

THE NEWSLETTER
of the
EAST MIDLANDS ORIENTEERING ASSOCIATION

SUMMER 2026



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EMEWS

EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.

East Midlands website: www.emoa.org.uk

Copy Date for next issue: **14th September 2026 for next EMEWS**. Contributions are always welcome but especially by e-mail (mikegardvo@sky.com). I will then get the next edition out in late September 2026.

Cover - Thanks again to Ernie Williams for the cover. As Ernie commented "I'm sure that our dedicated readers, a number of whom have used vividly descriptive words such as "memorable", "unforgettable", and "legendary" for Control Number 56 at the Gully-Ditch Junction, and having competed at the Event, will appreciate that the tale told on the cover is absolutely true, but I'm sure that being reminded to take a lightweight telescopic ladder will not feature too often in the handy 'Don't Forget' pre-Event O-Event equipment lists - but, then again, who knows?"

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Notes from East Midlands Meeting - 29th June 2026

EMOA Vice-Chair - We still need a new vice-chair for EMOA. The role is not onerous but cannot be from DVO as we already have a DVO Chair, Development Officer and Secretary. Volunteers would be welcomed.

Financial Secretary Report -

The report covers 16th April to 8th June 2026:

Income

A relatively quiet period with event levies of £59 received from Castle Hill (LEI), with Uni of Nottingham urban levies still to come (NOC). Membership fees continued to trickle in - being £32 - along with another £32 contributions from parents for EMJOS training at Bentley Woods. Bank interest of £30 made up the remaining income.

Expenditure

Annual website fees were paid totalling £188. EMJOS training costs were paid relating to Cromford (£44 for parking, mileage and printing) and Bentley Woods (£12 for printing) along with £46 for a safeguarding course for Matt White (an EMJOS coach).

Full year expectations (end of Financial year is end of June)

Overall income from membership and event levies for the full year are very close to budget with EMJOS income and fundraising much higher. EMJOS costs are slightly higher than budgeted but most of the other cost categories are lower (especially no grants to clubs made and talent support much lower).

Proposal regarding cost categories to report in annual account and budgets

As some sections of the annual account report have not been used for some years, and also to standardise with the Development Report, it was agreed unanimously by the committee that "community coaching development" and "external conferences" headings be removed and included in either "coach development" or "volunteer development" as appropriate. In addition, if needed in the future, a Major Events line could be added to both income and expenditure.

Development -

Development Projects

EMEWS

Firm Applications for Funding

- None currently in progress

Preliminary Applications of Interest

- DVO/25/1 - Club Development Officer new role - withdrawn - DVO Club members will cover this role.

Club-funded development projects

- DVO/26/1 - MapRuns 2026/27. DVO plan to hold 16 evening MapRun events in 2026/27 including a block of events in the Chesterfield area, with the aim of attracting new participants from running and other sporting clubs, and will be applying for a Sport England grant
- DVO/26/2 - Fun and memorable level D events 2026. This will be a series of 4 events in May and June. Now complete.
- DVO 26/3 - Another Navigation festival for newcomers at Hardwick on 11/7/2026 in partnership with the National Trust.
- NOC/26/1 - NOC have been holding an updated MapActive course comprising 3 sessions.

Coaching - Ann-Marie Duckworth reported that a few changes had been made to the EMJOS Safeguarding document. Hilary Palmer stated that at BO level there are a mandated set of courses for Welfare / Safeguarding Officers to attend. However, all members should be able to report any safeguarding concerns.

EMJOS - See report below.

Fixtures - The League and Urban League fixtures are covered separately in EMEWS.

- **Future Major Events**

- a. 10 Oct 2026 - British Schools Score Champs - DVO - Shipley Park
- b. 30 Jan 2027 - East Midland Night Champs - DVO - Longshaw
- c. 31 Jan 2027 - East Midland Champs - NOC - Sherwood Forest
- d. 7 Feb 2027 - CompassSport Cup Heat - DVO - Stanton Moor (tbc)
- e. 20 Jun 2027 - East Midlands Sprint Champs - DVO - Birdholme
- f. 5 Feb 2028 - British Night Champs - LEI - Cademan
- g. 6 Feb 2028 - Midlands Champs - LEI - Wakerley
- h. 18 Oct 2028 - CompassSport Cup Final - LEI - Martinshaw extended
- i. 11 Nov 2028 - VHI Individual - DVO - Longshaw
- j. 12 Nov 2028 - VHI Relay - NOC

- **Future Possible Events**

- a. EMOA Champs 2028 (LOG scheduled to host)
- b. EMOA Champs 2029 (LEI scheduled to host)
- c. CompassSport Cup heat 2029 (LEI or LOG scheduled to host) - LEI may find difficult due to 3 major events in 2028.

- d. JIRCS 2030
- e. EMOA Champs 2030
- f. Midland Champs 2031 (EMOA scheduled to host)

- **Other Fixtures Items**

- a. Forest England have turned down SMOC's permission to use an area for the 2027 Midland Championships. While SMOC hope to discuss further through British Orienteering there is a high likelihood that there may be no 2027 Midland Champs unless WMOA or EMOA take it on.
- b. DVO proposed hosting a Night Event at Longshaw on 30 Jan 2027 and calling it the East Midland Night Champs. There were no objections to this at the meeting. It is not intended to present prizes but there may be certificates.
- c. DVO proposed that their event at Birdholme on 20 June 2027 be nominated as the East Midlands Sprint Champs. It is intended to be a two part sprint event with the two events added together to calculate the overall winner. The event is also part of EMOA urban league. The meeting agreed that DVO could call the event the East Midland Sprint Champs.
- d. Hilary Palmer raised a question about older competitors at urban events. It seems that the addition of an extra course to accommodate HyperVet Women (75+) at urban events may be causing a problem. In the BO Ranking Scheme it states in rule 5.1.4 "If a course... has fewer than 8 counting runners remaining, it is deemed to be statistically unreliable and is not ranked.". So now, many of the HyperVet Women can't get BOF ranking points as the numbers on their course are too few. Many older women would prefer to run a "valid" class. Did anyone look at including over 80s men on the same course? Or think of the impact on BOF ranking scheme?

