

# THE NEWSLETTER of the EAST MIDLANDS ORIENTEERING ASSOCIATION

#### **SPRING 2013**



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EMEWS	
	of the East Midlands Orienteering Association. The views expressed necessarily those of the East Midlands Orienteering Association, nor
East Midlands website:	www.emoa.org.uk
Copy Date for next issue: 1! especially by e-mail (mikegard	5 <sup>th</sup> <b>July 2013 for next EMEWS</b> . Contributions are always welcome but dvo@sky.com).
Cover - Thanks again to Ernie	: Williams for his cover

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# Report on East Midlands Meeting - 15th April 2013

East Midlands Champs – This year's East Midlands Champs will be at the LEI Event at Sprint Cottage on 24th November. Provisionally the East Midlands Champs for 2014 will be at the LEI Cademan Wood event in April (though still to be confirmed). Mike Godfree has agreed to coordinate the East Midlands trophies.

Treasurer's Report - The treasurer reported that membership figures appear to be in-line with the projected budgeted figures, the levy figures from events is coming in higher than budgeted. There has also been some additional support from local authorities for some coaching events which has reduced the cost of the coaching provided. There will be some additional costs for the Planners / Controllers events at the end of April and the Novice Mappers course later this year.

The major budget item recently has been English Orienteering Association membership.

It was agreed that further discussion was required in how best to manage the funding of the East Midlands Junior Squad (Should they have the funds in a separate account? Should they aim to ensure that all activities never make a profit from the attendees? Viv Macdonald and Pauline Olivant will discuss this with the Junior Squad organisers).

Correspondence - The main item of correspondence has been the new BO Rules for 2014 were available for comment from the region. These will be discussed at the EM Planners and Controllers conference at the end of April. The details are available t <a href="http://www.britishorienteering.org.uk/index.php?pg=1&action=news&id=MjY5OQ==&rtn=aHROc">http://www.britishorienteering.org.uk/index.php?pg=1&action=news&id=MjY5OQ==&rtn=aHROc</a> DovL3d3dy5icml0aXNob3JpZW50ZWVyaW5nLm9yZy51ay8=

#### Future Events:

- (i) British Sprint Championships 2013 LEI April 20<sup>th</sup> at Loughborough University.
- (ii) British Middle Championships 2013 DVO April 21st at Stanton Moor.
- (iii) Yvette Baker Trophy Final 2013 LOG July 7<sup>th</sup> Belton Park site visit taken place.
- (iv) British Schools Champs 2013 DVO November 17th at Shipley Park
- (v) East Midlands Champs 2013 November 24<sup>th</sup> at Spring Cottage
- (vi) East Midlands Champs 2014 Suggested for 6th April at Cademan Woods

**EMOA League** - Underway and all on schedule. See scoring and events elsewhere in EMEWS. There had been some proposals about changing the scoring but if possible would only look at changes if we could do some sort of parallel trial to understand the implications.

**Urban League** - Proposed events in place, 6 this year and should be starting shortly with first event at Chesterfield. Details elsewhere in EMEWS.

**Development** - Ranald confirmed that the take up of the Planners / Controllers conference was a little disappointing, but the event will still go ahead. There was discussion as to how to get better engagement from folk in these sort of events. Input from members would be welcomed. Would they prefer sessions at events, on evenings, or on weekends?

Mapping Course - Dave Olivant is arranging a Novice Mappers Course (featured elsewhere in EMEWS)

Coaching Sessions - Dai Bedwell is looking to provide additional coaching at a number of the local events across the region (again covered elsewhere in EMEWS).

**EMOA** Committee - We are still desperate for members to fulfil the key EMOA positions next year. Ranald has written an article for EMEWS to encourage members to get involved (and also covering why we need these roles).

**EMEWS** - It was agreed to delay EMEWS until we had a report from the Planners / Controllers event, but that a mini-EMEWS should go out with some key data in advance (which all should have seen).

Retirement of Pauline Olivant - In thanks for her work as BO Community Development Officer now that she is retiring from BO, Judith Holt presented Pauline Olivant with a bunch of flowers and the committee recorded a formal thanks to Pauline for all her work in support of Community O in the East Midlands.

Shadowing of Juniors - A number of juniors had brought up the point that while out on their courses during EM League Events they often saw other Juniors being shadowed by parents. The comments from the Juniors was that the parents were often heavily assisting their children on the course which often resulted in them getting ranked highly in the East Midlands League. We don't want to discourage parents from shadowing juniors, especially the very young juniors, but would encourage parents to consider how much advice they are providing to their children and if this is likely to result in a high position to show that they are being shadowed in the results (+1 or two names in the results). We may even consider whether we should have shadowed and unshadowed results in the EM League for the shorter courses.

Future Meetings - All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The dates are  $15^{th}$  July 2013 and then the next meeting will be the AGM which will be on  $16^{th}$  September at the same location. All members are able to attend the meetings, and encouraged to attend the AGM (more details in next EMEWS).

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# EMOA Novice Mappers Course

A training course for new mappers is to be held at Riseholme College, Lincoln on Saturday 28th September and Saturday 5th October 2013.

This is a two day course and will cover surveying techniques including using a GPS, basic OCAD training and will include Mappers Safety as required by British Orienteering. The course will be suitable for anyone who has an interest in helping update existing orienteering maps and those with some mapping experience who wish to develop further.

