



THE NEWSLETTER
of the
EAST MIDLANDS ORIENTEERING ASSOCIATION

SUMMER 2017



EMEWS EDITOR:

Mike Gardner
3 Gatcombe Close
Oakwood
Derby
DE21 2PZ

Email: mikegardvo@sky.com

EMEWS

EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

East Midlands website: www.emoa.org.uk

Copy Date for next issue: **30th September 2017 for next EMEWS**. Contributions are always welcome but especially by e-mail (mikegardvo@sky.com).

Cover - A cover as usual from Ernie. Is he talking about himself?

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Report on East Midlands Meeting – 19th June 2017

Mapping Workshops - David Olivant is still planning to run an Urban Mapping Workshop in September and a Forest Mapping Workshop some time later in the year.

Planners and Organisers for Level B Events - There is planned to be an update to BO Rules & Guidelines Appendix C under which Associations will become responsible for approving Planners and Organisers for level B events. This change has still to take place.

EMOA Trophies - EMOA are looking at whether any of the existing trophies need replacing / renovating. £60 was allocated to the EMOA Sprint Champs for prizes.

EMOA Accounts - The Treasurer reported that at present, although having budgeted for a deficit of £500, it looks like we may end in profit of £1,500. This is due to the Junior Squad not needing their full allocation, fewer requests for grants, no use of coaching budget this year.

Orienteering Foundation - Club secretaries and newsletter editors have been asked to share the article on Orienteering Foundation (after this section). It is up to members whether they want to claim expenses, donate their expenses to the Orienteering Foundation, or not claim their expenses so clubs keep the money.

Coaching - Hilary Palmer is still looking to run a formal Coaching Course in EMOA soon. She has had one potential name from EMOA and another from outside the region. If others are interested please let Hilary know.

JIRCS 2018 - DVO have now been given permission for Chatsworth so it is now probable that the individual will be on Chatsworth and the Relay on Carsington. DVO have folk in most of the key roles for the weekend. However, in terms of financing they would like EMOA to take full responsibility for financing of the event.

There was some discussion on the budget in terms of numbers attending JIRCS and what would happen if one or more regions did not attend, or even did attend but would not take on the accommodation. Was it possible to only allow teams to participate if they were willing to use the accommodation? Pauline Olivant agreed to discuss this issue with JROS Chair Nev Myers.

Future Events:

- (i) **18 March 2018** - Midland Champs 2018 - LEI Belvoir - All going OK.
- (ii) **16 Dec 2018** - East Midland Champs - NOC - Dukeries
- (iii) **17 March 2019** - **CompassSport Cup Heat** - NOC - Sherwood Pines
- (iv) **11 Feb 2020** - Midland Champs 2020 - DVO - Shining Cliff

Future Possible Events

- (i) **2018 - EM Score Champs** - DVO hosting alongside JIRCS 2018.
- (ii) **Junior Inter-Regional Champs 2018** - DVO hosting
- (iii) **2018 - Yvette Baker Trophy** - LEI - Spring Cottage
- (iv) **British Sprints / Middles 2019** - LEI / DVO - Assuming at this stage we will need to run this.

- (v) **East Midlands Champs 2019** - A club needs to volunteer to host this.
- (vi) **Junior Home International 2020** - It is EMOA's turn to host. Do we have any clubs willing to host this?
- (vii) **Midland Champs 2020** - DVO
- (viii) **CompassSport Cup Final 2021** - Are EMOA interested in hosting?
- (ix) **British / British Relays 2021** - Talking to ERYRI in Wales about potential use of their areas.
- (x) **Midland Champs 2022** - NOC

British Champs - There is still discussion ongoing about incorporating the British Champs events in to the JK, and Mike Hamilton has explained a proposal in the latest Focus magazine. Comments have been requested from members and it is thought that this will be discussed by the Board in September. If anyone wants to provide feedback then John Hurley is willing to collate and submit (the best comments would be from those who have been involved as major event officials).

EM League for Juniors - There was a question from a LEI member as to whether there should be a separate section of the EM League for Juniors, with fewer events scoring. It was felt that the league represented Juniors fairly at present and it should be left as it is.

English Orienteering Council - Anne-Marie Duckworth represented EMOA at the EOC AGM. One key point is that the next EOC AGM will not allow proxy voting. John Hurley has therefore requested that they send out their papers well in advance so they can be discussed and our rep appointed and briefed.

NOC Explore the Parks - NOC have been using Facebook advertising for their recent "Explore the Parks" series of events. It does seem to have worked well. There was no paper advertising, but they still got around 80-100 attendees at each event. The events were on a Saturday afternoon. Their approach had been to print around 70 maps per event, all of which had 16 controls on them. Controls 1-5 were simple sites that could be visited by pushchairs, etc. A second alternative would be to treat the controls as a score event of 45 minutes. A third alternative would be to have to go round the controls in order. This seemed to work well.

EMOA Sprint Champs - Bob Haskins stated he very much enjoyed the EM Sprint Champs. The only comments he had from a number of people were that for a 2 race event it would be better to have them run closer together. The long time period may be why not too many attended.

EMOA Officials - All 4 of the occupants of the elected posts in EMOA will have reached their 3 year (or in some cases more than 3 year) period. We do need volunteers for these posts for the AGM. Please can all members consider volunteering to be part of the committee.

Dates and venues for future meetings - All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next meeting will be the EMOA AGM which is scheduled for Monday September 18th 2017. Please can members try to attend to ensure we are quorate. There will be more details sent out before the AGM. If anyone has any

items for inclusion please let the Secretary know as soon as possible. One agenda item will be the inclusion of O-safe wording in to the EMOA Constitution.

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Claiming expenses and the Orienteering Foundation

Many orienteering volunteers - particularly planners, organisers and controllers - incur expenses (such as car mileage) as they do their work.



