprint was described in the details as 'unique'. The start was at the top of a meadow area used for cross country skiing. We had a copy of the 1:10k map before the race which displayed a steadily sloping open area with wooded rocky knolls of various sizes and a number of skiing bridges but just how this would look on a 1:4k sprint spec map was not clear. This was certainly nothing like the standard city centre or university campus type sprint race we are used to at home.

I saw the first 3 starters go off and saw them turn left after the start kite, its rare you get to see earlier starters make decisions from the starts in the international races. As the seconds ticked towards my start time, I put the TV cameras and race arena out of my head. My plan was simply to find the start and first control on the map and concentrate on hitting it cleanly, although I was still a little apprehensive about what the first part of the course would look like, this wasn't clear from the view I had at the start.

I was off and before I knew it I was passed the point where the previous 3 runners had turned. I kept calm simplified the two rocky copses and uncrossable fence on my right and looked towards the copse where my control should be; there it was. Control 2 was a lot simpler running through the meadow parallel to an uncrossable fence to another rocky copse. I was now confident with the map and terrain and the next few legs were more about choosing which way around a variety of



shapes of uncrossable fences to run than about intricate navigation so I pushed harder at this point. Soon enough I was out of the skiing area and into a small holiday park, I kept things simple and was soon bearing down on the arena for the map exchange.

This was the next section I was slightly apprehensive about as the prerace details of the map exchange were vague; where do I drop my map? and more importantly where do I pick up my next one? I couldn't help but notice the mass of noise as I closed in on the arena; a wall of people sat on the steeply sloped terrace of a ski jump arena. I veered off to the right from the arena run in for the second half map but it still wasn't clear where to drop and pick up the maps. Suddenly an official ahead was indicating to drop my map and I then made my way up the

steep steps. As I got to the half way platform on the steps I looked up from watching my feet and caught glimpse of the map box on my right and I quickly snatched my second part map. Many others went on to lose a few seconds here by not seeing the map.

The second half was technically very easy. It was all about the best route choice around large leisure centre type buildings although there were a few seconds to be had for those that choose all the optimal routes. I didn't get all the optimal routes but was fairly happy with my routes on the whole. This time entering the arena I could enjoy it a bit more and soak up the atmosphere; a mass of cheering people on my left and a giant TV screen on my right as I sprinted down the run in towards the foot of daunting ski jump behind. The good thing about having an early start was that the crowd were waiting for action so they were still cheering everyone loudly that passed though as well as that I had been given some good air time on the live TV. Even my family back home, who are all none orienteer, had been able to follow the live TV coverage over the internet; I am told the coverage was excellent.

After my race and warm down I had chance to join the crowd and watch the rest of the race on



the big screen. As well as watching the runners through the race arena and on the TV at the start there were a number of other TV points, I had obviously managed to totally put these distractions out of my mind. As well as this there was Swedish and English commentary, live GPS analysis and showing of route choices. There was British success in the race with Scott Fraser finishing on the podium in 5th but the loudest cheers were saved for Jonas Leandersson, the surprise Swedish winner. Whoever says orienteering is not a spectator sport is plain wrong, the

atmosphere and coverage at the Sprint Final were excellent with the Swedes doing a superb job. I can think of plenty of Olympic sports that are far duller from a spectator point of view than orienteering. If the Scots can put on anything like the races at WOC in 2015 it will be a fantastic spectacle and could provide great publicity for the sport. Maybe we could even see it on British TV?

I didn't place particularly well, 45th out of the 51 runners and missed out of the A final in the middle by 3mins but I knew I still wasn't in the shape I could be in and frankly just qualifying for one A Final at the European Championships was the goal I set myself. I am told EOC is much tougher competition than the world champs. So I achieved my goal, I had a solid run in the final and managed to focus on the race and not lose focus during the race by the main outside factors going on and for those things I was happy.

Richard Robinson

EMEWS

East Midlands Junior Squad News

The last few months have been a busy time for many of the Junior Squad Athletes with squad activities, selections races and of course the Junior Inter Regional Championships. A number of juniors from the squad have been selected for summer tours. Congratulations to all the juniors who will be going on the Junior Regional Orienteering Squad (JROS) summer activities:

- Euan Tebbut (LEI) - Under 15s tour to Lagganlia
- Nathan Lawson (DVO) - Under 17s tour to Scotland
- Nick Malbon (NOC) - Under 17s tour to Scotland
- Ben Beresford (NOC) - Under 19s tour to Stockholm, Sweden
- Harriet Lawson (DVO) - Under 19s tour to Stockholm, Sweden

Details of recent activities as well as further squad details are provided below.