If you are interested please let David Olivant know at <a href="mailto:d.olivant@btinternet.com">d.olivant@btinternet.com</a>

Dave will be putting together full details for the EMOA website later

# What's the EMOA ever done for us?

(with apologies to Monty Python's Life of Brian)

It may, or may not, be an exaggeration to say that the East Midlands Orienteering Association (EMOA) has reached a crisis point but it is certainly facing a very uncertain future. In particular, at the moment we are faced with having no principal officers – Chair, Vice-Chair, Financial Secretary and Development Co-ordinator – following the AGM in September unless volunteers come forward.

Why won't people volunteer? Perhaps the roles are seen as too onerous, involve taking on too much responsibility or are just not interesting. I'll return to this later.

All East Midlands clubs have benefitted significantly from a collaborative approach and most continue to do so.

"Such as?" I hear you ask.

Looking at the headings in our current EMOA Development Action Plan illustrates where EMOA support is being focused:

- Development and support for the junior squad
- Co-ordination of the fixtures programme
- Support for a varied range of events at all levels including the EM leagues
- Co-ordination of multi-day events
- Annual volunteer training and development days
- Coaching development
- · Conferences and workshops, such as for planners, controllers and mappers
- Support for senior and elite orienteers

In one way or another, ALL East Midlands orienteers have benefitted from a significant number of these activities.

Now, it might be argued that these could be left to the clubs but smaller, and perhaps all, clubs benefit from collaboration and sharing of ideas, experiences and people to run sessions.

"But doesn't it cost a lot of our money?" I also hear you ask.

The annual budget for the above programme of activities is around £3,000 plus about £650 for running costs. The levy per competitor is 40 pence for seniors and 10 pence for juniors; just think what that represents in terms of your total spending on a day out orienteering – entry fees, fuel, food and drink, equipment, etc. It's not necessarily trivial but for most people is not a make or break sum when considering whether to go to an event as against ensuring the development of orienteering skills and providing better quality events through event official development.

How can we ensure that EMOA continues as a useful and viable body?

# So, after looking at what the EMOA does for you, what can you do for the EMOA?

(With apologies this time to John F Kennedy – look it up, kids)

We need volunteers to take on the Principal Officer roles for the next year, at least. What do they involve?

**Chair** – putting together the agenda, chairing the meeting and receiving communication from British Orienteering. In reality, these are all relatively small tasks unless you chose to make them more significant.

Vice Chair – standing in when the Chair can't make a meeting and being part of the Principal Officer group

**Development Co-ordinator** - putting on at least one volunteer training and development day – primarily for event officials such as planners, controllers and organisers as well as mappers and coaches – and organising a Planner and Controllers Conference. The key to the role is 'co-ordinator' as there are plenty of very experienced people in the East Midlands who are prepared to run the individual sessions.

**Financial Secretary** – what people used to call a Treasurer. Ask Viv Macdonald, current incumbent of the post, if you want to know more but the task has been made significantly easier now that virtually all transactions are carried out electronically.

The rest of the EMOA Committee is made up of a representative from each club and individuals with responsibilities such as EMEWs, coaching, mapping and fixtures. Volunteers are also welcome for these roles as well.

None of the posts really needs you to have held a similar post in your club. They just require a relatively small amount of time and an enthusiasm for sharing good practice across the region and a commitment to helping improve the orienteering experience of everyone in the East Midlands.

Talking of which, after many years of sterling service, often from a great distance (Pakistan!), Ian Whitehead wishes to stand down as Fixtures Secretary. Ian receives requests for dates from clubs and then co-ordinates these nationally to ensure a balance of events, avoiding clashes if possible. Most, if not all, of this is done electronically. Contact Ian if you are interested in taking on the role.

As a further inducement to volunteering, the committee has been discussing reducing the number of meetings further, dealing with more business electronically and changing the venue if necessary to suit the circumstances of those on the committee at any time. Meetings are currently held at Clifton, south of Nottingham.

If you think you might be interested in becoming involved, speak to one of the current Principal Officers – John Woodall (NOC), Viv and Ranald Macdonald (DVO) - or your club representative – Mike Gardner (DVO), Bob Haskins (LEI), Sean Harrington (LOG) or Pauline Olivant (NOC).

It would be a shame to see all the hard work of recent years disappearing if the EMOA was no longer to operate as the co-operative and effective body which it currently is.

#### **Ranald Macdonald**

EMOA Development Co-ordinator Derwent Valley Orienteers

#### EMOA Conference for Planners and Controllers

### Saturday 27 April 2013

### Rushcliffe Country Park

9.30 on Saturday 27 April saw an assembly of planners and controllers from Log, DVO, LEI and NOC ready to discuss all matters pertaining to our sport in order to ensure the competitions we put on are exciting, safe and fair for all.

The day began with Ranald setting the task of defining the main issues that currently face all planners and controllers and it will be of little surprise to readers that the responses from groups centred on safety before, during and after events and how to ensure that competitions were fair.

Hilary Palmer then led the groups through some safety considerations dealing with scenarios that prompted much discussion around the need for communications to be a consideration in and around the on-the-day organisation. The specific scenario about searching for non-returning runners led to deep discussion on the aspect of knowledge of who is out in the area and how they can be contacted.

The groups then looked at a variety of legs on maps submitted by individuals in order to decide on 'good, bad or ugly'. How aspects of leg planning could be improved especially in relation to long distance courses in East Midlands areas where long, effective legs are often difficult to plan was a key talking point.