Most Clubs and Associations have standard policies for claiming and reimbursing these expenses. However, volunteers often don't make a claim, preferring to "donate" their costs to the Club or Association and allowing the money to stay within orienteering.

This generous approach misses an opportunity.

The money can stay within orienteering and often be increased by 25% or sometimes more. How? By claiming and then donating the expenses to the Orienteering Foundation. The Orienteering Foundation is a registered charity, independent of British Orienteering, and exists to promote innovation and to support people and projects in orienteering. Where the donor is a taxpayer, Gift Aid can be claimed by the charity from HMRC.

So, next time you have some expenses, don't just ignore them, make a claim and then donate an amount to the Orienteering Foundation. The money still stays within orienteering but is actually more than before!

If just 100 volunteers who currently don't claim an average of £20 were to do so and make donations, it would total £2,000, which, with Gift Aid added, would be worth £2,500 to the Orienteering Foundation. A substantial sum like that could make a huge difference to for example junior development initiatives.

Kevin Harding, HH and British Middle Championships 2016 Planner commented, "I never used to claim orienteering expenses. The cost to me is always the time not the money. Having said that I do believe that events should be budgeted to break even and not expect officials not to claim. I also feel the money should be used to benefit the sport and not just sit in a bank account. That is why when Andrew Evans, DFOK, mentioned the Orienteering Foundation I had no hesitation donating my British Middle expenses."

Resolve to do it when you next have the chance! It's easy using the Orienteering Foundation website at <https://www.orienteeringfoundation.org.uk/donate> where you can also find out more details about the Orienteering Foundation.

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World Schools Orienteering Championships. Sicily 22nd - 28th April 2017

By Charlie Rennie (LEI)

Photos from the ISF WSC Orienteering facebook page. (International School Sports World Schools Championships)

I've been asked to write a report on my visit to Sicily for the World Schools Orienteering Championships. I could write a book about this amazing experience but I don't want to bore you so I'll just write the best bits!

Everyone was in a relaxed and chatty mood on Friday night at the Premier Inn at Heathrow airport. It felt more like a holiday with friends than an international competition. It wasn't so much fun waking up at half past four in the morning to catch our flight to Rome, but now it felt very serious, all 50 of us dressed in team kit, with officials all around us. It still left time for a competition to see who could find the most expensive bottle of wine in the airport shop. I managed £260 but the winner found one for a grand and I still can't think of anyone who would buy that! How would they get it on the plane? Wine aside we made a quick changeover from Rome to Palermo and after a police escort soon arrived at our seaside hotel. With a beautiful view, a heated pool, slides and a beach the hotel had everything, but it was early to bed with the model event in the morning.



It was another early start for a two-hour bus journey to the event centre, which meant time for a good sleep and to look at the beautiful mountains of Sicily. Sunday was the model event which was a chance to experience the area and get a run in, so my team and our coach set out to try out Sicilian orienteering. It was one of the hardest areas I've ever been in! The vegetation was thick and full of spikes (a bit like Bagworth!) so running was slow

and you couldn't see much either. If you got lost, you properly got lost! The views were spectacular, however, and I really enjoyed the challenge. After a few hours of running we returned for lunch, got back on the bus and headed back to Palermo for the opening ceremony.

The opening ceremony was incredible. There were amazing acts, with dancers and acrobatics and big crowds. All the athletes walked around the old town in our teams, following our national flags. It made me feel very proud to be representing my country. Even Chris Bosley was in the crowd, cheering us along. We got back to the hotel late after the opening ceremony, hungry and tired but feeling good and prepared for the long distance race tomorrow.

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In the long distance race, I messed up two controls but still finished 17th in the world which I was pretty proud of. My dad texted me to tell me he'd watched it on the big screen at work. Apparently there was a live feed on Facebook! I knew what I needed to do to improve for the middle distance race.

Tuesday was the friendship relay where a team of three from different countries had to



collect all the controls around the old town of Palermo in as fast a time as possible. The town was beautiful! Full of renaissance statues and churches. I've done some pretty cool urban races in the UK but this was the best.

The next day we had a full free morning which meant time for swimming and having fun with our new friends from the other nations. First we went to the toboggan, a massive waterslide that lead into the sea and I must have gone on it about 20 times. We relaxed in the heated pool for a bit before returning to our rooms spotting a lemon tree on the way back. The next thing we knew, us and the Latvian team were having a lemon fight across the rooftops which escalated to a water fight, until we made a peace treaty that was instantly broken and we had another fight. It left us sticky and soggy but we had a great laugh!

Wednesday night was the cultural evening which was time for each country to showcase their country with food and dance. We all liked the Belgian table a lot and the Scots had Irn Bru!

Thursday, our final day in Sicily, we made the same stunning bus journey to the event centre for the middle distance race. I had a decent run finished 14th cementing my team a second place in the world



and an amazing silver medal.

After a party on the last night we flew back home buzzing from our amazing time in Sicily and I really hope I can go to Estonia for the World Schools Orienteering Championships in 2019. I also want to say thank you to Leicester Grammar School, Leicester Grammar School Friends, Leicestershire Orienteering Club and the East Midlands Orienteering Association for funding me so I could go on this wonderful trip. It was an experience I will never forget.

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National Forest Report



Roy has been working with a number of National Forest officers to decide designs for 7 large information boards to go at selected hubs in the heart of the Forest along with about 20 information posts. Roy believes these new boards should incorporate orienteering information on them so that they can double as POC controls.

The Forest is very much working on joining up pockets of woodland and encouraging access and recreation rather than planting loads more trees which suits us as orienteers.

To further their ambitions they are seeking a new Access & Recreation Development Officer part time on about £15k - see www.nationalforest.org/about_us/employ/

Roy Denney (N F Representative EMOA)

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East Midlands Urban League 2017

The EM Urban League for 2016 has been defined and 4 events have taken place. The scoring is the best 4 out of 8 events to count.