Junior Inter Regional Championships

This year's annual races between the twelve regional teams of the UK were being hosted by the East Anglian Orienteering Association in northern Norfolk. A team of 18 (with all four EMOA clubs represented) travelled from the East Midlands with no fewer than eight making their debuts for the team at the JIRCs including five of the eight ladies. The W16s were particularly decimated by a number of team being unavailable but luckily Nicola Northcott, a W14, was willing to help out the team by running up to W16 as two score points in each of the six categories. The full team was as follows:

<u>W14</u>	<u>W16</u>	<u>W18</u>	<u>M14</u>	<u>M16</u>	<u>M18</u>
Bella Williams - LOG	Hannah Cox - LEI	Amy Kimberley - DVO	Finn Lydon - LEI	Nathan Lawson - DVO	Ben Beresford - NOC
Gabriel Rawlinson - LEI	Nicola Northcott - DVO(W14)	Harriet Lawson - DVO	Louis Forshaw- Perring - DVO	Rowan Lee - NOC	Matthew Cox - LEI
		Victoria Littlewood - NOC	Euan Tebbut - LEI	Nick Malbon - NOC	Jordan Webster - NOC
			Nicky Wilson - LEI	Will Parkinson - NOC	

The individual races were held at Sandringham. Result of the day came from Ben Beresford who showed just why he has been selected for summer tour with 3rd place on the M18, while unfortunately Nathan Lawson suffered an injury although despite this and being down the results from recent races still managed to finish, although this did put him out of the following days relay. Overnight the Men lay in 5th spot with the women in 8th; overall the regional were in 8th spot. Sunday morning it was back to Sandringham for the relays. The relays comprise of spate men's and women's races with each team comprising a team of a 16, 14 and 18; ran in that order with two teams from each region to count. Run of the day from East Midlands was surely from Hannah Cox, who has only been orienteering a short time but already showing lots of promise, coming back on first leg in 3rd place. Bella on 2nd leg also put in a strong run to bring

the team back in 2nd. Mean while on the men's after two legs things were also looking promising for the east Mids with teams lying in 5th and 6th (the only region with 2 teams in the top 6 at this point) thanks to good runs from Nick M and Euan on one team with Will and Finn on the other. Ben B managed another solid run to bring the first Men's team in 6th place with the second team dropping to 19th. The women's' teams finishing in 11th and 23rd. These results placed the Men 6th overall in the relay and 8th in the Women's with the same positions overall for Men and Women for the weekend. The relay results lifted the team up to 7th overall for the JIRCs, equalling the result from last year. One of the most pleasing things though was the number of great performances particularly in the relays from the younger team members which shows promise for good things in the future.

Recent Activities

Crich Chase

On the 26th of May a small group of East Midlands Juniors, depleted by exams, had a training day on Crich Chase on a warm sunny day (a rarity this summer!). Exercises included practicing pacing, compass and control picks before finishing with an odds and evens relay.

Forest of Dean

On 27th and 28th April the Squad headed down to the Forest of Dean. The Squad joined the Welsh Junior Squad, who's coaching team planned the day's activities, for training Saturday afternoon. After an overnight stay in a local village hall the squad headed to the BOKTrot event Sunday morning. Top results were Ben Beresford - 4th and first Junior on the Short Brown, Matthew Cox 15th and 5th Junior on Blue, Finn Lydon - 5th and first male Junior on Green, Louis Forshaw-Perring - 2nd Light Green, Gabriel Rawlinson - 5th Light Green, and Hannah Cox - 6th Light Green

Who's in the Squad

A number of people have asked me recently who is in the squad. Well here is a list of the current squad members. We regularly review who is in the squad with the summer as the main time for looking at inviting new juniors to join the squad where they are gaining the appropriate standard. We do also remove juniors from the squad; though this is generally as juniors become less interested in the sport and/or squad activities as does unfortunately seem to occur regularly within orienteering:

W14s

Bella Williams - LOG
Charlotte Webster - NOC
Eleanor Cooley - NOC
Gabriel Rawlinson - LEI
Jess Beresford - NOC
Nicola Northcott - DVO

W16s

Hannah Cox - LEI
Hannah Horsewill - NOC
Hannah McNab - LOG
Jessica Selby - DVO

W18s

Amy Kimberley - DVO
Harriet Lawson - DVO
Sophie Gordon - DVO
Victoria Littlewood - NOC