After a wonderful lunch spread provided by Viv, Sarah and Rachel the groups settled down to an enthralling presentation by John Duckworth who explained his philosophy and implementation of the planning of the British Middle Distance event on Stanton Moor. It was clear to all the immense amount of thought and expertise as well as time that had gone into the work and that all consideration had been given to the aspects of planning that were discussed earlier in the day. The use of the 'Route Gadget' slides exemplified the various challenges that John had planned into courses to explain the variety of route choices available even on very short legs.

Ranald then kept us all up to date with the changes to the British Orienteering rules for 2013 and we looked ahead to the changes to take place in 2014.

Finally we looked outwards with a view to how we could all ensure that our sport demonstrated our wish that we provided best quality events for all in the East Midlands.

Many thanks to Ranald, Viv, Sarah, Rachel, John and Hilary for a stimulating (and well fed) event

Doug Dickinson

# East Midlands League 2013

The East Midlands League events for 2013 have been defined as the following events. Again it is proposed that the top 8 scores will count.

1- Charnwood Forest South (LEI) 2 - Calke Park (DVO)

3 - Crich Chase (DVO) 4 - Harlaxton College (LOG)

5 - Bagworth (LEI) 6 - Harlow (NOC)

7 - Bramcote (NOC)

**Future Dates** 

18<sup>th</sup> May - Swithland (LEI) 2<sup>nd</sup> Jun - Cromford (DVO)

16<sup>th</sup> Jun - Burbage (LEI) 8<sup>th</sup> Sept - Hardwick (DVO)

12<sup>th</sup> Oct - Bestwood (NOC) 13<sup>th</sup> Oct - Kedleston (DVO)

27<sup>th</sup> Oct - Ratby (LEI) 10<sup>th</sup> Nov - Thoresby North (NOC)

22<sup>nd</sup> Dec - Walesby (NOC) 29<sup>th</sup> Dec - Outwoods (LEI)

We have had a number of events so far:

#### White - Male

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	
Finlay	Lowthian	NOC	10		793	1000		1000		603	3396	1
Ivan	Smith	DVO	7	1000	310			766	204	511	2791	2
Benjamin	Squire	NOC					1000			1000	2000	3

#### White - Female

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	
Libby	Barber	LEI	10	1000	1000	931		1000		1000	4931	1
Alexa	Lindsay	DVO	10	712	536	1000			1000	975	4223	2
Ailith	Smith	DVO	10		785	777		538		781	2881	3
Charlotte	Squire	NOC					1000			866	1866	4
Hannah	Mather	LOG	10	771	516						1287	5

#### Yellow - Male

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	
Harrington	Leake	LEI	10		1000	1000		1000	492	1000	4492	1
Ben	Hardy	LEI	10	1000		681		627	1000		3308	2
Toby	Williams	LOG	10		756				804		1560	3
Tom	Cooley	NOC	10				1000		462		1462	4

### Orange - Male

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	Pos
Samuel	Davis	DVO	12		558	758		1000	1000	1000	4316	1
Benjamin	Mather	LOG	10	989		772	1000		496		3257	2
Oscar	Wilkinson	LEI	10		1000	1000		769			2769	3
James	Bedwell	DVO	12	912					833	591	2336	4
Fraser	Ridgway	NOC	12		433	418			597	710	2158	5
Donald	Flynn	NOC							801	811	1612	6
Matthew	Jackson	DVO				521				944	1465	7
Francis	Mayes	LEI	12					573	847		1420	8

Orange - Female

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	Pos
Reed	Lydon	LEI	12		767	675	1000	567	876	789	4674	1
Anna	Barber	LEI	14	939	742	1000		793		833	4307	2
Rachel	Duckworth	DVO	10		922			1000	1000	1000	3922	3
Peta	Jarvis	LEI	12	501	434			633			1568	4
Holly	White	LEI		703			845				1548	5

Light Green - Male

<u> </u>												
Forename	Surname	Club	Ag e	1	2	3	4	5	6	7	Best 8	Pos
Ethan	Tebbutt	LEI	12	867	1000			863	961	1000	4691	1
Alastair	Flynn	NOC	14	828					1000	725	2553	2
John	Pickles	NOC	60	834		584		669		407	2494	3
Jamie	Lowthian	NOC	12			1000		1000			2000	3
Cameron	Ridgway	NOC	18		515	468	598		331		1912	4
Chris	Cashmore	LEI	45				646	466	506		1618	6
Nicholas	Gordon	DVO			658		754				1412	7

Light Green - Female

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	Pos
Imogen	Wilson	LEI	14	857	1000	894		927	923	998	5599	1
Sarah	Duckworth	DVO	12			1000		1000	1000	1000	4000	2
Alison	Hayes	DVO	50		645	674			607		1926	3
Dawn	Moore	DVO	55			488		725	693		1906	4
Angela	Lucking	NOC	50			860	1000				1860	5
Julie	Starkey	LEI	50		471				558	566	1595	6
Cathryn	Goodhead	DVO		550	736						1286	6

# Short Green - Male

Forename	Surname	Club	Ag	1	2	3	4	5	6	7	Best 8	Pos
			e									
Ernie	Williams	LEI	70		930	885	793	926	879	1000	5413	1
John	Woodall	NOC	75	671		867	730	956	714	930	4868	2
Eric	Porter	LEI	70	851			743	1000	833	869	4296	3
Roger	Keeling	DVO	70	561	678	612		614	697	649	3811	4
David	Parkin	DVO	80		1000	1000	1000				3000	5
Chris	Phillips	LEI	65	731		723		783	739		2976	6
Graeme	Watson	NOC	45		502		624	436	603	514	2679	7
Peter	Hubberstey	NOC							1000	985	1985	8
Kevin	Gallagher	LEI	60	715	918							9
Robert	Shooter	DVO	55		772				753		1525	10

