

THE NEWSLETTER of the EAST MIDLANDS ORIENTEERING ASSOCIATION

EARLY SUMMER 2025



EMEWS EDITOR:

Mike Gardner
3 Gatcombe Close
Oakwood
Derby
DE21 2PZ

Email: mikegardvo@sky.com

EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

East Midlands website: www.emoa.org.uk

Copy Date for next issue: 30th June 2025 for next EMEWS. Contributions are always welcome but especially by e-mail (<u>mikegardvo@sky.com</u>).

I will then get the next edition out in early July 2025.

Cover - Thanks again to Ernie for the cover. As he said he did finish the Short Green Course singing the 'Hippopotamus Song', and assured both the LOG Finish and Download Teams that he would remember their Event when getting ready for the next EMEWS Cover to materialise on the drawing board! The mud around the ponds early in the course had just been dredged and proved an "interesting" challenge. There may still be orienteering shoes left in there, but luckily no orienteers!

EMEWS Contents - EMEWS 296 EMOA Committee Meeting Notes - 28th April 2025 3 EMJOS - Jan - April 2025 - Ann-Marie Duckworth 5 EMOA Top Three at JK 6 Bramcote Hills and the Hemlock Stone 7 East Midlands Urban League 2025 9 East Midlands League 2025 11 Puzzle Page 15 **Fixtures** 17

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Notes from EMOA Meeting - 28th April 2025

EMOA Champs Questionnaire - A questionnaire has been circulated to all who attended this year's EMOA Champs to determine whether we are getting the course combinations and lengths right for competitors. It is hoped to have the results available for the June meeting.

Change to EMOA Standing Order - The meeting agreed a minor word change to the EMOA Standing Order (in the constitution changes can be made by Executive Committee to Standing Orders, but changes to constitution must be voted on by AGM). The change is for the Independent Financial Examiner role. The constitution stated the IFE must be from a different club to the Financial Secretary. Now the word preferably has been added to the statement (i.e. the IFE would preferably be from a different club). If we had not made the change we would need to have tried to find a new IFE. This will be presented to the EMOA AGM as well.

JK Finances - All clubs should now have received the profits from the JK 2024 as agreed at the last meeting.

Financial Secretary Report - Overall membership fees income is just below budgeted levels for the full year with later joiners/renewals likely to make up the difference. Event levies are low, the £500 shortfall to budget so far is unlikely to be caught up. Interest income is higher than budgeted for the full year already (partly due to about £50 generated by the JK profits being held onto temporarily). EMJOS overall has spent (net of income received) £350 more than budgeted but generated £456 extra cake sales and other income to more than offset this. No grants paid to clubs this year or coach development costs incurred and senior talent support only paid to one person so far. So, at this stage not far off original budget.

Development -

Development Projects

Firm Applications for Funding

None currently in progress

<u>Preliminary Applications of Interest</u>

LOG/24/1 Club website update - LOG agreed to close this for now.

Club-funded development projects

- DVO/24/3 MapRuns 2024/25/26. DVO have been awarded a Sport England grant which will fund most of the costs of 36 MapRun events over the next two years, which are to be co-ordinated by the Club Development Officer with the aim of attracting new participants from running and other sporting clubs.
- DVO/24/4 MapActive courses and level D events 2024/25. DVO have been awarded a
 grant from the Orienteering Foundation, delivered in 2 tranches, the second conditional
 on demonstrating delivery of phase 1. This grant covers 2 MapActive courses, a Level D
 programme of 10 events and a Navigation festival for newcomers at Hardwick or a similar
 venue.
 - NOC/24/1 MapActive NOC's 5th MapActive course for newcomers finished at the Walesby event. 5 people (2 adults and 3 juniors) did Stages 1 and 2, and 4 adults joined them for Stage 2. All but two of the group of nine are now NOC members and 2 of the juniors went to the EMJOS Training in January. A further MapActive course is planned.
 - NOC/24/2 Club Coaching Training for 20 NOC members on 18th January. (Joined by 7 from DVO).

EMOA Officials Conference 2025

This is a preliminary notification that EMOA will be holding an Officials Conference at the Rushcliffe Country Park meeting room on Saturday September 20th 2025. The aim of this Conference is to keep our event organisers, planners and controllers up to date with rules, mapping standards and environmental good practice. There will be presentations from experts on these matters. The Conference will also provide a forum for discussions about best practice at EMOA events and about club and regional development projects.

More information about the Conference agenda, registration and arrangements on the day will be circulated shortly. It may be possible to enable remote access to some sessions. In the meantime please save the date: Saturday September 20^{th} .

Coaching

New Coaches:

- Andy Simpson (LEI & EMJOS) has completed his coaching qualification at Beacon Hill on 1st February.
- Matt White (LEI) hopes to finish his qualification by end of July.

EMJOS - See report below.

Fixtures - The League and Urban League fixtures are covered separately in EMEWS.