M14s

M16s

M18s

EMEWS

Benedict Harwood - NOC	Ben Moore - NOC	Ben Beresford - NOC
Euan Tebbut - LEI	Jack Lord - NOC	Jordan Webster - NOC
Finn Lydon - LEI	Jack Smith - NOC	Matthew Cox - LEI
Jack Wickham - NOC	James Gath - LEI	Matthew Green - NOC
Joe Uprichard - DVO	James Mellor - NOC	
Louis Forshaw-Perring - DVO	Nathan Lawson - DVO	<u>M20</u>
Nicolas Wilson - LEI	Nick Malbon - NOC	Samuel Horsewill - NOC
Simon Warrener - NOC	Rowan Lee - NOC	
	Simon West - LEI	
	William Parkinson - NOC	



How to get in the squad

There is no specific selection criteria for the squad although the general indicator, particularly for M/W14s is for a strong orange standard and looking to progress to light green or already able to successfully complete light green courses. All EMJOS training activities are planned at Light Green and Green standard so it is imperative that the juniors are able to looking at light green as a minimum standard. For older Juniors that are going into the sport we would generally be looking at strong light green performances or above. The coaching team keep an eye out for results for Juniors that may be of standard that are not currently in the squad that perhaps should be but it is difficult to notice all Juniors' results with so many races across the region. At the end of the summer we will be looking to invite the M/W12's that are showing strong results to join the squad but if you feel that you, one of your children, or someone in your club is of the correct standard and should be in the team I am more than happy to hear from you.

Have a good summer and the new squad programme will be out in the next EMEWS.

Richard Robinson - EMJOS Lead Coach

Squad Website: <https://sites.google.com/site/eastmidsjuniororienteers/>

EMEWS

East Midlands League - 2012

The 2012 East Midlands League is well underway and we have 7 events still to go. We have now included the Short Green in the League. Below is the list of events that are still to take place, followed by the current League standings.

9th Sept - Longshaw (DVO) 21st Oct - Byrons Walk (NOC)
28th Oct - Carsington (DVO) 4th Nov - Spring Cottage (LEI)
11th Nov - Wellow (NOC) 23rd Dec - Walesby (NOC)
30th Dec - Beacon Hill (LEI)

The events labelled in the table are as follows:

1 = Shining Cliff 2 = Blidworth 3 = Welbeck 4 = Thieves Wood
5 = Lindop 6 = South Common 7 = Ratby 8 = Riber / Bow Woods
9 = Thoresby North 10 = Bradgate Park 11 = Allestree Park 12 = Burbage Common

White Course - Boys/Men

Forename	Surname	Club		1	2	3	4	5	6	7	8	Best 8	
Tom	Cooley	NOC	10	1000-1	1000-4	1000-6	793-7	917-8	781-9	1000-11	1000-12	7491	1
Ben	Hardy	LEI	10	898-2	524-3	835-5	1000-7	1000-8	1000-10	900-12		6157	2
Finlay	Lowthian	NOC	10	816-3	525-4	464-5	672-8	245-9	488-10			3210	3
Ivan	Smith	DVO	1	401-5	357-7	563-8	254-9	548-10				2123	4
Oscar	Wilkinson	DVO		1000-5	949-10							1949	5
Benjamin	Squire	NOC	10	813-2	1000-3							1813	6
Harrington	Leake	LEI	1	592-3	926-5							1518	7
Ben	Nash	NOC	10	460-4	1000-9							1480	8
Ben	Bishop	LEI		536-10	612-12							1148	9

White Course - Girls/Ladies

Alexa	Lindsay	DVO	10	769-1	1000-2	838-5	1000-7	686-9	615-10	918-11	816-12	6642	1
Ngaia	Herd	LEI	10	738-2	1000-3	676-7	1000-11	853-12				4267	2
Hannah	Mather	LOG	5	761-2	497-4	711-5	587-9					2556	3
Ailith	Smith	DVO	10	502-1	485-5	746-7	294-9					2027	4
Emma	Wright	NOC	10	1000-4	998-9							1998	5
Sophie	Vincent	DVO	10	969-2	1000-8							1969	6
Sian	Edwards	LEI		953-7	1000-12							1953	7
Monika	Dent	DVO	10	642-1	1000-5							1642	8
Alice	Crane	DVO	9	509-4	929-8							1438	9

Yellow Course - Boys/Men

Benjamin	Mather	LOG	10	756-2	928-3	927-4	966-5	1000-6	1000-8	1000-9	1000-11	7577	1
Samuel	Davis	DVO	10	824-1	1000-3	685-4	717-5	1000-7	862-8	902-11	1000-12	6990	2
James	Bedwell	DVO	1	901-1	979-5	621-7	778-8	906-10				4185	3
Euan	Blair	DVO	1	1000-1	1000-5							2000	4
Ewan	Jones	DVO	1	841-1	900-5							1741	5
			2										