## Short Green - Female

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	Pos
Pauline	Ward	DVO	65	1000	1000	1000				1000	4000	1
Diane	Ford	LEI	65	508	635	557		660	913	684	3957	2
Barbara	Tebbutt	LEI	45		587			804	796	760	2947	3
Alison	Slater	NOC	55		572	552	751		664		2539	4
Jane	Burgess	DVO	55		618				965	868	2451	5
Molly	Smith	LEI	65		745	646	1000				2391	6
Sue	Porter	LEI	65				984	1000			1984	7
Jen	Gale	DVO	65	623	614					578	1815	8
Karen	Williams	LOG	40		690				890		1580	9
Margaret	Buckland	NOC							762	624	1386	10

# Green - Male

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	Pos
Peter	Leake	LEI	70	799	1000	782	1000	887	908	834	6210	1
Simon	Ford	LEI	70	1000	973	972		1000	1000	1000	5945	2
David	Bray	LEI	60		889	845	949		962	906	4551	3
John	Palmer	NOC	65		965	868	958			811	3602	4
Glyn	Mayley	LOG	55	657	771		677		782	665	3552	5
Andy	Hawkins	DVO	65		939	762		945	904		3550	6
Doug	Dickinson	DVO	65	941		798	908	745			3392	7
David	Anderson	LEI	70	641	951			670	914		3176	8
Derek	Bishton	DVO			656	737		543	666	531	3133	9
Louis	Forshaw- Penning	DVO			658	774			873	801	3106	10

# Green - Female

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	Pos
Rachel	Davis	DVO	45	799	601	855	1000	610	700	721	5286	1
Ruth	Ellis	DVO	60	822	655	798	917	632	740	651	5215	2
Hannah	Cox	LEI	16		902	1000		1000	897	1000	4799	3
Anne-	Duckworth	DVO	45	859	669	915		824	836		4103	4
Marie												
Helen	Parkinson	NOC	45		659	831		616	738	757	3601	5
Wendy	West	LEI	50	774	434		561	583	607	604	3563	6
Margaret	Keeling	DVO	65	858	610			657	740	651	3516	7
Anne	Gibbs	LOG					790	639	617	547	2593	8
Felicity	Manning	LEI	60	969			891	657			2517	9
Jane	Booker	NOC	55		638	892			788		2318	10

# Blue - Male

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	Pos
Dave	Skidmore	DVO	65	785	843	865	814	900	898	807	5912	1
Glynn	Smith	LEI	65	1000	959	1000	983		965	956	5863	2
Michael	Lindsay	DVO	60	789	842	824		721	793	788	4757	3
Finn	Lydon	LEI	14	831	884	841			1000	923	4479	4
Alan	West	LEI	55	648	647	620	606	654	624	668	4467	5
Alastair	Paterson	LEI	45	685	700	747	739	685		816	4372	6
lan	Wilson	LEI		745		791		858	827	801	4022	7
Paul	Hudson	NOC	50	790	825	826		724	805		3970	8
Mark	Goodhead	DVO	18	729	869	759	742		830		3929	9
Robert	Parkinson	NOC			799	793		732	818	767	3909	10

## Blue - Female

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	Pos
Trish	Lydon	LEI	45	1000	1000	641		1000	929	1000	5570	1
Ursula	Williamson	LEI	50	760	805	671	865	801	691	773	5366	2
Tracey	Brookes	LEI	45		736	651	827	927	764	836	4741	3
Joanne	Nell	RAFO	45		878		1000		806	860	3544	4
Julie	Ferris	LEI	45	816		708		723	1000		3247	5
Catherine	Hughes	NOC	40	926	844			958			2728	6
Kim	Buxton	DVO	50		879	643			824		2346	7
Rebecca	Perring	DVO	45		649				575	709	1933	8
Alison	Hardy	LEI	45					943	947		1890	9

#### Brown - Male

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	Pos
Matthew	Cox	LEI	18	820	810	855		1000	674	873	5032	1
Richard	Parkin	DVO	45		850	905	965		855	956	4531	2
lan	Wells	RAFO	60	786		787		871	695	808	3947	3
Richard	Leake	LEI	45		735	799		851		768	3153	4
Charles	Nell	RAFO	21		688		756		724	750	2918	5
John	Mather	LOG	40		665	686	725		614		2690	6
Dave	Denness	LOG			723		811			788	2322	7
John	Duckworth	DVO	45	1000	1000						2000	8
Paul	Murgatroyd	LOG	45			894	1000				1894	9
Justin	Williams	LOG	45		908				843		1751	10

#### Brown - Female

Forename	Surname	Club	Age	1	2	3	4	5	6	7	Best 8	Pos
Tanya	Taylor	LOG	40	973	1000	929	1000	1000	1000		5902	1
Helen	Chiswell	DVO	35	1000	986		834			1000	3820	2
Catherine	Hughes	NOC	40			1000	798				1798	3

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## East Midlands Urban League 2013

Following on from the success of the East Midlands Urban League last year, we will continue, and hopefully expand, the League this year. The following are the events that have been identified so far for the League in 2013:

- EMUL 1 Sunday 12 May: Chesterfield (DVO)
- EMUL 2 Saturday 8 June: Nottingham University (NOC)
- EMUL 3 Sunday 21 July: Buxton (DVO)
- EMUL 4 Saturday 31 August: Lincoln City (LOG)
- EMUL 5 Sunday 6 October: Stamford (LOG)
- **EMUL 6** Saturday 23 November: Ashby-de-la-Zouch (LEI)

The detailed urban league status is available on the EMOA website at <a href="http://eastmidlandsurbanleague.wordpress.com/">http://eastmidlandsurbanleague.wordpress.com/</a>

THE ORIGINAL MULTIFUNCTIONAL HEADWEAR
Since 1992

Buffwear

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# Local Coaching Sessions

Coaching sessions for any EMOA club members (any age; aimed at people who are progressing from Orange to Light Green courses) are being arranged to coincide with club evenings and local events as follows:

May 2: Bramcote Hills Park (NOC)

Club evening - contours (big features, using contours to aid navigation)

May 6 or maybe 13:

LEI clubnight, content TBC, depending on areas available.

May 11: Rushcliffe Country Park (NOC - on the side of the Summer League event) - Bearings/corner cutting

May 25: Rosliston (DVO - on side of informal event) -

Bearings through the woodland

June 18: Bradgate Park (LEI - on side of summer league event) -

Contours and big features

June 30: Berry Hill (NOC - on side of summer league event) -

Bearings/corner cutting in woodland

For more details please look at the club web site for details of the club evening or local events which are the locations for the coaching. EMOA members are welcome at any of the sessions even if you are from a different club!

## **Fixtures**

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance using a Standard Entry Form (SEF); entry on the day (EOD) will usually be limited and more expensive. Cheques payable to organising clubs given at beginning of details, if not specified.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

## May

Wed 1st	LEI Summer League 4 Fosse Meadows	D	<u>LEI</u>	ЕМ	Fosse Meadows Country Park	Hinckley	SP489910
Wed 1 <sup>st</sup>	Matlock Club	Act	DVO	ЕМ	Lumsdale Hillside	Matlock	
Thu 2nd	LOG Spring Series #5 - Morkery Woods	D	<u>LOG</u>	ЕМ		Colsterworth	
Sat 4th	British Orienteering Championships (UKOL9)	Α		SE	Winterfold	Guildford	
Sun 5th	British Relay Championships	Α		SE	tbc	South East	
Mon 6th	BOC Weekend Urban Race	В	MV	SE	Dorking	Dorking	TQ168503
Mon 6th	Leicester Club Night	Act	<u>LEI</u>	ЕМ	Groby Community College	Leicester	
Wed 8th	Matlock Club	Act	DVO	ЕМ	Arc Leisure centre	Matlock	
Thu 9th	LEI Summer League 5 Outwoods	D	<u>LEI</u>	EM	<u>Outwoods</u>	Loughborough	SK515160
Thu 9th	LOG Spring Series # 6 - South Common	D	<u>LOG</u>	EM		Lincoln	
Sat 11th	AIRE Regional Event and Yvette Baker Trophy Heat	С	<u>AIRE</u>	ΥH	<u>Danefield</u>	Otley	SE231434
Sat 11th	NOC Summer League	D	NOC	EM	Rushcliffe Park	Nottingham	
Sat 11th	Brierley Forest Park Challenge	Act	NOC	ЕМ	Brierley Forest Park	Huthwaite, Sutton in Ashfield	
Sun 12th	YHOA Superleague - Middle Distance	С	<u>AIRE</u>	ΥH	<u>Harden Moor</u>	Keighley	SE067385
Sun 12th	HOC local Middle Distance Event	D	HOC	WM	Walsall Arboretum	Walsall	SP025989
Sun 12th	TAY CompassPoint Scottish O League 4	В	<u>TAY</u>	SOA		Tayside somewhere	
Sun 12th	Keyne-O	D	<u>SMOC</u>	EA	Linford Wood	Milton Keynes	SP845407
Sun 12th	Chesterfield Urban - Part of EM Urban League	С	<u>DVO</u>	ЕМ	Chesterfield	Chesterfield	
Tue 14th	LEI Summer League 6 Watermead	D	<u>LEI</u>	ЕМ	Watermead Country Park	Leicester	SK607114