- Future Major Events
 - a. 12 Jul 2025 EuroCity Day 1 NOC Meadows Area
 - b. 13 Jul 2025 EuroCity Day 2 LOG Lincoln
 - c. 7 Sep 2025 Midland Champs DVO Chinley Churn
 - d. 15 Feb 2026 East Midland Champs DVO Longshaw or Chatsworth

- e. 2027 CompassSport Cup Heat DVO
- f. 5 Feb 2028 British Nights LEI

Future Possible Events

- a. EMOA Champs 2027 (NOC scheduled to host)
- b. EMOA Champs 2028 (LOG scheduled to host)
- c. Midland Champs 2028 (LEI?) possibly alongside British Night Champs
- d. VHI 2028 Ant Squire is looking at how this can be achieved. DVO may be able to support.
- e. EMOA Champs 2029 (DVO scheduled to host)
- f. CompassSport Cup heat 2029 (LEI or LOG scheduled to host)
- g. JIRCS 2030
- h. EMOA Champs 2030 (LEI scheduled to host)
- i. Midland Champs 2031 (EMOA scheduled to host)

Next Meeting - The next EMOA Committee meeting will be via zoom on 30th June 2025.

EMOA AGM - The AGM is scheduled for Monday 22^{nd} September in the PACE Room at Clifton Village.

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EMJOS January to April 2025

Training, events and JROS Camps

Beacon Hill 1st Feb 2025

Andy Simpson had a successful evening coaching session on Beacon Hill, with a small group from the region. He now has his Level 2 coaching qualification. Well done Andy!

Stanton Moor 8th March 2025

A combined squads training session (EMJOS, WMJS and YHJS) made the very best use of this quality area on a beautiful sunny say. The high numbers of juniors (EMJOS 8, WMJS 17 and YHJS 41) made the relatively high access cost (£250) more acceptable per athlete. Ann-Marie planned the day and most of the exercises knowing where the historical artifacts are to be avoided. In addition, Pauline Tryner used these control sites and some more in the bramble patch to the north, to plan longer, harder loops to prepare the M/W 17+ for the senior races (JK and BOC).

The focus of the exercises was the interpretation of map contours and the complex ground heights in the quarry area; in contrast there were loops that used the softer moorland contour detail on long legs (bearings and aiming off to intercept ditches). The Harris Relay accommodated well the very diverse range of abilities, to finish off the day before squad photos.

A learning point for Ann-Marie was to ascertain from the other coaches if the icebreaker to meet the juniors in other squads, was too boisterous and uncomfortable for

the more introverted or younger members [calling out pairs of things, to find your other half].

JROS Tent at JK2025 Day 3

EMJOS would like to thank all the East Midlands members who brought raffle tickets, and had a look at the displays and videos showing off the juniors in action at the many home and international training camps. £650 was raised - thanks.

Future training and events

The region has nominated three LEI athletes to go to JROS camps this summer: Cara Tolley for Laganlia (Scotland), Eoin Simpson Deeside (at Findholm, Scotland) and Ellie Simpson for Stockholm. These tours are in the best technical terrain, giving them the opportunities to experience excellent coaching from current GB members and top coaches. Also, the opportunity to make friends from around the country and strengthen their love of the sport.

The next training session (including relay practice) is being planned to be at the end of the summer (date to be confirmed), in preparation for the Junior Inter Regional Champs (JIRCS and Senior Home Internationals using same area of the Lakes).

The autumn will then be focused on Junior Inter Regional Championships in the Lake District (27 & 28th September), and planning the training sessions (day or weekend) going into 2026.

On the 16th Feb EMJOS juniors held a Cake Stall at East Midland Championships (LEI Martinshaw and Ratby Woods). They had a lovely indoor position which helped them raise £249. A big thank you to all those who bought cake and drinks.

Keep sign posting the squad for good junior club navigators!

Ann-Marie Duckworth EMJOS coach and coordinator

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EMOA Top 3 at JK

WOpen - 1st Sarah Duckworth (DVO)

The following are the people I can see in top 3 places on individual days at JK (apologies if I have missed anyone).

Day 1 - Sprint

M40 - 1st Richard Robinson (NOC)

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M80 - 2 nd Derek Gale (DVO)	W50 - 1st Sally Calland (DVO)
Day 2 - Middle	
M12B - 2 nd Hugh Chester (LEI)	W40S - 2 nd Emily Powell (DVO)
M20L - 1st Daniel Stothard (LEI)	W65S - 3 rd Trudy Crosby (LOG)
M21V - 2 nd Oliver Hague (LEI)	W70S - 3 rd Ruth Ellis (DVO)
M35L - 2 nd Dave Schorah (NOC)	W75L - 1 st Judith Holt (DVO)

M40L - 1st Richard Robinson (NOC)

M45L - 3rd Anthony Squire (NOC)

M65S - 3rd Alan West (LEI)

M80S - 1st Robert Titterington (LEI)

M805 - 2nd Peter Chick (LEI)

M90 - 3rd Donald Moir (LEI)

Day 3 - Long

M21V - 3rd Oliver Hague (LEI) W185 - 2nd Jessica Williams (DVO)

M40L - 1st Richard Robinson (NOC) W21L - 2nd Sarah Duckworth (DVO)

M40L - 3rd Andrew Powell (DVO) W40S - 1st Emily Powell (DVO)

M60S - 2nd Andy Sykes (DVO) W75L - 1st Judith Holt (DVO)

M90 - 3rd Donald Moir (LEI) W755 - 2nd Ann Armistead (DVO)

Day 4 - Relays

Senior Men (M120+) - 2nd NOC Robin Hood (Dave Schorah, Anthony Squire, Richard Robinson)

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Bramcote Hills and the Hemlockstone

I had assumed the area was named after the hills in Bramcote, which in part it is. But there is a little more to it than that. The area is the sight of Bramcote Hills House which became the new show home for John Sherwin in 1805 when he vacated Bramcote Manor House (the Bramcote Hills house is shown around 1900).