1	DVO	Belper	02-Jan
2	NOC	The Meadows	17-Jun
3	LEI	Loughborough University	18-Jun
4	LOG	Lincoln	20-Aug
5	LOG	Stamford	08-Oct
6	DVO	Chesterfield	22-Oct
7	LEI	Shepshed	12-Nov
8	NOC	Nottingham	03-Dec



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The detailed urban league status is available on the EMOA website at <http://www.oxfordfusion.com/ukul/index.cfm?Org=7&Test=0>

The current 2017 standings after 3 events are:

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Junior Men

	Name		Club	best 4	UL1	UL2	UL3
1	Charlie Rennie	M14	LEI	296/3	96	100	100
2	Ben Hardy	M14	LEI	187/2	91		96
3	James Lowthian	M16	NOC	186/2	90	96	
4	Jake O'Donnell	M12	DVO	184/2	93		91
5=	Benjamin Squire	M14	NOC	93/1		93	
5=	Ben Mather	M14	LOG	93/1			93
7=	Daniel Ferraro	M12	NOC	90/1		90	
7=	Ben O'Donnell	M14	DVO	90/1			90
9	Samuel Davis	M16	DVO	89/1	89		

Junior Women

	Name		Club	best 4	UL1	UL2	UL3
1	Sophie Vincent	W14	DVO	191/1	91		100
2	Rachel Duckworth	W14	DVO	100/1	100		
3	Sarah Duckworth	W16	DVO	96/1	96		
4	Reed Lydon	W16	LEI	93/1			93
5	Hannah Mather	W12	LOG	91/1			91

Open Men

	Name		Club	best 4	UL1	UL2	UL3
1	Richard Robinson	M35	NOC	196/3	96	100	0
2	William Parkinson	M21	NOC	172/2	83	89	
3	Finn Lydon	M18	LEI	100/1			100
4	Ben Beresford	M21	NOC	91/1	91		
5	Andy Glover	M35	LEI	90/1			90
6	Anthony Squire	M40	NOC	89/1	89		
7	Alan Le Moigne	M40	DVO	88/2		88	0
8	Liam Harrington	M21	LOG	87/1	87		
9	Craig Lucas	M20	LOG	84/1			84
10	Simon West	M20	LEI	83/1		83	

Open Women

	Name		Club	best 4	UL1	UL2	UL3
1	Liz Heaton	W35	LEI	281/3	90	100	91
2	Sal Chaffey	W50	DVO	196/2		96	100
3	Ashleigh Howells	W18	LEI	185/2	92		93
4	Imogen Wilson	W18	LEI	174/2	88		86
5	Jessica Dring-Morris	W18	LEI	172/2	84		88
6	Tracey Brookes	W50	LEI	170/2	85		85
7=	Andrea Page	W40	LOG	87/1	87		
7=	Joanna Goodhead	W20	DVO	87/1			87

9	Samantha Vincent	W21	DVO	81/1	81		
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Veteran Men

	Name		Club	best 4	UL1	UL2	UL3
1	Jamie Rennie	M45	LEI	278/3	87	100	91
2	Francesco Lari	M50	DVO	186/2	90		96
3	Richard Parkin	M45	DVO	182/2	89	93	
4	Ian Howells	M50	LEI	169/2	81		88
5	Graham Thorne	M45	NOC	169/2	79	90	
6	Richard Naish	M50	DVO	156.5/2	70.5	86	
7	Alastair Paterson	M50	LEI	156/2	72		84
8=	Iain Phillips	M50	LEI	151/2	66	85	
8=	Andrew Selby	M40	DVO	151/2	67	84	
10	Dai Bedwell	M50	DVO	100/1			100

Veteran Women

	Name		Club	best 4	UL1	UL2	UL3
1	Tanya Taylor	W45	LOG	296/3	100	100	96
2	Helen Chiswell	W40	DVO	184/2		96	88
3=	Helen Parkinson	W50	NOC	182/3	91	91	0
3=	Alison Hardy	W50	LEI	182/2	89		93
5	Caroline Howells	W40	DVO	176/2	86	90	
6	Claire Selby	W45	DVO	166/2	77	89	
7	Jane Dring-Morris	W45	LEI	161/2	75		86
8	Sally Calland	W40	DVO	93/1	93		
9=	Trish Lydon	W45	LEI	87/1			87
9=	Catherine Hughes	W45	NOC	87/1	87		

Supervet Men

	Name		Club	best 4	UL1	UL2	UL3
1	David Vincent	M55	DVO	269/3	93	88	88
2	Mike Gardner	M55	DVO	248/3	71	90	87
3	Andrew Ridgeway	M55	NOC	186/2		96	90
4	Michael Napier	M60	NOC	185/2		89	96
5	Paul Morris	M60	NOC	176/2	85	91	
6	Graham Johnson	M60	DVO	174/2	89	85	
7	John Hurley	M60	DVO	170/2		86	84
8	Andy Portsmouth	M60	LEI	142/2	63		79
9	Kevin Lomas	M50	NOC	91/1	91		
10	Mick Lucking	M60	NOC	84/1	84		

Supervet Women

	Name		Club	best 4	UL1	UL2	UL3
1	Amanda Roberts	W60	LOG	296/3	96	100	100
2	Ruth Ellis	W65	DVO	263/3	77	93	93

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3	Val Johnson	W55	DVO	93/1	93		
4	Trudy Crosby	W55	LOG	91/1			91
5	Ursula Williamson	W55	LEI	84/1	84		
6	Jane Burgess	W60	DVO	82/1	82		
7	Kim Buxton	W55	DVO	78/1	78		
8	Jane Booker	W60	NOC	76/1	76		
9	Anne Kimberley	W55	DVO	70/1	70		