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Wed 15th	Matlock Club	Act	<u>DVO</u>	ЕМ	Farley Moor	Matlock	
Thu 16th	LOG Spring Cup - Stoke Rochford	D	<u>LOG</u>	ЕМ		Grantham	
Sat 18th	LEI EM League Event & Yvette Baker Trophy Heat	С	<u>LEI</u>	ЕМ	Swithland	Loughborough	
Sun 19th	YHOA Urban League	С	<u>syo</u>	ΥH	Walkley	Sheffield	
Sun 19th	Cumbrian Galoppen	С	<u>wcoc</u>	NW	Leaps Beck	Kirkland	NY260335
Sun 19th	BKO SCOA League Event and Yvette Baker Trophy Heat	С	<u>BKO</u>	sc	Bloom Wood	High Wycombe	SU860890
Sun 19th	SOS Colour Coded Event The Naze incorporating ESSOL	С	<u>sos</u>	EA	The Naze	Walton on the Naze	
Wed 22nd	LEI Summer League 7 Leicester	D	<u>LEI</u>	ЕМ	<u>Leicester</u> <u>Grammar</u> <u>School</u>	Leicester	<u>SP648981</u>
Wed 22nd	Matlock Club	Act	<u>DVO</u>	ЕМ	Arc Leisure centre	Matlock	
Sat 25th	Scottish Championships - Individual	Α	<b>AYROC</b>	SOA	Loch Doon	Dalmellington	
Sat 25th	Springtime in Shropshire	В	<b>HOC</b>	WM	Croft Castle	Ludlow	SO450664
Sat 25th	Rosliston- Informal Event	D	DVO	ЕМ	Rosliston Forestry Centre	Swadlincote	SK242174
Sun 26th	Springtime in Shropshire	В	<u>WRE</u>	WM	Shropshire	Ludlow	
Sun 26th	Springtime in Shropshire Urban Event (UKOL10)	В	<u>WRE</u>	WM	Shropshire	Ludlow	
Sun 26th	Scottish Championships - Relays	С	SOLWAY	SOA	Maxwelton Estate	Thornhill, Dumfries	
Mon 27th	Springtime in Shropshire (UKOL11)	В	<u>HOC</u>	WM	Brown Clee Hill	Ludlow	<u>SO615854</u>
Thu 30th	LEI Summer League 8 Willesley Woods	D	<u>LEI</u>	ЕМ	Willesley Woods	Ashby de la Zouch	<u>SK328143</u>

# June

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	Cromford Moor and Black Rock - EM League	С	DVO	ЕМ	Cromford Moor and Black Rocks	Wirksworth	
Sun 2nd	TVOC Regional Event	С	TVOC	sc	Coombe Hill	Wendover	
Tue 4th	LEI Summer League 9 Snibston	D	<u>LEI</u>	ЕМ	Snibston Discovery Park	Coalville	<u>SK416144</u>
Wed 5th	Lincolnshire Poacher Round 9	D	<u>HALO</u>	ΥH	Normanby Halll Country Park	Scunthorpe	SE886169
Wed 5th	Matlock Club	Act	DVO	ЕМ	Arc Leisure centre	Matlock	
Sat 8th	EM Urban League	D	NOC	ЕМ	Nottingham University	Nottingham	
	Nopesport and South of England Orienteering Urban Event	С	<u>WIM</u>	sw	<u>Poundbury</u>	Dorchester	SY681900
Sat 8th	Brierley Forest Park Challenge	Act	NOC	ЕМ	Brierley Forest Park	Huthwaite, Sutton in Ashfield	
Sun 9 <sup>th</sup>	Regional Event	С	<u>SYO</u>	ΥH	Ecclesall Woods	Sheffield	
Sun 9th	OD Colour-coded Event	С	<u>OD</u>	WM	Pooley Fields Country Park	Polesworth	SK258034

Sun	SO - level C - Oldhouse Warren, Crawley - (incl event 3 of SO	С	SO	SE	Oldhouse Warren	Crawley	
9th	champs)				0.0000	- C-u	
Wed 12th	LEI Summer League 10 Loughborough	D	<u>LEI</u>	ЕМ	Loughborough Endowed Schools	Loughborough	SK541189
Wed 12th	Matlock Club	Act	DVO	ЕМ	Arc Leisure centre	Matlock	
Thu 13th	LOG Summer Series #1 - Horncastle Town	D	<u>LOG</u>	EM		Horncastle	
Sat 15th	Salford and Manchester Urban event	В	SELOC	NW		Manchester	
Sat 15th	EBOR Relays	С	EBOR	ΥH	Skipwith Common	Selby	
Sun 16th	SOS Colour Coded Highwoods incorporating EA School Championships	С	<u>sos</u>	EA	Highwoods Country Park	Colchester	
Sun 16th	EMOA League Event Burbage Common	D	<u>LEI</u>	ЕМ	Burbage Common	Hinckley	
Tue 18th	LEI Summer League 11 Bradgate	D	<u>LEI</u>	EM	Bradgate Park	Leicester	SK541114
Wed 19th	Whitworth Park - Informal Event	D	DVO	ЕМ	Whitworth Park	Matlock	SK274629
Sat 22nd	YHOA Urban League (UKOL12)	В	<u>EPOC</u>	ΥH	Halifax	Halifax	
Sun 23rd	Northern Championships (UKOL13)	Α	<u>EPOC</u>	ΥH	Castle Carr	Hebden Bridge	<u>SE022307</u>
Wed 26th	Matlock Club	Act	DVO	EM	Arc Leisure centre	Matlock	
Thu 27th	LEI Summer League 12 Groby	D	<u>LEI</u>	EM	Groby Community College	Leicester	<u>SK518070</u>
Thu 27th	LOG Summer Series #3 - Lincoln City	D	<u>LOG</u>	EM		Lincoln	
Sat 29th	Derbyshire Schools and Youth Groups Championships	D	DVO	EM	Allestree Park	Derby	<u>SK345415</u>
Sun 30th	Harvester Relays - possibly!!	В		NW		Northern England	
Sun 30th	NOC Summer League	D	<u>NOC</u>	EM	Berry Hill	Mansfield	