Following his death, both the house and the estate became the property of his son; John. In the course of time, John also inherited the Gregory estates in Lincolnshire so that his name became John Sherwin Gregory. Photos shown of the House are as it was in the early 1900s.

The house seems to have had a chequered family history as handing it down the family line was not simple. John Sherwin Gregory had no children with

his wife Catherine, so when she died the house passed to her brother Henry Holden. Henry was an interesting personality, who had the nickname "Hellfire Jack" even though he was the Chief Constable for Nottinghamshire! Then Henry's eldest son, Harry Winton, had predeceased him so the grandson; Millington Holden was destined to be the new owner of The Hills, but he died in a motorcycle accident. The next son Frederick William also died in a motoring accident so it

was Ernest Frank Holden who eventually became the resident owner at Bramcote Hills c1916 to 1922.

In the early 20th Century there were a number of prominent Nottinghamshire families who rented Bramcote Hills House from the Holdens including the Fishers, the Clays and the Fitzherbert Wrights.

During the Second World War Chilwell Ordnance Depot acquired the house as a hostel for A.T.S. drivers and a rehabilitation centre.

In the late 1940s, when the house and estate had become the property of John Alfred Edwin Drury Lowe, a descendant of the Holdens, it was compulsorily purchased and the creation of the Bramcote Hills Schools Campus began. The house itself, which had temporarily been converted into two flats for Council employees, was demolished in 1969. The base is still there on the area.



The Hemlock Stone is an outcrop of new red sandstone, deposited more than 200 million years ago in the Triassic period. Approximately 28 feet (8.5 m) high, it is formed of a layer of Nottingham Castle Sandstone overlying a layer of Lenton Sandstone.

There are two geological theories as to what removed the surrounding sandstone layers of which the inselberg was once a part. In the 18th century the

antiquarian William Stukeley (1687-1765) proposed that it had been left by quarrying of the surrounding stone. Certainly there are signs of past quarrying on and around Stapleford Hill. In 1908 the Ordnance Geological Survey (OGS) propounded that it was the result purely of natural differential erosion, particularly by ice in the Quaternary glaciation. The British Geological Survey, the OGS's modern successor, now supports Stukeley's theory.

In the Middle Ages it was claimed that the Devil threw the stone there from Castleton, Derbyshire, about 40 miles (64 km) away, because the ringing of church bells annoyed him. Quite apart from the fancifulness of the legend, there is no New Red Sandstone outcrop in that part of Derbyshire from which the stone could have come

On 3 June 2002 to celebrate the Golden Jubilee of Elizabeth II a large bonfire was lit on the top of Hemlock Stone as part of the worldwide chain of 2,006 beacons lit, watched by a crowd of an estimated 2,000 spectators.

The stone is referenced in D.H. Lawrence's novel Sons & Lovers.

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East Midlands Urban League 2025

The following is the current table for the EMOA Urban League 2025 which comprises of the following events:

1st January - Derby City (DVO) - (UL1)

29th June - Wirksworth (DVO) - (UL2) - note evening event

12th July - The Meadows (EuroCity weekend) (NOC) - UL3

13th July - Lincoln (Eurocity race) (LOG) - UL4

10th August - Lutterworth (LEI) - UL5

6th September - Hamilton (LEI) - UL6

28th September - Retford (NOC) - UL7

12th October - Newark (LOG) - UL8

Your best 4 scores will count from the 8 events. Note: we have reverted to the original scoring system of counting all competitors. Below is the current table showing the top 10 and omitting non-EMOA members (this year scoring based only on EMOA members):

Junior Men

		Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	L	Peter Birchall	M16	DVO	89	89							

Junior Women

Name	Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8

Open Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Richard Robinson	M40	NOC	96	96							
2	Nerijus Rozkovas	M35	DVO	91	91							
3	Mike Chapman	M45	LOG	84	84							
4	Ed Cochrane	M35	NOC	82	82							
5	Andrew Evans	M45	LOG	77	77							

Open Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Kirsty Buxton	W35	DVO	90	90							
2	Andrea Page	W45	LOG	85	85							
3	Jessica Williams	W18	DVO	84	84							

Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Chris Millard	M40	DVO	100	100							
2	Richard Parkin	M55	DVO	93	93							
3	Edward de Salis Young	M55	LEI	89	89							
4	David Jolly	M50	RAFO	87	87							

5	Andy Nicholls	M50	LEI	85	85				
6	Rob Williams	M45	DVO	82	82				
7	David Newton	M45	DVO	80	80				
8	Tom Hartland	M45	DVO	79	79				
9	Andrew Selby	M40	DVO	78	78				

Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Tanya Taylor	W50	LOG	96	96							
2	Emily Williams	W45	DVO	89	89							
3	Claire Selby	W50	DVO	88	88							

Senior Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	John Duckworth	M55	DVO	100	100							
2	Matt White	M55	LEI	91	91							
3	Steve Chafer	M55	LEI	86	86							
4	David Cladingboel	M55	LEI	85	85							
5	Alastair Paterson	M55	LEI	83	83							
6	Ian Buxton	M60	LEI	82	82							
7	Murray White	M55	DVO	81	81							
8	Andrew Ridgway	M60	NOC	80	80							
9	Gary Kelsall	M55	DVO	79	79							
10	Stephen Edgar	M55	DVO	76	76							

Senior Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Helen Parkinson	W55	NOC	100	100							
2	Michelle Mackervoy	W55	DVO	96	96							
3	Alison Hardy	W55	LEI	93	93							
4	Catherine Hughes	W55	NOC	91	91							
5	Sal Chaffey	W60	DVO	90	90							
6	Amanda Roberts	W60	LOG	89	89							
7	Susan Buxton	W60	LEI	85	85							
8	Carol Stynes-Martin	W55	LEI	84	84							
9	Karen White	W55	LEI	83	83							
10	Nicola Hart	W60	DVO	82	82							

Ultravet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Stephen Martin	M65	LEI	96	96							
2	Mike Gardner	M65	DVO	89	89							
3	Robert Parkinson	M65	NOC	87	87							

							EME	WS		
4	Patrick Tranter	M65	RAFO	85	85					
5	Malcolm Spencer	M65	DVO	84	84					
6	Stephen Kimberley	M65	DVO	83	83					
7	John Hopper	M70	DVO	80	80					
8	Andrew Wallace	M65	NOC	78	78					
9	Jeffrey Baker	M70	LOG	77	77					
10	Brian Denness	M70	DVO	74	74					

Ultravet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Jane Booker	W70	NOC	87	87							
2	Trudy Crosby	W65	LOG	86	86							
3	Ruth Ellis	W70	DVO	84	84							
4	Judith Evans	W65	DVO	82	82							
5	Anne Kimberley	W65	DVO	81	81							
6	Maureen Webb	W70	LEI	80	80							
7	Viv Macdonald	W70	DVO	78	78							

Hypervet Men

	O. VO. 77.01.											
	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Roger Edwards	M75	LEI	96	96							
2	Kevin Gallagher	M75	LEI	91	91							
3	Doug Dickinson	M75	DVO	88	88							
4	Pat Squire	M75	NOC	86	86							
5	John Marriott	M75	LEI	85	85							
6	Derek Gale	M80	DVO	84	84							
7	Rex Bleakman	M80	DVO	83	83							
8	Stuart Swalwell	M75	DVO	81	81							
9	Dave Skidmore	M75	DVO	80	80							
10	Peter Leake	M80	LEI	78	78							

Hypervet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Hilary Palmer	W75	NOC	100	100							
2	Sue Bicknell	W80	LEI	90	90							
3	Jen Gale	W75	DVO	89	89							
4	Tricia Neal	W75	NOC	87	87							

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East Midlands League 2025

The tables below provide the latest standings for the EMOA League 2025. With a total of 12 events, the best 7 scoring events count towards the league (we may have 13 if the Birchen Edge event is rescheduled). Tables below are based on standing in the league counting in at least 2 events, scoring more than 1000 points in total, and in the top 10 for that class.

The events included are:

- 1. 19th January LEI Hanging Hill and Boothorpe
- 2. 9th February LOG South Common
- 3. 23rd March NOC Silverhill Woods

The events still to come are:

- 4. 18^{th} May NOC Bramcote Hills & Hemlock Stone
- 5. 1st June DVO Carsington Pastures
- 6. 8th June LEI Irchester
- 7. 19th October LEI Burbage Common
- 8. 16th November NOC Wellow
- 9. 23rd November DVO Cromford Moor
- 10. 30th November LEI Beacon Hill
- 11. 21st December NOC Strawberry Hill

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12. 28th December - LEI - Martinshaw

Age

White - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	Score	Pos
White	- Femal	e.														

5

Name Club

yellow - male																
Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	score	Pos
Darwin Buxton	DVO	M12	1000	1000											2000	1

6

7

11 | 12 |

10

Score

Pos

Yellow - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	score	Pos
Maija Brook	LOG	W10		1000	557	·									1557	1
Eila Brook	LOG	W12		662	491										1153	2

Orange - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	score	Pos
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Orange - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	Score	Pos	I
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Light Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	Score	Pos
Jacob Miles	LEI	M16	1000	1000	1000										3000	1
Aidan Chester	LEI	M14	·	636	759						·				1395	2

Light Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	Score	Pos
Imogen Satherley	DVO	W14		1000	1000										2000	1

Very Short Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	score	Pos
David Anderson	LEI	M85	920		905										1825	1