Ultravet Men

	Name		Club	best 4	UL1	UL2	UL3
1	Robert Haskins	M65	LEI	270/3	81	93	96
2	Kevin Gallagher	M65	LEI	255/3	83	87	85
3	Rex Bleakman	M70	DVO	249/3	74	89	86
4	Doug Dickinson	M70	DVO	190/2		100	90
5	Ian Parfitt	M65	DVO	176/2	88	88	
6	Roger Edwards	M65	LEI	173/2	82	91	
7	Derek Gale	M70	DVO	167/2		90	77
8	Simon Ford	M70	LEI	164/2		84	80
9	Jeffrey Baker	M65	LOG	161/2	85		76
10	John Palmer	M70	NOC	159/2		85	74

Ultravet Women

	Name		Club	best 4	UL1	UL2	UL3
1	Liz Godfree	W65	DVO	296/3	100	96	100
2	Hilary Palmer	W70	NOC	292/3	96	100	96
3	Jen Gale	W70	DVO	181/2		91	93
4	Margaret Keeling	W70	DVO	178/2		89	89
5	Judith Holt	W65	DVO	93/1	93		
6	Viv Macdonald	W65	DVO	90/1	90		
7	Christine Middleton	W70	DVO	89/1	89		
8	Ann Armistead	W65	DVO	88/1	88		
9	Pauline Ward	W70	DVO	87/1	87		

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East Midlands League 2017

The current standings for the East Midlands League 2017 are shown below. As usual it is the top 8 scores that count. These are the events which make up the league so far.

1 - Bagworth Common (LEI)	2 - Stapleford Woods (LOG)	3 - Harlow Wood (NOC)
4 - Beacon Hill (LEI)	5 - Lindop (DVO)	6 - Silverhill Wood (NOC)
7 - Irchester (LEI)	8 - Crich Chase (DVO)	9 - Calke Abbey (DVO)

The following are the future events planned for the League in 2017:

2 nd July - DVO - Longstone Moor	24 th September - DVO - Kedleston Hall
15 th October - LEI - Burrough Hill	5 th November - NOC - Boundary Wood
TBC - NOC	17 th December - LEI - Outwoods

Here is the League status top 10s for those who have more than one thousand points:

White - Male

Forename	Surname	Club	Age				Best 8	
Felix	Jarvis	LEI	10	1000-2	409-4	1000-6	3007	1
Daniel	Glover	LEI	12	1000-4	1000-8		2000	2
Rory	Squire	NOC	10	639-4	890-8		1529	3=
George	Powell	DVO	6	586-3	943-9		1529	3=

White - Female

Cerys	Glover	LEI	10	1000-1	1000-4	1000-8	3000	1
Connie	Brocklehurst	DVO	10	1000-5	638-8		1638	2

Yellow - Male

George	Rennie	LEI	10	794-1	573-4	1000-6	1000-7	492-8	625-9	4484	1
Josh	Bones	LOG	10	1000-2	1000-3	700-4	692-7	478-8	596-9	4466	2
Ben	Glover	LEI	12	1000-1	1000-4	1000-7	1000-8			4000	3
Leo	Crown	DVO	12	600-8	610-9					1210	4

Yellow - Female

Robyn	Jarvis	LEI	12	1000-2	1000-3	1000-4	1000-6	1000-8	564-9	5564	1
Sarah	Pennell	DVO	55	1000-7	613-8					1613	2

Orange - Male

Ben	Mackervoy	DVO	14	1000-8	787-9	1787	1
Leo	Crown	DVO	12	957-4	537-5	1494	2
Brian	Ward	DVO	80	1000-3	358-4	1358	3

Orange - Female

Daisy	Rennie	LEI	12	1000-1	1000-4	953-6	1000-7	1000-9	4953	1
Hannah	Mather	LOG	12	805-1	1000-2	571-4	837-8	909-9	4122	2
Alice	Crane	DVO		917-6	1000-8				1917	3

Light Green - Male

Jake	O'Donnell	DVO	12	960-1	1000-2	1000-3	982-4	1000-5	1000-7	1000-8	6942	1
Ben	O'Donnell	DVO	14	697-1	420-3	590-5	973-8				2680	2
Ben	Squire	NOC	14	1000-4	959-8						1959	3
Rob	Tucker	DVO	65	550-3	915-5						1465	4
Pete	Nash	DVO	60	802-5	573-9						1375	5
Jake	Bayley	DVO	12	719-5	515-9						1234	6

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Light Green - Female

Anne	Cunningham	DVO	50	848-1	885-2	1000-3	1000-4	1000-6	768-8	448-9	5949	1
Helen	Rennie	LEI	40	976-1	646-4	929-6	1000-7				3551	2
Clare	Sanders	NOC	35	761-1	1000-2	961-3	759-8				3481	3
Alison	Glover	LEI	35	1000-1	867-4						1867	4
Nicola	O'Donnell	DVO	45	765-4	911-5						1676	5
Libby	Barber	LEI	14	830-4	735-9							6

Short Green - Male

John	Woodall	NOC	75	747-1	689-2	857-3	893-4	819-5	774-7	452-8	816-9	6047	1
David	Cooke	NOC	65	1000-2	1000-4	1000-5	1000-7	1000-8	1000-9			6000	2
Kevin	Gallagher	LEI	65	821-2	925-3	979-6	795-7	867-9				4387	3
Laurie	Fluck	LEI	70	588-2	641-3	668-5	644-6	543-7	643-9			3727	4
Dave	Radmore	NOC	60	472-2	758-4	620-5	752-6	525-8	543-9			3670	5
John	Palmer	NOC	70	1000-3	1000-6	855-8	593-8					3448	6
Chris	Phillips	LEI	70	612-2	869-4	666-6	715-9					2862	7
Peter	Leake	LEI	75	1000-1	953-3	687-7						2640	8
Tony	Berwick	DVO	80	654-3	751-4	620-5	591-9					2616	9
Andrew	Breakwell	NOC	70	830-1	667-3	880-9						2377	0