# July

Date	Title	Lev	Club	Reg	Venue	Town	Grid Ref
Tue 2 <sup>nd</sup>	LEI Summer League 13 Burrough Hill	D	LEI	EM	Burrough Hill	Leicester	SK756115
Wed 3rd	Matlock Club	Act	DVO	EM	Arc Leisure centre	Matlock	
Sat 6th	NOC Summer League	D	NOC	EM	Bulwell Hall Park	Nottingham	
Sun 7th	Yvette Baker Trophy Final	В	<b>LOG</b>	EM	Belton Park	Grantham	
Sun 7th	SOS Relays Danbury	D	SOS	EA	Danbury Outdoors and Country Park	Danbury	
Sun 7th	POTOC Score Event	D	POTOC	WM	Brough Park & Fields	Leek, Staffordshire	SJ987570
Wed 10th	Matlock Club	Act	DVO	EM	Arc Leisure centre	Matlock	
Thu	LOG Summer Series #5 -	D	<u>LOG</u>	EM		Sleaford	

4446	Clasford Town			11			
11th	Sleaford Town			<u> </u>			
Sat 13th	Ilam - Informal Event	D	DVO	ЕМ	Ilam Country Park	Ashbourne	SK130510
Sat 13th	Brierley Forest Park Challenge	Act	NOC	EM	Brierley Forest Park	Huthwaite, Sutton in Ashfield	
Sun 14 <sup>th</sup>	Regional Event	В	WCOC	NW	Harrop Tarn	Keswick	
Sun 14 <sup>th</sup>	OD Colour-coded Event & WMOA League 5	С	<u>OD</u>	WM	Sutton Park	Sutton Coldfield	SP098967
Sun 14 <sup>th</sup>	LEI Summer League 14 Fineshade (Score Cup)	D	<u>LEI</u>	ЕМ	Fineshade Woods	Peterborough	SP978984
Wed 17 <sup>th</sup>	LEI Summer League 15 Bosworth	D	<u>LEI</u>	EM	Market Bosworth Country Park	Market Bosworth	SK407030
Wed 17th	Matlock Club	Act	DVO	EM	Arc Leisure centre	Matlock	
Sat 20th	NOC Summer League	D	NOC	EM	Silverhill Wood	Mansfield	
Sun 21 <sup>st</sup>	Buxton EM Urban League	С	DVO	EM	Buxton	Buxton	
Tue 23 <sup>rd</sup>	LEI Summer League 16 Swithland	D	<u>LEI</u>	EM	Swithland Woods	Loughborough	SK537130
Sun 28th	Scottish 6 Days - Moray2013 Day1 (Incorporating UKOL14)	В		SOA	<u>Lossie</u>	Moray Coast	NJ254670
Mon 29th	Scottish 6 Days - Moray2013 Day2	В		SOA	Carse of Ardersier	Moray Coast	NH804558
Tue 30th	Scottish 6 Days - Moray2013 Day3 (Incorporating UKOL15)	В		SOA	Culbin	Moray Coast	NH969586
Wed 31st	Scottish 6 Days - Moray2013 Sprint Race (Incorporating EuroMeeting Sprint Distance)	С		SOA	Lossiemouth	Lossiemouth	NJ228699
Wed 31st	Scottish 6 Days - Moray2013 Trail-O	D		SOA	Culbin	Forres	NH983593

# August

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Thu 1st	Scottish 6 Days - Moray2013 Day4 (Incorporating EuroMeeting Middle Distance - A World Ranking Event)	В		SOA	Loch of Boath	Moray Coast	NH892456
Thu 1st	LEI Summer League 17 Outwoods	D	<u>LEI</u>	ЕМ	<u>Outwoods</u>	Loughborough	SK515160
Fri 2nd	Scottish 6 Days - Moray2013 Day5	В		SOA	<u>Roseisle</u>	Moray Coast	NJ077625
Sat 3rd	Scottish 6 Days - Moray2013 Day6 (Incorporating EuroMeeting Long Distance)	В		SOA	Coulmony and Belivat	Moray Coast	NH965473
Sun 4th	NOC Summer League	D	NOC	EM	Holme Pierrpont	Nottingham	
Tue 6th	LEI Summer League 18 Burbage	D	<u>LEI</u>	EM	Burbage Common	Hinckley	SP447953
Sat 10th	Brierley Forest Park Challenge	Act	NOC	EM	Brierley Forest Park	Huthwaite, Sutton in Ashfield	
Sun 11th	LEI Summer League 19 Beacon Hill	D	<u>LEI</u>	EM	Beacon Hill	Loughborough	SK510145
Thu 15th	LEI Summer League 20 Treasure Hunt	D	<u>LEI</u>	ЕМ		ТВА	
Sat 17th	Swadlincote Woodlands - Informal Event	D	DVO	EMOA	Swadlincote Woodlands	Swadlincote	SK305193
Tue 20th	LEI Summer League 21 Bagworth	D	<u>LEI</u>	ЕМ	Bagworth Woods	Coalville	SK458068

Sat 24th	White Rose Individual - 1	В	<u>EBOR</u>	ΥH	Gilling	Helmsley	
Sun 25th	White Rose Individual - 2 & YHOA Superleague	В	<u>EBOR</u>	ΥH	Gilling	Helmsley	
Mon 26th	White Rose Team Score	С	<u>EBOR</u>	ΥH	Gilling	Helmsley	
Thu 29th	LEI Summer League 22 (final) Donisthorpe	D	<u>LEI</u>	ЕМ	<u>Donisthorpe</u>	Ashby de la Zouch	SK318141
Sat 31st	Lincoln City Race	С	<u>LOG</u>	EM		Lincoln	