EMEWS

Yellow Course - Girls/Ladies

Rachel	Duckworth	DVO	10	1000-1	1000-2	1000-3	1000-4	1000-5	1000-6	1000-8	1000-9	8000	1
Reed	Lydon	LEI	10	736-2	592-6	1000-7	980-8	467-10	927-11	614-12		5316	2
Holly	White	LEI		886-4	804-10	1000-12						2690	3
Elizabeth	Bedwell	DVO	14	684-1	926-10							1610	4
Hazel	Williams	LOG	10	866-1	685-2							1551	5
Jodie	Wright	NOC	12	631-2	790-4							1421	6
Daisy	Herd	LEI	12	669-2	661-5							1330	7

Orange Course - Boys /Men

Ethan	Tebbutt	LEI	12	895-1	1000-2	1000-4	982-5	1000-6	935-7	1000-11	1000-12	7812	1
Jamie	Lowthian	NOC	12	883-3	939-4	1000-5	1000-7	1000-8	1000-9			5822	2
Fraser	Ridgway	NOC	12	1000-1	769-2	343-4	726-7	455-9	671-11	382-12		4346	3
Cameron	Ridgway	NOC	16	385-1	242-2	513-4	748-7					1888	4
James	Peet	NOC	12	760-2	857-4							1617	5
John	Cooley	NOC	55	485-4	593-7	490-8						1568	6
Alistair	Hart	NOC	14	649-2	469-4							1118	7

Orange Course - Girls /Ladies

Sarah	Duckworth	DVO	12	1000-1	904-2	1000-3	1000-4	1000-5	1000-6	1000-8	1000-9	7904	1
Imogen	Wilson	LEI	12	1000-2	877-3	897-4	808-5	1000-7	922-9	962-11	1000-12	7466	2
Eleanor	Cooley	NOC	14	715-1	866-2	906-4	852-6	777-7	650-8	760-9		5526	3
Daisy	Herd	LEI	12	719-3	849-7	654-11	791-12					3013	4
Elizabeth	Bedwell	DVO	14	961-3	847-5	574-8						2382	5
Charlotte	Webster	NOC		610-9	778-11							1388	6
Maria	Lockie	RAFO	16	639-3	431-9							1070	7
Kathryn	Spendlove	DVO	45	490-2	565-4							1055	8

Light Green Course - Boys /Men

Alexander	Ridgway	NOC	14	722-2	676-4	858-7	491-8	760-9	1000-11	644-12	5151	1
Louis	Forshaw-Perring	DVO	14	1000-1	960-2	985-5	1000-7	1000-8			4945	2
Joe	Uprichard	DVO	14	974-1	746-4	661-5	699-7	669-8	1000-9		4749	3
Nicholas	Gordon	DVO	16	494-1	451-2	588-4	771-5	567-9	629-10		3500	4
Tom	Barber	LEI	14	733-4	929-7	784-9	1000-12				3446	5
John	Pickles	NOC	60	475-1	659-2	853-4	726-7	578-9			3291	6
Tom	Theobald	RAFO	16	989-3	888-9	1000-10					2877	7
Michael	Theobald	RAFO	16	962-3	868-9	970-10					2800	8
Peter	Chick	LEI	65	640-2	1000-6	838-7					2478	9
Chris	Brown	NOC	40	805-2	962-4						1767	0

Light Green Course - Girls /Ladies

Hannah	Cox	LEI	16	1000-3	980-4	1000-5	1000-7	984-8	1000-10	1000-11		6964	1
Alison	Hayes	DVO	45	836-2	821-3	665-5	790-7	608-9	443-10	526-11	838-12	5527	2
Nicola	Northcott	DVO	12	885-1	834-2	715-10	700-11	1000-12				4134	3
Elaine	Smith	NOC	55	1000-2	1000-4							2000	4
Lorraine	Jackson	DVO	45	669-5	1000-8							1669	5
Lindsey	Brown	NOC	50	924-2	738-4							1662	6
Jane	Burgess	DVO		934-1	625-11							1559	7
Claudia	Smith	NOC	18	678-2	807-4							1485	8
Elizabeth	Bedwell	DVO	14	476-11	968-12							1444	9
Christine	Smith	BAOC	45	575-1	807-2							1382	0