										I	EME	WS				
Chris Phillips	LEI	M75		954	739										1693	
Ernie Williams	LEI	M80	655	1000											1655	3
Very Short Gr	noon - I	Famal						ı		- I	1	L	1	ı	1	1
•		Age 1		2	3	4	5	6	7	8	9	10	11	12	score	Pos
			1000 1			-			,	0		10			2000	100
L	J				II.		J					<u> </u>		<u> </u>		
Short Green - Name		Age	1	2	3	4	5	6	7	8	9	10	11	12	scores	Pos
Dave Skidmore	DVC		744	846	876	7	3	U		0		10	11	12	2466	1
David Booker	NOC	+	659	755	545										1999	
Peter Leake	LEI	M85	782	585	595										1962	
Rex Bleakman	DVC		900	303	1000					1					1900	-
Roger Edwards	LEI	M75			897					1					1897	1
John Pickles	NOC		635	540	617										1792	
Kevin Gallagher	+	M75	932	809	017										1741	-
Stuart Swalwell	DVC		858	882											1740	1
Chris Bosley	LEI	M75	806	002	827										1633	
Robert					901					1						
Titterington	LEI	M80	710												1611	10
<mark>Short <i>G</i>reen -</mark> Name	Femal Club	Age	1	2	3	4	5	6	7	8	9	10	1	1 1	12 scor	re I
Jane Booker	NOC	W70	_	605	100	0									258	31 1
Ruth Ellis	DVO	W70	836	742	840)									241	.8 2
Elaine Smith	NOC	W65	745	5	789)									153	34 3
Trudy Crosby	LOG	W65	792	664											145	66 4
Diane Blount	DVO	W75	573	3	654	-									122	27 5
Karen Bedwell	DVO	W55	í	516	529)									104	15 6
Wendy West	LEI	W60	556	5	462	2									101	.8 7
Green - Male																
Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	1 12	2 score	es P
John Hopper	DVC		_	918	843	3									271	
Andy Portsmout	h LEI	M70		847		+									237	75
Alan West	LEI	M65	740	762	629)									213	31 3
Lester Evans	DVC	M70	669	771	583	3									202	23
John Marriott	LEI	M75	1000		904	1									190)4 :
John Hurley	DVC	M70	911		982	2									189	93
Malcolm Spence	r DVC) M65	978		727	7									170)5
m 1 3.5 :	LEI	M70	758		691	l									144	19
Toby Manning		M70	844		555	5									139	99
Toby Manning Peter Cholerton	NOC	101/0							1	T			Т			
•	NOC LEI	M70	759	600)			1							135	59 10
Peter Cholerton Robert Haskins	LEI		759	600)										135	59 10
Peter Cholerton	LEI e			600		4	5		5 7	7 9	3 9) 10	<u> </u>	11		79 10 res 1

Tracey Brookes	LEI	W60	777	667	612					2056	2
Jane Dring-Morris	LEI	W55	649	700	614					1963	3
Amanda Roberts	LOG	W60	693	1000						1693	4
Clare Hanna	LOG	W60	516	751	369					1636	5
Helen Parkinson	NOC	W55		834	654					1488	6
Ursula Williamson	LEI	W60		682	658					1340	7
Jessica Williams	DVO	W18	482	440	402					1324	8
Katy Butterfield	NOC	W40	496	553						1049	9
Emily Williams	DVO	W45	525	485						1010	10

Blue - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	scores	Pos
Andrew Ridgway	NOC	M60	989	794	865										2648	1
Ed Chester	LEI	M50	723	680	748										2151	2
David Cladingboel	DVO	M55	751	588	674										2013	3
Dai Bedwell	DVO	M55		870	1000										1870	4
James Prince	DVO	M55	847		883										1730	5
Toby Miles	LEI	M55		765	886										1651	6
Alastair Paterson	LEI	M55		740	809										1549	7
Ian Wells	RAFO	M70	847	673											1520	8
Paul Goodhead	DVO	M60	800	695											1495	9
Tim Booker	NOC	M40	705		667	•									1372	10

Blue - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	score	Pos
Tanya Taylor	LOG	W55	1000	1000	1000										3000	1
Alison Hardy	LEI	W55	943	784	968										2695	2
Nicola Hart	DVO	W60	819		939										1758	3
Ann-Marie Duckworth	DVO	W55		775	953										1728	4
Monica Henderson	NOC	W35	686	580											1266	5
Hebe Parr	NOC	W21		558	703										1261	6

Brown - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	score	Pos
Richard Parkin	DVO	M55		1000	1000										2000	1
Roy Mitton	NOC	M55	618		620										1238	2
Roger Phillips	LEI	M45	594		621										1215	3

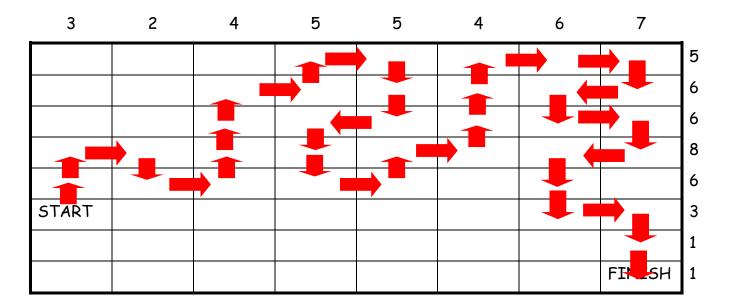
Brown - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	score	Pos
Anna-Kaisa Koskela-Brook	LOG	W40		638	1000										1638	1

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Puzzle Page

Answer to EMEWS Puzzle 295.