Short Green - Female

Pauline	Ward	DVO	70	951-3	1000-4	854-5	893-6	939-8	873-9	5510	1
Christine	Middleton	DVO	70	738-1	722-2	1000-3	709-8	847-9		4016	2
Helen	Finlayson	DVO	70	1000-5	879-6	915-7	954-9			3748	3
Sarah	Parkin	DVO	45	602-2	608-3	529-4	584-5	633-8	710-9	3666	4
Ann	Armistead	DVO	65	1000-1	807-5	776-6	956-9			3539	5
Donna	Hawkins	DVO	55	642-2	687-4	599-6	683-8	680-9		3291	6
Judith	Holt	DVO	65	1000-6	1000-8	1000-9				3000	7
Jen	Gale	DVO	70	945-3	782-6	718-8				2445	8
Diane	Ford	LEI	70	703-3	688-4	792-7				2183	9
Maureen	Webb	LEI	60	537-6	815-7	799-9				2151	10

Green - Male

Roger	Edwards	LEI	65	912-1	870-2	983-3	1000-5	911-6	1000-7	904-8	812-9	7392	1
Jeffrey	Baker	LOG	65	719-2	894-3	733-4	956-5	725-6	631-8	695-8	634-9	5987	2
Andy	Hawkins	DVO	70	773-1	859-3	873-4	919-5	849-6	957-7	730-8		5960	3
Simon	Ford	LEI	70	1000-1	800-3	1000-4	732-5	761-7	1000-8			5293	4
David	Anderson	LEI	75	706-1	630-2	688-3	656-4	889-7	753-9			4322	5
Dave	Skidmore	DVO	70	822-1	762-2	829-3	769-4	788-6				3970	6
Robert	Bood	LEI	50	543-2	618-3	644-4	628-5	703-7	656-9			3792	7
Rex	Bleakman	DVO	70	923-2	887-3	860-5	1000-9					3670	8
Andy	Portsmouth	LEI	60	624-4	744-5	648-6	675-8	665-9				3356	9
Stephen	Bones	LOG	35	645-2	590-3	542-4	634-7	667-8				3078	0

Green - Female

Amanda	Roberts	LOG	55	948-1	1000-3	895-4	1000-5	938-6	1000-7	979-8	879-9	7639	1
Ruth	Ellis	DVO	65	855-1	941-2	786-3	751-4	689-5	934-6	790-7	872-8	6618	2
Jane	Burgess	DVO	60	795-1	1000-2	730-3	793-4	909-6	764-7	871-8	749-9	6611	3
Ursula	Williamson	LEI	55	800-2	796-3	687-4	782-5	829-6	739-7	772-8		5405	4
Viv	Macdonald	DVO	65	750-1	949-2	862-6	789-7	718-8				4068	5
Rachel	Davis	DVO	50	674-1	570-3	671-4	803-6	715-8	592-9			4025	6
Liz	Godfree	DVO	65	1000-4	860-5	1000-6	1000-9					3860	7
Jane	Dring-Morris	LEI	45	731-2	632-3	613-4	629-5	585-7	562-9			3752	8
Margaret	Keeling	DVO	70	649-1	814-3	750-4	668-5	839-6				3720	9
Helen	Parkinson	NOC	50	915-2	747-3	709-4	562-5	701-9				3634	0

EMEWS

Blue - Male

Chris	Bosley	LEI	70	826-1	913-2	818-4	918-5	933-6	900-7	842-8	871-9	7021	1
Ian	Wilson	LEI	50	815-1	888-2	778-3	809-4	849-5	824-6	830-9		5793	2
Paul	Hudson	NOC	55	787-1	830-2	884-3	781-4	780-5	899-6	598-8		5559	3
Mike	Gardner	DVO	55	731-1	673-4	671-5	804-6	811-7	504-8			4194	4
Alastair	Flynn	NOC	18	738-1	634-4	703-5	804-6	614-8	695-9			4188	5
Robert	Parkinson	NOC	60	867-2	799-3	835-4	733-5	920-9				4154	6
John	Worth	LEI	50	702-2	678-4	643-6	637-7	683-8	717-9			4060	7
Kevin	Lomas	NOC	60	1000-1	974-3	1000-4	1000-8					3974	8
Alastair	Paterson	LEI	50	645-1	627-4	604-5	794-7	562-8	654-9			3886	9
Charlie	Rennie	LEI	14	915-1	798-4	1000-7	822-8					3535	0

Blue - Female

Tanya	Taylor	LOG	45	989-1	1000-2	1000-3	828-4	1000-5	1000-6	1000-7	997-9	7814	1
Alison	Hardy	LEI	50	953-1	1000-4	909-5	926-7	1000-8	868-9			5656	2
Sal	Chaffey	DVO	50	986-2	980-6	977-8	1000-9					3943	3
Tracey	Brookes	LEI	50	762-6	798-7	740-8	837-9					3137	4
Jessica	Dring-Morris	LEI	18	692-1	666-2	713-3	830-5					2901	5
Liz	Heaton	LEI	35	791-2	659-4	618-7	604-8					2672	6
Imogen	Wilson	LEI	18	754-1	917-2	928-5						2599	7
Esther	Revell	LEI	21	537-3	626-4	671-8						1834	8
Sarah	Duckworth	DVO	16	1000-1	825-8							1825	9
Trish	Lydon	LEI	45	806-4	791-7							1597	0

Brown - Male

Jamie	Rennie	LEI	45	855-1	870-4	910-6	1000-7	937-8	920-9	5492	1
Richard	Parkin	DVO	45	906-2	951-3	1000-6	1000-8	987-9		4844	2
Stephen	Chafer	LEI	50	756-1	616-2	810-5	858-6	801-7	653-8	4485	3
Robert	Smith	DVO	50	832-1	881-3	849-4	894-5	844-8		4300	4
Ian	Wells	RAFO	60	587-2	730-4	802-5	739-6	780-7	615-8	4253	5
Joe	Taunton	NOC	21	850-1	811-2	924-3	669-8			3254	6
Francesco	Lari	DVO	50	874-5	866-6	1000-9				2740	7
Ben	Crane	DVO	45	1000-5	868-6	868-8				2736	8
Andrew	Powell	DVO	35	738-3	936-8	924-9				2598	9
Alastair	Thornton	LUOC	21	781-2	833-3	960-4				2574	0