Short Green Course - Boys /Men

EMEWs

Ernie	Williams	LEI	70	814-1	968-2	1000-3	927-4	1000-5	1000-6	878-7	970-11	7557	1
David	Parkin	DVO	75	1000-1	928-2	908-4	1000-7	1000-9	1000-10	987-11		6823	2
Tony	Buckland	NOC	75	854-1	857-2	762-3	1000-8	863-9	820-10			5156	3
Roger	Keeling	DVO	65	563-2	535-4	657-6	722-7	630-8	526-10	610-11		4243	4
Tony	Berwick	DVO	75	658-1	734-2	964-5	799-8	541-9				3696	5
Brian	Ward	DVO	75	585-1	691-7	649-9	628-10	754-11				3307	6
John	Brown	DVO	55	343-1	570-2	534-4	890-5	805-8				3142	7
Eric	Porter	LEI	65	695-4	879-6	859-7						2433	8
Chris	Phillips	LEI		626-7	644-10	1000-12						2270	9
John	Cooke	DVO	65	746-2	634-4	691-8						2071	0

Short Green Course - Girls /Ladies

Pauline	Ward	DVO	65	1000-1	1000-7	1000-8	1000-9	1000-10	1000-11	1000-12		7000	1
Barbara	Tebbutt	LEI	45	761-2	704-4	716-5	707-6	873-7	806-8	766-11	641-12	5974	2
Molly	Smith	LEI	65	459-1	707-2	1000-3	662-4	674-6	659-7	773-10	897-11	5831	3
Jen	Gale	DVO	65	828-2	945-3	737-4	701-5	770-6	660-7	645-12		5286	4
Diane	Ford	LEI	65	909-3	640-4	694-6	599-7	712-11				3554	5
Hannah	McNab	RAFO		911-3	776-6	596-10	709-11	451-12				3443	6
Jean	Hall	DVO	65	594-1	863-5	957-7	991-8					3405	7
Karen	Bedwell	DVO		365-1	420-5	569-7	520-8	598-10	528-11	393-12		3393	8
Helen	Finlayson	DVO	65	940-4	1000-5	964-9						2904	9
Sue	Porter	LEI	65	728-5	1000-6	768-8						2496	0

Green Course - Boys /Men

Dave	Skidmore	DVO	65	1000-1	993-2	881-5	1000-6	948-7	938-8	980-9	889-12	7569	1
David	Bray	LEI	55	888-1	892-2	910-3	901-4	954-7	904-8	985-9	1000-12	7414	2
Peter	Leake	LEI	70	925-1	1000-4	986-7	984-8	977-10	1000-11	980-12		6852	3
Finn	Lydon	LEI	14	869-2	947-5	869-7	917-8	1000-10	858-11	968-12		6428	4
Nicholas	Wilson	LEI	14	735-2	676-4	754-5	724-7	792-8	812-9	716-11	996-12	6205	5
David	Anderson	LEI	7	908-2	774-3	952-7	773-8	1000-9	877-12			5284	6
Jeffrey	Baker	LOG	60	940-3	835-4	814-5	805-8	915-10	751-11			5050	7
Euan	Tebbutt	LEI	14	876-1	729-2	764-4	885-5	894-7	873-8			5021	8
Laurie	Fluck	LEI	65	636-2	667-3	660-4	575-5	619-6	559-7	595-8	607-11	4918	9
Matthew	Cox	LEI	18	844-3	645-4	802-5	872-7	721-8	990-9			4874	0

Green Course - Girls /Ladies

Jane	Booker	NOC	55	840-1	1000-3	833-4	753-5	928-7	863-9	1000-10	1000-12	7217	1
Rachel	Davis	DVO	45	786-1	843-3	831-4	870-7	811-8	825-9	922-11	897-12	6785	2
Ruth	Ellis	DVO	60	857-3	734-4	844-6	927-7	835-8	818-9	734-11	964-12	6713	3
Helen	Parkinson	NOC	45	789-1	623-2	867-4	784-6	902-8	820-9	918-10	839-11	6542	4
Oonah	Ridgway	NOC	50	661-1	571-2	651-4	800-7	723-8	633-9	776-11	782-12	5597	5
Joanna	Goodhead	DVO	14	635-2	815-3	934-4	795-8	903-9	697-11	747-12		5526	6
Maria	Roberts	NOC	45	643-1	506-2	682-5	748-6	723-8	677-10	667-11	618-12	5264	7
Wendy	West	LEI	45	416-2	473-3	621-4	479-5	696-6	692-8	846-10	655-11	4878	8
Margaret	Keeling	DVO	65	711-2	909-4	833-5	905-6	959-10				4317	9
Trudy	Crosby	LOG		836-1	790-7	770-9	771-10	852-12				4019	0