This month's puzzle:

The local wood is divided into 4 quarters. Each quarter is owned by a different family, but all have exactly 10 trees in them, made up of 3 types (as shown below).

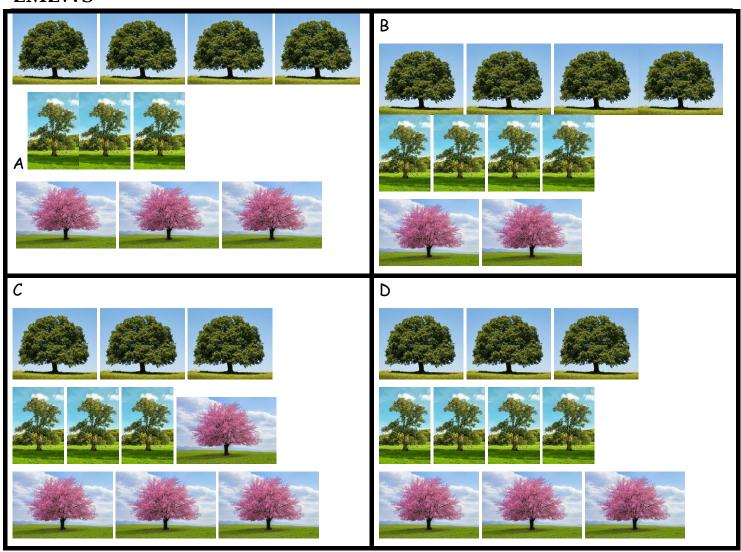


The Smiths have more elms than the Laceys.

The Cox family have more oaks than the Wrights.

Together the Cox family and the Laceys have more cherry trees than those of the Smiths and the Wrights.

Which family has which quarter (A, B, C, D) of the wood?



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MTBO

A slight correction to last EMEWS in that it is the World Masters MTBO Champs are in Moray, Scotland 8-12th September 2026 (not the World Champs). See more info at MTBO World Masters Championships Scotland 2026.

Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age-related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

Many events are currently pre-entry only, so please check the event details before travelling.

May 2025

Tue 6 th	LEI Summer League 4	Locl	<u>LEI</u>	EM	QEDJ Woods	Ashby	SK384119
Thu 8 th	QEDJ Woods Spring Series #6	Locl	LOG	EM	South Common	Lincoln	SK959719
Sat 10 th	British Orienteering	Majr	LOC	NW	Grizedale Forest	Newby Bridge	<u>5R/5/11/</u>
Sut 10	Championships (UKOL)	Tittgi	200	1111	Grizedare i Grest	Treway Briage	
Sat 10 th	MapActive Navigation	Act	DVO	EM	Markeaton Park	Derby	
	Training Session 2					, and the second	
	Markeaton Park						
Sun 11 th	British Relay Championships	Majr	LOC	NW	Bigland	Newby Bridge	
Sun 11 th	Ickworth South	Regl	SUFFO	EA		Bury St	
			<u>C</u>			Edmunds	
Wed 14th	Ryton Pools (tbc)	Locl	<u>OD</u>	WM		Coventry	
Wed 14 th	LEI Summer League 5	Locl	<u>LEI</u>	EM	Burrough Hill	Melton	SK766114
	Burrough Hill					Mowbray	
Sat 17 th	BL Middle Event (Northern	Regl	<u>BL</u>	NW	Knipe Scar,	Penrith	NY51519
	Champs Weekend) (UKOL)				<u>Bampton</u>		<u>4</u>
Sat 17 th	Eyes Meadow Local Event	Locl	DVO	EM	Eyes Meadow	Duffield	SK347433
Sun 18 th	Northern Championships	Natl	<u>MDOC</u>	NW	Angle Tarn Pikes	Patterdale	NY39716
	(UKOL)						<u>2</u>
Sun 18 th	EMOA League 2025	Regl	NOC	EM	Bramcote Hills & The Hemlockstone	Nottingham	
Wed 21st	Evening Event	Locl	SYO	YH	Wentworth Castle	Barnsley	
Thu 22 nd	LEI Summer League 6	Locl	LEI	EM	Castle Hill	Anstey	SK554083
	Castle Hill	2002					52200 1000
Sat 24 th	Springtime in Shropshire Day	Natl	HOC	WM	Ludlow	Ludlow	
	1. Ludlow urban						
Sun 25 th	Springtime in Shropshire Day	Nati	WRE	WM	Rorrington &	Shropshire	
	2 - Rorrington & Stapeley	onal		OA	Stapeley	1	
Mon 26 th	Springtime in Shropshire Day	Nati	HOC	WM	<u>Titterstone Clee</u>	Ludlow	
	3 - Titterstone Clee	onal		OA			
Tue 27th	LEI Summer League 7	Locl	<u>LEI</u>	EM	Abbey Park	Leicester	SK589057
	Abbey Park						