BOF Documents - The guideline document that DVO were producing following the fatality at the Longshaw event is being amalgamated with a document being produced by the national Safety Advisory Group at BO. In addition the report that LEI were producing on safety of older competitors is also being merged into the document.

Qualification for the East Midlands Champs - There had been a challenge to the proposed change for qualification of closed club members to the EM Championships by one of the EM open clubs. It was felt the approach taken was democratic, but the committee asked all clubs to confirm their agreement. If a club felt it wanted to object then a formal proposal for an alternative should be submitted to the committee.

Next Meeting - The next meeting will be the AGM which was scheduled for 14th September. It will be held via zoom (see agenda later in EMEWS). The next EMOA Committee meeting will be via zoom on November 2nd 2026. If anyone wants to attend the zoom call then please contact the secretary.

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East Midlands Junior Squad

EMJOS April to June 2026

Training events

Sunday 21st June we joined the West Midlands Squad for sprint training on Warwick University campus - an area previously used for the British Sprint Championships. Andy Simpson (LEI) planned 4 short exercises exploring control flow by choosing the straight on route, changing direction and keeping the map aligned and finishing with practicing the planning the legs ahead all the way from one control to the next, avoiding the virtual barriers (pink lines) blocking certain roads/paths. The afternoon had group running to simulate trains of people navigating the same legs. The final exercise was a gaffled mass start race (slightly different first and other controls). A full day on a very hot campus, but with careful hydration and an ice cream at the end, the 7 EM juniors experienced the sprint format for the first time or polished their skills before the Championships near Bristol or in Slovenia (European Youth Orienteering Championships EYOC) this weekend.

Future Training

Following a request from a junior I am also looking at entering a non-competitive team in the Peter Palmer Relay (Crawley) 12th & 13th September.

The Junior Inter Regional Championships are this year in East Anglia (near Chelmsford) 26th & 27th September. So will have to look for an area for training early September that is not too over-run by bracken and nettles.

Early notice of the Orienteering Foundation November 2026 training - NGOC weekend 21st/22nd Nov to be held in the Forest of Dean; with night and regional events also planned.

Accommodation ideas have been found near the training day that comply with the safeguarding rules.

JROS Hawkshead M/W15 (now to be accommodated at Grange-over Sands) end of November (Friday evening 27th to Sunday lunchtime 29th) will be where EMJOS hopes to take 5 juniors for the weekend - most having never been on a camp/tour before.

Ann-Marie Duckworth - EMJOS coach and coordinator

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The 62nd East Midlands Orienteering Association AGM

Notice is hereby given that the Annual General Meeting of the East Midlands Orienteering Association will be held at 7.30pm on Monday 14th September 2026 via Zoom.

AGENDA

1. Apologies for absence
2. Approval of minutes of last AGM October 20th 2025 (original September meeting was not quorate)
3. Chair's Report
4. Financial Secretary's report including membership numbers and presentation of accounts
5. Development Co-ordinator's Report
6. Approval of Balance Sheet and Income and Expenditure Statement
7. Election of Principal Officers
 - Chair
 - Vice Chair
 - Financial Secretary
 - Development Co-ordinator
8. Other EMOA Officers

Post	Nominee
Mapping	David Olivant (NOC)
Coaching	Hilary Palmer (NOC)
EM Junior Squad	Ann-Marie Duckworth (DVO), aided by Ant Squire (NOC)
EM League	Ursula Williamson (LEI)
Urban League	Ursula Williamson (LEI)
Regional Fixtures Secretary	Ursula Williamson (LEI)
President	John Woodall (NOC)
Minutes Secretary	Mike Gardner (DVO)
EMEWS Editor	Mike Gardner (DVO)
Webmaster	John Cooke (DVO)
Welfare / Safeguarding	Karen Bedwell (DVO)

9. Appointment of Independent Financial Examiner
10. Budget projections for coming year to 30.6.2027 and recommendations for membership fees and event levies (Financial Secretary)
11. Fixing of charges
 - Membership fees
 - Event Levies
12. Changes to the EMOA Constitution

None at present. If anyone wants to submit a change please do so as soon as possible.

13. Plans for the coming year (Chair)

14. Any Other Business

15. Close of formal meeting followed by open discussion

If anyone has any additional items they want adding to the agenda of the AGM, then please let EMOA Secretary (Mike Gardner) know. If anyone has any proposals to change the constitution let Mike know as well as these need to be circulated in advance. Also, if anyone wants to send apologies please also let Mike know.

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Southwell – A Very Short History

Southwell is being used for the NOC Urban event in August, so I prepared a little background history (to look out for as run around the streets).

Southwell gets its name from the South Well. Settlers probably began arriving in the area where they found a reliable supply of water and 4 wells. One of these, the South Well was said to have been visited by Paulinus, Archbishop of York, who dedicated his life to converting the



north of England to Christianity. In AD 625, on his journey north from Canterbury, he stopped in Southwell to baptise converts (The Venerable Bede records a multiple baptism in the "flood of the Trent" near "Tiovulginacester" by Paulinus in the presence of Edwin of Northumbria); the location is marked by a small monument to the 'South Well' on the road to Fiskerton.