Brown - Female

Helen	Chiswell	DVO	40	1000-1	1000-2	910-4	983-6	750-8	786-9	5429	1
Julie	Ferris	LEI	50	1000-4	1000-6	1000-7	1000-8	1000-9		5000	2
Sally	Calland	RSOC	40	1000-3	950-4	912-8				2862	3
Liz	Heaton	LEI	35	933-1	798-3	723-9				2454	4

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Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

July

Tue 4 th	LEI Summer League 11	D	LEI	EM	Aylestone Meadows	Leicester	SK575024
Wed 5 th	Matlock Summer Series - Oker Hill	D	DVO	EM	Oker Hill	Matlock	
Thu 6 th	Lincs Urban League	D	LOG	EM	Sleaford Town	Sleaford	TF069457
Thu 6 th	Evening event	D	SYO	YH	Hathersage	Hathersage	SK222823
Sat 8 th	Fat Rascal Weekend (UKOL)	B	AIRE	YH	Peel Park/Lister Park	Bradford	SE169344
Sat 8 th	POTOC Leisure and Training event	D	POTOC	WM	FESTIVAL PARK	HANLEY	
Sat 8 th	HOC Summer Series	D	HOC	WM	Sanders Park	Bromsgrove	SO953707
Sat 8 th	Explore The Parks	D	NOC	EM	Bramcote Hills Park	Nottingham	SK505380
Sun 9 th	Fat Rascal Weekend (UKOL)	B	AIRE	YH	Bradford	Bradford	SE163329
Wed 12 th	LEI Summer League 12	D	LEI	EM	Knighton Park	Leicester	SK606009
Wed 12 th	Matlock Summer Series - Whitworth Park	D	DVO	EM	Whitworth Park	Matlock	
Sat 15 th	Level D - Staunton Harold - South Derbyshire Series	D	DVO	EM	Staunton Harold Reservoir	Derby	
Sat 15 th	HOC Summer Series	D	HOC	WM	Queslett	Birmingham	
Sat 15 th	Northern Rocket Weekend Sprint Event	C	MDOC	NW	Birchwood Streets	Warrington	SJ650911
Sun 16 th	Northern Rocket Weekend British Mixed Sprint Relays	B	DEE	NW	Edge Hill Campus	Ormskirk	
Thu 20 th	LEI Summer League 13	D	LEI	EM	Cademan	Loughborough	SK439167
Thu 20 th	Lincs Urban League	D	LOG	EM	Branston	Lincoln	TF017676
Sat 22 nd	Wolds Mini Marathon	D	LOG	EM	George & Dragon	Hagworthingham	TF346696
Sat 22 nd	Level D - Foremark Reservoir - South Derbyshire Series	D	DVO	EM	Foremark Reservoir	Derby	
Tue 25 th	LEI Summer League 14	D	LEI	EM	Abbey Park	Leicester	SK585054
Sun 30 th	Scottish 6 Days - Day 1	B	MAROC	SOA	Glen Tanar	Aboyne	
Mon 31 st	Scottish 6 Days - Day 2 (UKOL)	B	MAROC	SOA	Balfour Forest	Aboyne	

August

Tue 1st	Scottish 6 Days - Day 3	B	MAROC	SOA	Birsemore Hill	Aboyne	
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EMEWS

Wed 2 nd	Scottish 6 Days - Rest Day Sprint	C	MAROC	SOA	Ballater	Ballater	
Wed 2 nd	LEI Summer League 15	D	LEI	EM	Donisthorpe	Ashby	SK313152
Thu 3 rd	Scottish 6 Days - Day 4 (UKOL)	B	MAROC	SOA	Creag Choinnich	Braemar	
Fri 4 th	Scottish 6 Days - Day 5	B	MAROC	SOA	Glen Feardar	Braemar	
Sat 5 th	Scottish 6 Days - Day 6	B	MAROC	SOA	Glen Feardar	Braemar	
Sun 6 th	NOC Summer Event	D	NOC	EM	Rushcliffe Country Park	Ruddington	SK575320
Tue 8 th	LEI Summer League 16	D	LEI	EM	Bradgate Park	Leicester	SK541114
Sat 12 th	Level D - Swadlincote Woods - South Derbyshire Series	D	DVO	EM	Swadlincote Woods	Swadlincote	
Sun 13 th	LEI Summer League 17 and LEI Score Cup	D	LEI	EM	Castle Hill Park	Leicester	SK550087
Wed 16 th	Hardwick Park - National Trust Series	D	DVO	EM	Hardwick Hall	Chesterfield	SK463637
Thu 17 th	LEI Summer League 18	D	LEI	EM	Market Bosworth Country Park	Market Bosworth	SK411032
Thu 17 th	Evening event	D	SYO	YH	Redmires	Sheffield	sk256856
Sat 19 th	Level D - Rosliston - South Derbyshire Series	D	DVO	EM	Rosliston Forestry Centre	Derby	
Sat 19 th	Summer series	D	WAOC	EA	Coe Fen	Cambridge	TL445576
Sun 20 th	DEE Urban race Frodsham UKUL	B	DEE	NW	Frodsham	Frodsham	SJ515776
Sun 20 th	EM Urban League	C	LOG	EM	Lincoln City	Lincoln	
Wed 23 rd	LEI Summer League 19 Final and Presentations	D	LEI	EM	Bagworth Woodlands	Leicester	SK458068
Wed 23 rd	Ilam Park - National Trust Series	D	DVO	EM	Ilam	Ashbourne	
Fri 25 th	White Rose Weekend Night Score	D	EBOR	YH		Helmsley	SE596891
Sat 26 th	White Rose Weekend	B	EBOR	YH	Collis Rigg	Helmsley	SE596891
Sat 26 th	White Rose Weekend Sprint	D	EBOR	YH		Helmsley	SE596891
Sun 27 th	White Rose Weekend & YHOA Superleague	B	EBOR	YH	Heater Rigg	Helmsley	SE596891
Mon 28 th	White Rose Weekend Team Race	C	EBOR	YH		Helmsley	SE596891
Wed 30 th	Longshaw - National Trust Series	D	DVO	EM	Longshaw	Sheffield	SK296790