EMEWs

Blue Course - Boys /Men

Glynn	Smith	LEI	65	1000-1	1000-2	955-4	1000-5	932-6	959-7	922-10	886-12	7685	1
Roger	Edwards	LEI	60	843-2	960-6	985-7	956-8	1000-9	945-10	952-11	1000-12	7641	2
Paul Dai	Murgatroyd Bedwell	LOG DVO	45	873-1 849-1	948-3 844-3	966-4 757-5	791-5 795-7	944-7 821-8	868-8 828-9	917-9 860-10	940-11 857-11	7247 6611	3 4
Derek	Gale	DVO	65	727-1	889-2	784-3	914-4	827-6	770-7	887-10	795-12	6593	5
Clive	Street	LOG	55	817-1	985-2	974-4	873-5	1000-6	824-8	970-9		6443	6
Ian	Wilson	LEI	45	727-1	841-2	807-3	727-5	790-7	743-8	801-9	832-11	6268	7
Simon	Ford	LEI	65	974-2	1000-3	867-4	934-5	896-6	838-8	748-11		6257	8
Robert Paul	Haskins Hudson	LEI NOC	60 50	662-1 744-1	754-2 699-3	869-3 729-4	860-4 757-5	764-5 749-6	767-7 772-7	769-8 697-8	804-9 710-11	6249 5857	9 0

Blue Course - Girls /Ladies

Tanya	Taylor	LOG	40	766-1	794-3	818-4	669-5	1000-6	745-7	734-8	909-10	6484	1
Ursula	Williamson	LEI	50	672-1	740-2	881-6	788-7	843-9	673-10	719-11	853-12	6169	2
Tracey Liz	Brookes Godfree	LEI DVO	45 60	713-2 1000-2	785-4 1000-3	751-5 1000-4	832-6 1000-5	750-7 1000-10	766-8 1000-11	807-9	764-12	6168 6000	3 4
Harriet	Lawson	DVO	18	931-1	980-2	955-7	871-10	1000-12				4737	5
Trish	Lydon	LEI	40	832-3	876-6	566-7	737-8	771-10	582-11			4364	6
Joanne	Nell	RAFO	45	756-4	963-6	821-7	1000-9	780-10				4320	7
Kim	Buxton	DVO	50	785-2	753-3	785-7	893-9	705-12				3921	8
Liz	Heaton	LEI	21	531-1	523-2	562-3	512-5	647-6	563-7	479-10		3817	9
Alison	Hardy	LEI	45	846-3	880-7	1000-8	904-12					3630	0

Brown Course - Boys /Men

John	Duckworth	DVO	45	887-1	947-2	915-3	1000-4	1000-5	1000-6	1000-8	1000-9	7749	1
Steve	Green	NOC	55	720-1	904-2	766-3	870-4	968-7	760-8	735-9	801-11	6524	2
Peter	Helme	BAOC	35	685-1	726-2	844-3	751-4	808-6	910-7	908-10	786-11	6418	3
Richard	Parkin	DVO	40	682-1	807-2	809-4	915-7	734-8	798-9	850-10	822-11	6417	4
Howard	Alcock	LEI	40	713-1	866-3	789-6	986-7	739-8	913-10	985-12		5991	5
Ian	Wells	RAFO	55	670-2	755-3	781-4	645-5	836-7	710-9	704-10	764-12	5865	6
John	Mather	LOG	40	641-2	677-3	722-4	596-5	675-6	589-9	709-10	712-12	5321	7
David	Lawson	DVO		736-1	897-2	992-7	884-10	804-11	1000-12			5313	8
David	Vincent	DVO	50	737-2	702-3	807-4	698-5	694-8	791-11	794-12		5223	9
Mike	Smith	DVO		530-1	926-3	718-8	828-9	1000-10	828-12			4830	0

Brown Course - Girls /Women

Helen	Chiswell	DVO	35	945-2	847-3	1000-4	905-11					3697	1
Catherine	Hughes	NOC	40	1000-1	1000-2	1000-3						3000	1
Rebecca	Perring	DVO	45	719-2	1000-5	1000-9						2719	3
Julie	Ferris	LEI		764-11	971-12							1735	4

East Midlands Urban League

The East Midlands Urban League has had one event so far at Nottingham City on 8th July. The detailed urban league status is available on the EMOA website at

<http://eastmidlandsurbanleague.wordpress.com/2012-league-standings/>



THE ORIGINAL
MULTIFUNCTIONAL
HEADWEAR
Since 1992

Buffwear

There are 3 more events to go with best 3 of 4 to count for the Urban League. Paul Murgatroyd agreed to co-ordinate the results of the East Midlands Urban League. We have sponsors for the league in the shape of Buff. The remaining 3 events are:

2nd September: Lincoln City Urban (LOG)

7th October: Wirksworth Urban (DVO)

20th October: Ashby-de-la-Zouch Urban (LEI)