June 2025

Sun 1 st	EMOA League 2025	Regl	DVO	EM	Carsington	Wirksworth	SK245548
	Carsington Pastures				Pastures		
Sun 1st	Mike Nelson BOK Trot (SW	Regl	BOK	SW	Crook Peak and	Bristol	ST422573

T:IVIL: V	••						
	Long Distance Champs and Yvette Baker Qualifier)				Wavering Down		
Wed 4 th	LEI Summer League 8 Market Bosworth	Locl	<u>LEI</u>	EM	Market Bosworth	Market Bosworth	<u>SK411031</u>
Fri 6 th	Melton, Belvoir and Charnwood Schools Championships	Locl	LEI	EM	Belvoir Cricket Club, Harston Lane, Knipton, Grantham.	Grantham	
Sat 7 th	Saturday Series 8	Locl	SYO	YH	Meersbrook Park	Sheffield	
Sat 7 th	MapActive Navigation Training Session Darley Park	Act	DVO	EM	Darley Park	Derby	
Sun 8 th	EMOA League 2025 (Note change of date)	Regl	<u>LEI</u>	EM	Irchester	Wellingboroug h	
Sun 8 th	NOR - Norwich Urban	Regl	<u>NOR</u>	EA	Norwich City Centre	Norwich	
Wed 11 th	Burton Dassett (tbc)	Locl	<u>OD</u>	WM		Northend	
Thu 12 th	LEI Summer League 9 Barrow	Locl	<u>LEI</u>	EM	Barrow	Loughborough	<u>SK574173</u>
Sat 14 th	TVOC Saturday Series	Locl	TVOC	SC	<u>University Parks</u>	Oxford	SP514071
Sat 14 th	South Durham Sprints (UKOL)	Regl	<u>NN</u>	NE	South Durham	Durham	
Sat 14 th	Local League 5- Festival park	Locl	<u>POTOC</u>	WM	Festival Park	Hanley	<u>SJ870482</u>
Sat 14 th	MapActive Navigation Training Session Allestree Park	Act	DVO	EM	Alleatree Park	Derby	
Sun 15 th	Newcastle/Gateshead Urban (UKOL)	Natl	NATO	NE	Newcastle/Gateshea d	Newcastle upon Tyne	
Sun 15 th	SYO Regional Sprint Wingfield	Regl	SYO	YH	Wingfield	Rotherham	
Tue 17 th	LEI Summer League 10 Western Park	Locl	<u>LEI</u>	EM	Western Park	Leicester	SK556047
Sat 21st	HALO Urban Weekend Day 1 - Double Sprint Bridlington	Regl	HALO	YH	Sprint 1 - New Pasture Lane, Sprint 2 - Bridlington Old Town	Bridlington	
Sat 21st	Saturday Series 9	Locl	<u>SYO</u>	YH	Graves Park	Sheffield	
Sun 22 nd	HALO Urban Weekend Day 2 Bridlington Town and Harbour	Regl	HALO	YH	Town Centre and Harbour	Bridlington	
Wed 25 th	LEI Summer League 11 Leicester Forest East	Locl	<u>LEI</u>	EM	Leicester Forest East	Leicester	
Wed 25 th	2025 Summer MapRun League - Hinchingbrooke Country Park	Locl	WAOC	EA	Hinchingbrooke Country Park	Huntingdon	
Sun 29 th	EMUL League 2025 Wirksworth	Regl	DVO	EM	Wirksworth	Wirksworth	SK287539
Sun 29 th	Harvester Relays	Natl	<u>JOK</u>	SC	King's Wood	Ashford, Kent	
Sun 29 th	Keyne-O 3, Furzton	Locl	<u>SMOC</u>	EA	Caldecotte Lake	Milton Keynes	

July 2025

Thu 3 rd	LEI Summer League 12	Locl	<u>LEI</u>	EM	Market	Market	SP730868
	Market Harborough				Harborough	Harborough	
Sat 5 th	EPOC Urban	Regl	EPOC	YH	Dalton	Huddersfield	
Sat 5 th	Hanley Park - Local League 6	Locl	<u>POTOC</u>	WM	Hanley Park	Hanley	