September

Fri 1 st	Caddihoe Informal Training	D	KERNO	SW	Holywell Dunes	Newquay	SW767588
Sat 2 nd	Caddihoe Day 1 (UKOL) and South West Middle Distance Championships	B	KERNO	SW	Hayle Towans	Hayle	SW569392
Sat 2 nd	Caddihoe Urban Event (SEOUL)	D	KERNO	SW	Cornwall College Camborne	Camborne	SW664414
Sun 3 rd	Caddihoe Day 2 (UKOL) and South West Long Distance Championships	B	KERNO	SW	Hayle Towns	Hayle	SW569392
Sun 3 rd	YHOA Urban League	C	SYO	YH	Sheffield Centre SW	Sheffield	SK343860
Sun 3 rd	SMOC Keyne-O, Furzton	D	SMOC	EA	Furzton	Milton Keynes	SP852359

EMEWs

Sun 3 rd	SE Sprint Champs	C	SO	SE	Sussex University	Brighton	
Fri 8 th	London weekend race 1	C	SLOW	SE	Wapping	Wapping	
Sat 9 th	SLOW City of London Race	B	SLOW	SE		London	
Sun 10 th	LOK Ultrasprint	C	LOK	SE	Victoria Park	Victoria Park	
Sun 10 th	Peter Palmer Junior Team Relay	B	COBOC	WM		Birmingham	
Sun 10 th	BL Level B Event High Pike	B	BL	NW	High Pike, Calebreck, Hesket Newmarket	Penrith	NY343354
Sun 10 th	The John Bennison Long O	D	WRE	WM	Long Mynd	Church Stretton	SO420953
Sun 10 th	NOC Autumn Series	D	NOC	EM	Clifton Campus, Trent University	Nottingham	SK550353
Sat 16 th	Dales Weekend Day 1	B	AIRE	YH	Attermire	Settle	SD834651
Sat 16 th	OD Sprint Event	D	OD	WM	Warwick University (tbc)	Coventry	
Sat 16 th	POTOC Leisure and Training event	D	POTOC	WM	fenton park	stoke	
Sat 16 th	Nottinghamshire Peaks Mini Marathon	D	NOC	EM	Teversal	Sutton-in-Ashfield	
Sun 17 th	Dales Weekend Day 2 & YHOA Superleague	B	AIRE	YH	Malham Moor	Settle	SD907644
Sun 17 th	OD Tony Haw Score Championships	C	OD	WM	Kingsbury Waterpark	Tamworth	SP205958
Sun 17 th	LEI Club Championships	D	LEI	EM	Tunnel Woods	Ashby de la Zouch	
Sun 17 th	WAOB colour coded event	D	WAOB	EA	Wimpole Estate	Orwell	
Mon 18 th	Come-and-Try Urban Orienteering	D	DVO	EM	Openwoodgate, Belper School	Belper	
Sat 23 rd	CATI with Coaching	D	SUFFOC	EA	Haughley Park	Stowmarket	TM002623
Sun 24 th	East Midlands League	C	DVO	EM	Kedleston Hall	Derby	
Sun 24 th	WMOA League Event 7	C	WCH	WM	Oldacre	Stafford	
Sun 24 th	Regional Event	C	CLARO	YH	Angram	Harrogate	
Sun 24 th	HAVOC Weald Park EAL	C	HAVOC	EA	Weald Park	Brentwood	
Sat 30 th	British Sprint Championships (UKOL)	A		EA	Campbell Park	Milton Keynes	
Sat 30 th	Shipley Country Park	D	DVO	EM	Shipley Country Park	Shipley	

October

Sun 1 st	British Middle Champs (UKOL)	A		BOF	Wendover Woods	Aylesbury	
Sat 7 th	DVO Club Champs - Closed Event - DVO members only	D	DVO	EM	Grange Top Wood	Overseal	
Sat 7 th	OD Local Score Event - Coombe Abbey Country Park	D	OD	WM	Coombe Abbey Country Park (tbc)	Coventry	SP404790
Sat 7 th	Junior Home Internationals Individual & Welsh League Event 2017	B	MWOC	WOA	Gwanas	Dolgellau	
Sun 8 th	SAX Urban event	C	SAX	SE	Whitstable	Whitstable	
Sun 8 th	West Midlands Championships &	C	OD	WM	Sutton Park (tbc)	Sutton	SP109972

EMEWS

	WMOA League Event 8					Coldfield	
Sun 8 th	EM Urban League	C	LOG	EM	Stamford	Stamford	
Sat 14 th	Alfreton Park	D	DVO	EM	Alfreton Park	Alfreton	
Sat 14 th	British Schools Score Championships	B	SYO	YH	Rother Valley Country Park	Rotherham	
Sat 14 th	POTOC Leisure and Training event	D	POTOC	WM	Downs banks	Stone	
Sat 14 th	Finland 100 event	C	MDOC	NW	Lyme	Disley	SJ964823
Sun 15 th	East Midlands League	C	LEI	EM	Burrough Hill	Melton Mowbray	
Sun 15 th	Level C Event	C	WCH	WM	Shoal Hill	Cannock	
Sun 15 th	SMOC Keyne-O, Campbell Park	D	SMOC	EA	Campbell Park	Milton Keynes	SP867398
Sun 15 th	Urban event	C	MDOC	NW	Stockport Centre	Stockport	
Sun 22 nd	CompassSport Cup Final	A	DEVON	SW	Virtuous Lady	Yelverton	SX497694
Sun 22 nd	NOC Autumn Series & AGM	D	NOC	EM	Newstead & Annesley Country Park	Kirkby in Ashfield	SK522531
Sun 22 nd	SELOC Level C Event	C	SELOC	NW	Lever Park and Winter Hill	Horwich	
Sat 28 th	Cambridge City Race 2017	B	CUOC	EA		Cambridge	
Sat 28 th	Race the Parks	D	LOG	EM	Boultham Park	Lincoln	
Sun 29 th	Chesterfield (Holmebrook) urban - EM Urban League	C	DVO	EM	Chesterfield	Chesterfield	
Sun 29 th	WAOC East Anglian League event	C	WAOC	EA	Brandon Country Park	Brandon	
Sun 29 th	YHOA Superleague	C	HALO	YH		Humberside	