Forename	Surname	Age	Club	Nottingham	Lincoln	Wirksworth	Ashby	Points	Pos
Young Junior Men									
None									
Young Junior Women									
None									
Junior Men									
William	Parkinson	M16	NOC	100				100	1
Junior Women									
None									
Open Men									
Peter	Hodkinson	M21	NOC	100				100	1
Liam	Harrington	M21	LOG	85				85	2
Ben	Beresford	M18	NOC	83				83	3
Women Open									
Helen	Chiswell	W35	DVO	90				90	1
Hayley	Fox	W35	LOG	89				89	2
Senior Veteran Men									
Kevin	Lomas	M55	NOC	96				96	1
Paul	Morris	M55	NOC	91				91	2
Steven	Green	M55	NOC	88				88	3
Senior Veteran Women									
Jane	Booker	W55	NOC	91				91	1
Ruth	Ellis	W60	DVO	88				88	2
Alison	Slater	W55	NOC	87				87	3
UltraVet Men									
Glynn	Smith	M65	LEI	96				96	1
Derek	Gale	M65	DVO	93				93	2
Simon	Ford	M65	LEI	89				89	3
UltraVet Women									
Molly	Smith	W65	LEI	96				96	1
Margaret	Keeling	W65	DVO	93				93	2
Diane	Ford	W65	LEI	90				90	3

Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance using a Standard Entry Form (SEF); entry on the day (EOD) will usually be limited and more expensive. Cheques payable to organising clubs given at beginning of details, if not specified.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

August

Thu 2 nd	EM	LOG	Level D	Midsummer Madness Chasing Sprint		Lincoln	
Sun 5 th	EM	LEI	Level D	LEI Summer League 18 Outwoods - Score Cup	Outwoods	Loughborough	SK521148
Org: R. Haskins 01509 842449							
Thu 9 th	EM	LEI	Level D	LEI Summer League 19 Treasure Hunt	Market Bosworth Country Park	Leicester	SK407030
Sun 12 th	EM	DVO	Level D	DVO Summer League (South)	Rosliston	Derby	SK242174
Tue 14 th	EM	LEI	Level D	LEI Summer League 20 Willesley	Willessley Woodlands	Ashby de la Zouch	SK337144
Org: S. Starkey 01530 415718							
Sun 19 th	EM	NOC	Level D	Summer League 5/6	Rushcliffe Country Park	Nottingham	SK575320
Wed 22 nd	EM	LEI	Level D	LEI Summer League 21 Oakham Woodlands	Oakham Woodlands	Oakham	SK840074
Org: S. Ford 01162 599448							
Sat 25 th	SE	GO	Level B	Guildford Urban Race	Guildford	Guildford	
Sat 24 th / 27 th	YH	EBOR	Level B and C	White Rose Sprint Race White Rose Individual 1 White Rose Night Score White Rose Trail-O event White Rose Individual 2 White Rose Team Score	Park Far. Wood near Scarborough Wykeham Forest	Scarborough	SE932867
Mon 27 th	YH	SYO	Level D	Big Running Weekend Long-O	Limb Valley and Burbage Moor	Sheffield	SK311831
Thu 30 th	EM	LEI	Level D	LEI Summer League 22 (final) Donisthorpe	Donisthorpe Woodlands	Ashby de la Zouch	SK312152
Org: M Sherriff 01530 417188							