Adjacent to the Minster is the site of an impressive Roman villa, probably the grandest in the area. Archaeological excavations in 1959 have revealed the size of the villa, and further detailed work has shown the extent of the Roman

site, including a monumental wall and a subsequent Saxon settlement. On display in the south quire of the Minster are the remains of the ceiling of the bath house, depicting Cupid or Hylas, and in the south transept are fragments of a Roman mosaic floor that can be inspected through a glass plate in one of the pews. This may be from an earlier church as evidence suggests that the Minster was built around it.

A stretch of the Fosse Way runs on the far bank of the River Trent, with evidence of Roman settlement at Ad Pontem ("to the bridge" or "at the bridge"), north-west of the village of East Stoke. There is no clear evidence of a road between Ad Pontem and Southwell. Other evidence of Roman settlement includes the use of Roman bricks in prebendary buildings around the Minster, remains of a ditch or fosse discovered at Burgage Hill in the 19th century, and

possibly Roman remains beneath the Church Street site of the recently vacated Minster School.

The remains of Eadburh, Abbess of Repton and daughter of Ealdwulf of East Anglia were buried in Southwell's Saxon church around AD 700. Her remains were buried or translated to Southwell Minster and revered there in the Middle Ages. The only reference is in a *Pilgrims Guide to Shrines and Burial Places of the Saints of England* supposedly written in 1000: "There resteth St. Eadburh in the Minster of Southwell near the water called the Trent."



Around AD 956 records show that Archbishop Oskytel was granted the manor, and the estate was doubled to around 20,000 acres after the Norman Conquest. Southwell became a convenient staging post on the archbishops' journeys from York to Canterbury. The Domesday Book (1086) gives detail of an archiepiscopal manor in Southwell.

The building of the Minster commenced in 1108, with completion by 1300, and in the 1360s (altered in the 1500s) a large manor house, the Archbishop's Palace, was built alongside this Norman collegiate church. Only parts of the palace have survived, but the extent of the house can be seen from the ruins of the remainder, which have been preserved with the help of Lottery funding. The intact State Chamber has been renovated.

Geoffrey Plantagenet was ordained a priest at Southwell in 1189. On 4 April 1194, Richard I and the King of Scots, William I, were in Southwell, having spent Palm Sunday in Kings Clipstone. King John visited Southwell between 1207 and 1213, ostensibly to hunt in Sherwood Forest, but also on the way to expedition to Wales in 1212.

In 1530, Cardinal Thomas Wolsey stayed at the archbishop's palace in Southwell for a few months. The Cardinal had been arrested after failing to secure an annulment between King Henry VIII and Catherine of Aragon. The Cardinal was ordered to London by Henry Percy, 6th Earl of Northumberland for treason and became ill along the way. In 1603, King James VI of Scotland passed through Southwell on his way to London to be crowned King James I of England.

During the English Civil War, King Charles I spent his last night as a free man in May 1646 in the *Saracen's Head* (then the *King's Head*), before surrendering to the Scottish Army stationed at nearby Kelham. The town, the Minster and the Archbishop's Palace suffered under Oliver Cromwell's troops, as they sequestered the palace to stable their horses, broke

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monuments, and ransacked graves for lead and other valuables. In 1793, there were still iron rings in the walls to secure the horses. By end of the war the Archbishop's Palace was in ruins apart from its Great Hall. It is reputed that Cromwell also stayed at the *King's Head*.

In 1803, Lord Byron stayed with his mother in Burgage Manor during holidays from Harrow and Cambridge; she rented the house. By that time, he had become 6th Baron Byron of Rochdale, but the family home, Newstead Abbey, still required repairs which they could not afford.

Lord Byron wrote a poem in 1807, called *Epitaph of John Adams, of Southwell - A Carrier, who Died of Drunkenness*; it includes the following reference to the town:

"JOHN ADAMS lies here, of the parish of Southwell, A Carrier who carried his can to his mouth well: He carried so much, and he carried so fast, He could carry no more--so was carried at last; For, the liquor he drank, being too much for one, He could not carry off,--so he's now carried on."



The Bramley cooking apple was first seeded in Southwell, by Mary Ann Brailsford in 1809. Henry Merryweather, a local nurseryman then 17 years old, saw potential and cultivated it from cuttings.

The Diocese of Southwell was established in 1884, with Southwell Minster becoming its



cathedral church. As established, the diocese included both Nottinghamshire and Derbyshire, but a new Diocese of Derby was formed in 1927 to encompass the part of the Diocese of Southwell in Derbyshire.

One notable family that settled in Southwell was the Bechers, who had their roots in Ireland. The most well-known member being the Revd John Thomas Becher (1770-1848). He was Vicar-General of the Minster and a local Justice of the Peace. Becher had influence over the design and

running of the second House of Correction to be built in Southwell and also the building of the Workhouse, and was very much involved in influencing the drafting of the Poor Laws with the aim of reducing the cost of poor relief.

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Death of The Major Oak

Many of us will have orienteered in Budby, near the Major Oak. It seems like it has had its day as the following news reported recently:

The iconic tree which stands at the heart of Sherwood Forest in Nottinghamshire, is estimated to be up to 1,200 years old, but has been in decline for some time. This is despite tireless efforts by the RSPB, which manages the forest, and leading tree and soil health experts, to improve its health and prolong its life.

It is one of the UK's best loved trees and stories of the tree sheltering legendary outlaw Robin Hood have made it famous around the world. It has had many names but the Major stuck after the tree was mentioned in a book by Major Hayman Rooke in 1790, which began the first proper waves of tourism to the forest.



The tree will still stand at Sherwood Forest as a 'natural monument' for visitors and wildlife to enjoy for years to come.

Experts say it is impossible to determine one exact cause of the oak's demise. A complex combination of issues including more than a hundred years of well-intentioned structural intervention and huge amounts of human activity around the tree for more than 200 years are thought to be major contributors. Other factors such as climate change including recent heat waves and droughts have compounded the challenges it would naturally be facing at its great age.