November

Sat 4 th	Southern Champs Weekend Urban Race (UKOL)	B	SOC	SC	Southampton City Centre	Southampton	
Sat 4 th	Parks	D	LOG	EM	Hartsholme Park	Lincoln	SK946695
Sun 5 th	November Classic and Southern Championships (UKOL)	A	SOC	SC	Highland Water	South Central	
Sun 5 th	East Midlands League	C	NOC	EM	Boundary Wood and Haywood Oaks	Mansfield	SK600570
Sun 5 th	HAVOC Langdon Hills Colour Coded event	C	HAVOC	EA	Langdon Hills Country Park	Basildon	
Sun 5 th	AIRE Event in the North West	C	AIRE	YH	Great Tower Wood	Bowness	
Sat 11 th	OD Local Event - Hartshill Hayes	D	OD	WM	Hartshill Hayes Country Park (tbc)	Nuneaton	SP317942
Sat 11 th	Parks	D	LOG	EM	West Common	Lincoln	SK965719
Sun 12 th	YHOA Superleague	B	EPOC	YH	Langfield Common	Todmorden	
Sun 12 th	HOC -WMOA League Event 9	C	HOC	WM	Tittersone Clee	Cleobury Mortimer	SO598757
Sun 12 th	EM Urban League	C	LEI	EM	Shepshed	Loughborough	
Sun 12 th	NOR colour coded	C	NOR	EA	NT Blickling Estate	Aylsham	TG175285
Sat 18 th	POTOC Leisure and Training event	D	POTOC	WM	Biddulph grange country park	Biddulph	
Sat 18 th	Parks	D	LOG	EM	South Common	Lincoln	SK977698
Sun 19 th	British Schools Orienteering	B	BOK	SW	Forest of Dean	South West	

EMEWs

	Championships						
Sun 19 th	CHIG SEL event	B	CHIG	SE	Wormley Woods	Cuffley	
Sun 19 th	Regional Event	C	CLARO	YH	Swinsty & Beecroft	Harrogate	
Sun 19 th	WMOA League Event 10 - Wombbridge	C	WRE	WM	Wombbridge	Telford	SJ699123
Sun 19 th	WAOC colour coded event	C	WAOC	EA	Mildenhall South	Mildenhall	
Sun 19 th	NOC Autumn Series	D	NOC	EM	Oxclose Wood	Mansfield Woodhouse	SK530632
Sat 25 th	YHOA Night League	C	SYO	YH	Ecclesall Woods	Sheffield	SK310823
Sat 25 th	Guildford City Race	C	GO	SE	Staines	Godalming	
Sun 26 th	Regional Event	C	SYO	YH	Ecclesall	Sheffield	
Sun 26 th	WMOA League Event 11	C	WCH	WM	Rawnsley Hills	Hendesford	
Sun 26 th	East Midlands League	C	NOC	EM	Clumber Park	Ollerton	

December

Sat 2 nd	Southern Night Championships	B	TVOC	SC	Penn and Common Wood	High Wycombe	SU923957
Sun 3 rd	Regional Event	C	AIRE	YH	Middleton Woods	Ilkley	
Sun 3 rd	OD Club Champs & WMOA League Event 11 - Hay Wood	C	OD	WM	Hay Wood, Baddesley Clinton	Baddesley Clinton	
Sun 3 rd	TVOC Level C Regional Event	C	TVOC	SC	Penn and Common Wood	High Wycombe	SU923957
Sun 3 rd	East Midlands Urban League	C	NOC	EM	Nottingham	Nottingham	
Sat 9 th	WAOC colour coded night event	D	WAOC	EA	Wimpole Estate	Arrington	
Sun 10 th	Regional Event	C	HALO	YH	Beverley	Humberside	
Sun 10 th	East Midlands Champs at Eyam Moor	B	DVO	EM	Eyam Moor & Bretton Clough	Grindleford	
Sun 10 th	HOC WMOA Urban League	C	HOC	WM	Castle Vale	Birmingham	
Sun 17 th	YHOA Superleague	C	SYO	YH	Blackamoor	Sheffield	
Sun 17 th	Regional Event	B	SN	SE	Ash Ranges	South East	
Sun 17 th	East Midlands League	C	LEI	EM	Outwoods	Loughborough	
Sun 24 th	Regional Event	C	EPOC	YH	Ogden Water	Halifax	
Tue 26 th	Boxing day Score Event	D	WCH	WM		Blindly Heath	
Sat 30 th	OD Christmas Relays	D	OD	WM	Rough Close Scout Camp (tbc)	Coventry	SP264780

January

Mon 1 st	East Midlands Urban League 2018	C	DVO	EM	Buxton	Buxton	
Sun 7 th	East Midlands League 2018	C	NOC	EM	Strawberry Hill	Mansfield	SK580600

LEI Monday Night Club

There is a lot of information on LEI site at [LEI](#)

Monday 3rd July [Beacon Hill](#)

Monday 10th July [Beacon Hill](#)