Sun 6 th	Yvette Baker Trophy Final -	Natl	SO	SE	Capite Wood	Ashington,	TQ158175
	Capite Wood, Ashington,					West Sussex	
	West Sussex (adjacent A24)						
Sun 6 th	EPOC Urban	Regl	EPOC	YH	Almondbury	Huddersfield	
Sun 6 th	WRE Urban Event	Locl	WRE	WM	To be Confirmed	Shrewsbury	
Tue 8 th	LEI Summer League 13	Locl	<u>LEI</u>	EM	Aylestone	Leicester	SK573013
	Aylestone Meadows				Meadows		
Tue 8th	MDOC Summer evening	Locl	MDOC	NW	Alderley Edge	Alderley	
Wed 9th	Warwick University (tbc)	Locl	<u>OD</u>	WM		Coventry	
Sat 12 th	Urban Event - EuroCity	Natl	NOC	EM	The Meadows	Nottingham	SSK57337
	Weekend (UKOL)						9
Sat 12 th	Saturday Series Prizegiving	Locl	<u>SYO</u>	YH	Millhouses Park	Sheffield	
	Event						
Sun 13 th	LOG EuroCity Race -	Natl	LOG	EM	Lincoln	Lincoln	SK969711
	Urban(UKOL)						
Wed 16 th	LEI Summer League 14	Locl	<u>LEI</u>	EM	Dishley	Loughborough	SK513203
	Dishley						
Sat 19 th	AIRE Sprint/Urban Weekend	Regl	<u>AIRE</u>	YH	Shipley and Saltaire	Bradford	
Sun 20 th	AIRE Sprint/Urban Weekend	Regl	<u>AIRE</u>	YH	Bradford City	Bradford	
					Centre		
Thu 24 th	LEI Summer League 15	Locl	LEI	EM	Brock's Hill	Leicester	SP618998
	Brock's Hill						
Sun 27 th	Scottish 6 Days 2025 - Glen	Natl	MOR	SOA	Glen Feardar	Ballater	
	Feardar						
Mon 28 th	Scottish 6 Days 2025 - Glen	Natl	MARO	SOA	Glen Feardar	Ballater	
	Feardar		<u>C</u>				
Tue 29 th	Scottish 6 Days 2025 - Creag	Natl	ESOC	SOA	Creag Choinnich	Braemar	
	Choinnich (UKOL)						
Wed 30 th	Scottish 6 Days 2025 Rest	Regl		SOA		Ballater	
	Day - Ballater Sprint (Urban)						
Thu 31st	Scottish 6 Days 2025 -	Natl	<u>FVO</u>	SOA	Balfour	Birse	
	Balfour (WRE) (UKOL)						

August 2025

Fri 1 st	Scottish 6 Days 2025 - Glen Dye (WRE)	Natl	INT	SOA	Glen Dye	Banchory	
Sun 3 rd	Sprint Scotland Race 1 (SOUL 5)	Regl	MA	SOA	Livingston	Livingston	
Sun 3 rd	Sprint Scotland Race 2	Regl	<u>MA</u>	SOA	Livingston	Livingston	
Tue 5 th	LEI Summer League 16 East Goscote	Locl	<u>LEI</u>	EM	East Goscote	Leicester	<u>SK636133</u>
Sat 9 th	Milton Keynes Urban	Regl	<u>SMOC</u>	EA	Great Linford	Milton Keynes	
Sun 10 th	East Midlands Urban	Regl	<u>LEI</u>	EM	Lutterworth	Lutterworth	
	League 2025						
Wed 13th	War Memorial Park (tbc)	Locl	<u>OD</u>	WM		Coventry	
Wed 13 th	LEI Score Cup and	Locl	<u>LEI</u>	EM	Bagworth	Coalville	SK457068
	Summer League						
	Presentations Bagworth						
Sat 16 th	Score Event and BBQ	Locl	<u>POTOC</u>	WM	Brough Park	Leek	SJ986570
Sun 17 th	Kenilworth WMUL Urban	Regl	<u>OD</u>	WM		Kenilworth	
	Event						
Sat 23 rd	White Rose	Natl	EBOR	YH	Dalby tbc	Pickering	
Sun 24 th	White Rose and YHOA SuperLeague	Natl	EBOR	YH	Dalby tbc	Pickering	

Mon 25 th	White Rose Sprint	Regl	EBOR	YH		North	
						Yorkshire	
Sat 30 th	British Sprint Relay	Maj		EA	RAF Honington	Bury St	
	Championships					Edmunds	
Sun 31st	British Sprint	Maj		EA	University of East	Norwich	
	Championships (UKOL)				Anglia		ļ

September 2025

Sat 6 th	East Midlands Urban	Regl	<u>LEI</u>	EM	Hamilton	Leicester	
	League 2025						
Sun 7 th	Midlands Championships	Natl	DVO	EM	Chinley Churn	New Mills	SK035836
	(UKOL)						
Sun 7 th	SELOC NWUL	Regl	SELOC	NW	Salford (PROV)	Salford	
Sat 13 th	Hanley Urban	Locl	<u>POTOC</u>	WM		Hanley	
Sun 14 th	CompassSport Cup Final	Majr	CLOK	NE	South Gare	Redcar	NZ574256
Sat 20 th	AIRE Town and Country	Regl	AIRE	YH	Skipton	Skipton	
	Weekend					•	
Sat 20 th	SLOW City of London Race	Natl	SLOW	SE	tba	London	
Sat 20 th	Trail O weekend	Locl	HALO	YH	Humber Bridge	Hull	
					Country Park		
Sun 21st	Peter Palmer Junior Team	Natl			Ž	tbc	
	Relays						
Sun 21st	AIRE Town and Country	Natl	AIRE	YH	Moughton and	Austwick	
	Weekend & YHOA				Sulber		
	SuperLeague						
Sun 21st	Trail O weekend	Locl	HALO	YH		Hull	
Sun 28 th	YHOA Sprint Championships	Regl	EBOR	YH	North Yorkshire	Scarborough	
					Water Park		
Sun 28 th	East Midlands Urban	Regl	NOC	EM	Retford	Retford	
	League 2025						
Sun 28 th	WMUL Event - Castle Vale	Regl	HOC	WM	Castle Vale	Castle Vale	