The Major Oak has helped to attract millions of visitors to experience a place where history, nature and legend meet, and will continue to do so for more generations to come.

Hollie Drake, Senior Site Manager at RSPB Sherwood Forest, said: "Whilst the tree's failure to produce leaves this year is heart-breaking for everyone - from the many people over the years who have looked after this magnificent tree to the millions who have travelled here to see it - we know the Major Oak will have a lasting legacy, first and foremost because it is so inextricably linked to Robin Hood and Sherwood Forest. But beyond its cultural heritage, the Major Oak will continue to provide important habitat for wildlife, reminding us why these remarkable trees are so important and why protecting them for the future matters.

"The invaluable knowledge gleaned from taking care of this beloved tree will inform best practises in how we look after ancient oak trees going forwards, not just here but around the world.

"The Major Oak will continue to stand at the heart of Sherwood as a natural monument for visitors to come and see, living on in the legend of Robin Hood and continuing to provide as much support to the forest's ecosystem in death as in life."

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Orienteering Foundation Report June 2025

Coaching days 2026

- Sat 21st Nov Forest of Dean More details [here](#)
- Sat 28th Nov Simpson Ground, Lake district More details [here](#)

New Chair and Administrator.

- The Foundation is looking for a new [chair](#) and [administrator](#), see links for more details.

Junior Regional Squads Summer camp appeal.

- Join the appeal to support the juniors this summer, more details [here](#)

Latest news.

- Grants were recently made to support juniors attending the European Championships in the Autumn and to help with costs of young coaches at Lagganlia summer camp.
- The Foundation are looking to develop a strap line to help with promotion. Any ideas to your local ambassador or trustee.

If you would like to read more about this news or would like to find out more about the work of the Foundation please see our web site, www.orienteeringfoundation.org.uk,

Why not sign up for the Orienteering Foundation [newsletter](#), [Facebook](#), [Instagram](#) or [Twitter](#) accounts.

Pauline Olivant - Trustee Orienteering Foundation - 01623 792336 - p.olivant@btinternet.com

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East Midlands Urban League 2026

The following is the current table for the EMOA Urban League 2026 which comprises of the following events:

- **EMUL 1** Monday 01 January: Matlock (DVO)
- **EMUL 2** Sunday 07 June: Nottingham University (NOC) - UKUL 13
- **EMUL 3** Sunday 05 July: Swadlincote (DVO)
- **EMUL 4** Sunday 12 July: Hinckley (LEI) - UKUL 16
- **EMUL 5** Sunday 09 August: Southwell (NOC)
- **EMUL 6** Saturday 16 August Wellingborough (LEI)
- **EMUL 7** Sunday 23 August: Lincoln (LOG) - UKUL 18
- **EMUL 8** Sunday 11 October: Sleaford (LOG)

Your best 4 scores will count from the 8 events. Note: we have reverted to the original scoring system of counting all competitors.

Below is the current 2026 table showing the top 10 and omitting non-EMOA members.

Junior Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Michael May	M14	LOG	91		91						
2	Bodie Milsom	M16	NOC	90		90						
3	Ben Shambrook	M12	DVO	89		89						

Junior Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Imogen Satherley	W14	DVO	196	100	96						
2	Cara Tolley	W16	LEI		90	90						
3=	Elodie Booker	W10	NOC	89	89							
3=	Grace Robinson	W14	NOC	89		89						

Open Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Richard Robinson	M45	NOC	200		100	100					
2	Andy Nicholls	M50	LEI	169	80	89						
3	Austin Rolland	M21	DVO	168	79		89					
4	Andrew Evans	M45	LOG	155	76	79						
5	Ed Cochrane	M35	NOC	93		0	93					
6	Chris Millard	M40	DVO	91	91							
7	Philip Johnston-Davis	M50	RAFO	86	86							
8	Craig Lucas	M21	LOG	85		85						
9=	Miles Foord	M18	LEI	82	82							
9=	Andrew Ward	M35	LEI	82		82						

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Open Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Sophie Vincent	W21	DVO	196	100	96						
2	Andrea Page	W50	LOG	185	89		96					
3	Jessica Williams	W18	DVO	179	86		93					
4	Hannah Mather	W20	LOG	91	91							

Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Rob Williams	M45	DVO	274	90	84	100					
2	Roger Phillips	M50	LEI	182		86	96					
3	Tim Booker	M45	NOC	177	88	89						
4	David Foord	M50	LEI	168	85	83						
5	Jake Warwick	M40	DVO	163	86	77						
6	Dai Bedwell	M55	DVO	96	96							
7	Philip Johnston-Davis	M50	RAFO	88		88						
8	David Jolly	M50	RAFO	87	87							
9	Anthony Squire	M45	NOC	85		85						
10	Ian Stevenson	M50	NOC	83	83							

Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Tanya Taylor	W55	LOG	292	100	96	96					
2	Emily Williams	W45	DVO	266	91	84	91					
3	Tracey Brookes	W60	LEI	260	89	81	90					
4	Sally Calland	W50	DVO	191		91	100					
5	Helen Chiswell	W45	DVO	182		89	93					
6	Victoria Hanman	W40	NOC	170	87	83						
7	Alison Foord	W50	LEI	93	93							
8	Katy Butterfield	W40	NOC	88	88							
9	Janet Cain	W45	NOC	86	86							
10	Rebecca Sindall	W40	LEI	82		82						

Senior Veteran Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Matt White	M55	LEI	278	89	93	96					
2	Ian Buxton	M60	LEI	260	88	85	87					
3	Alastair Paterson	M55	LEI	255	86	84	85					
4	Murray White	M60	DVO	246	80	80	86					
5	Dai Bedwell	M55	DVO	183		90	93					
6	James Prince	M55	DVO	172	84		88					
7	David Cladingboel	M60	LEI	171	81		90					