EMEWS

September

Sat 1 st	YH	SYO	Level C	SYO Sprint Relays incorporating an Elite Sprint Relay	Endcliffe Student Village	Sheffield	sk329863
Sat 1 st	EM	LOG	Level D	Friendship Relays & 25th Anniversary BBQ Riseholme Park		Lincoln	
Sun 2 nd	EM	LOG	Level B	Lincoln City Race	Lincoln City	Lincoln	
Sun 2 nd	WM	WRE	Level C	Long 'O'	Long Mynd	Church Stretton	
Sun 9 th	YH	AIRE	Level C	AIRE Regional Ultra Long O Event/ UK Cup Race	Aire Valley	Shipley	SE138384
Sun 9 th	EM	DVO	Level C	DVO EM League	Longshaw	Bakewell	SK265799
Sat 15 th	EM	DVO	Level D	DVO Summer League (North)	Poolsbrook	Chesterfield	SK434736
Sat 15 th	EM	LEI	Level D	LEI Club Championships	Gresley Wood and Pick Triangle	Ashby de la Zouch	SK308174
Sat 15 th / 16 th	SW	SARUM	Level B	SARUM Caddihoe Chase Weekend	Longleat - Cannimore & Shearwater Longleat - Kings Bottom + Heavens Gate	Warminster	ST826434 ST834432
Sat 15 th	NW	MDOC	Level D	MDOC Park Score event	Reddish Vale Country Park	Stockport	SJ904934
Sun 16 th	YH	SYO	Level C	SYO Colour-Coded Event	Wombwell	Barnsley	SE367028
Sun 16 th	NW	DEE	Level B	DEE Regional Event and NWOL Ainsdale Dunes	Ainsdale Dunes	Formby	SD301111
Sun 16 th	EA	WAOC	Level D	WAOC Mildenhall South Colour Coded		Mildenhall	TL740741
Sat 22 nd	SE	SLOW	Level B	The Fifth City of London Race	London City	Temple	
Sun 23 rd	SE	CHIG	Level A	Southern Championships	TBC	Epping	TQ428985
Sun 23 rd	SOA	STAG	Level B	STAG's 30th Anniverary Event, Scottish O League 5 & incorporating SHI Individual	Errochty	Blair Atholl	NN764633
Sun 23 rd	WM	POTOC	Level C	POTOC Colour Coded Event and WMOA 2012 League 5	Swynnerton Old Park	Stoke on Trent	SJ8403989
Sun 23 rd	EM	NOC	Level D	Summer League 6/6	Brierley Country Park	Sutton-in-Ashfield	SK481598
Sat 29 th	EM	LEI	Level D	LEI Wistow Maize Maze (Winter League 1)	Wistow Maize	Leicester	SP637953
Sat 29 th	NW	MDOC	Level D	MDOC Park Score event	Wythenshawe Park	Wythenshawe	SJ815901
Sun 30 th	SOA	RR	Level A	CompassSport Cup Final	Teviothead	Scottish Borders	NT405050

October

Sat 6 th	NW	PFO	Level B	PFO Lancashire Hotpot Weekend - Middle Distance Event	Tockholes	Darwen	SD665212
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EMEWS

Sat 6th	EM	LEI	Level D	LEI Winter League 2 Willesley	Willessley Woodlands	Ashby de la Zouch	SK337144
Sun 7th	NW	PFO	Level B	PFO Lancashire Hotpot Weekend - NWOL Event and UK Cup Final	Hameldon	Burnley	
Sun 7th	EA	NOR	Level C	Colour Coded event	Holt Country Park	Holt	
Sun 7th	EA	SOS	Level C	SOS Colour Coded inc. Club Championships, ESSOL & Yvette Baker Trophy Heat	Chalkney Wood	Earls Colne	
Sun 7th	SOA	INT	Level C	INT SoSOL 2	Calder Wood	Midcalder, Livingston	NT067656
Sun 7th	EM	DVO	Level C	EMOA Urban League - Wirksworth	Wirksworth	Wirksworth	
Sat 13th	NE	CLOK	Level B	CLOK October Odyssey Weekend Day 1 Sneaton Forest West & Parsley Beck (Masters Cup)	Sneaton Forest West & Parsley Beck	Whitby	NZ881023
Sun 14th	EA	SUFFOC	Level C	Ickworth Park Colour Code Event and ESSOL	Ickworth Park	Horringer	TL816614
Sun 14th	NEOA	CLOK	Level B	CLOK October Odyssey Weekend Day 2 Sneaton Forest East & Biller Howe Moor (North East Champs)	Sneaton Forest East & Biller Howe Moor	Whitby	NZ886002
Sun 14th	WMOA	WCH	Level C	WCH WMOA 2012 League 6	Hendesford Camp	Stafford	
Sun 14th	SEOA	HH	Level C	Jack of Herts Regional Event	Northaw	Cuffley	
Sat 20th	SC	OUOC	Level C	Oxford City Race 2012	Oxford City Centre	Oxford	
Sat 20th	EM	LEI	Level C	EMOA Urban League Ashby de la Zouch		Ashby de la Zouch	SK365165
Sat 20th	NW	MDOC	Level D	MDOC Park Score event	Boggart Hole Clough	NE.Manchester	SD867030
Sun 21st	YH	EBOR	Level B	YHOA Superleague - Middle Distance Event	Skipwith Common	Selby	SE642374
Sun 21st	EM	NOC	Level C	Colour Coded Event, EM League and Yvette Baker Trophy Heat	Byrons Walk	Mansfield	SK513528
Wed 24th	EM	LEI	Level D	LEI Winter League 3 Sence Valley	Sence Valley Forest Park	Coalville	SK404113
Sat 27th	NW	MDOC	Level C	MDOC Goyt Valley event	Forest in the Goyt Valley	Buxton	
Sun 28th	EM	DVO	Level C	White Peak Weekend Day 2 & EM League	Carsington Pastures	Ashbourne	