# September

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Sun 1st	YHOA Urban League	С	<u>SYO</u>	ΥH	City of Sheffield	Sheffield	
Sun 1st	Welsh League Event 2013	С	SBOC	WOA	Ogof Ffynnon Ddu	Abercrave, near Swansea	
Sun 1st	The Long Mynd Long O	С	<u>WRE</u>	WM	Long Mynd	Church Stretton	SO435966
Sun 8th	Peter Palmer Junior Team Relays	В	<u>WCOC</u>	NW	Hawse End	Keswick	NY251211
Sun 8th	Regional Event	С	CLARO	ΥH	Harlow Hill / Harlow Carr	Harrogate	
Sun 8th	BOK Blast: Day 2. Inaugral City of Bristol Race	С	<u>BOK</u>	SW	Bristol University	Bristol	ST581735
Sun 8th	DVO EM League	С	DVO	EM	Hardwick Estate	Chesterfield	
Thu 12th	Lincolnshire Indoor Champs - University of Lincoln	D	<u>LOG</u>	EM		Lincoln	
Sat 14th	Caddihoe Chase + SW Long DistanceChampionships	В	DEVON	SW	Virtuous Lady	Yelverton	SX503691
Sat 14th	Dales Weekend Day 1	В	<u>AIRE</u>	ΥH	<u>Malham</u>	Settle	<u>SD907645</u>
Sat 14th	Brierley Forest Park Challenge	Act	NOC	ЕМ	Brierley Forest Park	Huthwaite, Sutton in Ashfield	
Sun 15th	Caddihoe Chase - Day2 and Final	В	DEVON	SW	Virtuous Lady	Yelverton	SX503691
Sun 15th	Dales Weekend Day 2	В	<u>AIRE</u>	ΥH	<u>Yockenthwaite</u>	Grassington	SD904790
Sun 15th	Therfield Heath Colour Coded	D	WAOC	EA	Therfield Heath	Royston	TL348406
Sat 21st	Elvaston - Informal Event	D	<u>DVO</u>	EM	Elvaston Castle	Derby	<u>SK415335</u>
Sun 22nd	London City Race (UKOL17)	В	<u>SLOW</u>	SE		London	
Sun 22nd	WCH Colour Coded & WMOA League 6	С	<u>WCH</u>	WM	Chasewater	Chasetown	
Sun 22nd	Regional Event	С	<u>SYO</u>	ΥH	Burbage / Limb Valley	Sheffield	
Sat 28th	GO Guildford Urban Race	В	<u>GO</u>	SE	Guildford	Guildford	
Sun 29th	CHIG Regional SE League	В	<u>CHIG</u>	SE	Epping East	Epping	
Sun	Regional Event	С	<b>EBOR</b>	ΥH	Raincliffe Woods	Scarborough	

29th				

# October

Sat 5th	VHI Weekend	В	<u>NOR</u>	EA		Sheringham	
Sun 6th	YHOA Superleague	В	<u>EPOC</u>	ΥH	Rishworth Moor	Huddersfield	
Sun 6th	SO - level C - Rewell Woods, Arundel (incl event 4 of SO champs)	В	<u>so</u>	SE		Arundel	
Sun 6th	MAROC CompassPoint Scottish O League 6	В	MAROC	SOA		Deeside	
Sun 6th	VHI Weekend	В	<u>NOR</u>	EA		Sheringham	
Sun 6th	OD Colour-coded Event	С	<u>OD</u>	WM	Burton Dassett Hills Country Park	Gaydon	<u>SP396519</u>
Sun 6th	Stamford Town Race		<u>LOG</u>	ЕМ		Stamford	
Sat 12th	October Odyssey day 1 & British Schools Score Championships	В	<u>NATO</u>	NE	Druridge Bay Country Park	Amble	
Sat 12th	Regional Event	С	<u>syo</u>	ΥH		Sheffield	
Sat 12th	NOC Regional Event	С	NOC	ЕМ	Bestwood Country Park	Nottingham	
Sun 13th	October Odyssey day 2	В	<u>NATO</u>	NE	Chibburn & Hadston Links	Widdrington	
Sun 13th	TVOC Regional Event	С	TVOC	sc	Penn Wood	High Wycombe	
Sun 13th	Bucknell Wood ( WMOA Champs & WMOA League 9)	С	<u>WRE</u>	WM	Bucknell Wood	Craven Arms	SO340750
Sun 13th	DVO EM League	С	<u>DVO</u>	ЕМ	Kedleston Hall	Derby	SK312402
Sun 13th	Welsh Championships	В	<u>ERYRI</u>	WOA	Newborough	Anglesey	
Sun 20th	CompassSport Cup Final	А	<u>BOK</u>	SW	Moseley Green and Danby Lodge	Forest of Dean	SO631087
Sun 20th	BASOC Highland WOLF CompassPoint Scottish O League 7	В	BASOC	SOA		Speyside	
Sat 26th	Cambridge City Race	В	CUOC	EA		Cambridge	
Sat 26th	Twin Peak Day 1	В	MDOC	NW	Macclesfield Forest	Macclesfield	
Sun 27th	Twin Peak Day 2	В	MDOC	NW	Stockport East	Stockport	<u>SJ910909</u>
Sun 27th	Town and Country Weekend	С	WAOC	EA	Brandon	Brandon	
Sun 27th	EMOA League Martinshaw and Ratby Woodlands	D	<u>LEI</u>	EM		Leicester	