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8	Iain Phillips	M55	LEI	145	74	71						
9	John Duckworth	M60	DVO	100		0	100					
10	Richard Parkin	M55	DVO	96		96						

Senior Veteran Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Carol Stynes-Martin	W55	LEI	284	93	91	100					
2	Helen Parkinson	W60	NOC	277	91	93	93					
3	Ursula Williamson	W60	LEI	243	84	76	83					
4	Sue Buxton	W60	LEI	188.5	100	88.5						
5	Alison Hardy	W60	LEI	185	89		96					
6	Sal Chaffey	W60	DVO	175	88	87						
7	Ann-Marie Duckworth	W60	DVO	172		84	88					
8	Jane Dring-Morris	W55	LEI	165		79	86					
9	Gill Searl	W55	LOG	164	83		81					
10	Louise Orgill	W55	NOC	162	85	77						

Ultravet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Stephen Martin	M65	LEI	284	84	100	100					
2	Patrick Tranter	M65	RAFO	267	91	85	91					
3	Stephen Kimberley	M65	DVO	252	82	83	87					
4	John Hurley	M70	DVO	251	90	77	84					
5	Andrew Wallace	M65	NOC	234	85	74	75					
6	Paul Morris	M65	NOC	189		93	96					
7	David Vincent	M65	DVO	181	96	0	85					
8	Russell Buxton	M65	DVO	166.5	87		79.5					
9	Jonathon Lee	M65	LEI	159.5	80		79.5					
10	Robert Parkinson	M65	NOC	158		75	83					

Ultravet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Jane Booker	W70	NOC	273	91	86	96					
2	Val Johnson	W65	DVO	192	96	96						
3	Judith Evans	W70	DVO	174	87	87						
4	Anne Kimberley	W65	DVO	170		84	86					
5=	Elaine Smith	W70	NOC	166	84	82						
5=	Maureen Webb	W70	LEI	166	81	85						
7	Kim Buxton	W65	DVO	100			100					
8	Ruth Ellis	W75	DVO	87			87					
9	Thomasina Copcutt	W65	NOC	83			83					
10	Viv Macdonald	W70	DVO	78	78							

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Hypervet Men

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	John Hopper	M75	DVO	272	88	93	91					
2	Derek Gale	M80	DVO	265	87	89	89					
3	Jeffrey Baker	M75	LOG	257	83	88	86					
4	Robert Haskins	M75	LEI	254	85	82	87					
5	Peter Chick	M80	LEI	253	81	84	88					
6	Dave Skidmore	M80	DVO	248	79	87	82					
7	John Palmer	M80	NOC	238	74	79	85					
8	Kevin Gallagher	M75	LEI	182	91	91						
9	John Marriott	M75	LEI	180		90	90					
10	Roger Edwards	M75	LEI	177	96		81					

Hypervet Women

	Name		Club	best 4	UL1	UL2	UL3	UL4	UL5	UL6	UL7	UL8
1	Sue Bicknell	W80	LEI	267	87	89	91					
2	Judith Holt	W75	DVO	193	100		93					
3	Hilary Palmer	W75	NOC	192	96		96					
4=	Diane Blount	W80	DVO	180	90		90					
4=	Ruth Ellis	W75	DVO	180	89	91						
6	Jen Gale	W80	DVO	171		83	88					
7	Tricia Neal	W80	NOC	170	85	85						
8	Margaret Keeling	W75	DVO	87		87						
9	Di Ford	W75	LEI	84		84						

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East Midlands League 2026

Below are the planned events for the EM League for 2026. With a total of 14 events, the best 8 scoring events count towards the league. Below are the current top tens for each colour based on at least 2 events counting.

The events included so far have been:

1. 11th January - LEI - Cademan
2. 18th January - NOC - Thieves Wood
3. 8th February - LOG - Harlaxton Manor
4. 8th March - LEI - Aylestone Meadows
5. 15th March - NOC - Watchwood & Calverton
6. 22nd March - DVO - Bow Woods & Lea Woods
7. 26th April - LEI - Castle Hill
8. 21st June - DVO - Allestree Park

The events still to come are:

9. 27th September - DVO - Longstone Moor

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10. 1st November - LEI - QEDJW - tbc

11. 15th November - NOC - Clumber Park North - tbc

12. 22nd November - DVO - Linacre

13. 6th December - LEI - Outwoods

14. 20th December - NOC - Walesby

White - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	Score	Pos
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White - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	Score	Pos
Elodie Booker	NOC	W10						1000	868	1000							2868	1
Suranne Tolly	LEI	W10			1000	1000		577									2577	2

Yellow - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	score	Pos
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Yellow - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	score	Pos
Elodie Booker	NOC	W10		1000	967	1000	1000										3967	1
Lily Robinson	NOC	W10	1000	864				1000									2864	2
Thomasina Copcutt	NOC	W65				273	436	241	205	1000							2155	3
Suranne Tolley	LEI	W10	801						1000								1801	4

Orange - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	score	Pos
Ben Shambrook	DVO	M12	1000			1000		1000	1000	1000							5000	1
Darwin Buxton	DVO	M12	943	1000					767								2710	2
Hugh Chester	LEI	M12			1000				785								1785	3
Reuben Terry	DVO	M16	642					459									1101	4

Orange - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	Score	Pos
Dana Tolley	LEI	W40	1000		948	928		900	1000								4776	1
Sam Clements	NOC	W50			1000		1000	872									2872	2
Kristy Nicholls	LEI	W45				1000				1000							2000	3

Light Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	Score	Pos
Neil Milsom	NOC	M55	847	755			854	777	684								3917	1
Michael May	LOG	M14		878	1000	1000		890									3768	2
Alan Blackwell	NOC	M50		601		589	655	528	627	595							3595	3
Bodie Milson	NOC	M16	782	768			925	1000									3475	4
Peter Jennings	LOG	M60						909	845	1000							2754	5
Patrick Cain	NOC	M55		800	756		523										2079	6
Aidan Chester	LEI	M16			942				1000								1942	7
Kevin King	NOC	M65	1000	877													1877	8

EMEWS

Peter Brookes	NOC	M65		1000			872										1872	9
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Light Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	Score	Pos
Tina Brindley	NOC	W60		774	1000	1000	752	803	636	912							5877	1
Emma Donson	NOC	W45		708			850	793		1000							3351	2
Grace Robinson	NOC	W14		1000				1000	1000								3000	3
Janet Cain	NOC	W45		916	905												1821	4

Very Short Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	score	Pos
Ernie Williams	LEI	M80			1000	641	867	654	882	1000							5044	1
Laurie Fluck	LEI	M75			934	544			910								2388	2
Peter Leake	LEI	M85		830		590	755										2175	3
Donald Moir	LEI	M90					1000	858									1858	4
Simon Ford	LEI	M80				727			1000								1727	5

Very Short Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	score	Pos
Sue Bicknell	LEI	W80		1000	1000	903	783	880	1000	929							6495	1
Margaret Keeling	DVO	W75				1000		869	725								2594	2
Maureen Webb	LEI	W70		670		824	758										2252	3
Jan Ellis	NOC	W75		748			1000										1748	4
Tricia Neal	NOC	W80			787		572										1359	5

Short Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos.
Dave Skidmore	DVO	M80	690	757	917	864	858	707	810	938							6541	1
Roger Edwards	LEI	M75	938		1000	1000	1000	1000		1000							5938	2
Peter Chick	LEI	M80	792	853	706	879		795	821	735							5581	3
Doug Dickinson	DVO	M80		928	964	652	727	813	978								5062	4
Chris Bosley	LEI	M75	1000	740	733	799	703	617									4592	5
Kevin Gallagher	LEI	M75	740	802		770	885		1000								4197	6
Robert Titterington	LEI	M80		776	874	763	598		777								3788	7
Richard Beadle	NOC	M60	577	631	643	591			663	677							3782	8
Andrew Middleton	DVO	M75	980	1000				844	829								3653	9
Jeffrey Baker	LOG	M75		686		757	699		602	771							3515	10

Short Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	score	P
Ruth Ellis	DVO	W75	867	683	1000	1000	624		812	707							5693	1
Judith Holt	DVO	W75		1000			900	777	1000	1000							4677	2
Jane Booker	NOC	W70					1000	971	913	731							3615	3
Christine Middleton	DVO	W80	1000	756				851	762								3369	4
Elaine Smith	NOC	W70		642			831	1000									2473	5

EMEWS

Trudy Crosby	LOG	W65		648	937	879											2464	6
Karen Bedwell	DVO	W55		423	653	765											1841	7
Vivian Chung	NOC	W60		447					527	490							1464	8
Ann Armistead	DVO	W75		683				772									1455	9
Jane Dring-Morris	LEI	W55			666			699									1365	10

Green - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	P
John Hopper	DVO	M75	669	893	835	783	809	1000	982	855							6826	1
Murray White	DVO	M60	823	858	862	852	701	855	857	841							6649	2
John Marriott	LEI	M75	853	870	677	828	768	856	894	668							6414	3
Stephen Martin	LEI	M65	479	830	1000	1000	803		978	1000							6090	4
Mike Gardner	DVO	M65	647		842	868	674	877	782								4690	5
Russell Buxton	DVO	M65	675	873	821	663			827	717							4576	6
Andrew Wallace	NOC	M65		714	615	724	579	688		678							3998	7
Malcolm Spencer	DVO	M70				746		944	1000	913							3603	8
Vic Knight	NOC	M65		531		528	505	628	621	446							3259	9
Andy Portsmouth	LEI	M70			653	698	691		733								2775	10

Green - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos
Judith Evans	DVO	W70		925		775	954	976	987	787							5404	1
Kim Buxton	DVO	W65	1000	760	883	728			930	1000							5301	2
Cara Tolley	LEI	W16	838	831	736	584		781	794								4564	3
Ursula Williamson	LEI	W60	824	634			753	669	751	826							4457	4
Amanda Roberts	LOG			1000	993	1000		1000									3993	5
Carol Stynes-Martin	LEI	W55				898	721		858	742							3219	6
Tracey Brookes	LEI	W60		795	678				762	750							2985	7
Emily Williams	DVO	W45	614		624	466	640			622							2966	8
Alison Hardy	LEI	W60	828		1000		940										2768	9
Susan Buxton	LEI	W60	965				1000										1965	10

Blue - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	scores	Pos
James Prince	DVO	M55	938	643		820	787	884	848	906							5826	1
Alastair Paterson	LEI	M55	722	683		861	601	705	850	827							5249	2
Toby Miles	LEI	M55	931	784	867	850	771		905								5108	3
Dai Bedwell	DVO	M55	976	867	1000	999	1000										4842	4
Tom Hartland	DVO	M50	908	685		775		788	811	773							4740	5
Ian Wells	RAFO	M70	703	636	780	896	759	875									4649	6
David Cladingboel	LEI	M60		634	844	938	564		925	720							4625	7
Ian Buxton	LEI	M60	977		914		754	818	963								4426	8
Tony Donaldson	NOC	M55		731	876	951	749	912									4219	9

EMEWS

Andrew Ridgway	NOC	M60	935		729	833	780	833									4110	10
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Blue - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	score	Pos
Tanya Taylor	LOG	W55	925	1000	1000	1000	1000		1000	942							6868	1
Sal Chaffey	DVO	W60	1000	892	716	929		1000	961	961							6459	2
Nicola Hart	DVO	W60	670			795	894	745	770								3874	3
Victoria Hanman	NOC	W40		424	470	582	651		604	591							3322	4
Alison Foord	LEI	W50			591	641	744	671	653								3300	5
Katy Butterfield	NOC	W40	382	478		545	584	584		534							3107	6
Sally Calland	DVO	W50		761		927			965								2653	7
Helen Chiswell	DVO	W45		743			941		813								2497	8
Catherine Hughes	NOC	W55				961	926										1887	9
Jo White	LEI	W50				682	780										1462	10

Brown - Male

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	score	Pos
Andy Nicholls	LEI	M50	915		1000	942	603		857	755							5072	1
Tim Booker	NOC	M45		600	951	755	695	656	724	682							5063	2
Dave Foord	LEI	M50			873	722	529	565	723	571							3983	3
Chris Tolley	LEI	M45		561	853	621		470	635								3140	4
Richard Parkin	DVO	M55		1000				942		954							2896	5
Steve Chafer	LEI	M55	1000			802			810								2612	6
Craig Lucas	LOG	M21		621	864		555	537									2577	7
Richard Robinson	NOC	M45						1000	1000								2000	8
Chris Millard	DVO	M40						776		1000							1776	9
Roger Phillips	LEI	M50	823						743								1566	10

Brown - Female

Name	Club	Age	1	2	3	4	5	6	7	8	9	10	11	12	13	14	Score	Pos
Emily Bass	DVO	W40		1000	1000												2000	1

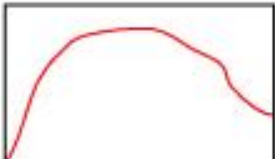
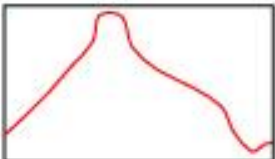
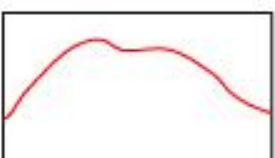
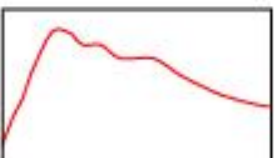
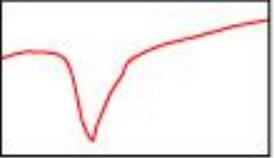
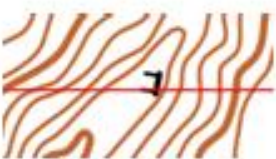
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Puzzle Page

Answer to EMEWS Puzzle 301. Borrowed from Scottish Orienteering webpage.

Contours

Match the cross section marked in red across the contour diagrams on the left to the correct sketch of the profile shape on the right.

A		7	
B		3	
C		8	
D		2	
E		6	
F		4	
G		5	
H		1	

This month's puzzle is based on the car rallies that I used to navigate in as part of Rolls-Royce Motor Club. On the next page there is a section of an OS map to the west of Derby (it should

EMEWS

not help knowing where it is!). To find the route you may want to expand the map. A few basic rules:

- A road counts as a road no matter what colour, as long as it provides a way through to another road.
- If a road is a dead end then that is not considered a road (that includes roads that go off the end of the map) (i.e. the part of the road from the last junction to the edge of the map is not a road).
- If you know the roads are one way in real world, this does not apply for this puzzle.
- Your answer is the shortest route which matches the defined criteria.



Start at Grid Ref 310378 on main green road to west of Mackworth:

Part 1: 13485149105113162142134103 to finish at 287390. This is also start of the next section .

Part 2: From 287390 starting east 3928272639262640253924233838392340 to 235410 which is the finish.

Plot the route from start to finish.

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Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age-related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

Many events are pre-entry only, so please check the event details before travelling.

July 2026

Thu 23 rd	Groby Urban SL 15	Loc	LEI	EM		Leicester	
Tue 28 th	Castle Hill SL 16	Loc	LEI	EM		Leicester	

August 2026

Sun 2 nd	Lakes 5 Days - Day 1	Natl		NW		Lake District	
Mon 3 rd	Lakes 5 Days - Day 2	Natl		NW		Lake District	
Tue 4 th	Lakes 5 Days - Day 3	Natl		NW		Lake District	
Wed 5 th	Lakes 5 Days - Rest Day	Loc		NW		Ulverston	
Thu 6 th	Lakes 5 Days - Day 4	Natl		NW		Lake District	
Fri 7 th	Lakes 5 Days - Day 5	Natl		NW		Lake District	
Sun 9 th	East Midlands Urban League 2026	Reg	NOC	EM	Southwell	Southwell	
Wed 12 ^h	Birstall North Urban SL 17	Loc	LEI	EM		Leicester	
Sat 15 th	Milton Keynes Urban and Keyne-O 3, MK South West	Reg	SMOC	EA		Milton Keynes	
Sat 15 th	Wolds Mini Mountain Marathon	Loc	LOG	EM	Old Bolinbroke	Spilsby	TF355646
Sun 16 th	EMUL 2026 Wellingborough	Reg	LEI	EM	Wellingborough	Wellingborough	
Sun 16 th	score and bbq	Loc	POTOC	WM	Parkhall country park - --Tbc	Longton	
Thu 20 th	Tunnel Woods LEI Score Cup and Presentations	Loc	LEI	EM	Tunnel Woods	Swadlincote	SK298173
Fri 21 st	Swadlincote Woodlands Come and Try It	Loc	DVO	EM	Swadlincote Woodlands	Swadlincote	SK305193
Sun 23 rd	EMUL 2026 Lincoln + UKUL	Reg	LOG	EM	Lincoln	Lincoln	SK975731
Wed 26 th	Atherstone Local Summer MapRun Event	Loc	OD	WM	Atherstone Town	Atherstone	
Sat 29 th	White Rose	Natl	EBOR	YH		N. Yorkshire	
Sun 30 th	White Rose	Natl	EBOR	YH		N. Yorkshire	

September 2026

Sat 5 th	Northern Championships	Natl	EPOC	YH	Langfield Common	Todmorden	
Sun 6 th	YHOA Middle Champs & YHOA SuperLeague (UKOL)	Reg	EPOC	YH	Langfield Common	Todmorden	
Sun 6 th	Warwick University Local Event	Loc	OD	WM	Warwick University	Coventry	
Sat 12 th	Dales Weekend	Natl	AIRE	YH	Attermire	Settle	
Sat 12 th	Ladderedge country park	Loc	POTOC	WM		Leek	sj972551
Sun 13 th	Dales Weekend & YHOA SuperLeague & YHOA Champs	Natl	AIRE	YH	Conistone	Skipton	
Sun 13 th	Amphthill Park	Loc	WAOC	EA	Amphthill Park	Amphthill	
Sun 13 th	WCH Urban Event	Reg	WCH	WM	Lichfield	Lichfield	

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Sat 19 th	SLOW City of London Race (UKOL)	Natl	SLOW	SE	tba	London	
Sat 19 th	Veteran Home Internationals Individual	Natl	SYO	YH	Cowms Rocks	Glossop/Bamford	
Sun 20 th	HALO Urban Event – Market Weighton?	Reg	HALO	YH		Humberside	
Sun 20 th	DFOK Double Sprints (London City Race (UKOL)	Natl	DFOK	SE	Thamesmead	Woolwich	
Sun 20 th	The John Bennison Long O	Loc	WRE	WM	Long Mynd	Church Stretton	SO455965
Sat 26 th	SELOC NWUL – Rochdale	Reg	SELOC	NW	Rochdale	Rochdale	
Sun 27 th	EMOA League 2026 Longstone Moor	Reg	DVO	EM	Longstone Moor	Bakewell	SK197737
Sun 27 th	Hartshill Hayes Local Event	Loc	OD	WM	Hartshill Hayes CP	Atherstone	

October 2026

Sun 4 th	Wrockwardine - WM League	Reg	WRE	WM	Wrockwardine Wood Sports Centre	Telford	
Sat 10 th	British Schools Score Championships	Natl	DVO	EM	Shipley Country Park	Heanor	SK432454
Sat 10 th	DEE weekend - Edge Hill double sprint (UKUL, UKOL)	Natl	DEE	NW	Edge Hill University	Ormskirk	SD426071
Sat 10 th	Hem heath woods local event	Loc	POTOC	WM	Hem Heath woods	Newcastle	
Sun 11 th	DEE weekend - Ainsdale Dunes, Formby (UKOL)	Natl	DEE	NW	Ainsdale Dunes	Formby	SD296116
Sun 11 th	EMUL 2026 Sleaford	Reg	LOG	EM	Sleaford Football Club	Sleaford	TF082460
Sun 11 th	Newbold Comyn Country Park Local Event	Loc	OD	WM	Newbold Comyn Country Park	Leamington Spa	
Sun 18 th	CompassSport Cup Final	Maj	MV	SE	Pippingford Park	East Grinstead	
Wed 21 st	Babbs Mill Country Park MapRun	Loc	OD	WM	Babbs Mill Country Park	Solihull	
Sun 25 th	SYO Regional Event	Reg	SYO	YH	Eckington	Chesterfield	
Sat 31 st	Oxford City Race (UKOL)	Reg	OUOC	SC	Oxford	Oxford	

November 2026

Sun 1 st	EMOA League 2026 (QEDJW)	Reg	LEI	EM	Queen Elizabeth Diamond Jubilee ods	Ashby	
Sun 1 st	Santon Downham EAOA Champs EAL WAOC Regional	Reg	WAOC	EA	Santon Downham	Brandon	
Sat 7 th	DVO Club Championships	Loc	DVO	EM	Grin Low	Buxton	SK050725
Sat 7 th	LEI Club Championships	Loc	LEI	EM		Hugglescote	
Sun 8 th	WML event (Middle Distance)	Reg	OD	WM	Pooley Country Park	Tamworth	
Sat 14 th	Downs Banks tbc	Loc	POTOC	WM		Stone	sj900365
Sun 15 th	East Midlands League 2026	Reg	NOC	EM	Clumber Park North	Workshop	SK610761
Sat 21 st	HALO Night Event	Reg	HALO	YH	Beverley Westwood	Beverley	
Sun 22 nd	YHOA SuperLeague	Reg	HALO	YH	Beverley Westwood	Beverley	
Sun 22 nd	EMOA League 2026 Linacre	Reg	DVO	EM	Linacre	Chesterfield	SK342734
Sun 22 nd	Brandon Woods Local Event	Loc	OD	WM	Brandon Woods	Coventry	
Sun 29 th	YHOA SuperLeague	Reg	AIRE	YH	Shipley Glen	Shipley	
Sun 29 th	WM League Event - Clent Hills	Reg	HOC	WM	Clent Hills	Halesowen	

December 2026

Sun 6 th	YHOA SuperLeague	Natl	SYO	YH	Baslow and Curbar Edges	Chesterfield	
Sun 6 th	EMOA League 2026	Reg	LEI	EM	The Outwoods	Loughborough	
Sun 13 th	EPOC Regional Event	Reg	EPOC	YH	Newmillerdam	East Pennines	
Sun 13 th	WCH WMOA League Event	Reg	WCH	WM	Hednesford Camp	Hednesford	
Sun 20 th	East Midlands League 2026	Reg	NOC	EM	Walesby Forest	Ollerton	